Molecular Epidemiologic Investigations of *Mycoplasma gallisepticum* Conjunctivitis in Songbirds by Random Amplified Polymorphic DNA Analyses

An ongoing outbreak of conjunctivitis in free-ranging house finches (*Carpodacus mexicanus*) began in 1994 in the eastern United States. Bacterial organisms identified as *Mycoplasma gallisepticum* (MG) were isolated from lesions of infected birds. MG was also isolated from a blue jay (*Cyanocitta cristata*) that contracted conjunctivitis after being housed in a cage previously occupied by house finches with conjunctivitis, and from free-ranging American goldfinches (*Carduelis tristis*) in North Carolina in 1996. To investigate the molecular epidemiology of this outbreak, we produced DNA fingerprints of MG isolates by random amplification of polymorphic DNA (RAPD). We compared MG isolates from songbirds examined from 1994 through 1996 in 11 states, representing three host species, with vaccine and reference strains and with contemporary MG isolates from commercial poultry. All MG isolates from songbirds had RAPD banding patterns identical to each other but different from other strains and isolates tested. These results indicate that the outbreak of MG in songbirds is caused by the same strain, which suggests a single source; the outbreak is not caused by the vaccine or reference strains analyzed; and MG infection has not been shared between songbirds and commercial poultry.

*Mycoplasma gallisepticum* (MG), a well-known cause of diseases of domesticated chickens and turkeys worldwide, most notably causes chronic respiratory disease in chickens and infectious sinusitis in turkeys (1). Although MG is a known pathogen of other gallinaceous birds and has been isolated from ducks and geese, it has not been considered a natural pathogen of wild birds, including songbirds (1). Conjunctivitis in house finches (*Carpodacus mexicanus*) was first reported in February 1994 (2,3). Since then, many ill house finches have been observed at feeders and submitted to wildlife care facilities or veterinary diagnostic laboratories in the Middle Atlantic and Southeastern regions of the United States (2-4). Slow-growing mycoplasmas (mean incubation time = 25 days) were isolated from lesions in clinically ill birds and identified as MG by direct immunofluorescence (3). These findings suggested that MG was the likely cause of this outbreak of conjunctivitis in house finches. MG was also isolated from a blue jay (*Cyanocitta cristata*) that contracted conjunctivitis after being housed in a cage previously occupied by infected house finches (3). This observation suggested that house finches infected with MG may be capable of transmitting the infection horizontally and that other avian species are susceptible to infection and disease. Recently, conjunctivitis has been observed in American goldfinches (*Carduelis tristis*), and we have made two isolates of MG from these birds. This finding suggests that the infection can be transmitted naturally to an additional host species.

To examine the epidemiologic relationships among MG isolates from this outbreak, we used two primer systems previously described for subspecies typing of avian mycoplasmas (5,6) to conduct random amplification of polymorphic DNA (RAPD). MG isolates available for this study represented several presumed epidemiologic relationships: time (1994 through 1996), geographic location (n = 11 states), and host species (n = 3). We compared these isolates with each other, with MG reference and vaccine strains, and with MG isolates from commercial poultry.

**Isolation and Identification of MG Strains**

Mycoplasmas were isolated from conjunctival and infraorbital sinus swabs from clinically ill birds (Figure 1) by using Frey’s broth medium with 15% swine serum (7). Mycoplasma colonies
on agar plates were identified as MG by direct immunofluorescence (7), which used fluorescein-conjugated rabbit antiserum provided by S.H. Kleven (Department of Avian Medicine, University of Georgia, Athens, GA). MG strains were isolated from house finches (C. mexicanus), American goldfinches (C. tristis), and a blue jay (C. cristata) with conjunctivitis (Table). Other MG strains analyzed included reference strains S6, R, A5969; vaccine strains F, 6/85 (Intervet Inc., Millsboro, DE), and ts-11 (Select Laboratories, Gainesville, GA); and field isolates from commercial poultry (Table). Mycoplasma imitans type strain 4994 was provided by J.M. Bradbury (Department of Veterinary Pathology, University of Liverpool, South Wirral, England).

**Preparation of Mycoplasma DNA**

DNA for RAPD analyses was prepared from log phase MG broth cultures. Two to 3 ml of culture containing approximately $10^9$ CFU were centrifuged at 16,000 $x$ g for 6 min, washed two times with phosphate-buffered saline (PBS), and resuspended in 25 µl PBS. The cells were lysed by boiling for 10 min,

Table. *Mycoplasma gallisepticum* isolates from songbirds with conjunctivitis analyzed by random amplification of polymorphic DNA (RAPD)

<table>
<thead>
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<th>Isolate no.</th>
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<th>State of origin</th>
<th>Date isolated (mo/yr)</th>
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<td>VA</td>
<td>6/94</td>
<td>NCSU a</td>
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Figure 1. MG isolates have been made from songbirds with clinical signs and gross lesions characterized by mild to severe unilateral or bilateral conjunctival and periorbital swelling with serous to mucopurulent drainage and nasal exudate. Typical gross lesions in a) a female house finch (Carpodacus mexicanus) (photo courtesy of D. Earl Green, State of Maryland, Department of Agriculture, College Park, MD) and b) an American goldfinch (Carduelis tristis) (photo by K. Joyner, College of Veterinary Medicine, North Carolina State University, Raleigh, NC).
placed on ice for 5 to 10 min, and centrifuged at 
16,000 x g for 2 min. The resultant supernatant 
was stored at 4°C for RAPD testing.

