Global Incidence of Carbapenemase-Producing Escherichia coli ST131

Gisele Peirano, Patricia A. Bradford, Krystyna M. Kazmierczak, Robert E. Badal, Meredith Hackel, Daryl J. Hoban, and Johann D.D. Pitout

We characterized Escherichia coli ST131 isolates among 116 carbapenemase-producing strains. Of isolates from 16 countries collected during 2008–2013, 35% belonged to ST131 and were associated with blaKPC, H30 lineage, and virotype C. This study documents worldwide incidents of resistance to “last resort” antimicrobial agents among a common pathogen in a successful sequence type.

Escherichia coli sequence type 131 (ST131) was identified as pathogenic to humans in 2008; retrospective research suggests that its isolates have been present since at least 2003. The group has spread extensively and has been linked to the rapid global increase in the prevalence of antimicrobial resistance among E. coli strains (1). The intercontinental dissemination of this sequence type has contributed immensely to the worldwide emergence of fluoroquinolone-resistant and CTX-M–producing E. coli (1,2). Recent surveillance studies have shown that its overall prevalence ranges from 12.5% to 30% of all E. coli clinical isolates, from 70% to 80% of fluoroquinolone-resistant isolates, and from 50% to 60% of extended spectrum β-lactamase-producing isolates (3).

The development of resistance to carbapenems among E. coli is of particular concern because these agents are often the last line of effective therapy available for the treatment of persons with serious infections (4). New Delhi metallo-β-lactamase (NDM) and carbapenem-hydrolyzing oxacillinase-48 (OXA-48) are the most common carbapenemases among E. coli worldwide (5).

The Study

This study describes the characteristics of ST131 isolates among carbapenemase-producing E. coli strains collected globally by 2 research groups during 2008–2013. The Merck Study for Monitoring Antimicrobial Resistance Trends (SMART) (http://www.merck.com/about/featured-stories/infectious_disease.html) started in 2002 and AstraZeneca’s global surveillance study of antimicrobial resistance (unpublished data) began in 2012, to monitor global antimicrobial resistance trends among gram-negative bacteria (online Technical Appendix, wwwnc.cdc.gov/EID/article/20/11-14-1388-Teachapp1.pdf). Antimicrobial susceptibilities of different antimicrobial agents (Table 1, wwwnc.cdc.gov/EID/article/20/11-14-1388-T1.htm) were determined by using frozen broth microdilution panels according to 2013 Clinical and Laboratory Standards Institute and European Committee on Antimicrobial Susceptibility Testing guidelines (6). Established PCR and sequencing methods were used to identify β-lactamases (7,8) and define O25b:H4, O16:H5 ST131, fimH30 lineage, H30-Rx sublineage (9–11), and virotypes (12).

Overall, 47,843 E. coli isolates were collected and tested for susceptibility; 407 were found to be nonsusceptible to ertapenem or imipenem and were molecularly characterized for β-lactamase genes. A total of 116 of the 407 isolates were positive for NDM, KPC, OXA-48-like, VIM, and IMP types of carbapenemases. Various gene types were identified: 44 (38%) were positive for blaNDM, 38 (33%) for blaKPC, 30 (26%) for blaOXA-48like, 2 (2%) for blaVIM-1 and 2 (2%) were positive for blaIMP (Table 1).

The countries from which the E. coli isolates were obtained are shown in Table 2. The isolates were cultured from intraabdominal specimens (37%), peritoneal fluid (16%), biliary fluid (10%), urine (30%), and from miscellaneous sources such as sputum and tissue (9%).

PCR testing for O25b:H4, O16:H5, and MLST showed that 41/116 (35%) belonged to the sequence type ST131. Antimicrobial susceptibilities, types of β-lactamases, the presence of the fimH30 lineage, and virotypes are shown in Table 1. ST131 strains were more likely than non-ST131 strains to be nonsusceptible to ciprofloxacin and to be positive for blaKPC, the H30 lineage, and virotype C; non-ST131 isolates were more likely to be positive for blaNDM.

The majority, i.e., 24 (58%), of ST131 strains were positive for blaKPC, 13 (32%) for blaOXA-48like, 3 (7%) for blaNDM, and 1 (2%) for blaIMP. ST131 was present in 16 countries spanning 5 continents (Table 2). The distribution of ST131 during 2008–2013 is shown in Table 3.

