In the United States, body piercing, which is becoming increasingly common, is mainly performed by unlicensed practitioners. Only 26% of states have regulatory authority over tattooing establishments, and only six of these states exercise authority over body-piercing establishments. Piercing occurs in regulated and unregulated shops, department stores, jewelry shops, homes, or physicians’ offices. Generally no antibiotic is used, and sterilization methods vary. Studies show that ear piercing can cause cephalic tetanus (a local form of tetanus caused by wounds or other head and neck infections) (8), Pseudomonas infections, or perichondrial auricular abscesses, especially with Pseudomonas aeruginosa. Tongue or oral piercing can cause Ludwig’s angina (2,9,10) or may be complicated by normal oral flora, such as Haemophilus aphrophilus, as in this case. Genital piercing may result in Escherichia coli infection and may increase the risk for sexually transmitted diseases through tissue damage and exposure and unwanted pregnancy because of condom rupture (11). Systemic infections, such as toxic shock syndrome or sepsis, have also been reported (10). Among noninfectious cases, granulomatous perichondritis of the nasal ala, sarcoidlike foreign body reaction from multiple piercing, paraphimosis from a distal penis pierce, and speech impairment, together with difficulty in chewing and swallowing from oral jewelry, have been reported (1,2,9,10). Metal-associated problems include allergy (especially to nickel), eczematous rash, and lymphocytoma (2,9,10,12). We describe an incidence of H. aphrophilus endocarditis following tongue piercing.

Case Report

A 25-year-old man arrived at Memorial Health University Medical Center with fever, chills, rigors, and shortness of breath of 6 days’ duration. He had a history of aortic valvuloplasty at 8 years of age for correction of congenital aortic stenosis. At admission, the patient had fever of 38.9°C and a grade III/VI ejection systolic murmur accompanied by a grade II/VI diastolic blowing murmur best heard in the left sternal border area. The oral cavity was pink, and no inflammation or exudates were noticed on the pharynx. The middle portion of the tongue had been pierced, and a bispherical stud was in place (Figure). The piercing was performed 2 months before onset of illness. Extensive tattoos on the shoulders, arms, and upper torso dated back 3 years. The patient had previous dental procedures. The correlation between dental procedures and endocarditis has been reviewed by Van der Meer et al., who prospectively examined all cases of infective endocarditis in the Netherlands over a 2-year period (6). Of 427 patients who had been hospitalized, 64 had previous dental or other procedures in the preceding 3 months. Only 48 of the 438 patients met the qualification of having native-valve and cardiovascular anomalies that increased their risk of getting endocarditis. Using these 48 patients as study cases, the researchers found no significant difference in presence of dental procedures between patients and matched controls without endocarditis (odds ratio 1.2, 95% confidence interval 0.03 to 2.3). Two other studies (7,8) reported similar results. No study has examined the correlation between piercing and endocarditis.
bation and were consistent with *H. aphrophilus* (β-lactamase negative, lactose fermenting, and Mannose fermenting). The stud culture was also positive for *H. aphrophilus*. Antibiotics were modified because of sensitivity to ceftriaxone and gentamicin, and the patient was discharged to complete the 6-week course through a peripherally inserted central catheter line at home. Aortic valve replacement was recommended after completion of antibiotic therapy, but the patient did not return for treatment.

**Conclusions**

Our case demonstrates *H. aphrophilus* endocarditis possibly caused by tongue piercing (or as a complication of the ongoing presence of the stud) in a patient with congenital heart disease. Colonization around the stud likely caused bacteremia and endocarditis. *H. aphrophilus* is commonly isolated from the upper respiratory tracts of humans and animals; however, its prevalence is unknown. In a previous study of piercing complications in patients with congenital heart disease (13), 43% of the study population had earlobe piercings; of these, 6% took antibiotics before piercing. Twenty-three percent of patients had piercing-related infections 1 week to 3 years after piercing. Most infections were local skin infections; no endocarditis was reported in that study.

Until prospective randomized studies shed light on the relationship between piercing and endocarditis, prophylactic measures are indicated and should be formulated, particularly for persons at high risk, e.g., those with structural heart diseases.

Dr. Akhondi is a second-year resident with the Department of Internal Medicine at Mercer University School of Medicine, Savannah Campus at Memorial Health University Medical Center in Savannah, Georgia.

Dr. Rahimi is the associate director of Internal Medicine Education, chief of the Geriatrics Division, and professor of medicine at Mercer University School of Medicine, Savannah campus.

**References**


Address for correspondence: Ali R. Rahimi, Department of Internal Medicine, Memorial Health University Medical Center, Mercer University School of Medicine, 4700 Waters Avenue, Savannah, GA 31404, USA; fax: 912-350-7270; e-mail: rahimal1@memorialhealth.com