# **EMERGING INFECTIOUS DISEASES**<sup>®</sup> January 2020





# EMERGING INFECTIOUS DISEASES®

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# EMERGING INFECTIOUS DISEASES® Viruses



January 2020

### **On the Cover**

**Charles Burchfield,** *Orion in December*, **1959.** Watercolor and pencil on paper. 39 7/8 in x 32 7/8 in/101.2 x 83.4 cm. Smithsonian American Art Museum, Gift of S.C. Johnson & Son, Inc., 1969.47.53.

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1 https://wwwnc.cdc.gov/EID/article/26/1/19-1246\_article



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# Spatial Epidemiologic Trends and Hotspots of Leishmaniasis, Sri Lanka, 2001–2018

Nadira D. Karunaweera,<sup>1</sup> Samitha Ginige, Sanath Senanayake, Hermali Silva, Nuwani Manamperi, Nilakshi Samaranayake, Yamuna Siriwardana, Deepa Gamage, Upul Senerath, Guofa Zhou<sup>1</sup>

Leishmaniasis, a neglected tropical disease, is on the decline in South Asia. However, cases of cutaneous leishmaniasis have risen in Sri Lanka since 2001, and the lack of in-depth research on its epidemiologic characteristics hampers control efforts. We analyzed data collected from patients with cutaneous leishmaniasis in Sri Lanka during 2001-2018 to study temporal and geographic trends and identify and monitor disease hotspots. We noted a progression in case rates, including a sharp rise in 2018, showing temporal expansion of disease-prevalent areas and 2 persistent hotspots. The northern hotspot shifted and shrank over time, but the southern hotspot progressively expanded and remained spatially static. In addition, we noted regional incidence differences for age and sex. We provide evidence of temporally progressive and spatially expanding incidence of leishmaniasis in Sri Lanka with distinct geographic patterns and disease hotspots, signaling an urgent need for effective disease control interventions.

Leishmaniases are diseases caused by *Leishmania* spp. parasites transmitted through the bites of infected female phlebotomine sand flies. A neglected tropical disease that mainly affects the tropics and subtropics, leishmaniasis has 3 forms: cutaneous, visceral, and mucocutaneous (1). Cutaneous leishmaniasis (CL) is the most common form, causing skin lesions that can leave scars and cause lifelong disability (1). Visceral leishmaniasis (VL) is the most serious form and has a case-fatality rate >95% in untreated cases; globally, 50,000–90,000 new cases and 20,000– 40,000 deaths occur annually, making VL one of the largest killers among neglected tropical diseases (1-3). Approximately 0.7–1 million new CL cases and a few thousand mucocutaneous leishmaniasis cases occur worldwide each year (1-3).

South Asia has the highest incidence of VL; India, Nepal, and Bangladesh are predominantly affected. Leishmaniasis in this region is caused by *Leishmania donovani* transmitted by *Phlebotomus argentipes* sand flies (2–4). Driven by the goal to eliminate VL in South Asia by 2020, the 3 countries once highly endemic for VL have made remarkable progress, bringing down reported cases from 50,898 in 2007 to 6,174 in 2017; Nepal had an 84% case reduction, India an 87% reduction, and Bangladesh a 96% reduction (2,4). Such efforts have contributed greatly to the ≈80% reduction in global VL incidence during 2007–2017 (2,4,5).

Local and international health policy makers do not view leishmaniasis as an urgent health issue in Sri Lanka, possibly because of the perceived nonserious nature of CL and relatively small numbers of reported cases (1,2,4). Locally acquired CL was not reported in Sri Lanka before 1992 (6), and only a few sporadic cases were reported before incidence rates began to escalate in 2001 (7). Since then, locally acquired VL and mucocutaneous forms also have been reported, although most leishmaniasis cases in the country are cutaneous (7–11). Typical symptoms of CL are single, nontender, nonitchy lesions in the form of nodules, papules, or ulcers (Figure 1, panels A-C) that affect exposed body parts (7,10). Occasional atypical symptoms include dermal plaques (Figure 1, panel D), erythematous ulcerative patches (12,13), and mucosal tissue involvement (14). In Sri Lanka, initial treatment for CL is weekly intralesional inoculations of sodium stibogluconate administered through dermatology units of the government health sector at a physician's discretion.

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<sup>&</sup>lt;sup>1</sup>These authors were co-principal investigators for this article.



**Figure 1.** Types of skin lesions observed in cutaneous leishmaniasis patients, Sri Lanka, 2001–2018. Arrows indicate A) papule; B) nodule; C) ulcer; D) plaque.

*L. donovani* MON 37, a dermotropic variant of the species, is the causative agent of CL in Sri Lanka but is better known to cause VL elsewhere (4,9,15,16). Although the exact basis of dermotropism is unknown, evidence suggests a parasite gene mutation with atypical phenotypic properties manifesting as cutaneous disease devoid of visceralizing features, as noted in long-term patient followup studies (15–17). The probable vector is the *P. argentipes glaucus* sand fly, which demonstrates zoophilic behavior (18,19) and differs morphologically and genetically from the *P. argentipes* sensu lato sand fly species found in South India (20).

Local leishmaniasis transmission occurs either outdoors or peridomestically and spatial clustering is seen in highly disease-endemic areas (10,21,22). Despite the global and regional decline in reported leishmaniasis cases, CL incidence has progressed in Sri Lanka since 2001 (7,11,22,23). Previous studies on the clinical spectrum, sex and age distribution, spatial clustering of cases, and possible links between climatic and environmental variables led to discussions on challenges to curbing leishmaniasis in the country (9-11,22,24). However, no systematic or in-depth studies have been conducted on the epidemiologic characteristics of leishmaniasis in Sri Lanka and its >2-decade progression in the country. Lack of epidemiologic data endangers the health of the population and threatens disease elimination efforts in South Asia, making it a regional, if not global, priority (3,4,7).

