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Ebola Virus Disease Complicated by Late-Onset Encephalitis and Polyarthritis, Sierra Leone

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DOI: http://dx.doi.org/10.3201/eid2201.151212

To the Editor: Ebola virus (EBOV) disease is usually an acute illness, but increasing evidence exists of persistent infections and post-Ebola syndromes. We report a case of EBOV encephalitis.

A 30-year-old woman with no known EBOV contact sought treatment at an Ebola isolation unit in Freetown, Sierra Leone, on January 1, 2015 (day 7 of illness). She was afebrile and weak, but ambulatory, with a history of fever, vomiting, diarrhea, headache, and muscle and joint pain. According to local protocol, she was given oral antimarial, antimicrobial, and antiepicetam drugs and oral rehydration therapy. On day 8 of illness, after testing EBOV PCR–positive (cycle threshold [Ct] value of 23.5) (J), she was given intravenous ceftriaxone (2 g) for 7 days, artesunate (180 mg) for 3 days, and Ringer’s lactate (4–6 L) with supplemental KCl for 5 days.

During days 13–15, the patient improved, moving independently and talking. On day 16, she became confused; by day 20, she was unresponsive to voices. Intravenous ceftriaxone (2 g) and artesunate (180 mg) were administered for an additional 7 and 3 days, respectively. On days 28 and 29, she was still unconscious; serum PCR test results on both days were negative for EBOV. On day 29, she was transferred to Connaught Hospital in Freetown, where she had a Glasgow Coma Scale score of 9/15 (E3, V1, M5) but no localizing or focal signs. She was
given intravenous fluconazole (800 mg 1×/d). Admission blood test results showed anemia, elevated alanine aminotransferase and C-reactive protein, and low creatinine (online Technical Appendix, http://wwwnc.cdc.gov/EID/article/22/1/15-1212-Techapp1.pdf). HIV test results were negative.

On day 34, large-joint polyarthritis of the right shoulder, left elbow, and left knee developed. Affected joints appeared normal on radiographs, and synovial fluid (15 mL) from the left knee was EBOV PCR negative. She was given diclofenac (50 mg 2×/d) and 1 intramuscular dose of methylprednisolone (80 mg). Concurrent blood PCR on day 34 was negative.

By day 41 she was more alert, although her family reported she had slowed responses. Lumbar puncture was performed; opening pressure (30 cm H2O) was elevated, and cerebrospinal fluid (CSF) was EBOV PCR–positive (Ct value 37.6), as determined by using the Public Health England in-house, optimized version of the Trombley assay (2) with a cutoff Ct value of 40. Concurrent catheter specimens of urine and blood samples tested EBOV-negative. FilmArray (BioFire Diagnostics, Salt Lake City, UT, USA) testing showed methicillin-resistant Staphylococcus aureus and Klebsiella pneumoniae in CSF and mixed pathogens in urine. A computer tomographic scan image of the patient’s head showed substantial cerebral atrophy without hydrocephalus (Figure).

On day 44, an underarm sweat swab sample was PCR-positive (Ct value 39.6) and a buccal swab sample PCR-negative for EBOV. Ongoing painful synovitis was treated with an additional 80-mg intramuscular dose of methylprednisolone. On day 51, a midstream urine sample was EBOV PCR–positive (Ct value 35.7), and an underarm sweat swab sample was EBOV PCR–negative. The patient was discharged; her family was advised to minimize contact with her body fluids.

At follow-up on day 64, the patient’s family reported she had impaired short-term memory and ongoing slowness. She had a score of 18/23 on the Mini–Mental State Examination, but general neurologic exam results were normal. A midstream urine test was still EBOV PCR–positive (Ct value 39.6); PCR of her sweat swab sample was inhibited (online Technical Appendix). She was referred to the local survivors’ clinic; no contact cases were reported.

