Fatal Case of Pneumonia Associated with Pandemic (H1N1) 2009 in HIV-Positive Patient

To the Editor: Pandemic (H1N1) 2009 virus first appeared in March 2009 in Mexico. In June 2009, a pandemic was declared by the World Health Organization (1). Influenza A virus (H1N1) caused a pandemic in 1918–1919; estimated deaths were ≥100 million worldwide (2). Symptoms of pandemic (H1N1) 2009 are similar to those of seasonal influenza (fever, cough, sore throat, body aches, headache, chills, and fatigue) (3). Pandemic (H1N1) 2009 should be considered in the differential diagnosis of patients with acute febrile respiratory illness who have been in contact with persons with confirmed influenza or reside in areas where influenza has been reported (2).

Although most cases of pandemic (H1N1) 2009 in the United States have been mild, 2%–5% of infected persons have required hospitalization (2). Immunosuppressed persons, the elderly, persons with underlying lung or cardiac disease, pregnant women, persons with diabetes, obese persons, and children <5 years of age are at increased risk for this disease (4).

We report pneumonia associated with pandemic (H1N1) 2009, which resulted in respiratory and renal failure and death, in a 39-year-old HIV-positive woman. She had type 1 diabetes and a diagnosis of AIDS 7 years ago and had received highly active antiretroviral therapy. She also had an ill child at home with an influenza-like illness.

Her medical history included pleuropedicardial Nocardia spp. infection, recurrent pleural effusions requiring thoracentesis, and hepatomegaly of unknown cause. Her most recent CD4 cell count was 166 cells/µL with undetectable viral load 1 month before admission. Medications prescribed included combivir, efavirenz, and trimethoprim/sulfamethoxazole but she was noncompliant. She had received the 2008–09 seasonal influenza vaccine and pneumococcal vaccine.

The patient was admitted to Winthrop-University Hospital (Mineola, NY, USA) on June 5, 2009, for community-acquired pneumonia. She received empiric moxifloxacin and atovaquone. Because of concern for persistent Nocardia spp. infection, she was also treated with doxycycline. The result of a rapid influenza test (QuickVue; Quidel, San Diego, CA, USA) was negative for a nasal swab specimen on day 1 of hospitalization. Over the next 48 hours, her clinical status deteriorated, and she experienced worsening hypotension and respiratory distress.

On admission, she had fever (101°F) for 3 days, pulse rate of 109 beats/min, blood pressure of 86/52 mm Hg, respiratory rate of 22 breaths/min (oxygen saturation of 88% on room air), generalized weakness, nonproductive cough, and increasing shortness of breath. She was alert and oriented. Physical examination showed decreased breath sounds at bases, hepatomegaly, and bilateral edema in the lower extremities. Laboratory tests showed 3,000 leukocytes/mm³ (93% neutrophils, 2% bands, and 3% lymphocytes), hemoglobin level of 12.7 g/dL, and 118,000 platelets/mm³. Other laboratory values were blood urea nitrogen 66 mg/dL, creatinine 2.9 mg/dL, creatinine phosphokinase 2,276 IU/L, and lactic acid 3.6 mmol/L (anion gap 13). A chest radiograph showed moderate pleural effusion in the right lung and retrocardiac air space disease. Test results for influenza virus, respiratory fluorescent antibodies (D3 Ultra DFA Respiratory Virus Screening and Infectious Disease Kit; Diagnostic Hybrids, Inc., Athens, OH, USA), and virus culture were negative.

The patient was transferred to the intensive care unit and required intubation, pressor support, and continuous venovenous hemofiltration for fluid removal. Empiric oseltamivir (150 mg 2×d) was started on hospital day 3; moxifloxacin was discontinued, and meropenem was given for pneumonia (5). Thoracentesis showed transudative fluid negative for acid-fast bacilli, bacteria, and fungi.

Results of blood cultures and urine analysis for Legionella spp. antigen were negative. Repeat chest radiography showed a right-sided pneumothorax and worsening bilateral airspace disease. A chest tube was inserted in the right lung, and bronchoscopy was performed on hospital day 5. Results of bronchoalveolar lavage were negative for Pneumocystis jiroveci, virus inclusions, fungi, acid-fast bacilli, bacteria, and mycobacteria. However, clusters of filamentous organisms were seen. On hospital day 5, results of a second rapid influenza test, respiratory fluorescent antibody test, and nasopharyngeal virus culture were negative. Diagnosis was based on a positive result for pandemic (H1N1) 2009 by real-time reverse transcription–PCR (RT-PCR) for a nasopharyngeal swab specimen (New York State Department of Health). Despite empiric treatment with oseltamivir, the patient died on June 15, 2009 (day 11 of hospitalization).

