Mycobacterium chimaera Pulmonary Disease in Cystic Fibrosis Patients, France, 2010–2017

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We report Mycobacterium chimaera pulmonary disease in 4 patients given a diagnosis of cystic fibrosis in a university hospital in Montpellier, France. All patients had M. chimaera–positive expectorated sputum specimens, clinical symptoms of pulmonary exacerbation, or a decrease in spirometry test results that improved after specific treatment.

Mycobacterium chimaera is a member of the Mycobacterium avium complex, which was elevated to species rank in 2004. M. chimaera was reported by Tortoli et al. (1) as a cause of human lung disease but has been widely known as the bacteria responsible for an outbreak of endocarditis and disseminated infection after cardiac surgery in 2013 (2).

Although virulence and pathogenicity of M. chimaera in lung disease are currently debated, several cases of M. chimaera lung infections have been reported in settings of chronic obstructive pulmonary disease, malignancy, or immunosuppression (3–5). We found 1 case of M. chimaera infection in a patient with cystic fibrosis (6). Other nontuberculous mycobacteria (NTM), especially M. abscessus and M. intracellulare, are well-known pathogens in such a setting (7). We report M. chimaera pulmonary disease in 4 patients with cystic fibrosis.

After reviewing data for 248 patients who were examined at the Cystic Fibrosis Center of Montpellier, France, during 2010–2017, we observed that 24 (9.7%) of 248 patients had ≥1 respiratory smear sample positive for NTM; for 4 (16.7%) of 24, the sample was positive for M. chimaera. The 4 case-patients were Caucasian, age 8–21 years, and who had a newborn diagnosis of cystic fibrosis, preexisting respiratory impairment, and digestive malabsorption. The association of an increased cough and sputum production, breathlessness, and fatigue with a reduction in forced expiratory volume in 1 s (FEV1) or forced vital capacity (FVC) was diagnosed as pulmonary exacerbation (7) for all patients (Figure). Diagnosis was confirmed by computed tomography by the presence of bronchiectasis and nodules (tree-in-bud pattern) for case-patients 1 and 3.

Respiratory specimens collected every 3–6 months for 1 year were digested and decontaminated by using the sodium dodecyl sulfate–NaOH method and then centrifuged using fluorescence microscopy. Sputum samples from all patients were negative for acid-fast bacilli. Samples were cultured on solid and liquid media (BACTEC MGIT 960 System; Becton Dickinson Diagnostic Systems, https://www.bd.com) which identified, after 11–41 days, mycobacteria from ≥2 separate sputum samples.

We performed species identification by using a commercial kit (GenoType NTM-DR assay; Hain Lifescience, https://www.hain-lifescience.de) and identified isolates as M. chimaera. We also performed molecular identification of isolates as M. chimaera as described (1,8). All isolates were susceptible to macrolides and aminoglycosides. We also isolated several other microorganisms: Pseudomonas aeruginosa and methicillin-resistant Staphylococcus aureus from case-patient 1; Haemophilus influenzae from case-patient 2; M. avium and Stenotrophomonas maltophilia from case-patient 3; and M. abscessus, methicillin-resistant S. epidermidis, and P. aeruginosa from case-patient 4.

Azithromycin, rifampin, and ethambutol (in combination) and ceftazidime, tobramycin, and inhaled colistin were given to case-patient 1. No antimicrobial drugs were given to case-patient 2. Azithromycin and rifampin (in combination) and inhaled colistin were given to case-patient 3. Clarithromycin and linezolid were given to case-patient 4. All 4 case-patients required physiotherapy.

All case-patients were followed up for ≥1 year after the first positive smears for M. chimaera were obtained. We found a substantial reduction in symptoms of pulmonary exacerbations and sterilization of sputum specimens for patients given macrolides and rifampin with or without aminoglycosides after 3 months, as well as improvement in FEV1 and FVC after 6 months. In contrast, patients not given treatment (case-patient 2) or given only partial treatment with an anti-NTM antimicrobial drug regimen (case-patient 4) showed a decrease in FEV1 and FVC after 6 months (Figure) and slight recovery or no change after 1 year.

Therefore, we hypothesized that M. chimaera showed virulence and pathogenicity in our patients because of their clinical picture and evolution. We are aware that the diagnosis of NTM diseases according to American Thoracic Society criteria (9) might not be made with complete certainty because definitive exclusion of other diagnoses was often
difficult for cystic fibrosis patients. Several confounding factors, such as co-infection with conventional pathogens, were observed, which could explain the observed favorable outcome. However, specific treatment against NTM improved outcome, which strengthens our presumption of the potential pathogenic role of \textit{M. chimaera} in lung disease of patients with cystic fibrosis.