The aim of this study was to conduct a retrospective review of the epidemiologic characteristics of leishmaniasis through patient data collected during 2001–2018. The information revealed could inform interventional strategies to address the expansion of leishmaniasis in Sri Lanka, which would improve the likelihood of meeting the goal of South Asia VL-elimination plans.

#### Methods

We obtained nationwide leishmaniasis data from the national diagnostic and research laboratory at the University of Colombo Faculty of Medicine (Colombo, Sri Lanka), which maintains data on laboratoryconfirmed CL cases. Laboratory confirmation of CL was made through visualization of *Leishmania* sp. amastigotes upon microscopic examination of Giemsa-stained lesion aspirate smears or slit-skin scrapings (22). We also accessed data from the repository of notifiable diseases maintained at the Epidemiology Unit of the Ministry of Health and through communication with medical health officers in small health administrative units in each district.

Leishmaniasis was made a notifiable disease in Sri Lanka in 2008, at which time notification of cases to the central epidemiology unit became a mandatory requirement. Dermatology units, led by consultant dermatologists, make CL notifications on the basis of strong clinical suspicion with or without laboratory confirmation and have >90% accuracy in local settings (25).

To avoid overlapping patient data, we crosschecked data accessed through different sources. District-level annual CL case counts covered the entire country during 2001–2018. We estimated district- and division-level populations using census data from 2001 and 2012 and projected population levels by assuming a linear annual growth rate. We calculated annual incidence rates for each district as cases per 100,000 population. We mapped case distribution by using ArcGIS 10.1 (Esri, https://www.arcgis.com) and used monthly district-level data from each year to analyze leishmaniasis seasonality.

To analyze disease hotspots, we collected patient data from each division for 2015–2017. We determined hotspots and coldspots by using the Optimized Hot Spot Analysis tool of ArcGIS, which calculates Getis-Ord Gi\* spatial statistics (*26,27*). We determined hotspots from positive z-scores and coldspots from negative z-scores and CI values of 90%, 95%, and 99% for both. We used Ripley's K function and the Multi-Distance Spatial Cluster Analysis tool of ArcGIS to determine the average cluster size (*28*). To calculate K function, we used division-level population data from the 2012 Sri Lanka census weighted against leishmaniasis incidence as the clustering variable for each division.

We estimated the population in each district by using census data from 2001 and 2012 with projections for each year as given by the government of Sri Lanka (http://www.statistics.gov.lk). We considered persons from districts with  $\geq 10$  cases/100,000 persons/year as at-risk populations.

To analyze age and sex distribution over time and by region, we selected 3 health divisions with the highest incidence rates in the Southern Province, Dickwella, Tangalle, and Beliatta, and 2 health divisions with the highest incidence rates in the NorthCentral Province, Thalawa and Thamankaduwa. We collected data from 2 periods, 2001–2003 and 2015–2018. We classified age into 3 categories, 0–14, 15–49, and  $\geq$ 50 years (7,10,29). We used 2001 and 2012 census data from these divisions for data analysis. We compared differences in sex and age distribution in each region, between regions, and between years by using  $\chi^2$  test. We also compared age distribution against census data by using z-score test with standard residual. We did not analyze sex and age distribution for 2001–2003 because of the low disease incidence.

#### Results

**Increasing Trends in Incidence and Spatial Expansion** During 2001–2018, island-wide spatial distribution of reported CL cases was 15,300 (Figure 2). Five districts reported >1,000 cases, which accounted for 84.5% (12,924/15,300) of all cases (Figure 2). We noted a slow but steady increase in case numbers from 2001 to 2010, which expanded from 37 to 426 cases/100,000



Figure 2. Reported leishmaniasis cases by district, Sri Lanka, 2001–2018.

persons with the majority (73.8%; 2,306/3,125) reported from 3 districts, Hambantota, Anuradhapura, and Matara (Figure 3, panel A). We also noted an increase in incidence during 2010-2011; case counts reached >1,000 during 2012 and remained stable until 2017 (Figure 3, panel B). Most cases (88.3%; 7,865/8,904) were reported from 5 districts, Hambantota, Anuradhapura, Matara, Polonnaruwa, and Kurunegala (Figure 2; Figure 3, panel A). In 2018, we saw an alarming uptick in cases, doubling to 3,271 cases from 1,508 cases in 2017 (Figure 3), and 2 additional districts, Matale and Ratnapura, reached case counts >200 within 1 year. Of the total cases reported during 2018, a total of 86.5% (2,830/3,271) occurred in those 7 districts, and the annual incidence rate was >100 cases/100,000 population in Hambantota District for the first time (Figure 3, panel A). We analyzed monthly data for each year but did not see a uniform seasonal pattern of case distribution at the district, regional, or national level, but we noted that case counts in the north peaked during July-September each year (data not shown).

We saw a marked expansion in spatial distribution of leishmaniasis cases over time (Figure 4). In 2001, the case incidence rate per district was <10 cases/100,000 population, but in 2009, the population living at risk for leishmaniasis increased to >2 million in 3 districts with incidence rates between 10 and 50 cases/100,000 population (Table 1). By 2018, 8 districts had incidence rates of >10 cases/100,000 population, including Hambantota, where the incidence rate reached 117.2 cases/100,000 population (Table 1; Figure 3, panel A). Using 2018 case counts, we estimate 6,622,843 persons, nearly one third of the total population of Sri Lanka, live at considerable risk for leishmaniasis.

#### Shifts in Spatial Distribution and Hotspots

The increased incidence of leishmaniasis that started in 2001 in 2 districts, Anuradhapura in the North-Central Province and Matara in the Southern Province, extended to other provinces in subsequent years (Figure 4). The disease-endemic area in the North-Central Province expanded during 2001–2018 and its epicenter shifted during 2007–2018 (Figure 4). In the Southern Province, a similar expansion occurred, with a marked increase in incidence rates from 1.2 cases/100,000 persons in 2001 to 117.2 cases/100,000 persons in 2018, but the epicenter remained spatially static (Figure 4).



