Cerebral Syphilitic Gumma within 5 Months of Syphilis in HIV-Infected Patient

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To the Editor: Tertiary syphilis, including cerebral syphilitic gumma, usually occurs >10 years after contracting syphilis (1) and is a rare manifestation since the introduction of penicillin (2). However, progression of syphilis is reported to be faster in HIV-infected patients than in those without such infections (3). We report a case of cerebral syphilitic gumma in an HIV-1–infected patient for whom serum samples obtained as recently as 5 months earlier showed negative results for syphilis.

A 21-year-old man infected with HIV came to the AIDS Clinical Center, National Center for Global Health and Medicine (Tokyo, Japan), because of a 2-hour loss of consciousness. He reported an uncomfortable feeling at the back of his head and neck and eye fatigue that lasted for 1 week. His HIV-1 infection was well-controlled with an antiretroviral combination of tenofovir, emtricitabine, and dolutegravir. The patient had a CD4 count of 565 cells/mL and a viremia level below detectable limits (<20 copies/mL). He was not using any other medications.

At examination, his vital signs were within reference ranges. Apart from a tongue bite, physical and neurologic examinations showed no abnormal findings. Results for chest radiograph, Holter electrocardiogram, and electroencephalogram were unremarkable. There were no abnormal ophthalmologic findings. Computed tomography of the brain showed a hypodense lesion at the left frontal lobe (Figure, panel A). Subsequent magnetic resonance imaging showed that the lesion (mass) was hypointense by gadolinium-enhanced, axial, T1-weighted imaging (Figure, panel B), hyperintense by T2-weighted imaging, and surrounded by extensive cerebral edema (Figure, panel C).

Symptomatic epilepsy caused by the mass was suspected to have caused the loss of consciousness. This conclusion was based on the intracranial mass, long duration of loss of consciousness, increase in creatine kinase level (471 U/L), and tongue bite.

When the HIV-1 infection was diagnosed in the patient 15 months earlier, results of serum rapid plasma reagin (RPR) and Treponema pallidum hemaggulination test (TPHA) were negative. However, during this examination, serum RPR and TPHA titers were 1:32 and 1:10,240, respectively. Results of cerebrospinal fluid (CSF) analysis were compatible with neurosyphilis (4,5) and showed a leukocyte count of 35 cells/mL (2 neutrophils/mL, 33 lymphocytes/mL), a total protein level of 30 mg/dL, a glucose level of 59 mg/dL (serum glucose level 92 mg/dL), an RPR titer of 1:<1, a TPHA titer of 1:160, and a fluorescent treponemal antibody-absorption titer of 1:32.

Cerebral syphilitic gumma was suspected on the basis of neurosyphilis and compatible imaging findings (6) and because other conditions, such as meningioma, primary central nervous system lymphoma, toxoplasmosis,
Cryptococcoma, tuberculoma, or brain abscess, were unlikely. These results were based on radiologic findings; high CD4 cell counts; and negative results for Epstein-Barr virus and malignant cells in CSF; serum cryptococcal antigen; CSF culture for bacteria, mycobacteria, and fungi; and interferon-γ release assay.

We did not perform a biopsy for the patient because of presumed high pretest probability of cerebral syphilitic gumma, the invasiveness of this complication, and the young age of the patient. However, successful therapy confirmed the diagnosis (3).

We empirically treated the patient with intravenous benzylpenicillin (24 million units/d for 14 consecutive days). Clinical symptoms improved shortly after treatment. At 2-month follow-up, all clinical symptoms and signs had resolved, and a 4-fold decrease in RPR titer was observed (RPR titer 1:8, TPHA titer 1:5,120) (7). The brain mass was substantially reduced, which confirmed the diagnosis of cerebral syphilitic gumma (Figure, panel D).

Gumma is a complication of long-term infection with T. pallidum, which develops 1–46 years after healing of secondary lesions; most cases develop within 15 years (7). However, for our patient, cerebral syphilitic gumma developed within 5 months after he contracted syphilis. After written informed consent was obtained, serum samples were obtained from the patient at his first and subsequent clinic visits and stored. Samples obtained at 11 months, 10 months, 9 months, 5 months, 11 weeks, and 5 weeks before detection of the brain mass were then tested retrospectively for RPR and TPHA titers. Results were negative at 11, 10, 9, and 5 months before detection of the brain mass, but TPHA titers became positive (1:80) at 11 weeks before presentation, and RPR titers became positive (1:16) at 5 weeks before presentation. Because RPR and TPHA titers can become positive as late as 6 weeks after infection (8), we believe that the patient contracted syphilis within 5 months before documentation of the cerebral mass.

In conclusion, we report an HIV-1–infected patient in whom cerebral syphilitic gumma developed within 5 months after contracting syphilis. Cerebral syphilitic gumma should be considered in the differential diagnosis of a cerebral lesion in sexually active patients even if they had recently contracted syphilis. Moreover, as guidelines
recommend (9), screening of HIV-infected patients who are sexually active with multiple partners should be conducted every 3–6 months for early detection of syphilis and initiation of proper treatment to prevent transmission and progression to late syphilis.

Acknowledgments
We thank the clinical staff at the AIDS Clinical Center (Tokyo, Japan) for assistance.

This study was supported by Grant-in-Aids for AIDS research from the Japanese Ministry of Health, Labour, and Welfare (H23-AIDS-001 and H24-AIDS-003).

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African Tick-Bite Fever in Traveler Returning to Slovenia from Uganda

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DOI: http://dx.doi.org/10.3201/eid2210.160650

To the Editor: African tick-bite fever (ATBF) is a well known disease in travelers to sub-Saharan Africa (1). The causative agent, Rickettsia africae, is transmitted to humans by ticks of the genus Amblyomma (1,2). R. africae has been isolated or detected in ticks, humans, or both in 22 sub-Saharan countries (3). Most ATBF cases have been described in tourists returning from countries to which it is endemic, most often from South Africa, Zimbabwe, and Botswana (4). We report a case of ATBF in a Slovenian traveler returning from Uganda.

In June 2015, a 29-year-old Slovenian man without underlying illnesses sought care at the Department of Infectious Diseases, University Medical Centre Ljubljana (Ljubljana, Slovenia). He had a 1-day history of fever up to 38°C without chills, 5 days after returning from a 2-week trip to Uganda. He had received vaccines against yellow fever and viral hepatitis A before traveling and did not use antimalarial prophylaxis during his stay in southwestern Uganda. A day before he left Uganda, he noticed a tick bite on his left upper abdomen.

At initial examination, he appeared well. He had a temperature of 37.8°C, pulse rate 75 beats/min, and blood pressure 120/80 mm Hg. Skin examination was remarkable for a solitary papular lesion at the site of tick bite surrounded by a small erythematous halo associated with discrete lymphangitic streaking and painful enlarged left axillary lymph nodes. Results of initially performed routine laboratory tests were normal.

On day 5 of illness, the man was still febrile, with a temperature up to 39°C. Papular skin lesion had developed a dark brown crusted center (compatible with a tache noire), and some new discrete asymptomatic pale papular skin lesions appeared on his left leg and arm. Repeat laboratory testing indicated only mildly increased serum C-reactive protein (16.0 mg/L [reference <5 mg/L]).

The clinical course improved rapidly after treatment began with doxycycline. Fever resolved in 2 days, and enlarged lymph nodes and skin lesions resolved completely within 14 days.

Microbiological procedures to detect for infection with tick-transmitted pathogens were performed to elucidate the