Various fimH alleles were identified among ST131 isolates: 24 H30 (58%), 3 H41 (7%), 3 H54 (7%), 2 H22 (5%), 2 H27 (5%), and 2 H191 (5%); and 1 each (2%) belonging to H24, H32, H65, and the new fimH alleles

Author affiliations: University of Calgary Faculty of Medicine, Calgary, Alberta, Canada (G. Peirano, J.D.D. Pitout); AstraZeneca Pharmaceuticals LP, Waltham, Massachusetts, USA (P.A. Bradford); and International Health Management Associates, Schaumberg, Illinois, USA (K.M. Kazmierczak, R.E. Badal, M. Hackel, D.J. Hoban)

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H434 and H435. Of the 24 H30 ST131 strains, 19 (79%) belonged to the H30-R sublineage and 5 (21%) to the H30-Rx sublineage.

Conclusions

NDM variants were the most common carbapenemase identified and were especially prevalent in E. coli strains from India and Vietnam (Table 2). KPCs, which were the second most common carbapenemase identified, were distributed globally, i.e., in South America, Central America, North America, Europe, the Middle East, and Asia (Table 2). This was unexpected because KPCs have been relatively rarely reported among E. coli (5).

Because of the unprecedented global success of ST131, the presence of carbapenemases had been carefully monitored by molecular epidemiologists but has been limited to case reports from several countries (1). The largest collections of ST131 with carbapenemases were reported from Hangzhou, Zhejiang Province, China (13) and Pittsburgh, Pennsylvania, USA (14). Of note, 24/38 (63%) of E. coli strains with bla<sub>KPC</sub> belonged to ST131, as opposed to 3/44 (7%) for NDMs and 13/30 (43%) for OXA-48-like strains. Our results suggest that ST131 is most likely responsible for the global distribution of E. coli with bla<sub>KPC</sub>.

The expansion of the H30 lineage and its H30-R and H30-Rx sublineages have contributed substantially to the spread of ST131 E. coli (11,15). In our study, H30-R, which belongs to virotype C, was the most common lineage among ST131 strains (i.e., 58%); it was associated with bla<sub>KPC</sub> and was especially prominent during 2012–2013.

The increase of the ST131 H30 lineage with bla<sub>KPC</sub> during 2012–13 is cause for concern.

E. coli ST131 has received comparatively less attention than other antimicrobial-resistant pathogens. Retrospective molecular surveillance studies have shown that ST131 with bla<sub>CXM-15</sub> was rare during the early 2000s, but that an explosive global increase followed during the mid-to-late 2000s (1). The results of this study show a similar scenario with E. coli ST131 and bla<sub>KPC</sub>; a low prevalence combined with a global distribution. This study is of special concern because we documented resistance to “last resort” antimicrobial drugs (i.e., carbapenems) in most regions of the world, in a common community and hospital pathogen (i.e., E. coli) among a very successful sequence type (i.e., ST131). We urgently need well-designed epidemiologic and molecular studies to clarify the dynamics of transmission, risk factors, and reservoirs for ST131.

The medical community can ill afford to ignore E. coli ST131 strains with carbapenemases. This sequence type poses a major threat to public health because of its worldwide distribution and association with the dominant H30 lineage. This sequence type among E. coli has the potential to cause widespread resistance to carbapenems.

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Table 2. Escherichia coli with carbapenemases from combined Merck Study for Monitoring Antimicrobial Resistance Trends and AstraZeneca surveillance programs*  

