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Vibrio cholerae O1 in 2 Coastal Villages, Papua New Guinea

To the Editor: Cholera outbreak reports are of international public health interest, especially in areas that were previously cholera free (1). Although many recent cholera outbreaks have originated in coastal areas (2), identifying the source of cholera introduction has been challenging (1). The detection of *Vibrio cholerae* in

coastal, brackish and riverine waters in cholera-endemic and cholera-free areas supports the view that autochtonous *V. cholerae* is involved in the introduction of cholera (3,4). To our knowledge, cholera has not been reported in Papua New Guinea, despite social and environmental conditions likely to facilitate transmission and the nation's close proximity to cholera-endemic countries (5,6).

On August 6, 2009, a physician who visited the coastal village of Lambutina reported an outbreak of acute watery diarrhea that was associated with the death of his father and 4 other persons from this and a neighboring village. The outbreak began in the village of Nambariwa and spread to neighboring Lambutina, Morobe Province. From August 13, multidisciplinary teams worked with the community to reduce the number of deaths through early identification and treatment of case-patients. The teams also worked to limit transmission through improvements to the water and sanitation infrastructure and by encouraging better hygiene practices among the villagers. A suspected case of cholera was defined as acute watery diarrhea or vomiting in a resident of Lambutina or Nambariwa villages since July 22, 2009. In the 2 villages, 77 cases were identified; attack rates were 14% in Lambutina (48/343) and 5.5% in Nambariwa (29/532). The overall case-fatality ratio was 6.5% (5/77); 2 patients died after they were discharged from the referral hospital.

A retrospective frequencymatched case–control study was conducted in Lambutina to identify the risk factors associated with suspected cholera. Neighborhood controls (\pm 5 years of age) were selected from unaffected households. Univariate and multivariate analyses were conducted with STATA version 10 (StataCorp., College Station, TX, USA).

Of the 48 case-patients in Lambutina, 43 participated in the study with 43 age-matched controls. In addition to having close contact with patients who had cholera, univariate analysis showed that case-patients were more likely to have had several exposures related to the death of other patients (Table). However, having close contact with a patient was the only independent risk factor (adjusted odds ratio 4.8, 95% confidence interval 1.7–13.4) (Table). Close contact included providing nursing care for patients or carrying patients onto boats for transport to health care facilities.

From the 10 collected samples, 4 isolates were confirmed as *V. cholerae* O1, biotype El Tor, serotype Ogawa, by PCR detection of an O1-specific region of the *rfb* gene using established methods and PCR amplification of the *tcpA* gene polymorphism specific for the El Tor biotype (7). The *ctx*AB, *vct* genes (present in toxigenic strains) and the hemolysin gene *hly*A (present in all *V. cholerae* strains) were detected by PCR in all 4 isolates.

Although health authorities promptly identified and responded to the outbreak, they could not determine its origin. The El Niño weather phenomenon generates increased rainfall and elevated sea surface temperatures and is a predictor of cholera outbreaks (8), which puts more coastal areas at risk for such outbreaks (9). During this outbreak, Papua New Guinea reported above-average rainfall (10) and warmer sea surface temperatures. Although cholera may have been introduced to Papua New Guinea through an infectious traveler or by other

means, climatic factors may have initiated plankton blooms, the abundance of which have also been associated with increased presence of *V. cholerae* O1. Sea and estuarine waters of these villages are plausible sources of introduction.

In Lambutina, the age-specific attack rates were lowest among young children and increased among persons of middle age and among the elderly. Those providing patient care and lifting during transportation as well as those washing the bodies of the deceased may have been more represented in the >40 years age group; however, this situation may not explain the high attack rates among the elderly.

Generally, after a cholera outbreak is detected, interventions aim to reduce the proportion of deaths to <1%. The overall case-fatality ratio in the outbreak discussed here was 6.5%, which reflects the challenges to accessing adequate health care in remote settings. This difficulty is exacerbated when the disease occurs for the first time because cholera awareness and preparedness will be weak, as can be seen in the early management of cases during this outbreak. Villagers who have close contact with cholera patients are at greater risk for disease and should be a focus of interventions to limit transmission (e.g., eliminating ingestion of contaminated water, improving hygiene and sanitation). Education to increase awareness of the disease and enhanced access to lowosmolarity oral rehydration solution,

Hartmann solution, and zinc supplements are essential.

Cholera-endemic and choleranonendemic countries with coastal populations are at an increasing risk for cholera outbreaks. Adequate preparation by the health care system is vital to avoid excess deaths.

