Life-Threatening Sochi Virus Infections, Russia

Sochi virus was recently identified as a new hantavirus genotype carried by the Black Sea field mouse, *Apodemus ponticus*. We evaluated 62 patients in Russia with Sochi virus infection. Most clinical cases were severe, and the case-fatality rate was as high as 14.5%.

Hantaviruses are zoonotic pathogens transmitted from small animals to humans. Hantavirus disease in the Americas is called hantavirus pulmonary syndrome and in Asia and Europe is called hemorrhagic fever with renal syndrome (HFRS). Both syndromes can lead to cardio-pulmonary and renal failure (1). Recently we described a new hantavirus, Sochi virus, from the administrative region Krasnodar (including the city of Sochi), southern European Russia, which was isolated in cell culture from a Black Sea field mouse (*Apodemus ponticus*) and a
patient with fulminant hantavirus disease who died of shock and combined kidney and lung failure (2–4). Molecular taxon-omical analyses identified Sochi virus as a new genotype within the Dobrava-Belgrade virus (DOBV) species (5). Here we show that HFRS caused by Sochi virus infection occurs in the geographic region where A. ponticus mice are prevalent. For 62 patients infected by this virus during 2000–2013, we evaluated clinical and epidemiologic data.

The Study
Serum of patients with suspected acute hantavirus disease from the Krasnodar region were screened for hantavirus antibodies by indirect immunofluorescence assays and ELISA. Sixty-two patients showed clear DOBV IgG seropositivity. During the acute phase of illness, all patients tested positive for DOBV IgM (data not shown). For 26 patients, sufficient volumes of follow-up serum were available for additional focus reduction neutralization assays to specify neutralizing antibodies. All serum samples exhibited substantially higher neutralizing titers toward DOBV than toward Puumala virus, Hantaan virus, and Seoul virus. When the neutralizing effect of DOBV-positive patients’ serum were compared against the different human pathogenic genotypes of DOBV (Dobrava, Kurkino, and Sochi), all serum predominantly reacted with the Sochi genotype (online Technical Appendix Table 1, http://wwwnc.cdc.gov/EID/article/21/12/15-0891-Techapp1.pdf). We successfully obtained virus genomic large (L) segment sequences from 2 patients (no. 51, specimen no. 6882; no. 59, specimen no. 10752). In the neighborhood...
of the residence of patient no. 59, mice were trapped, and hantaviral L and small (S) segment regions from 2 A. ponticus animals (specimen nos. 10636, 10645) were amplified. The sequences obtained were deposited in GenBank under accession nos. KM192207–09 and KP878308–10 (L segment) and KP878311–13 (S segment) (online Technical Appendix Table 2). Samples from virus-positive mice were phylogenetically characterized by analysis of a 242-bp region of their cytB gene; all of them clustered with the previously identified A. ponticus animals (3) (data not shown).

In addition, the A. ponticus–derived isolate Sochi/Ap (4), the patient-derived isolate Sochi/hu (5), an S segment sequence from a mouse (GK/Ap) trapped near the home of the previously described Krasnodar patient (4), and sequences originating from 2 A. ponticus mice sampled near the Black Sea coast, 43/Ap and 79/Ap, were included in the analysis of the virus.

The patient-derived sequences 6882/hu, 10752/hu, and Sochi/hu clearly cluster with the previously described Krasnodar patient (4)–associated sequences 43/Ap, 79/Ap, 10636/Ap, 10645/Ap, and Sochi/Ap (Figure 1, panel A). In the analysis of the S segment, we obtained a very similar result; the patient-derived sequences 10752/hu, Krasnodar/hu, and Sochi/hu cluster with A. ponticus–associated sequences 43/Ap, 79/Ap, 10636/Ap, 10645/Ap, GK/Ap, and Sochi/Ap (Figure 1, panel B). In analysis of both L and S segments, the Sochi virus strains form a unique group, clearly distinguishable from all other DOBV genotypes.

Specimens from different organs of deceased patient no. 59 were analyzed for virus load. The highest concentration was detected in kidney (11,446 copies/ng RNA) and lymph node (3,086 copies/ng RNA), whereas the least virus RNA (10–100 copies/ng RNA) was detected in lung, brain, and liver (Figure 2).