Figure 3. Changes in leishmaniasis incidence and case counts, Sri Lanka, 2001–2018. A) Leishmaniasis incidence rates for 5 districts with the highest numbers of reported cases. B) Nationwide reported leishmaniasis cases by year.

#### Trends and Hotspots of Leishmaniasis, Sri Lanka



Figure 4. Leishmaniasis incidence rates by district and year, Sri Lanka, 2001–2018.

Fine-scale cluster analysis revealed 2 major hotspots in the North-Central and Southern provinces and a coldspot in the central region that spreads across the island from west to east (Figure 5). The size of the hotspot in the North-Central Province gradually shrank, but the one in the Southern Province expanded during 2015–2017 (Figure 5). The average size of the southern hotspot was ≈40 km in radius in 2015 and ≈70 km in 2017 (Figure 6).

#### Changes in Age and Sex Distribution over Time

We analyzed anthropometric data of 2,379 cases to study the age and sex distributions and make comparisons between the early disease period, 2001– 2003, and the late period, 2015–2018, and between the North-Central and Southern provinces (Table 2). We noted 200 cases during 2001–2003 and 2,179 cases during 2015–2018 and a statistically significant change in the age and sex distribution in the North-Central Province between the early and late periods (Table 2). During 2001–2003, most cases (94.7%) in the North-Central Province were in male patients, but the proportion of male cases dropped to 68.8% during 2015–2018 ( $\chi^2$  = 38.75, df = 1, p<0.0001). Similarly, in this region most cases (86.3%) were in persons 15–49 years of age during the early period but dropped to 53.7% in this group during the late period ( $\chi^2$  = 47.73, df = 1, p<0.0001) (Table 2). In contrast, in the Southern Province the sex distribution remained the same in the early and late periods ( $\chi^2$  = 0.0001, df = 1, p = 0.9784) (Table 2), but the age range of the highest incidence group shifted from persons ≥50 years of age (40.6%) during the early period to those 15–49 years of age (54.7%) during the late period ( $\chi^2$  = 10.62, df = 2, p = 0.0049) (Table 2).

Further analysis of data from the late period revealed statistically significant differences in distribution of the disease by sex within and between the North-Central and Southern provinces (Table 3). Further examination revealed fewer cases in persons <14 years of age, but more male patients in this age group, a finding common to both regions (Table 3). Regardless of sex, we noted a higher incidence rate in those  $\geq$ 50 years of age in the North-Central Province

	2001		20	2009		2018	
Cases/100,000 population	No. districts	Population	No. districts	Population	No. districts	Population	
0	12	7,728,455	7	3,899,690	2	1,306,933	
<1	11	10,157,597	11	11,453,975	6	6,988,158	
1–10	2	911,205	4	2,290,870	9	6,622,843	
11–50	0	0	3	2,194,176	4	3,862,871	
51–100	0	0	0	0	3	2,211,753	
>100	0	0	0	0	1	639,340	
Total	25	18,797,257	25	19,838,711	25	21,631,898	
*Determined by using cutaneous leishmaniasis incidence rates per district and census data from the government of Sri Lanka (http://www.statistics.gov.lk)							
from 2001 to project potential in	from 2001 to project potential incidence rates for 2009 and from 2012 to project incidence rates for 2018.						

Table 1. Estimates of population living at risk for leishmaniasis during 2001, 2009, and 2018, Sri Lanka\*

compared with census data, but we did not see this pattern in the south (Table 3). In addition, we did not see a difference in age distribution of female patients between the 2 regions ( $\chi^2 = 0.69$ , df = 2, p = 0.7065), but we saw a statistically significant difference in male patients ( $\chi^2 = 27.74$ , df = 2, p<0.0001) (Table 3) relative to the age distribution reported in census data. Our findings demonstrate a statistically high incidence rate in persons  $\geq$ 50 in the North-Central Province compared with the Southern Province.

#### Discussion

Leishmaniasis was seldom reported in Sri Lanka before the 1990s (*30*), and neither local nor international health authorities have considered it a serious public health threat in the country (*1*,*2*,*4*). However, as the case incidence and spread intensifies, leishmaniasis is increasingly becoming a concern, especially among residents of Sri Lanka (*7*,*11*,*24*,*31*). Furthermore, 2 major disease hotspots emerged during 2001–2003 and disease-affected areas expanded during 2011–2018, reaching >3,000 cases nationwide in 2018, a drastic increase from preceding years. The actual picture might be worse because reports from health facilities reflect only a fraction of the true incidence (7,23,31,32). Many questions regarding leishmaniasis in Sri Lanka remain unanswered and no organized efforts are in place for its control at a national level, or even in disease hotspots.

The alarming case expansion in 2018 could reflect a buildup of asymptomatic or early-stage symptomatic infections in the preceding years, but no field data are available to support this hypothesis. The infection-reservoir pool also might have grown because of poor treatment response, a growing problem in local healthcare settings (13). The 2001 increase in cases began in an army camp adjoining a jungle in the North-Central Province during a civil war (7). The initial cases could be attributed to known risk factors, such as nonimmune hosts entering the vector's habitat (33,34). Although it was suspected at the outset, no zoonotic reservoir has been proven to be the cause



Figure 5. Optimized hotspots and coldspots of leishmaniasis in districts of Sri Lanka during 2015–2017. Hotspots and coldspots were calculated by using the Optimized Hot Spot Analysis tool of ArcGIS (Esri, https://www.arcgis.com); hotspots had large positive z-scores and coldspots had negative z-scores.

of the upsurge in cases, but leishmaniasis later was detected in dogs in Sri Lanka (*35,36*). Increased population mobility in the country after the civil war ended in 2009, along with enhanced infrastructure developments and easy road access, could have facilitated the spread of leishmaniasis. Activities raising CL awareness among the population also might have increased self-referrals and improved case diagnoses, thus contributing to progressive increases in case numbers. However, none of these factors, taken singly or in combination, can explain the case upsurge observed in 2018, highlighting the need for in-depth longitudinal studies.

