

SARS also imposed physical and psychological concerns on the healthcare workers.

During the later stage of the SARS epidemic, the Taiwan government offered special financial assistance to hospitals and healthcare workers as an incentive to help fight SARS. The country's National Health Insurance program compensated hospitals for the decrease in revenues, based on the hospital's reimbursement amount before the SARS epidemic. This measure was effective in motivating other hospitals to accept patients with SARS. The proportion of inpatients with SARS at the hospital dropped from 79.5% during March 10 to April 23, to 46.2% during April 24 to May 1, to 11.6% during May 2 to July 23. This financial assistance program remarkably reduced the impact on the hospital as other hospitals began treating patients with SARS.

Preparations for a medical emergency must address the availability and quality of medical care as well as the implications for public health policy, including political, legal, social, financial, and ethical issues (1). The importance of a sound financial policy cannot be overemphasized. Since the 1980s, healthcare systems have become free market enterprises. Laws and regulations are needed to allow governments to mobilize the resources of all hospitals and compensate them during health crises. Government agencies need to work together with the healthcare system, including health insurance systems and social services, well in advance of epidemic emergencies to maximize limited resources and distribute them equitably.

Democratic societies must preserve human rights (including the right to medical care and freedom from fear), while respecting and protecting the rights and safety of hospitals and healthcare workers. We now face the potential resurgence of SARS, other emerging and reemerging infectious

diseases, and the threat of bioterrorism. Careful consideration of the financial issues of hospital management should be an important part of social policy. The emergence of SARS provides a reminder of the potential threat to the entire healthcare system when a new disease suddenly appears. A major lesson from the SARS experience is that government planning and intervention are required.

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## Boiling and *Bacillus* Spores

**To the Editor:** Public health authorities rely upon “boil water” advisories to alert consumers if a potable water supply is deemed unsuitable for consumption. Holding water at a rolling boil for 1 minute will inactivate waterborne pathogens, including encysted protozoa (1–3). Spores of *Bacillus anthracis*, the agent that causes anthrax, are one of the microorganisms most refractory to inactivation by the boiling water method. This study was conducted to determine the resistance of spores of *B. anthracis* Sterne and three other strains of *Bacillus* spp. in boiling water.

*B. anthracis* Sterne (Colorado Serum Co., Denver, CO) was grown on soil extract peptone beef extract medium (4). Spores were harvested from the agar plates and washed four times by centrifugation with sterile distilled water, treated with 50% (vol/vol) ethanol while being shaken at 100 rpm for 2 h, then washed an additional four times by centrifugation with sterile distilled water. Spores of one of the *B. cereus* strains were obtained from a commercial source (Raven Biological Laboratories, Omaha, NE). Spores were produced in broth cultures for the other *Bacillus*

spp. The second *B. cereus* (ATCC 9592) was grown in a generic sporulation medium (5), and *B. thuringiensis* var. *israelensis* (ATCC 35646) was grown in Schaefer's medium (6). Spores were purified by gradient separation using RenoCal-76 (Bracco Diagnostics, Princeton, NJ) (6). Spore preparations were stored in 40% (vol/vol) ethanol at 5°C until used.

Duplicate experiments for each species were conducted in 1-L glass beakers containing 500 mL of municipal drinking water ( $21 \pm 2^\circ\text{C}$ , pH  $8.2 \pm 0.5$ , free available chlorine  $0.5 \pm 0.3$  mg/L). The beakers were left uncovered or covered with a watch glass. Steam was allowed to escape from the covered beakers through the mouth of the pouring spout. Water samples were injected with the spore preparations, heated to boiling on a hot plate, and held at boiling temperature for various times. Measuring the boiling times began when the sample reached a rolling boil. A thermocouple thermometer (Cole-Parmer, Vernon Hills, IL) directly above the liquid-air interface determined the air temperature above the boiling water after 5 min of exposure. At the conclusion of the various boiling times, the samples were removed from the heat source and allowed to cool at room temperature before analysis. These samples contained  $<0.2$  mg/L of free available chlorine. Decimal dilutions of the water samples were analyzed in triplicate by the membrane filter procedure with nutrient agar (7).

Spores of all strains of the *Bacillus* spp. analyzed in this study were inactivated after boiling for 3–5 min in a

covered vessel (Table). Spores still survived after 5 min of boiling in an open vessel for all of the *Bacillus* spp. Temperatures immediately above the surface of the boiling water in the covered vessels averaged  $98.9^\circ\text{C}$ , while the temperature immediately above the water level in the uncovered vessels averaged  $77.3^\circ\text{C}$ .

In a comprehensive literature review citing published reports dating back to 1882, Murray (8) noted that boiling times reported to destroy *B. anthracis* spores varied over a range of 1 to 12 min. In his own study of 17 strains of *B. anthracis*, Murray (8) found that boiling times of 5 to 10 min were required to achieve inactivation. Stein and Rogers (9) reported that vigorous boiling for 3 to 5 min destroyed spores from 43 strains of *B. anthracis*.

In our study, boiling water in a covered vessel for 3 to 5 min destroyed spores of the *Bacillus* spp. by greater than four orders of magnitude. Boiling for 5 min in an uncovered vessel was not as effective as boiling in a covered vessel and allowed all *Bacillus* spp. spores to survive. On the basis of the initial levels of spores used in this study, holding water at a rolling boil for 1–3 min in an open container would not inactivate the spores. Boiling time refers to the total time the water is held at a rolling boil and should not be confused with the first sign of bubbles from dissolved gases in the water. Since water boils at lower temperatures at higher altitudes (approximately  $90^\circ\text{C}$  at 3 km), boiling times must also compensate for decreased atmospheric pressure conditions (1,2).

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Table. Inactivation of *Bacillus* spp. by boiling in tap water

Organism	Initial log <sub>10</sub> CFU/mL		Boiling times <sup>a</sup> log <sub>10</sub> CFU/mL					
	Covered	Uncovered	1 Min		3 Min		5 Min	
			Covered	Uncovered	Covered	Uncovered	Covered	Uncovered
<i>B. anthracis</i> Sterne	4.95	4.92	0.11	ND <sup>b</sup>	<0 <sup>c</sup>	2.13	<0 <sup>c</sup>	2.01
<i>B. cereus</i> (commercial)	4.62	4.59	0.81	1.94	<0 <sup>c</sup>	1.50	<0 <sup>c</sup>	1.46
<i>B. cereus</i> , ATCC 9592	4.54	4.76	<0 <sup>c</sup>	0.78	<0 <sup>c</sup>	0.60	<0 <sup>c</sup>	0.48
<i>B. thuringiensis</i> ATCC 35646	4.63	4.46	<0 <sup>c</sup>	1.76	<0 <sup>c</sup>	1.58	<0 <sup>c</sup>	1.47

<sup>a</sup>Values are means of duplicate experiments  $\pm 0.25$  log units.

<sup>b</sup>ND, not determined.

<sup>c</sup><0, a number reading below the detection level.