RAPD Analyses
Two previously described RAPD methods (5,6) 
were used with modification. Method I (5) used a 
single primer in a total reaction volume of 100 µl, 
2.5 units Taq polymerase (Promega, Madison, WI) 
in the manufacturer's recommended buffer with 2 
mM MgCl₂, 250 µM each dNTP (Promega), 500 ng 
primer 1254 (5'CCGCAGCCTA 3') (Life Tech-
nologies, Gaithersburg, MD) and 0.5 µl DNA 
extract containing 50 to 100 ng DNA. The 
amplification conditions were four cycles of 94°C 
for 5 min, 36°C for 5 min, and 72°C for 5 min, 
followed by 30 cycles of 94°C for 1 min, 36°C for 
1 min, and 72°C for 1 min. These were followed by 
one cycle of 72°C for 10 min.

Method II (6) used three primers (M16SPCR5i 
= 5'AGGCAGCAGTAGGGAAT 3', M13F = 5' 
GTAAAACGACGGC 3', S1OLIGO 3' = 5'CATAACTAACATAAGGGCAA 3') in a total 
reaction volume of 100 µl, 2.5 units Taq poly-
merase (Promega) in the manufacturer's recom-
mended buffer with 1.5 mM MgCl₂, 250 µM each 
dNTP (Promega), 500 ng each primer (Life Tech-
nologies), and 3.0 µl DNA extract containing 300 
to 500 ng DNA. The amplification conditions were 
three cycles of 94°C for 15 sec, 28°C for 2 min, and 
74°C for 3 min, followed by 35 cycles of 94°C for 15 
sec, 45°C for 2 min, and 74°C for 3 min. These 
were followed by one cycle of 72°C for 10 min.

Gel Electrophoresis
Amplified DNA was separated by elec-
trophoresis in 2% agarose (Pharmacia Biotech AB, 
Uppsala, Sweden) gels, poststained with ethidium 
bromide, illuminated with ultraviolet light, and 
photographed with an FCR-10 camera (Fotodyne 
Inc., Hartland, WI) and Polaroid 667 film (Pola-
roid Corp., Cambridge, MA).

Both RAPD methods I (5) and II (6) resulted 
in DNA banding patterns (Figures 2, 4, and data 
not shown) that clearly resolved differences 
among MG vaccine (F, 6/85, ts-11) and reference 
(S6, R, A5969) strains, thus demonstrating the 
usefulness of these assays for MG strain iden-
tification. Because RAPD analyses differentiated 
among known MG strains, we were confident 
that these DNA fingerprinting methods could 
identify strains. Additionally, RAPD banding 
patterns of known MG strains constitute the 
beginning of an MG strain database of DNA 
fingerprints with which other strains and field 
isolates can be compared.

RAPD analyses were performed on MG iso-
lates obtained over 2 years from 17 house finches, 
two American goldfinches, and one blue jay from 
11 states in the United States (Table). Upon 
inspection, all MG isolates from songbirds had 
essentially identical RAPD banding patterns by 
either RAPD method, and the patterns differed 
from those of the reference and vaccine strains 
tested (Figures 2-5, and data not shown). There-
fore, the ongoing outbreak of MG conjunctivitis in 
songbirds appears to be caused by a single strain 
or very closely related strains of MG. This sug-
gests the possibility of a single source for the 
outbreak, probably first involving house finches 
and more recently American goldfinches, the only 
two songbird species known to have acquired this 
disease naturally. These findings demonstrate 
that the MG strain involved is not host-species 
specific under natural conditions. Infection in the 
blue jay was apparently nosocomial, most likely 
resulting from exposure to MG-infected house 
finches or fomites while the birds were housed at 
a wildlife care facility. Isolation of what appears 
to be the same strain of MG from a blue jay 
exposed to infected house finches demonstrates 
the potential for this outbreak to spread to 
additional host species.

MG isolates from songbirds had RAPD 
banding patterns that differed from M. imitans 
(Figure 4, and data not shown). M. imitans, 
isolated from wild birds (duck, goose, and 
partridge) in Europe, cross-reacts with MG by 
immunofluorescence and growth inhibition tests 
but has only approximately 40% to 46% genetic 
homology with MG (type strain PG31) by DNA-
DNA hybridization (8). Therefore, to rule out the 
possibility that isolates identified as MG by 
immunofluorescence tests were not M. imitans, 
we compared the RAPD banding pattern of the 
M. imitans strain: it was markedly different from 
that of the finch isolates and other MG strains 
tested (Figure 4, and data not shown). In addi-
tion, we confirmed the finch isolates as MG (2,3) 
by using a commercially available MG-specific 
polymerase chain reaction-based test (FlockChek 
MG DNA Probe, IDEXX Laboratories, Inc., 
Westbrook, ME). Differential diagnoses of con-
junctivitis in songbirds should also include the
### Dispatches