Genetic analysis through microsatellite typing and whole-genome sequencing suggests prolonged existence of *Leishmania* spp. in the country and refutes theories of recent parasite introduction (15,37). The endemic *Leishmania* parasitic population could have been expanding gradually and spreading within foci, forming focal clusters (22). We hypothesize that during this phase of parasitic population growth, asymptomatic disease reservoirs were created and later expanded, contributing to the sudden increase of case numbers in 2018. However, carefully designed cross-sectional field studies are required to confirm this hypothesis.

Malaria cases have declined in Sri Lanka since 2000, and the last indigenous case was reported in 2012 (*38*). Subsequent restrictions on insecticide use for vector control could have played a role in the increased incidence of leishmaniasis in the intervening years. Leishmaniasis control is a widely recognized by-product of concerted malaria control in the region (*39*). Reduced vector control for malaria could explain the contrasting pictures, almost mirror images, of declining incidence rates for malaria and increasing rates of leishmaniasis in Sri Lanka during the past 2 decades.

Reporting on patients with leishmaniasis has improved over the years, as has the level of disease awareness among clinicians and healthcare personnel. These factors could have contributed to the increased case documentation, but underdiagnosis remains a concern (*11,23,32*). Local travel and vector dispersal also are factors that cannot be ruled out and might have contributed to the 2018 case surge, since these expansions were adjacent to the previous areas of disease (*23,40,41*).

Although leishmaniasis affects both sexes in all age groups, previous studies consistently indicated a male predominance among cases in groups 20–40 years of age (7,12,23,31,32). Our study showed differences in the sex and age distribution between the northern and southern disease foci. In southern

regions, the incidence data deviated from the census data with reduced numbers of disease in patients <14 years of age, and more so in male patients. Other age groups were equally affected by the disease, even in the early period, except this age group, raising concerns of underreporting and undiagnosed cases among children, especially boys, and creating a potential for them to become disease reservoirs. The predominance of young men (20-40 years) infected during the early period easily could be explained by the disease foci located in a military camp in the North-Central Province (7,10). However, for 2015-2018, persons >50 years of age in both sexes had much higher incidence rates compared with other age groups, out of proportion with trends seen in census data. One or more factors, such as changes in the level of infection awareness, behavioral differences, environmental



**Figure 6.** Observed and expected cluster sizes (K values) for incidence of leishmaniasis in Sri Lanka, 2015 (A), 2016 (B), and 2017 (C).

	North-Cent	ral Province	Southern	Province	
Characteristics	2001–2003	2015–2018	2001–2003	003 2015–2018	
Age, y					
0–14	6 (4.6)	70 (11.3)	17 (24.6)	256 (16.4)	
15–49	113 (86.3)	332 (53.7)	24 (34.8)	854 (54.7)	
≥50	12 (9.2)	216 (35.0)	28 (40.6)	451 (28.9)	
Sex		· · ·			
F	7 (5.3)	198 (32.0)	28 (40.6)	636 (40.7)	
Μ	124 (94.7)	420 (68.0)	41 (59.4)	925 (59.3)	
Total	131	618	69	1,561	
*Values represent no. (%) in each each region.	age and sex category during early ar	nd late periods of disease ex	pansion. Data provided by m	edical health officers in	

Table 2. Characteristics of leishmaniasis cases in selected highly disease-endemic areas of 2 provinces, Sri Lanka\*

factors, vector-related factors, and peridomestic transmission patterns, might have contributed to such findings and warrant further investigation (10,22,42). Enhanced surveillance is needed to ensure coverage of all age groups, including children.

We noted a clear expansion of spatial distribution in reported CL cases. Because L. donovani also is the causative agent for VL, the expansion of CL in Sri Lanka could be a potential threat to the regional VL elimination efforts (2). The VL elimination target is <10 cases/100,000 population/year, an incidence rate at which the disease is no longer considered a public health concern (2). If similar standards had been applied to L. donovani-induced CL in Sri Lanka, leishmaniasis would not have been public health concern in 2001 and might have been considered a minor concern until 2009, when only 1 district had >10 cases/100,000 population. However, under this target, leishmaniasis in Sri Lanka should be considered a major public health threat, especially considering our calculations show that more than one third of the country's population is at risk for this infection.

We did not see the clear-cut pattern of seasonality described in previous studies, which demonstrated

cases increased in a district in 2 biannual peaks (43). However, peak case numbers in the north during July–September might be related to seasonal vector abundance, which needs confirmation. The hotspots detected in the north and the south are likely caused by the expansion of local disease transmission. Although the epicenters of disease shifted over time, they remained in the same broader areas where they started in 2001. The central highlands appear to act as a barrier for disease spread, probably because environmental factors do not favor the survival of the vector sand flies.

Transmission of leishmaniasis in Sri Lanka is likely to progress, unless active interventions for disease containment are put in place. In the absence of proof for the presence of nonhuman reservoirs, infection control measures should focus on early diagnosis and effective treatment for patients; vector control involving chemical and environmental methods; and reducing human-vector contact by educating the population on steps they can take to reduce their risk for infection, such as applying insect repellents and using insecticide-impregnated bed nets. However, specific vector control measures essentially require

Table 3. Differences in sex and age distribution in cases of leishmaniasis against census data for regions of Sri Lanka, 2015–2018*							
Characteristics by province	F, no. (%)	M, no. (%)	To	otal	χ <sup>2</sup>	df	p value
North-Central	198 (32.0)	420 (68.0)	6	18	159.50	1	<0.001
Southern	636 (40.7)	925 (59.3)	1,561		107.01	1	<0.001
North-Central versus Southern	. ,	, , ,			14.20	1	0.002
		Standard residuals <sup>+</sup>					
Age ranges by province, y			F	М	_		
North-Central					_		
0–14	39 (19.7)	31 (7.4)	-1.29	-3.85	20.38	2	<0.001
15–49	95 (48.0)	237 (56.4)	-0.75	0.56			
≥50	64 (32.3)	152 (36.2)	2.70	3.62			
Southern							
0–14	49 (25.5)	37 (13.9)	-0.96	-2.27	37.76	2	<0.001
15–49	76 (39.6)	162 (60.7)	-0.49	1.60			
≥50	67 (34.9)	68 (25.5) <sup>´</sup>	1.55	0.07			
North-Central versus Southern		, <i>r</i>					
F by age group					0.69	2	0.7065
M by age group					27.74	2	<0.001

\*Leishmaniasis case count data provided by regional medical health officers. Where not specified, comparisons were made between the number of female and male cases in different age groups within the same region. df, degrees of freedom.

