Resolution of Novel Human Papillomavirus–induced Warts after HPV Vaccination

Steffi Silling, Ulrike Wieland, Marko Werner, Herbert Pfister, Anja Potthoff, and Alexander Kreuter

Human papillomavirus (HPV) XS2 was isolated from warts on an immunosuppressed patient. After HPV vaccination, the warts resolved. HPVXS2 was also found in warts and normal skin of HIV-positive patients and rarely in HIV-negative controls. Further studies should elucidate the mechanisms that lead to wart clearance.

Human papillomaviruses (HPVs), small, double-stranded DNA viruses with a circular genome of ≈8,000 bp, are assigned to different genera and species on the basis of their major capsid protein gene (L1) nucleotide sequence, which reflects their tropism (cutaneous or mucosal) and potential to induce tumors. Most HPVs belong to genera alpha (e.g., genital and wart-associated types), beta, or gamma (cutaneous types) (1). HPV infections are common, and the prevalence of cutaneous viral warts is 3%–5% in children (2). Warts, benign HPV-induced lesions, usually regress spontaneously within several months. Immunodeficiency predisposes to persistent HPV infections and the development of generalized verrucosis (2,3).

We report the remission of cutaneous warts of prolonged duration in an immunosuppressed patient after HPV vaccination. The study was performed according to the declaration of Helsinki; written informed consent was obtained from the patient.

The Patient

In 1979, a 41-year-old, White woman received a diagnosis of B cell chronic lymphocytic leukemia and was treated with chlorambucil and prednisolone, followed by radiation therapy and splenectomy, resulting in a durable, complete remission of the leukemia. In October 2002, breast cancer was detected in the patient; the breast was surgically removed, and lymph node dissection was performed. Six cycles of chemotherapy were administered during November 2002–March 2003. In February 2010, after a 12-year history of slowly progressing cutaneous warts, the patient sought medical care for numerous, flat, erythematous warts that were coalescing into large plaques on her forearms, backs of hands, and fingers (online Technical Appendix Figure, panel A, wwwnc.cdc.gov/EID/article/20/1/13-0999-Techapp1.pdf). Immunophenotyping revealed a markedly decreased CD4/CD8 ratio (Table). During October 2005–December 2009, the patient received topical and ablative treatments for the warts (salicylic acid, podophyllotoxin, 5-fluorouracil cream, imiquimod 5% cream, cryosurgery, surgical

Figure 1. Histopathologic findings for a representative biopsy of skin lesions (erythematous warts) from a female patient before she was administered human papillomavirus vaccine. Analysis revealed features typical of benign cutaneous warts, including acanthosis, parakeratosis, and numerous koliocytes. Vacuolated granular cells show prominent keratohyalin granules, characteristic of human papillomavirus infection (hematoxylin-eosin staining; original magnification ×200)
curettage, electrocautery, and CO₂ laser therapy), but clinical improvement was not sustained.

Complete regression of cutaneous warts has been reported in persons after HPV vaccination (4,5); thus, we vaccinated the patient with the quadrivalent HPV (qHPV) vaccine (Gardasil, Sanofi Pasteur MSD SNC, Lyon, France), which contains L1 proteins of HPV types 6, 11, 16, and 18 as virus-like particles. Three overlapping 261-bp fragment named HPVXS2 (specimens obtained before vaccination. Sequences of the PCR products were analyzed by using BLASTn (http://blast.ncbi.nlm.nih.gov) and were 100% homologous to a HPV-57, and HPVXS2 loads were low (0.0002 and 0.034 3 HIV-positive women. Two warts were co-infected with HPVXS2-DNA was present in warts from pressed patients. HPVXS2-DNA was present in warts from 17 immunocompetent and 24 immunosuppressed patients. HPVXS2 loads ranged from 903 to 99,571 (median 14,534) HPV/β-globin. Virus loads were much lower in a seborrheic keratosis from her back and a benign nevus from her cheek (1.424 and 0.012 HPV/β-globin, respectively). Two skin specimens obtained 14 months after the third qHPV vaccine dose were HPVXS2-negative.

An HPVXS2-specific quantitative real-time PCR was established. In brief, a 20-μL reaction contained 10 μL of LightCycler 480 Probes Master (Roche, Mannheim, Germany), 0.1 μmol/L probe no. 46 (5′-ATGCGTCG-3′) of the Universal Probe Library (Roche), 0.2 μmol/L each primer XS2-L1fw 5′-GATTTGCTACAGTGATGTTGTATCC-3′ and XS2-L1rev 5′-TCTGCGCAGGTACTGAC-3′, and 2 μL extracted DNA (QIAamp DNA Mini Kit; QIAGEN, Hilden, Germany). Cycling conditions were 95°C for 10 min and 45 cycles at 95°C for 10 sec, 60°C for 30 sec, and 72°C for 5 sec. Virus load was expressed as HPV DNA copies per β-globin gene copy (HPV/β-globin) (9). In 17 of the patient’s warts, HPVXS2 loads ranged from 903 to 99,571 (median 14,534) HPV/β-globin. Virus loads were much lower in a seborrheic keratosis from her back and a benign nevus from her cheek (1.424 and 0.012 HPV/β-globin, respectively). Two skin specimens obtained 14 months after the third qHPV vaccine dose were HPVXS2-negative.

