Clustered Cases of Oestrus ovis Ophthalmomyiasis after 3-Week Festival, Marseille, France, 2013

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To the Editor: Ophthalmomyiasis is a zoonosis generally caused by Oestrus ovis, a fly that lays eggs on the eye of its host. The hatched larvae cause irritation, and left untreated, the infestation can lead to blindness (1). The disease is rare and is mainly reported as sporadic cases in pastoral areas where the population is in close contact with common reproductive hosts of the fly, such as sheep and goats in the Middle East (2), Southeast Asia (3,4), and the Mediterranean Basin (5,6). Only limited ophthalmomyiasis outbreaks have been reported around the Mediterranean Sea (7). A century ago, the Provence region of southern France was a pastoral area, where twice a year, large herds of sheep migrated between the pastures in the mountains north of the region and the grassland plains in the southwest. These migrations were termed transhumance. In 2013, Marseilles, the largest urban area in Provence, was chosen as the yearly “European Capital of Culture.” In this context, from May 17 to June 9, a large-scale transhumance event took place, which featured the gathering of huge flocks of sheep (Figure) that had passed through many towns in the vicinity of Marseille. La transhumance culminated in a parade through downtown Marseille, where 600 horseback riders converged with flocks of 3,000 sheep and goats, and >300,000 spectators gathered.

From the last week of June through the third week of July, 4 cases of ophthalmomyiasis were reported in the area surrounding Marseille (Figure). Only 1 case had occurred in the region during the previous 5 years. The first case-patient was a 45-year-old female teacher, who lived and worked in Allauch, located in the immediate suburbs, 21 km (∼13 mi) east of Marseille. On June 25, while on the school playground, she described feeling a fly hit her right eye. In the evening, itching and irritation of the eye prompted her to seek referral to an ophthalmologic emergency center. Examination concluded the presence of small mobile larvae inside the eye, which were identified as O. ovis (online Technical Appendix, http://wwwnc.cdc.gov/EID/article/21/2/14-0974-Techapp1.pdf).
The second case-patient was a retired female farmer, 67 years of age, living near Puyloubier, 49 km (≈30 miles) north of Marseille, who reported being stung on the eye by an insect during the morning of July 6. In the afternoon, the eye became painfully inflamed. On the next day, an ophthalmologist performed an excision and extracted O. ovis larvae from the eye.

The third case-patient was a 43-year-old female nurse’s aide residing in Meyreuil, which is ≈30 km (≈18 mi) north of Marseille. On July 13, while she was on her terrace, she described ocular trauma by a fly. The next day, she sensed a foreign body in her eye, and she consulted an ophthalmologist. A simple excision led to the identification of an O. ovis larva.

The final case-patient was a 28-year-old male mason. On July 22, while working in Miramas, approximately 63 km (≈39 miles) he experienced trauma to his left eye. As the pain persisted, he consulted an ophthalmology facility that same evening. On examination, the presence of an O. ovis larva was confirmed, and an ablation was performed. All patients recovered without consequences.

O. ovis, also called sheep nasal botfly, is a fly of the class Insecta, order Diptera and family Oestridae. It is a cosmopolitan parasite that infects the nasal sinuses of sheep and goats. During the summer and early autumn, the adult female flies are active, laying and retaining eggs until they hatch. The fly then ejects many first-instar larvae onto the nostril of the host. The O. ovis larvae grow in the mucus of the nasal sinus until mature; they are then released from the nostrils when the infected host sneezes (8). The larvae pupate in the soil for 4–8 weeks, form a chrysalis, in which they morph into adults, and then emerge. Occasionally, O. ovis can infest humans, which become an intermediate accidental host (7). The 4 cases of ophthalmomyiasis described in this report occurred in a restricted area during a 4-week period, which corresponds exactly to the time and location of la Transhumance, taking into account the 4- to 8-week time lag required for the maturation of larvae into adults. Three of these cases were directly referred to our laboratory, the regional referent parasitology laboratory. The fourth case was reported by an ophthalmology emergency unit. Note that ophthalmomyiasis is rare in Marseille; during the 5 years before la Transhumance of 2013, only a single case had been diagnosed in the area.

Overall, this report reminds us that bringing a large group of livestock into contact with a dense urban population may enhance the risk for transmission of zoonoses. The transmitted zoonosis in this case was oestrosis, a benign condition that can sometimes progress to blindness if untreated. However, other much more severe air-transmitted zoonotic diseases associated with sheep and goats, such as Q fever, could have been transmitted (9). Without questioning
the organization of such an event, which the community considers to be important from a cultural and economic point of view, public health authorities should consider and anticipate as much as possible the potential sanitary consequences of such a gathering and prepare medical staff for the potential occurrence of unfamiliar diseases.

References

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Meningococcal Disease in US Military Personnel before and after Adoption of Conjugate Vaccine

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To the Editor: Meningococcal disease in US military personnel is controlled by vaccines, the first of which was developed by the US Army (1–5). In 1985, the quadrivalent polysaccharide vaccine (MPSV-4) was implemented as the military standard. It was replaced during 2006–2008 by the quadrivalent conjugate vaccine (MCV-4). Every person entering US military service is required to receive this vaccine.

Meningococcal disease incidence in active-duty US military personnel, historically far above that in the general population (6), has decreased >90% since the early 1970s, when the first vaccine was introduced (7). Over the last 5 years, incidences in the military and US general populations have become equivalent (8). Here we update previously published data (8) from the Naval Health Research Center’s Laboratory-based Meningococcal Disease Surveillance Program of US military personnel. Data-gathering methods and laboratory analyses of samples from personnel suspected of having meningococcal disease have been previously described (8). Incidences were compared by using the New York State Department of Public Health Assessment Indicator based on the methods of Breslow and Day (9).

During 2006–2013 in US military personnel, only 1 of the 28 meningococcal disease cases for which serogroup data are available was not serogroups C or B (8 cases each) or Y (11 cases). During that period, incidence in US military personnel of 0.271 cases per 100,000 person-years did not differ significantly (p>0.05) from that of 0.238 in the 2006–2012 age-matched US general population (persons 17–64 years of age) (Centers for Disease Control and Prevention [CDC], unpub. data). During 2010–2013, meningococcal disease incidence in military personnel was 0.174 cases per 100,000 person-years, compared with 0.194 in the age-matched 2010–2012 US population. Among military personnel, only 1 case each occurred in 2011 (serogroup Y) and 2012 (serogroup B), and 3 occurred in 2013 (1 each of serogroups B, C, and Y).

To measure the relative success of the 2 vaccines, we compared incidence among military personnel who

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Technical Appendix

**Technical Appendix Figure.** *Oestrus ovis* larva on the eye of case-patient 1 and after collection. A) *Fornix conjunctiva* of case-patient 1 showing chemosis (conjunctival edema) and larva of *Oestrus ovis*. B) Larva collected from *Fornix conjunctiva* on swab.