†Age distributions by sex standardized against census data from the same regions. Numbers in bold indicate statistically significant difference from census (p<0.05).

more studies on vector behavior and insecticide susceptibility to inform evidence-based policy decisions.

Carefully designed longitudinal studies are needed in the community to clarify the epidemiology and transmission dynamics of the disease. Intensive awareness programs should be implemented for clinicians and healthcare workers to ensure effective patient management, and for the general public to improve treatment-seeking behavior, backed up by qualitative studies to enhance early case detection. Better accessibility and the use of more cost-effective treatment options, such as radiofrequency heat therapy (44), could improve patient compliance and reduce infection reservoirs. Furthermore, use of modern technological tools, such as satellite remote sensing, could aid in epidemiologic surveillance, identification of probable sandfly-infested areas, and prediction of disease hotspots. In addition, planning and implementation of effective interventions would improve containment efforts for leishmaniasis in Sri Lanka.

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# *Candidatus* Mycoplasma haemohominis in Human, Japan

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Hemotropic mycoplasmas are common pathogens in animals, but it remains unclear what role these pathogens play in human infections. We report clinical and biologic characterization of Candidatus Mycoplasma haemohominis infection in a 42-year-old man in Japan. The patient had severe hemophagocytic syndrome 1 month after an accidental needlestick injury. Metagenomic deep sequencing identified Candidatus M. haemohominis and determined its draft genome for an isolate from serum of the patient. A high copy number of the Candidatus M. haemohominis genome was detected in serum and bone marrow samples. Electron microscopy examination showed morphologic characteristics of Candidatus M. haemohominis. Levofloxacin monotherapy induced resistance caused by a gyrase A gene mutation in the quinolone resistance-determining region, but a combination treatment with moxifloxacin and minocycline was effective. We identified Candidatus M. haemohominis in a patient who had life-threatening symptoms related to multiple organ infection. Human infection with this mycoplasma might occur more frequently than has been generally recognized.

Hemotropic mycoplasmas (or hemoplasmas; size  $<1 \mu$ m) are unculturable, cell wall-deficient, gram-negative bacteria that parasitize on the surface of the erythrocytes of numerous domestic and wild animals, such as cats, dogs, rodents, swine, cattle, sheep, bears, and bats (1–4). These pathogens can cause pyrexia, hemolytic anemia, and icterus (1,5). There have been few studies on molecular characterization of hemoplasmas to confirm infections in

humans (6–11), possibly because hemoplasmas are unculturable and are liable to be overlooked by physicians (11,12). Steer et al. found that the putative species *Mycoplasma* species *Candidatus* Mycoplasma haemohominis can infect humans and cause hemolytic anemia and pyrexia (9). However, only a partial sequence of *Candidatus* M. haemohominis (GenBank accession no. GU562825) could be confirmed (9). Moreover, clinical manifestations of *Candidatus* M. haemohominis infections in humans have not been well characterized.

We identified and characterized *Candidatus* M. haemohominis infections in a patient with pyrexia of unknown origin. The patient had various life-threatening symptoms that were not limited to hemolytic anemia and was infected with this bacterium after an accidental needlestick injury. We also analyzed the genome of *Candidatus* M. haemohominis isolated from specimens obtained from the patient. This study was approved by the Institutional Review Board of Showa University (Tokyo, Japan) and the National Institute of Infectious Diseases (Tokyo). We obtained informed consent from the patient.

#### **Case-Patient**

The case-patient was a 42-year-old man (physician) who had no unusual medical history and no recent overseas travel history. The patient was admitted to Showa University School of Medicine Hospital (To-kyo, Japan) because of pyrexia, anemia, and liver dysfunction. One month before admission, he had accidentally pricked his finger when performing needle biopsy of the liver for 1 inpatient, who was admitted to this hospital because of cryptogenic liver injury and anemia after traveling overseas. Two weeks after the needlestick injury, the case-patient had pyrexia and whole-body erythema with pruritus (Figure 1). His rash disappeared after 3 days. However, he was

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**Figure 1.** Whole-body erythema and pruritus in a 42-year-old man infected with *Candidatus* Mycoplasma haemohominis, Japan. Images show general erythema and pruritus covering >80% of the body surface area. A) Chest, B) back, C) arms, D) hands, E) feet.

admitted to the hospital because lymphadenopathy, hepatosplenomegaly, and pyrexia developed.

We provide the clinical course for the case-patient (Figure 2). At admission, the case-patient had relative bradycardia (96 beats/min) and a body temperature of 39.5°C. Laboratory results showed an increase in levels of aspartate aminotransferase (274 U/L, reference range 10-40 U/L), lactate dehydrogenase (664 U/L, reference range 120-245 U/L), ferritin (8,748 ng/mL, reference range 20-400 ng/mL), soluble interleukin-2 receptor (8,791 U/mL, reference range 122–496 U/mL), and Creactive protein (8.45 mg/dL, reference range 0.00–0.20 mg/dL). A complete blood count showed anemia (hemoglobin concentration 11.9 g/dL, reference range 13.6–18.3 g/L), but the leukocyte count  $(4.8 \times 10^3 \text{ cells})$  $\mu$ L, reference range 3.5–9.0 × 10<sup>3</sup> cells/ $\mu$ L) and platelet count (16.5 ×  $10^4/\mu$ L, reference range 14.0–37.9 ×  $10^4$ cells/µL) were within reference intervals. A Coombs test result was negative, but low haptoglobin concentrations (< 8 mg/dL, range 30–200 mg/dL) were found.

