Severe Acute Respiratory Syndrome Coronavirus 2 outbreak related to a nightclub, Germany, 2020

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We report an outbreak of coronavirus disease with 74 cases related to a nightclub in Germany in March 2020. Staff members were particularly affected (attack rate 56%) and likely caused sustained viral transmission after an event at the club. This outbreak illustrates the potential for superspreader events and corroborates current club closures.

Severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) superspreading events are particularly linked to indoor settings, such as religious venues (1), restaurants (2), and bars or nightclubs (3–6). To provide further details on the extent and transmission dynamics in nightclubs, we describe a SARS-CoV-2 outbreak related to a Berlin, Germany, nightclub during the early phase of the coronavirus disease (COVID-19) pandemic, before infection prevention measures were applied.

On March 5, 2020, contact tracing activities in Berlin revealed several COVID-19 cases linked by visiting the same nightclub, club X, on February 29, 2020 (event 1). Estimates suggest ≈300 guests attended event 1. Club X then held other events: event 2 with ≈150 guests on March 2 and event 3 with ≈200 guests on March 5. On March 6, the local health

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the low prevalence of SARS-CoV-2 infection. We do not have a clear explanation for how the 2 residents became infected after the introduction of these measures; we were unable to determine whether surveys were useful tools. It is possible that routine testing discouraged persons with symptoms from visiting. We observed a very low rate of positive tests in the LTCF staff; only 1 staff member tested positive. Potential explanations for this low rate could be that testing had an impact on behavior, symptom screening kept ill staff home, or the virus was less prevalent in the community surrounding the LTCF. Although symptom surveys were used and absentee rates were normal, staff did not report symptoms as a reason for missed work. Despite these limitations, this study suggests that a proper testing strategy coupled with other measures may result in protection of vulnerable populations.

About the Author

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authority of Mitte district, Berlin, published announcements in local newspapers and on social media to identify other attendees of the events. Everyone attending ≥1 event was categorized as a high-risk contact person and ordered to self-quarantine for 14 days. If symptoms occurred, laboratory testing was recommended. Mandatory case notification occurred from the laboratory to the local health authority based on Germany’s Protection against Infection Act (7). Due to the increasing spread of COVID-19, on March 16, 2020, government authorities in Germany prohibited social gatherings, including events in nightclubs, until further notice.

Confirmed cases in the outbreak were defined as persons with laboratory-confirmed SARS-CoV-2 (Appendix, https://wwwnc.cdc.gov/EID/article/27/2/20-4443-App1.pdf). We retrieved dates of symptom onset and sociodemographic data of 64 outbreak cases from the national infectious diseases notification database. We considered staff and persons who attended any event at club X to have first-generation cases and their contacts to have second-generation cases.

We interviewed 44 persons with first-generation cases whose contact information was available and with all 16 club X staff members who worked any of the 3 events. For staff members who were not tested after the events or who tested negative despite reporting symptoms, we offered SARS-CoV-2 antibody testing 3 months after the outbreak to ascertain their infection status. We also mapped the space inside club X (Appendix Figure 1).

In total, 74 reported cases were linked to the outbreak. Median age was 30 (range 2–63) years; cases were equally distributed by sex, 37 female (50%) and 37 male (50%). Among 41 first-generation cases with known date of symptom onset and only 1 exposure, the median incubation period was 4 days (interquartile range 3–6 days). The calculated attack rates (ARs) show that guests attending event 1 were particularly affected. Staff pooled over all events had the highest risk for infection (AR 56%) (Table).

Among guests, 1 PCR-confirmed case had self-reported initial symptoms 1 day before attending event 1 and could be a potential source of the outbreak. The most probable source for continued viral transmission at event 3 was a PCR-confirmed case in a staff member working event 1 and event 3, with symptom onset 1 day before event 3. Overall, staff members reported symptom onset at a later stage of the outbreak than guests (Figure).