The clinical disease severity of the 62 Sochi virus–infected patients investigated (Table 1) was subdivided into mild, moderate, or severe following the standard Russian criteria (i.e., length of febrile phase, minimal blood pressure in the hypotonic phase, extent of hemorrhagic symptoms, minimal urine production, serum creatinine level, and extent of proteinuria) (online Technical Appendix Table 3). The case-fatality rate (CFR) was as high as 14.5% (9/62 patients). Including fatalities, severe disease developed in nearly 60% of patients, whereas the remaining 40% of cases were moderate. The average age of all patients was 33 years. A significantly higher proportion of patients were males (p = 1.05 × 10−9). Moreover, severe disease developed in most affected male patients (66.7%) but in only 35.7% of affected female patients (p = 0.037). The fact that only 2 of 9 fatal cases occurred in female patients (Table 1) underscores this finding.

All 9 patients with fatal infections died of multiorgan failure and shock (Table 2). Postmortem examination showed multiple hemorrhages and edema in internal organs, including kidneys and lungs. The patients died within 8.2 days (range 3–16 days) after disease onset. An extraordinary fulminant course was observed for patient no. 47, who died 3 days after onset and before he could be hospitalized. This 19-year-old man was the son-in-law of patient no. 48, who also died after Sochi virus infection. Both men lived at the same rural address, and rodent contact during work in haystacks was reported.

![Table 1. Comparisons in clinical outcome, age, and sex of 62 patients with Sochi virus infection, Russia*](http://www.mrs.umn.edu/~sungurea/statlets/statlets.htm)
mice were identified as the most abundant mouse species (71% of all trapped rodents) in the study area. A. ponticus mice are considered a natural reservoir for hantaviruses in the Transcaucasian region between the Black and Caspian Seas. Among the related viruses of the DOBV species, Sochi virus seems to have the highest level of virulence, similar to Dobrava virus (carried by A. flavicollis mice), which has a CFR of up to 10%–12% (12,13). As shown in larger studies, disease caused by infection with the related Kurkino genotype (carried by the western lineage of A. agrarius mice) is associated with a CFR of only 0.3%–0.9% (3,14). These phylogenetically related viruses exert a quite different pathogenicity in humans.

**Conclusions**

We have demonstrated the occurrence of human infections by Sochi virus and studied the clinical outcome for 62 patients. This virus is carried by the Black Sea field mouse (A. ponticus), which occurs naturally in the Transcaucasian region between the Black and Caspian Seas, including a part of southern European Russia. In anecdotal field studies in the coast region near Sochi, A. ponticus was the most abundant mouse species (71% of all trapped mice were identified as A. ponticus); moreover, 14% of trapped A. ponticus mice were serologically proven to be DOBV infected (8). This finding indicates that DOBV is the hantavirus indigenous in this geographic area and that A. ponticus mice are highly relevant as a hantavirus reservoir. All evidence from the natural virus reservoir, as well as serologic and molecular diagnostics of patients’ serum, shows that the virus responsible for the infections is the DOBV genotype Sochi.

Most investigated patients found to be infected by Sochi virus exhibited a severe clinical course. With a calculated CFR of 14.5%, Sochi virus might be the most deadly hantavirus outside the Americas, where 35%–50% of hantavirus infections are fatal (7,9). Even Asian Hantaan virus is estimated to be less deadly; recent studies show CFRs of 1%–3% in China and South Korea, where Hantaan virus infections play an important role in HFRS morbidity (10,11). On the other hand, increased awareness in diagnostics, treatment, and prevention by local physicians and public health authorities is expected to improve survival rates for Sochi virus infections.

Among the related viruses of the DOBV species, Sochi virus seems to have the highest level of virulence, similar to Dobrava virus (carried by A. flavicollis mice), which has a CFR of up to 10%–12% (12,13). As shown in larger studies, disease caused by infection with the related Kurkino genotype (carried by the western lineage of A. agrarius mice) is associated with a CFR of only 0.3%–0.9% (3,14). These phylogenetically related viruses exert a quite different pathogenicity in humans.

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Outbreak of a New Strain of Flu at a Fair

Dr. Karen Wong, an EIS officer with the Centers for Disease Control and Prevention, discusses her study about flu outbreaks at agricultural fairs.

Address for correspondence: Detlev H. Kruger, Institute of Medical Virology, Helmut-Ruska-Haus, Charité-University Medicine Berlin, Charitéplatz 1, D-10117 Berlin, Germany; email: detlev.kruger@charite.de

References