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Poultry isolates include four made in 1996 from an outbreak in Missouri turkeys and one made in 1994 from North Carolina chickens. The MG isolates tested from commercial turkeys had RAPD banding patterns essentially identical to each other, which would be the result if a single or dominant strain were responsible for the outbreak. The isolate from commercial chickens appears similar to that from turkeys, and isolates from both are clearly different from vaccine strains. As previously observed (Figures 2-4), songbird MG RAPD banding patterns were essentially identical to each other and clearly different from the vaccine strains. Figure 5 further shows that the songbird MG RAPD banding patterns are consistent with the hypothesis of a single or dominant strain. The newly characterized *Mycoplasma sturni* recovered from a European starling (*Sturnus vulgaris*) and a mockingbird (*Mimus polyglottos*) in Connecticut (9,10) We have recovered *M. sturni* from conjunctival swabs collected from one blue jay and six mockingbirds from Florida (Ley, Berkhoff, Levisohn, unpub. obs.) However, there is no evidence that either *M. imitans* or *M. sturni* is involved in the present epidemic of conjunctivitis in American goldfinches and house finches. The possible diagnostic complications that these *Mycoplasma* spp. represent should not be ignored.

Figure 5 shows RAPD banding patterns (method I) of MG vaccine strains and isolates from songbirds and commercial poultry. The poultry isolates include four made in 1996 from an outbreak in Missouri turkeys and one made in 1994 from North Carolina chickens. The MG isolates tested from commercial turkeys had RAPD banding patterns essentially identical to each other, which would be the result if a single or dominant strain were responsible for the outbreak. The isolate from commercial chickens appears similar to that from turkeys, and isolates from both are clearly different from vaccine strains. As previously observed (Figures 2-4), songbird MG RAPD banding patterns were essentially identical to each other and clearly different from the vaccine strains. Figure 5 further shows that the songbird MG RAPD banding patterns are consistent with the hypothesis of a single or dominant strain. The newly characterized *Mycoplasma sturni* recovered from a European starling (*Sturnus vulgaris*) and a mockingbird (*Mimus polyglottos*) in Connecticut (9,10) We have recovered *M. sturni* from conjunctival swabs collected from one blue jay and six mockingbirds from Florida (Ley, Berkhoff, Levisohn, unpub. obs.) However, there is no evidence that either *M. imitans* or *M. sturni* is involved in the present epidemic of conjunctivitis in American goldfinches and house finches. The possible diagnostic complications that these *Mycoplasma* spp. represent should not be ignored.

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pattern was different from the patterns of isolates from chickens and turkeys. This initial, limited comparison of isolates from poultry and songbirds provided no evidence of shared MG strains. We are now applying RAPD analyses to additional MG isolates, both contemporary and archival, from commercial poultry to search for MG strains shared by songbirds and poultry or other birds.

RAPD method I was used to conduct routine screening and most comparative tests because of its reproducibility, discriminating capability, and ease of interpretation; however, the use of two different RAPD primer systems is valuable for confirming apparent relationships. In our study, a second RAPD primer set (method II) was used to confirm the MG strain identities determined by method I. Even though RAPD method II generally resulted in more bands, MG isolates from songbirds had essentially identical DNA fingerprints (Figure 4, and data not shown), thus supporting results by RAPD method I.

We standardized sample preparation and gel electrophoresis protocols to ensure reproducibility of RAPD results. Further standardization of technique and implementation of a computer-based gel analysis system should allow for comparison of results between laboratories, thus enhancing the usefulness and power of these procedures. We have found that RAPD analyses are useful for MG strain identification and molecular epidemiologic investigations. Applying this technology to the current epidemic of conjunctivitis in songbirds showed that all MG isolates from songbirds had essentially identical RAPD banding patterns to each other, but different patterns from all other strains and isolates tested. These results indicated that 1) the outbreak of MG in songbirds is caused by the same strain, suggesting a single source; 2) the outbreak is not caused by the vaccine or reference strains analyzed; and 3) MG infection does not appear to have been shared between songbirds and commercial poultry.

Fischer et al. (4) have stated that the epidemic of MG conjunctivitis in songbirds parallels emerging human diseases. However, even though this outbreak has no direct effect on humans (no evidence exists that MG causes zoonotic infections), the public has been aware of and involved in this epidemic, as observers (and feeders) of songbirds and as participants (citizen scientists) in such surveys as the House Finch Disease Survey (Project FeederWatch, Cornell Lab of Ornithology, PO Box 12, Ithaca, NY 14851-0011, and http://www.ornith.cornell.edu/CS/HOF1/main.html). Ultimately, the effects of this epidemic depend on its evolving course, the avian host species involved, the degrees to which the species are affected, and the species’ relationships to the public’s concerns (e.g., scientific, economic, recreational, professional). RAPD analyses of additional MG isolates from our archives and those of others and continued analysis of contemporary MG isolates from songbirds and other birds including commercial poultry will provide an exceptional opportunity to track this emerging disease.

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References