<table>
<thead>
<tr>
<th>Table. Calculated attack rates for identified coronavirus disease outbreak cases among staff members and guests attending events in a nightclub, Berlin, Germany, March 2020*</th>
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<tbody>
<tr>
<td>Characteristics</td>
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<tr>
<td>Estimated guests†‡</td>
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<td>Staff members, n = 16‡</td>
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<tr>
<td>Total cases</td>
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<td>Cases by generation§</td>
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<tr>
<td>First-generation, n = 55</td>
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<tr>
<td>Guests¶</td>
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<tr>
<td>Staff</td>
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<tr>
<td>Second-generation, n = 10</td>
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<tr>
<td>Generation unknown, n = 9</td>
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<tr>
<td>Cases by case definition#</td>
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<tr>
<td>Confirmed cases, n = 72</td>
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<tr>
<td>PCR-confirmed</td>
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<tr>
<td>Antibody testing-confirmed</td>
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<tr>
<td>Probable cases</td>
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<tr>
<td>Attack rate, %**</td>
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<tr>
<td>Pooled over all events</td>
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<tr>
<td>Guests</td>
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<td>Staff</td>
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*Event-related case numbers are shown only for first-generation guest cases as all of them confirmed to have attended 1 of the 3 events. –, value not calculated.
†The exact number of guests attending the events is unknown. For event 1, an estimate of attending guests was based on the maximum capacity of the club; staff and contacted guests confirmed that the club was running at full capacity. For events 2 and 3, the club owner provided estimates listed here.
‡Most staff members attended >2 of the events.
§First-generation cases were defined as cases exposed during event 1, 2, or 3. Second-generation cases were defined as cases without exposure at club X but with exposure to first-generation cases. Cases of unknown generation were confirmed cases of the outbreak but without contact information to reveal whether they were first- or second-generation cases.
¶All guests contacted confirmed they attended only 1 of the 3 events. Information on the event of exposure was available for 42 first-generation cases among guests. No guest case reported visiting club X for event 2.
#The outbreak case definition is described in the Appendix (https://wwwnc.cdc.gov/EID/article/27/2/20-4443-App1.pdf). All cases confirmed by antibody testing were otherwise probable cases.
**Calculation of primary attack rates for guests was based on approximations for the denominator, the number of guests attending. Because most staff members were exposed repeatedly while working at ≥1 event we separately calculated attack rates for staff pooled over all events.
SARS-CoV-2 whole-genome sequencing was performed on 17 available patient samples to assess clustering of sequences. Sequencing revealed that 10 cases among event 1 guests, 2 second-generation cases, and 5 cases of unknown generation all grouped within clade G (GISAID, https://www.gisaid.org) and B.1 (Pangolin clade naming) (Appendix Figure 2). This clade also was observed in the SARS-CoV-2 outbreak in Italy and many later outbreaks in Europe (8). Sequences from 11 samples were identical. The other 6 samples were otherwise identical, but had slight differences; 1 sequence had 1 position with ambiguous nucleotides; 3 other sequences had 3 positions with ambiguous nucleotides; 1 sequence had a substitution in the 3′ untranslated region; and sequences from 2 cases, in a couple who attended event 1, had an identical substitution in the N gene (Appendix Table 1). This substitution could hint to a second independent transmission cluster comprising these 2 cases, but all observed sequence variants also can be explained by sporadic mutation events. Thus, the sequence data do not provide evidence against a single person as the outbreak source (Appendix Figure 2).

The large number of cases from event 1, the relatively low median incubation period (4 days) for first-generation cases, and the close genetic relatedness of the sequenced viruses corroborate the theory of transmission from a single person and the potential for superspreading in a nightclub when no social distancing measures are applied. This outbreak further illustrates the potential role of nightclub staff members in transmission. AR among staff was particularly high (56%), showing they had a particularly high risk for infection. Because 1 staff member appears to have been infected at event 1, then worked with symptoms at event 3, continued viral transmission could have been caused by staff. However, without sequencing data for all cases, staff contribution to viral transmission cannot be confirmed. Nonetheless, once ease of restrictions is considered, our study suggests that infection protection should be targeted particularly toward staff in nightclubs and bars.

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Evidence of SARS-CoV-2 RNA in an Oropharyngeal Swab Specimen, Milan, Italy, Early December 2019

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We identified severe acute respiratory syndrome coronavirus 2 RNA in an oropharyngeal swab specimen collected from a child with suspected measles in early December 2019, ≈3 months before the first identified coronavirus disease case in Italy. This finding expands our knowledge on timing and mapping of novel coronavirus transmission pathways.

Coronavirus disease (COVID-19) symptoms can encompass a Kawasaki disease–like multisystem inflammatory syndrome and skin manifestations that accompany common viral infections such as chickenpox and measles (1,2). Some of the earliest reports of COVID-19 cutaneous manifestations came from dermatologists in Italy. In fact, Italy was the first Western country severely hit by the COVID-19 epidemic. The first known COVID-19 case in Italy was reported in the town of Codogno in the Lombardy region on February 21, 2020. However, some evidence suggests that severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) had been circulating unnoticed for several weeks in Lombardy before the first official detection (3). Phylogenetic studies highlighted an early circulation of SARS-CoV-2 in Italy and suggest multiple introductions of the virus from China and Germany, followed by an autochthonous transmission (4,5). Furthermore, environmental surveillance has unequivocally demonstrated the presence of the virus, at concentrations comparable to those obtained from samples collected at later stages of the pandemic, in the untreated wastewater of the Milan area as early as mid-December 2019 (6).

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