Test results were negative for hepatitis A, B, C, and E viruses; measles virus; rubella virus; parvovirus; and HIV. Results of antinuclear antibody (titer 1:80) and smooth muscle antibody (titer 1:40) tests were positive, but test results for antimitochondrial M2 antibody, mitochondrial antibody, double-stranded DNA antibody, and lupus anticoagulant were negative. Epstein-Barr virus (EBV) DNA load determined by PCR was  $3.0 \times 10^2$  copies/mL. However, Southern blot hybridization did not detect clonality of EBV-infected cells. Levels of herpes simplex virus, human herpesvirus 6 and 8, varicella zoster virus, and cytomegalovirus were below reference values, as determined by PCR. The serum IgG level was 3,967 mg/dL (reference range 800–1,750 mg/dL). However, the result of a serum-free light chain test was within the reference limit.

Our initial diagnosis was hemophagocytic syndrome (HPS) related to undetermined disease, and the patient was given steroid pulse therapy (1,000 mg) on day 1. Because his symptoms persisted, he was given etoposide (100 mg/m<sup>2</sup>), cyclosporine (5 mg/kg), and dexamethasone (20 mg) on day 7. After this treatment was started, whole-genome sequencing of a peripheral blood sample detected a novel hemotropic Mycoplasma sp.

On day 11, we found a prolonged activated partial thromboplastin time (50.6 s, reference range 25-45 s), normal prothrombin time (12.6 s), low coagulation factor VIII activity (1.8%, reference range 78%–165%), and low von Willebrand factor (VWF) activity (ristocetin cofactor <10%, reference range 50%-150%). Moreover, serum levels of fibrinogen, antithrombin III, and disintegrin and metalloproteinase with thrombospondin type 1 motif, member 13 were within reference ranges. Microscopic examination of a Giemsa-stained blood smear showed coccoid forms on the erythrocyte surface (Figure 3, panel A). A bone marrow aspirate showed hemophagocytosis and increased levels of reactive plasma cells (19.5%) (Figure 3, panels B, C). On day 12, hypoglycemia (glucose level <5 mg/dL, reference range, 61–139 mg/dL) was noted in blood from the collection tube used for



Figure 2. Clinical course for a 42-year-old man infected with Candidatus Mycoplasma haemohominis, Japan. \*For ALT, AST, and LDH, left y-axis is for AST and ALT and right y-axis is for LDH. ALT, alanine aminotransferase; AST, aspartate aminotransferase; CRP, C-reactive protein; DEX, dexamethasone; Hb, hemoglobin; LDH, lactate dehydrogenase; LVFX, levofloxacin; MINO, minocycline; MLFX, moxifloxacin: mPSL. methylprednisolone; PLT, platelets; STFX, sitafloxacin; WBC, white blood cells.

serologic tests, but the glucose level was within the reference range for blood in a container that contained citric acid with NaF.

On day 13, the case-patient received a diagnosis of *Candidatus* M. haemohominis infection-associated HPS and was given levofloxacin. Hypoglycemia improved after administration of levofloxacin. However, pyrexia and anemia developed, and coccoid forms on erythrocytes in peripheral blood and bone marrow were again observed on day 37. On day 46, he was given moxifloxacin and minocycline because of suspected bacterial resistance to levofloxacin. After this treatment was initiated, his symptoms, such as pyrexia, anemia, and hypoglycemia, promptly resolved, and the patient was discharged on day 61. One year after discontinuation of treatment, the patient remained well, and no *Candidatus* M. haemohominis DNA was detected in his serum.

#### **Materials and Methods**

#### **High-Throughput Unbiased RNA Sequencing**

We purified total RNA from a patient serum sample by using the RNeasy Mini Kit (QIAGEN, https://www. qiagen.com). We prepared RNA-Seq libraries by using the ScriptSeq version 2 RNA-Seq Library Preparation Kit (Illumina, https://www.illumina.com) and sequenced these libraries as single-end 151-mers by using the NextSeq 500 sequencer (Illumina) (*13,14*).

#### Whole-Genome Analysis

We performed metagenomic short-read DNA sequencing by using NextSeq 500 (Illumina) with DNA extracted from serum specimens. We excluded human-related short reads by using a Burrows–Wheeler Mapping Program with default parameters against human genome sequences (GRCh38.p13) (15).

**Figure 3.** Distribution of *Candidatus* Mycoplasma haemohominis in a 42-year-old man, Japan. A) Peripheral blood smear showing coccoid forms. Small basophilic bodies are present on the surface of and outside erythrocytes (arrows). Arrowhead indicates a platelet. Giemsa stained. B) Hemophagocytosis (arrow)



in bone marrow aspirate. Giemsa stained. C) Bone marrow biopsy specimen showing infiltration of plasma cells (arrows). Hematoxylin and eosin stained. Scale bars indicate 20 μm.



Figure 4. Prediction of presence of *Candidatus* Mycoplasma haemohominis in serum samples of a 42-year-old man, Japan. A) Relative percentage of candidate bacteria. B) Percentage of *Mycoplasma* spp. detected.

We obtained a draft genome sequence of Candidatus M. haemohominis by de novo assembly using metagenomic DNA-Seq short reads. First, we excluded human genomic DNA sequences (≈58.3%) by using readmapping analysis, followed by de novo assembly with the remaining short reads. The total number of contigs was 703, and total length was ≈1.42 Mb, suggesting that whole contigs included bacterial and human-related DNA sequences. Therefore, to extract the bacterial sequences, we considered read depth and coverage, % GC of each contig, and a blastn search (https://blast.ncbi. nlm.nih.gov). A total of 23 contigs showed a marked read depth coverage (average × 5,500) and 30% GC content, although blastn search analysis showed that 4 contigs were assigned to the Mycoplasma genome and 19 contigs were assigned to unknown sequences.