The depressed mental status and presence of EBOV in this case-patient’s CSF are consistent with encephalitis, a finding in autopsies of persons with Marburg virus infection (3,4) and in EBOV nonhuman primate models (5). The general atrophy seen in computer tomographic scan images is consistent with a rapidly developing complication of a diffuse inflammatory process. Given inadequate antimicrobial drug doses for meningitis and clinical improvement, we believe methicillin-resistant S. aureus and K. pneumoniae were CSF sample contaminants.

This case shows the brain’s immune privilege is incomplete for EBOV and prompts a broader discussion regarding neurovirulence in Ebola virus disease. Our finding that EBOV can be present in CSF, even after serum clearance, adds to the knowledge of neurologic symptoms in acute infection and of postinfectious sequelae in observational clinical studies (6–8). This finding raises the possibility that EBOV persistence elsewhere in the body, or in multiple organs, could be an indicator of or risk for central nervous system invasion.

Figure. Representative axial cuts from noncontrast head computed tomography scan imaging of a 30-year-old woman with encephalitis resulting from Ebola virus infection, Sierra Leone. Images show global atrophy in keeping with nonobstructive ventriculomegaly and no periventricular low attenuation: A) subcortical atrophy; B) cortical atrophy. There was no evidence of hydrocephalus, previous stroke, or intracranial hemorrhage. A cavum septum pellucidum was noted in other images.

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Our report has limitations. We could not perform many blood chemistry tests, in-country virus cultures, or deep sequencing on samples. Likewise, diagnosis of coma was challenging because of the lack of CSF cell counts, biochemistry values, and paired EBOV IgG and IgM titers in CSF and blood.

This case raises the practical issue that Ebola treatment requires understanding of multiorgan virologic and inflammatory complications; survivor care and research programs should screen for neurocognitive impairment and consider appropriate imaging. The case confirms previously reported intermittent EBOV PCR positivity in urine (9). The development of arthritis with synovitis, treated with corticosteroids, supports the diagnosis of reactive arthritis.

References:

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Louseborne Relapsing Fever in Young Migrants, Sicily, Italy, July–September 2015

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DOI: http://dx.doi.org/10.3201/eid2201.151580

To the Editor: During the early 20th century, at the end of World War I, and during World War II, louseborne relapsing fever (LBRF) caused by *Borrelia recurrentis* was a major public health problem, especially in eastern Europe and northern Africa (1,2). Currently, poor living conditions, famine, war, and refugee camps are major risk factors for epidemics of LBRF in resource-poor countries, such as those in the Horn of Africa (3,4).

Increased migration from resource-poor countries and war/violence create new routes for spread of vectorborne diseases. Recently, several cases of LBRF have been reported among asylum seekers from Eritrea in the Netherlands, Switzerland, and Germany (5–8). All of these asylum seekers had been in refugee camps in Libya or Italy. We report 3 cases of LBRF in migrants from Somalia to refugee camps in Sicily, Italy.

Patient 1 was a 13-old-boy from Somalia who arrived in Palermo, Italy, on July 11, 2015, after traveling through Libya. He was admitted to G. Di Cristina Hospital in Palermo 5 days after arrival because of high fever, headache, and general malaise, which developed 2 days after arrival. The patient had skin lesions on his fingers and legs and a conjunctival infection. He had thrombocytopenia (79,000 platelets/μL [reference range 150 platelets/μL–400 platelets/μL]), creatine phosphokinase level 967 mg/L [reference range 0.001 mg/L–0.10 mg/L], aspartate aminotransferase level 21 U/L (reference value 41 U/L), alanine aminotransferase level 30 U/L (reference value 37 U/L), and total bilirubin level 2.5 mg/dL (reference value 0.00 mg/dL–0.2 mg/dL). He was given ceftriaxone (2 g/d) and intravenous hydration. His conditions worsened ≈10 hours after treatment: high fever (temperature 40°C), chills, and profuse sweating (Jarish-Herxheimer reaction). The patient recovered

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