Cystic fibrosis transmembrane conductance regulator disorder results in mucus retention and bronchiectasis that favor repeated respiratory tract infection, including NTM diseases \textsuperscript{(7)}. In these circumstances, cystic fibrosis might promote \textit{M. chimaera} infection in a similar manner to that in patients with chronic obstructive pulmonary disease. The lack of improvement of respiratory function for case-patient 4, who had been given treatment for infection with other pathogens, but only partially for \textit{M. chimaera}, supports our hypothesis. However, whether \textit{M. chimaera} is only a surrogate of respiratory impairment without any virulence or a real pathogenic microorganism remains unknown. In conclusion, \textit{M. chimaera} lung disease should prompt physicians to consider this bacteria as an emergent pathogen in cystic fibrosis patients.

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References
Snails and Intestinal Schistosomiasis, Lake Malawi, Africa, 2017–2018

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Two surveys conducted in 2017 and 2018 demonstrated Biomphalaria pfeifferi snails in Lake Malawi in Africa. Epidemiologic examination of 175 local children at 3 primary schools confirmed emergence of intestinal schistosomiasis. These findings highlight autochthonous transmission of Schistosoma mansoni flukes in Lake Malawi and the need to revise international travel advice.

Throughout sub-Saharan Africa, Biomphalaria pfeifferi snails are freshwater intermediate hosts for Schistosoma mansoni blood flukes, which cause intestinal schistosomiasis (1). Geographic distribution of B. pfeifferi snails delineates actual or potentially active zones of S. mansoni fluke transmission (2). Other than a report of a single Biomphalaria shell at Karonga in the far northern portion of Lake Malawi (3), considered to be from a marginal swamp (4), B. pfeifferi snails have not previously been found in Lake Malawi (5). However, in November 2017, during malacologic surveillance for intermediate hosts of schistosomiasis in the Mangochi District, Malawi, along the southernmost tip of Lake Malawi, 2 discrete populations of Biomphalaria snails were unexpectedly encountered in submerged beds of Vallisneria spp. plants (Figure, panel A). DNA sequence analysis of the mitochondrial cytochrome oxidase subunit 1 (cox1) (6) indicated that the cox1 sequences (1,006 bp) of those snails differed from sequences of B. pfeifferi snails from Chiweshe, Zimbabwe (GenBank accession nos. DQ084829 [HCO/LCO region] and DQ084872 [Asmit1/2 region]) by only 3 synonymous single-nucleotide polymorphisms.

In May 2018, to confirm B. pfeifferi colonization within the lake and suspected risk for intestinal schistosomiasis, we undertook a conjoint malacologic and parasitologic survey with ethics approvals from the Liverpool School of Tropical Medicine, UK (application 17-018) and the Ministry of Health and Population, Malawi (application 1805). Reinspection of all prior malacologic sampling locations and another 43 sites found further populations of B. pfeifferi snails (Figure, panel A); large numbers (>50), along with innumerable dead shells, were again found at site 9. All snails were inspected for shedding cercariae, and although cercariae from snails at site 5 were seen, identification by microscopy (×100) was unsuccessful. Supplementary analysis indicated that cox1 sequences from 9 snails from sites 2, 5, 7, 10, and 11 were identical.

We conducted an epidemiologic survey of 175 schoolchildren, 5–15 years of age, equal numbers of boys and girls, from 3 primary schools closest to site 9 (Figure, panel B). Mean prevalence of intestinal schistosomiasis, calculated by detection of S. mansoni circulating cathodic antigen (CCA) on urine dipstick testing, was 34.3% (95% CI 27.9–41.3); prevalence rates by school were Samama, 46.7% (95% CI 36.7–56.7); Mchoka, 25.0% (95% CI 15.0–36.7); and Palm Beach, 9.1% (95% CI 0.0–22.7). We requested fecal samples from 60 S. mansoni–positive children and received samples from 46. Duplicate Kato-Katz examinations confirmed S. mansoni ova in 7 children; infection intensities were graded as light (<100 eggs/g feces). All urine samples were inspected for S. haematobium ova by syringe filtration (10 mL); general prevalence was 14.9% (95% CI 9.8–20.1); 52% of these samples were also positive by CCA urine dipstick, indicative of S. mansoni co-infection. To further determine autochthonous transmission of S. mansoni flukes, 2 egg-positive children from Samama and Mchoka took us, on foot, to the shoreline where they regularly swam, which corresponded to snail