#### Electron Microscopy

We used negative staining for serum samples. Small aliquots of serum samples were absorbed onto glowdischarged, 300-mesh, heavy-duty carbon-coated copper Cu grids (Veco Grids; Nisshin EM, http://nisshinem.co.jp) for 2 min, and excess liquid was blotted with Whatman filter paper (GE Healthcare, https:/// www.gehealthcare.com). We then washed grids twice with Milli-Q water (http://emdmillipore.com) and negatively stained them with 2% uranyl acetate. We observed specimens by using an H7700 transmission electron microscope (Hitachi, https://www.hitachi. com) at 80 kV and ×10,000 magnification.

We fixed tissue samples with 2.5% glutaraldehyde and 2% paraformaldehyde in 0.1 mol/L phosphate buffer (pH 7.4) for 2 h at room temperature, postfixed these samples in 1% osmium tetroxide, and embedded them in Epon resin. We stained ultrathin sections with uranyl acetate and lead citrate and observed them under a transmission electron microscope (HT7700; Hitachi) at 80 kV.

#### In Situ Hybridization

We used 16S and 23S rRNA genes for in situ hybridization analysis. We amplified a target fragment by using PCR with digoxigenin-11-dUTP and MHaemohominis1F (5'-AATTAACGCTGATGGCATGC-3') and MHaemohominis600R (5'- TCCTACCGTATTC-TAGACGGAC-3') primers. We purified a PCR amplicon by using a PCR Purification Kit (QIAGEN) and denatured it by heat shock before hybridization. We treated deparaffinized slides with 0.3% H<sub>2</sub>O<sub>2</sub>/ methanol for 30 min and 0.2 mol/L HCl for 20 min, then incubated slides with proteinase K (3-10 µg/ mL) for 30 min at 37°C. After prehybridization, we hybridized slides with 2 pmol/L of denatured probe per slide in hybridization buffer (20% formamide; 5× saline-sodium citrate [SSC], 5 × Denhardt solution; 50 mmol/L HEPES buffer [pH 7.0], and 40 µg/mL salmon sperm DNA) overnight at 42°C. We washed the slides twice with 2× SSC at 50°C for 15 min and twice with 0.2× SSC at 50°C for 15 min, added antidigoxigenin monoclonal antibody (Sigma, https:// www.sigmaaldrich.com), and incubated the slides for 45 min. We than amplified signals by using a Gen-Point Kit (Dako Agilent, https://www.agilent.com) and detected these signals by using 3,3'-diaminobenzidine as a chromogen.

#### **Real-Time PCR**

We used a DNA fragment of the 16S rRNA gene of *Candidatus* M. haemohominis in a Taqman real-time PCR (16). We then performed PCR amplification in 25- $\mu$ L reaction mixtures containing QuantiTect Probe PCR Master Mixture (QIAGEN), 0.4  $\mu$ mol/L of each primer, 0.2  $\mu$ mol/L of TaqMan probe, and 100 ng of isolated DNA. PCR conditions were 95°C for 15 min, followed by 45 cycles of 94°C for 15 s and 60°C for 1 min in a Mx3005P Apparatus (Dako Agilent).

#### Sequence Data

We deposited metagenomic short-read sequences for DNA-Seq in the DDBJ (BioProject PRJDB7871; BioSample SAMD00156464; DRR accession no. DRR164892). We deposited the draft, annotated genome sequence of *Candidatus* M. haemohominis SWG34-3 in the DNA Data Bank of Japan (accession nos. SAMD00156495 and BIMN01000001–23). The 16S rRNA sequence was deposited under accession no. MHSWG343\_r0010. The predicted gyrase A gene nucleotide sequence was deposited under accession no. MHSWG343\_02220, and the coding sequence was deposited under accession no. GCE63237.1.

#### Results

# Identification and Whole-Genome Sequencing of *Candidatus* M. haemohominis

Metagenomic deep RNA sequence analysis strongly suggested that rather than other pathogens or virus



Figure 5. Analysis for Candidatus Mycoplasma haemohominis in serum of a 42-year-old man, Japan. A) Prediction that de novo assemblies contained bacteria and human DNA sequences. Bacteriarelated sequences were identified by using read depth, % GC, and blastn (https://blast.ncbi.nlm.nih. gov) search results. Read depth indicates how many times nextgeneration sequencing confirmed the sequence at each nucleotide position, B) Phylogenetic tree of 16S rRNA genes of Mycoplasma spp. The tree was constructed by using FastTree version 2.1.10 (http://www.microbesonline.org). Scale bar indicates nucleotide substitutions per site. ID, identification.



**Figure 6.** Morphologic features of *Candidatus* Mycoplasma haemohominis isolated from a serum sample of a 42-year-old man, Japan. A) Spheres are bacterial particles with a diameter of 300–600 nm. Negative stained; scale bar indicates 200 nm. B) Bacteria on the surface of erythrocytes (arrows) (Giemsa stained). C) In situ hybridization showing bacteria on the surface of macrophages (arrows). Scale bars indicate 10 µm.

infections, the *Mycoplasma* spp. could be associated with signs and symptoms of the case-patient. RNA-Seq short reads related to the Mycoplasma spp. were increasingly detected in the serum of the case-patient (Figure 4). A total of 41.7% of human-unmapped reads were extracted and then subjected to de novo assembly to identify the mycoplasma draft genome (23 contigs, 967,846 bp) (Figure 5, panel A). The draft genome sequence identified a potential pathogen that could be *Candidatus* M. haemohominis on the basis of 16S rRNA sequence homology. Also, this pathogen showed similarity with closely related species, such as M. haemofelis and M. haemocanis (Figure 5, panel B).

Negative-staining and electron microscopy of *Candidatus* M. haemohominis particles identified ribosomes, DNA, and soluble RNA in the cytoplasm (Figure 6, panel A). In situ hybridization identified *Candidatus* M. haemohominis on the surface of erythrocytes (Figure 6, panel B) and in the cytoplasm of macrophages in bone marrow (Figure 6, panel C).

