Nine patients originated from Somalia, Ethiopia, or Yemen. Few cases have previously been reported from this area (3), although Ethiopian migrants have been shown to have an egg positivity of 0.4% on routine screening (4). Patients 5 and 6 had not returned to Africa for >20 years, suggesting that they acquired their infection in Europe. Therefore, a risk factor may exist that is specific to this ethnic group within the United Kingdom.

Six cases were diagnosed at 1 hospital. All 6 patients reported current or past use of locally bought khat, a leaf chewed for its stimulant properties. It is imported fresh to the United Kingdom from Africa and is an ideal environment for the survival of Fasciola cercaiae. It is used most commonly by migrants from the Horn of Africa and Yemen and has been reported in association with acute fascioliasis in the United Kingdom (5).

Use of imported khat may explain the apparently higher incidence of fascioliasis in this ethnic group residing in the United Kingdom.

Despite the described parallel rise in human and veterinary fascioliasis, none of these cases provide clear evidence that recent human cases resulted from zoonotic transmission within the United Kingdom. Most cases occurred in migrants from the Horn of Africa and Yemen, some of whom may have acquired Fasciola spp. in their country of origin; other cases appear likely to have been acquired in the United Kingdom, possibly due to use of imported khat. Physicians need a heightened awareness of fascioliasis when investigating impaired liver function or abnormal abdominal imaging in migrants or travelers from high-risk areas.

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Gastroenteritis Outbreaks in 2 Tourist Resorts, Dominican Republic

To the Editor: Noroviruses are an important cause of acute gastroenteritis, and outbreaks caused by these viruses have emerged as a major challenge to the healthcare, leisure, and tourism industries. The primary reason is their highly efficient transmission among persons in semiclosed populations such as those in healthcare facilities, hotels, and cruise ships. During an outbreak, primary cases result from exposure to a fecally contaminated vehicle (e.g., food or water), whereas secondary and tertiary cases among contacts of primary case-patients result from person-to-person transmission (1). Airborne and fomite transmission also play a role in the virus spread during outbreaks (2). Transmission through recreational water has also been described (3).

We investigated 2 outbreaks of norovirus gastroenteritis in tourist resorts in the Dominican Republic in January 2005. A total of 402 persons and 371 persons at 2 resorts, 1 located in Punta Cana (attack rate 6.8%) and another in Puerto Plata (attack rate 6.2%), respectively, reported symptoms of diarrhea, vomiting, headache, and fatigue. A total of 35 stools samples, 28 from Punta Cana and 7 from Puerto Plata, were negative for bacterial or parasitic pathogens. However, norovirus was confirmed by the IDEIA norovirus immunoassay (DakoCytomation, Ely, UK) in 11 samples from Punta Cana and 7 samples from Puerto Plata.

Active measures to reduce norovirus transmission were adopted by the 2 resorts, including an increase in cleaning frequency and increase in concentration of chlorine used for surface disinfection of public areas (1,000 mg/L), kitchenware (200 mg/L for 15 min), and fruits and vegetables (150 mg/L for 15 min). Personnel involved...
in food preparation were invited to fill out an epidemiologic questionnaire and provide stool samples. Because these preventive measures were not effective, water was suspected as a possible route of transmission, and diverse approaches were used to isolate viral RNA from different types of water. For sewage water, 100 mL were concentrated by a Molecular Weight Cutoff (MWCO) 100,000 Da Vivaspin20 centrifugal concentrator (Sartorius, Madrid, Spain) to a 5-mL concentrated sample. Five milliliters of chloroform:isoamyl alcohol (24:1) was added to the sample, mixed in a vortex, and centrifuged at 1,000 × g for 10 min (4). A second concentration step to 1 mL was performed with the resulting aqueous phase using a MWCO 100,000 Da Vivaspin6 centrifugal concentrator (Sartorius). For tap and recreational water, a sample of 2 L was processed through a cellulose nitrate filter, as described (5). The filter was first activated by 5 mL of 0.25 mol/L AlCl₃. After a washing step with 200 mL 0.5 mmol/L H₂SO₄, viruses were eluted from the filter with 10 mL of 1 mmol/L NaOH and neutralized with 50 μL of 0.1 mol/L H₂SO₄ and 1.1 mL 10× pH 8.0 Tris-EDTA buffer. Finally, samples were concentrated to a final volume of 1 mL with a Vivaspin6, centrifugal concentrator, as described above.

Viral RNA was isolated by the QIAamp Viral RNA Mini Kit (QIAGEN, Hilden, Germany), treated with Dnase I (Invitrogen, Carlsbad, CA, USA), and reverse transcribed to cDNA with Superscript II reverse transcriptase (Invitrogen). Finally, cDNA was amplified by multiplex-PCR with Taq Gold polymerase (Applied Biosystems, Foster City, CA, USA) by using forward primers Nor31N (5′-CAGATTAYACWGCWTGGGA-3′) and Nor32M (5′-CAGATTAYTCW CGWTGGGA-3′); and reverse primers Nor41M (5′-CCARTGATTATGGCTG TTCAC-3′) and Nor42N (5′-CCAGTG GGCGATGGAGTTC-3′), specific for the RNA polymerase gene (provided by J.A. Boga and M. Oña) (6). PCR was performed with the following conditions: 12 min at 94°C, (1 min at 94°C, 1 min at 55°C, 1 min at 72°C) for 40 cycles, and 10 min at 72°C. PCR products were analyzed by agarose gel electrophoresis. A band of 221 bp was considered a positive result for norovirus.

Norovirus was detected in the 4 samples of sewage water analyzed (2 from each location) collected after intervention, indicating that viral carriers still remained in the resorts. Moreover, norovirus particles were detected in the 2 depurated water samples (1 from each area), then indicating insufficient treatment conditions. Further investigation showed that depurated water was being used to water plants and grass by sprinkling, and becoming an important secondary source for infection. Norovirus-contaminated sewage was treated with different concentrations of chlorine and reverse transcription–PCR demonstrated that 15 mg/L for 1 h did not give a positive signal. Garden sprinkling watering was replaced by inundation watering. Although the virus was not detected either in tap or recreational water, hyperchlorination was carried out to prevent possible dissemination of norovirus. Preventive measures described above for surfaces, kitchenware and food were maintained for 2 additional weeks, and no additional cases were detected after 1 month had passed since the first case. To summarize, only interventions at multiple points, including eradication of secondary sources, and preventive measures to avoid person-to-person transmission enabled the outbreaks to be controlled.

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