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Table. Univariate and multivariate analysis of risk factors associated with suspected cholera in Lambutina village, Papua New Guinea, 2009*

	Univariate analysis				Multivariate analysis	
Risk factor	No. cases (%), n = 43	No. controls (%), n = 43	OR (95% CI)	p value	aOR (95% CI)	p value
Attended a funeral	32 (74)	24 (56)	2.3 (0.8-6.4)	0.07	1.8 (0.7-4.9)	0.25
Had death in the family	8 (19)	1 (2)	9.6 (1.1–214.6)	0.02	2.6 (0.2-43.9)	0.51
Consumed food during funeral	38 (88)	34 (79)	2.0 (0.5-7.8)	0.24	NA	NA
Washed the body/clothes of deceased	7 (16)	1 (2)	8.2 (0.9–185.1)	0.03	1.6 (0.1–28.1)	0.74
Had close contact with diarrhea patient	25 (58)	8 (19)	6.1 (2.1–18.3)	0.001	4.8 (1.7–13.4)	0.003
Drank tap water	43 (100)	43 (100)	1.0 (NA)	NA	NA	NA
Boiled water for consumption	1 (2)	0	1.0 (NA)	NA	NA	NA
Washed utensils in the ocean	39 (91)	39 (91)	1.0 (0.2–5.2)	0.64	NA	NA

*OR, odds ratio; CI, confidence interval; aOR, adjusted OR; NA, not applicable.

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Clostridium sphenoides Bloodstream Infection in Man

To the Editor: The role of clostridia as intestinal pathogens has been recognized (*1*). However, the full extent of the pathogenicity, clinical spectrum, and optimal therapy of *Clostridium sphenoides* infections remains to be determined. We describe a case of bloodstream infection in a man that was caused by *C. sphenoides*.

A 68-year-old man was admitted to the hospital (Harbor UCLA Medical Center, Los Angeles, CA, USA) after a motor vehicle accident in December 2009. He was afebrile (temperature 37.2°C), was hemodynamically stable, and had generalized abdominal tenderness. Computed tomography scan of the abdomen and pelvis showed laceration of the spleen and focal aortic dissection at the aortic bifurcation. The patient underwent surgical exploration and splenic resection. No signs of bowel ischemia or laceration were identified during surgery. On the second day postoperation, he became hypotensive, and a fever of 39.2°C developed. Blood cultures (anaerobic bottles from 2 sets of blood cultures) grew a gram-positive rod, ultimately identified as C. sphenoides.

Bacterial growth was detected in the anaerobic bottles on day 4 of incubation by using the BacT/Alert system (bioMérieux, Marcy l'Etoile, France). The organism was subcultured to Brucella blood agar and was incubated anaerobically. On the basis of Gram staining and analysis of the organism's morphologic features in culture (growth at 37°C, obligate anaerobe with spherical, subterminal spores and hemolytic colonies with irregular edges), its biochemical characteristics (the organism was motile, a citrate fermenter), and 16S rRNA gene sequencing, the organism was identified as C. sphenoides. The sequence obtained was 100% identical to a *C. sphenoides* 16S rRNA sequence (GenBank accession no. AB075772). Sensitivity testing with Etest showed that the isolate was susceptible to penicillin (MIC 0.094 μ g/mL), ampicillin/sulbactam (MIC 0.125 μ g/mL), metronidazole (MIC 1.5 μ g/mL), and doripenem (MIC 0.5 μ g/mL) and resistant to clindamycin (MIC 12 μ g/mL).

The patient was given doripenem, 500 mg intravenously (IV) every 8 hours; metronidazole, 500 mg IV every 8 hours; and vancomycin, 1 gm IV every 12 hours. On the third day postoperation, blood cultures (anaerobic bottle from 1 set of blood cultures) again grew C. sphenoides. On the fourth day postoperation, he had persistent fever (38.5°C), became severely hypoxic, and was intubated. Repeat blood cultures were negative for C. sphenoides. A computed tomographic scan of the chest showed bilateral pneumonia, and a sputum culture grew Serratia marcescens. The patient underwent a 2-week course of doripenem and an 11-day course of metronidazole. He also received vancomycin for 7 days. The patient was eventually discharged to a rehabilitation facility after 2 weeks in the hospital.

C. sphenoides was initially thought not to be pathogenic in humans, but it has been occasionally reported as a human pathogen (Table) (2-4). The organism is sometimes acquired from food (2). Osteomyelitis (3) and peritonitis (4) caused by C. sphenoides have also been reported. The organism has characteristic biochemical properties, and citrate is a specific substrate for the isolation of C. sphenoides (5). The pathogenesis of C. sphenoides infections in humans remains unclear. C. sphenoides may produce small alterations on Vero cells in vitro, such as turning the cells oval without altering their size, and these changes are different from those caused by C. difficile (6).

An unusual aspect of the infection in our patient was that it repre-