To estimate the proportion of HPVXS2-positive specimens among archived, extracted DNA, we screened 62 skin warts from 17 immunocompetent and 24 immunosuppressed patients. HPVXS2-DNA was present in warts from 3 HIV-positive women. Two warts were co-infected with HPV-57, and HPVXS2 loads were low (0.0002 and 0.034 HPV/β-globin, respectively). One wart contained HPVXS2 only (virus load 6.853 HPV/β-globin). We also screened 449 swab samples collected for a previous study; the samples were of normal forehead skin from HIV-positive men and

Table. Flow cytometric immunophenotyping results before and after human papillomavirus vaccination in a patient with splenectomy*  

<table>
<thead>
<tr>
<th>Cell type (reference range)</th>
<th>Results before vaccination†</th>
<th>Results after vaccination‡</th>
</tr>
</thead>
<tbody>
<tr>
<td>CD3 cell count</td>
<td>Absolute (690–2,540 cells/μL)</td>
<td>2,729 cells/μL 50%</td>
</tr>
<tr>
<td>Relative (55%–84%)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>CD4 cell count</td>
<td>Absolute (410–1,590 cells/μL)</td>
<td>602 cells/μL 11%</td>
</tr>
<tr>
<td>Relative (31%–60%)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>CD8 cell count</td>
<td>Absolute (190–1,140 cells/μL)</td>
<td>2,149 cells/μL 40%</td>
</tr>
<tr>
<td>Relative (13%–41%)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>CD4/CD8 ratio (0.8–2.0)</td>
<td>0.28</td>
<td>0.34</td>
</tr>
</tbody>
</table>

*Boldface indicates results below or above the reference range. Vaccination was started on July 19, 2010, the second dose was given 2 months later in September 2010, and the third dose was given 4 months later in January 2011.
†February 2010.
‡March 2011.
HIV-negative male controls (10). HPVXS2 DNA was present in 16.2% (34/210) and 0.8% (2/239) of specimens from HIV-positive and HIV-negative men, respectively (p<0.001; \( \chi^2 \) test, 2-sided). Among the HIV-positive men, those with CD4 counts of <350 cells/µL were more likely than those with CD4 counts of >350 cells/µL to be HPVXS2-positive, but the difference was not statistically significant (25.0% vs. 13.5%, p = 0.101). Virus loads were low (0.014 and 0.023 HPV/β-globin) in the 2 HPVXS2-positive HIV-negative controls. Virus loads of >1.0 HPV/β-globin were found on normal skin of 10 of 34 HPVXS2-positive HIV-positive men (range 0.002–35.0 HPV/β-globin; median 0.107 HPV/β-globin; interquartile range 1.266 HPV/β-globin).

Conclusions

HPVXS2 fragments were previously identified in hyperkeratotic benign papillomas, squamous cell carcinomas, and dermatitis on 3 renal transplant recipients at consecutive visits and in different parts of the body (6). In our study, HPVXS2 was identified in disseminated warts from a patient who had had a splenectomy and in benign skin warts from 3 HIV-positive patients. HPVXS2 DNA loads were well above 1.0 HPV/β-globin in the patient who had received a splenectomy and in an HIV-positive woman with HPVXS2 monoinfection. These virus loads are in line with those in warts induced by other HPV types (11). HPVXS2 was found more frequently on normal skin of HIV-positive than HIV-negative men. Thus, immunocompromised persons seem to have difficulties in clearing HPVXS2. However, virus loads remain low to moderate, and the infection in immunocompromised persons is clinically inapparent in most cases.

The patient in our study was free of warts 3 months after the last dose of qHPV vaccine, even though HPVXS2 is not closely related to the vaccine virus types (Figure 2). This observation correlates with published case reports (4,5,12,13), but it is still surprising, given that clinical improvement was not seen in 5 patients with HPV-6–positive condylomas who received the same vaccine (14). The qHPV vaccine was shown to induce type-specific humoral and cellular immune responses in an immunodeficient patient (15), but the mechanisms leading to regression of skin warts associated with heterologous HPV types have not been analyzed. One explanation could be that vaccination led to a general stimulation of the immune system, and innate immunity destroyed virus-infected cells.

We report a single observation; however, correlation does not necessarily imply causation, and a placebo effect is possible. Considering our findings, immunologic studies elucidating the mechanisms that lead to wart clearance and controlled clinical trials should be initiated.

Acknowledgments

We thank Monika Junk, Nabila Ristow, and Sabine Richter for excellent technical assistance and Zebulon Tolman for proofreading the manuscript.

This work was supported by the German Federal Ministry of Health, grant no. 1369-401. U.W. was supported by the German Federal Ministry of Education and Research, grant no. 01 KI 1017 (TP7).
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References

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Technical Appendix

Technical Appendix Figure. Clinical picture of the right forearm of a splenectomized patient with disseminated warts before and after human papillomavirus (HPV) vaccination. A) Clinical appearance of the patient’s forearm before HPV vaccination: numerous flat erythematous papules and plaques are present (June 2010). B) Clinical appearance of the patient’s forearm 14 months after the third HPV vaccine dose (March 2012): all skin warts are cleared.