Disseminated Microsporidiosis in an Immunosuppressed Patient

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We report a case of disseminated microsporidiosis in a patient with multiple myeloma who had received an allogeneic stem cell transplant requiring substantial immunosuppression. The causative organism was identified as *Tubulinosema acridophagus*, confirming this genus of microsporidiosis as a novel human pathogen.

Microsporidia fungi are human pathogens known for causing diarrheal illness in persons infected with HIV; however, there is growing awareness of their involvement in other cases of host immunosuppression. A case of *Tubulinosema* sp. microsporidian myositis was recently reported in a patient with chronic lymphocytic leukemia (1). We describe a second case of disseminated microsporidiosis caused by a *Tubulinosema* sp. in an immunosuppressed patient who received an allogeneic stem cell transplant for multiple myeloma.

Case Report

The patient was a 33-year-old woman with multiple myeloma. After receiving an autologous stem cell transplant (SCT), she experienced a relapse of disease and was enrolled in an experimental protocol of immunoablative chemotherapy, followed by hematopoietic SCT at the National Institutes of Health Clinical Center in Bethesda, Maryland (www.ClinicalTrials.gov identifier NCT00520130). Patients in this study are given a conditioning regimen of chemotherapy drugs (including fludarabine and cyclophosphamide), followed by prophylaxis against graft-versus-host disease (alemtuzumab).

As a routine follow-up, and new retinal lesions suggestive of candida chorioretinitis were seen. Liposomal amphotericin B was substituted for prophylactic anidulafungin, and an intravitreal injection of amphotericin B was given for a subfoveal lesion.

At this time, the patient also had increasing hyperbilirubinemia and elevation of liver aminotransferases, together with diarrhea, abdominal distension, and new ascites. Graft-versus-host disease of the gut and liver was suspected. A colonoscopy on day 79 showed that, with the exception of 1 ulcer, the colonic mucosa appeared normal; biopsy samples showed nonspecific inflammation and a few apoptotic bodies. A liver biopsy and paracentesis were performed on day 85. Samples were stained with calcofluor white, which revealed yeast-like organisms 2–3 μm in diameter (Figure 1, panel A; online Appendix Figure, panels A and B, wwwnc.cdc.gov/EID/article/18/6/12-0047-FA1.htm). The samples were also cultured for the presence of fungi, but results were negative.

Over the next 10 days, despite treatment with broad-spectrum antimicrobial drugs and corticosteroids, the patient had intermittent fever, continued elevation of liver enzymes, and progressive respiratory insufficiency with episodes of diffuse alveolar hemorrhage. Examination of BAL samples on days 90, 92, 96, and 97 was unrevealing. On day 96, multiple discrete, nonblanchable red macules and papules developed on the patient’s face, arms, legs, and trunk; the macules and papules were initially suggestive of disseminated candidiasis. Skin biopsy showed cysts mostly within the epidermis and follicular epithelium, similar to
those seen previously in the liver biopsy sample and in ascitic fluid; these cysts featured closely packed, uniform, oval basophilic structures (Figure 1, panels B and C).

On day 96, diffuse alveolar hemorrhage recurred. BAL was performed, and staining with Diff-Quik (Siemens Healthcare Diagnostics Inc., Deerfield, IL, USA) and modified trichrome showed that the fluid samples were now positive for intracellular yeast-like forms. In retrospect, we determined that the BAL samples from day 90 also contained yeast-like forms, but they could not be identified at that time (Figure 1, panel D). Refractory hypoxemia developed, and the patient died on day 97 after the initial transplant. No postmortem examination was performed.

The remaining clinical specimens were subsequently examined to determine if the yeast-like forms were microsporidia. Warthin-Starry staining showed that all organisms in the skin and ascitic fluid were consistent with microsporidia (Figure 1, panel C; online Appendix Figure, panel C). Similar organisms were identified in the BAL samples from days 90 and 96; spore size averaged 3.5 μm (range 3.3–3.9 μm) (Figure 1, panel D). Results of calcofluor white and modified acid-fast staining of the organisms were also positive, consistent with microsporidia.

Electron micrographs of skin and peritoneal fluid revealed microsporidian spores with features that were compatible with the genus *Tubulinosema*. Spores had a
single layer of polar tubule or filament with 11–14 coils; the last 3 coils were clearly smaller in some spores (i.e., they had an anisofilar polar tubular arrangement) (Figure 1, panel E). The quality of the electron micrograph was limiting and did not allow visualization of the diplokaryon nucleus.

BAL samples were sent to the reference diagnostic laboratory for parasitology at the Centers for Disease Control and Prevention for molecular analysis. A nested PCR approach was applied, using the outer primers microFN18 (5′-CACCAGGTGATTTGCTGCTG-3′) and microR9 (5′-GCAGTACTGTCAGAGAATC-3′) and the inner primers Ta50f (5′-GTTGATCCTGCCACAGATTCTTCT-3′) and Ta1300r (5′-GGACACATTTCATGTAACATTT-3′). Phylogenetic analysis of the resulting 1,246-bp sequence (GenBank accession no. JQ247017) revealed a high similarity to the small subunit ribosomal RNA gene from T. acridophagus (Figure 2), with only 1 nucleotide difference between the 2 sequences. Our final clinical diagnosis was disseminated T. acridophagus microsporidiosis with skin, liver, peritoneal, lung, and possibly chorioretinal involvement. Histopathology was notable for a paucity of inflammation around the organisms.

Conclusions

Along with another case of Tubulinosema sp. microsporidiosis (1), this case of disseminated microsporidiosis in an immunosuppressed SCT patient solidifies Tubulinosema sp. as a novel pathogen in immunosuppressed persons. By using molecular analysis, we characterized the microsporidian from the patient in our study to the species level (T. acridophagus).

Of 3 other reported cases of pulmonary microsporidiosis after SCT, 2 were in T cell–depleted patients (2,3), and the third was in a patient receiving high-dose methylprednisolone (1 g/m²) to treat graft-versus-host disease (4). The patient in our study was substantially immunosuppressed. She received alemtuzumab with her first allogeneic transplant and conditioning with antithymocyte globulin before her second transplant, resulting in significant in vivo T-cell depletion; she was also receiving adrenal corticosteroids. Because the patient had retinal changes suggestive of candidemia, we initially suspected that she had a disseminated infection. Although we did not identify the cause of these retinal changes, a case of endophthalmitis caused by microsporidia has been reported (5).

Microsporidia have only rarely been reported in the skin (6–8). The organisms we found in the skin and liver of the patient in our study were similar, providing the clue to the eventual postmortem diagnosis of disseminated microsporidiosis. This report reinforces the need to consider microsporidiosis as a life-threatening condition and a potential cause of diffuse alveolar hemorrhage after SCT (2,3), particularly in patients with extreme T-cell dysfunction.

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References


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