<table>
<thead>
<tr>
<th>Carbapenemase (no.)</th>
<th>Total: country (no.)</th>
<th>ST131: country (no.)†</th>
</tr>
</thead>
<tbody>
<tr>
<td>NDM (44)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>NDM-1 (39)</td>
<td>India (25), Vietnam (10), Serbia (1), Philippines (1), Thaidland (1), China (1)</td>
<td>Philippines (1), India (1), Thaidland (1)</td>
</tr>
<tr>
<td>NDM-4 (2)</td>
<td>India (2)</td>
<td>None</td>
</tr>
<tr>
<td>NDM-5 (n2)</td>
<td>Saudi Arabia (1), Kuwait (1)</td>
<td>None</td>
</tr>
<tr>
<td>NDM-6 (n1)</td>
<td>India (1)</td>
<td>None</td>
</tr>
<tr>
<td>KPC (38)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>KPC-2 (32)</td>
<td>Argentina (1), Brazil (2), Colombia (9), China (5), Ecuador (2), Italy (1), Jordan (1), Panama (1), Puerto Rico (5), USA (2), Vietnam (3)</td>
<td>Argentina (1), Colombia (5), China (4), Ecuador (1), Italy (1), Panama (1), Puerto Rico (4), USA (2), Vietnam (2)</td>
</tr>
<tr>
<td>KPC-3 (6)</td>
<td>Puerto Rico (1), Israel (1), USA (4)</td>
<td>USA (3)</td>
</tr>
<tr>
<td>OXA-48-like (30)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>OXA-48 (28)</td>
<td>Egypt (1), Jordan (1), Lebanon (3), Morocco (2), Turkey (18), Vietnam (3), UAE (1)</td>
<td>Jordan (1), Morocco (1), Turkey (10), UAE(1)</td>
</tr>
<tr>
<td>OXA-163 (1)</td>
<td>Argentina (1)</td>
<td>None</td>
</tr>
<tr>
<td>OXA-244 (1)</td>
<td>Tunisia (1)</td>
<td>None</td>
</tr>
<tr>
<td>IMP (2)</td>
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<td></td>
</tr>
<tr>
<td>IMP-1 (1)</td>
<td>India (1)</td>
<td>None</td>
</tr>
<tr>
<td>IMP-14 (1)</td>
<td>Thailand (1)</td>
<td>None</td>
</tr>
<tr>
<td>VIM-1 (2)</td>
<td>Italy (1), Greece (1)</td>
<td>None</td>
</tr>
<tr>
<td>Total</td>
<td>116</td>
<td>41</td>
</tr>
</tbody>
</table>

*NDM, New Delhi metallo-β-lactamase-1; KPC, Klebsiella pneumoniae carbapenemase; USA, United States of America; OXA, oxacillinase; UAE, United Arab Emirates; IMP, imipenemase; VIM, Verona integron-encoded metallo-β-lactamase.
†PCR-based screening of E. coli ST131 may infrequently identify isolates that belong to the ST1 Clonal Complex as ST131 and rarely misidentifies non-ST131 E. coli as ST131.
Dr Peirano is a research associate at Calgary Laboratory Services and the University of Calgary. Her main research interests are related to the detection and molecular epidemiology of antimicrobial drug resistance mechanisms among Gram-negative bacteria.

References


Address for correspondence: Johan D.D. Pitout, University of Calgary, Calgary Laboratory Services, #9, 3535 Research Rd NW, Calgary, Alberta, Canada; email: johann.pitout@cls.ab.ca
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The Studies

The Merck Study for Monitoring Antimicrobial Resistance Trends (SMART) and AstraZeneca program antimicrobial drug surveillance program combine global surveillance with molecular characterization to monitor the prevalence of different resistance determinants and sequence types among Gram negative bacteria. The SMART surveillance program included 237 institutions from 56 countries and the AstraZeneca surveillance program included 180 institutions from 39 countries present in Africa (5%), Asia (25%), Latin America (27%), Europe (13%), North America (17%), the South Pacific (5%) and the Middle East (8%). Countries that are represented include Argentina, Australia, Brazil, Canada, China, Chili, Colombia, Dominican Republic, Ecuador, Egypt, Greece, Costa Rica, Czech Republic, Estonia, France, Germany, Guatemala, Israel, India, Italy, Japan, Jordan, Honduras, Hong Kong, Korea, Kuwait, Lebanon, Latvia, Lithuania, Mexico, Morocco, New Zealand, Panama, Poland, Oman, the Philippines, Paraguay, Portugal, Puerto Rico, Romania, Saudi Arabia, Serbia, Singapore, Slovenia, Slovakia, Spain, Switzerland, Taiwan, Thailand, Turkey, Tunisia, United Arab Emirates, United Kingdom, Uruguay, USA, Venezuela, and Vietnam.

Each investigator from both programs was instructed to collect 100 consecutive clinically relevant Gram-negative aerobes from intra-abdominal infections and 50 from urinary tract infections. All isolates that were deemed to be colonizers were not collected. Astra-Zeneca specifically targeted *E. coli*, *Klebsiella* spp., *Proteus* spp., *Enterobacter* spp., *Citrobacter* spp., and *Serratia* spp. and also collected gram-negative bacteria responsible for skin and soft tissue infections and lower respiratory tract infections.

The bacteria with carbapenemases were collected during 2008–2013. Of 47,843 *E. coli* isolates, 4% were from Africa, 28% from Asia, 32% from Latin America, 9% from Europe, 14% from North America, 5% from the South Pacific and 8% the Middle East (8%).