Symptoms of pandemic (H1N1) 2009 in HIV-infected persons are not known. However, these persons have a higher risk for complications. In previous seasonal influenza outbreaks, HIV-infected persons had more severe infections and increased hospitalization and mortality rates (6).

Although a diagnosis of pandemic (H1N1) 2009 was first considered for our patient because of her ill child, she was not initially treated with oseltamivir because of the negative influenza test result and concern for opportunistic infections. Only the result of an RT-PCR for pandemic (H1N1) 2009
was positive. No other pathogens were detected in her blood, urine, sputum, bronchoalveolar lavage, or thoracentesis fluid.

Empiric treatment in patients with pandemic (H1N1) 2009 should be considered in those seeking treatment for influenza-like symptoms, especially in the setting of sick contacts with respiratory illnesses. Rapid influenza tests, respiratory fluorescent antibody tests, and viral cultures may not provide a diagnosis. An RT-PCR for pandemic (H1N1) 2009 may be needed to provide a diagnosis.

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DOI: 10.3201/eid1601.090930

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Human Herpesvirus 8 in Healthy Blood Donors, Argentina

To the Editor: Human herpesvirus 8 (HHV-8), or Kaposi sarcoma–associated herpesvirus, is associated with malignant disorders such as Kaposi sarcoma, primary effusion lymphoma, and multicentric Castleman disease. Although HHV-8 does not necessarily cause life-threatening infection in healthy persons, it causes more severe infection in those who are immunocompromised, such as organ recipients and HIV-infected persons.

HHV-8 has been found in a number of clinical specimens (blood, saliva, and semen) from persons with HHV-8-related diseases (1,2). Identification of infectious virus in lymphocytes from a healthy blood donor and evidence that HHV-8 might be transmitted by blood has raised concern about the safety of the blood supply (3,4). Few studies have detected viral DNA in blood samples of blood donors from areas with low HHV-8 prevalence (5–7). During January 2000 and December 2002, the Virology Department, National Institute of Infectious Diseases, Administración Nacional de Laboratorios e Institutos de Salud, “Dr C G. Malbrán” conducted an HHV-8 serosurvey of 6 blood banks from 5 South American regions and found overall seroprevalence to be 3.7% (range 1.9%–6.7%). The 6.7% seroprevalence from a blood bank in Buenos Aires city was substantially higher than that of other blood banks (8).

From July 2004 through January 2005, to look for the virus in blood and saliva, we conducted the study reported here, an HHV-8 survey at the same blood bank. A total of 577 volunteer blood donors (431 men and 146 women), mean age 39 years (range 17–76 years), were enrolled at the Hemotherapy Service, Hospital of Infectious Diseases “Francisco Javier Muñiz.” The protocol was approved by the Teaching and Research Committee.

Serum and whole blood were collected from all 577 donors, and paired blood–saliva samples were obtained from 394. Serum samples were routinely tested for hepatitis B and C viruses, HIV, human T-lymphotropic viruses I and II, Treponema pallidum, Brucella spp., and Trypanosoma cruzi; results were used to determine associations between HHV-8 and these agents. Specimens were stored at −20°C until serologic and molecular investigation at the Virology Department, National Institute of Infectious Diseases.

Serologic screening for HHV-8 infection was performed by indirect immunofluorescence assay by using lytically induced cells; serum samples were diluted 1:40 (8). Then 45 blood and 39 paired blood–saliva samples from HHV-8-seroreactive donors were investigated for viral genome by open reading frame 26 nested PCR. DNA was purified from 0.3 mL of whole blood by using FlexiGene DNA Kit (QIAGEN, Gmbh, Hilden, Germany); concentrations and quality were measured with a UV spectrophotometer, and 1 µg was used for PCR. The QIAamp DNA Mini Kit (QIAGEN, Gmbh.) was used to obtain DNA from 0.2-mL saliva samples. Crude pellets were resuspended in 20µL of Tris EDTA, pH 8, then 5 µL were added to the PCR. Quality of DNA isolated from negative PCR samples was tested by amplifying the human housekeeping gene β-globin. In addition, inhibitors were investigated by add-