# Monitoring and Treatment for *Candidatus* M. haemohominis Infection

We determined the level of Candidatus M. haemohominis DNA in serum by using real-time PCR (Figure 7). A high copy number for Candidatus M. haemohominis DNA was detected 18 days after the accidental needlestick injury. The bacterial load in serum decreased below the detection limit (<10 copies/reaction) 14 days after the patient was given levofloxacin, but again increased. Metagenomic analysis also indicated a high detection rate for Mycoplasma spp. reads in serum before and after treatment with levofloxacin. Read-mapping analysis showed that only 2-nt mutations were identified in samples after treatment with levofloxacin. Moreover, 1 of 2 mutations was a nonsynonymous mutation in the quinolone resistance-determining regions (QRDR) of the DNA gyrase subunit A GyrA (i.e., Gly95Cys, corresponding to aa 81 by numbering for Escherichia coli) (Figure 8). The bacterial load promptly decreased after combination therapy with moxifloxacin and minomycin. We also identified Candidatus M. haemohominis by using realtime PCR and in situ hybridization with samples from a liver biopsy of the patient.

#### Discussion

Infection with *Candidatus* M. haemohominis needs to be distinguished from other hemoplasmas in

Figure 7. Copy number of the *Candidatus* Mycoplasma haemohominis genome in  $1-\mu L$ serum samples from a 42-yearold man, Japan. Copy number was determined by using a realtime PCR. LVFX, levofloxacin; MINO, minocycline; MLFX, moxifloxacin.



Sample	Total reads	Median read depth for Candidatus M. haemohominis	Region coverage, %	Nucleotide variations (Contig 1/173,202)	Treatment with levofloxacin
Day 9	139,962,665	5,454	99.95	G (GGT, Gly95*)	Before
Day 46	138,862,010	10,935	99.94	T (TGT, Cys95*)	After
* Correspon	nds to 81 aa in Esc	herichia coli numbering.			
Orga	nism (quinolone)	N - 67 10 QRDR	6 (075 dd 81 83 87 (m	Accession no. GCE632	C 37.1 in SWG34-3) Reference
M. haemoh	ominis (susceptible)	81 AAIVGSVMGSYH	PHGEMAIYDAL	RMAQGFSLRYPLIQGQ 1	20 (This study)
M. haem	ohominis (resistant)	81	<mark>C</mark>		20 (This study)
M. gen	italium (susceptible)	79 .RDSKF	· · · · · · · · · TMS	5DLDGH 1	18 (17)
M. g	enitalium (resistant)	79 .RDSKF		5DLDGH 1	18 (17)
M. g	enitalium (resistant)	79 .RDSKF	<b>N</b> TMS	SDLDGH 1	18 (17)
M. g	enitalium (resistant)	79 .RDSKF	<b>Y</b> TMS	SDLDGH 1	18 (17)
M. g	enitalium (resistant)	79 .RDSKF	GTMS	5DLDGH 1	18 (17)
	E. coli (susceptible)	67 .RVD.I.K	S.VTI.	M.VD 1	06 (18)
	E. coll (resistant)	67 .RVD.I.K	V.NTI.	M.VD 1	06 (18)
			M	utation hotspot	

Figure 8. Detection of a gyrA mutation in the QRDR of Candidatus Mycoplasma haemohominis genome isolated from a 42-year-old man, Japan, who was given levofloxacin. Read-mapping analysis identified a nonsynonymous amino acid substitution in GyrA for quinolone-resistant Candidatus M. haemohominis from a serum sample. Bottom panel shows a schematic of the GyrA amino acid sequence and alignment with those of other QRDRs. Dots indicate identical amino acids corresponding to the Candidatus M. haemohominis sequence. Red indicates nucleotide or amino acid mutations. Arrow indicates direction of transcription. QRDR, quinolone resistance-determining region.

terms of clinical symptoms. As described previously, infection with possible hemoplasmas results in hemolytic anemia and pyrexia (6–11). Our results showed that infection with *Candidatus* M. haemohominis can cause various life-threatening symptoms in humans, such HPS, liver damage, and bleeding.

We identified *Candidatus* M. haemohominis in the case-patient and clarified the clinical features of *Candidatus* M. haemohominis infection as follows. First, *Candidatus* M. haemohominis infection might cause HPS. Second, this infection might cause reactive plasmacytosis. Third, the increase in plasma cells might induce antibody production and hypergammaglobulinemia. Fourth, infected patients might have coccoid bacterial forms on erythrocyte surfaces and pseudohypoglycemia in vitro. Fifth, this infection might also be accompanied by mild to severe hemorrhagic episodes.

We suggest that our results will help in diagnoses of *Candidatus* M. haemohominis infections, enabling early therapeutic intervention that might cure patients with these infections. *Candidatus* M. haemohominis patients are highly susceptible to misdiagnosis with other diseases, such as collagen diseases (e.g., systemic lupus erythematosus) and virus infections (e.g., severe fever with thrombocytopenia syndrome and EBV-associated HPS), because of the wide range of complications.

Generally, antimicrobial drug therapy with fluoroquinolones or tetracyclines is effective against hemoplasmas in animals. Combination therapy (9) or sequential treatment (19) with these drugs can be more effective against hemoplasmas because a single agent is often insufficient for consistent elimination of bacteremia (19). Moreover, detection of mutations in QRDR of gyrase A (Gly95Cys) suggested that *Candidatus* M. haemohominis is resistant to older fluoroquinolones (e.g., levofloxacin) (20,21). In contrast, newer fluoroquinolones, such as moxifloxacin or sitafloxacin, and tetracyclines, are effective against mycoplasmas harboring this mutation (21).

Laboratory tests for our case-patient showed low blood glucose levels (<5 mg/dL, reference range 61–139 mg/dL) but related no clinical signs. Hemoplasma-associated hypoglycemia in the absence of any associated clinical signs has been described in various animal species (22). This phenomenon is proportional to the severity of bacteremia and depends on the hemoplasma species (22). Because it is possible that glucose would be useful only for carbohydrate metabolism in the hemoplasma species (23), this finding might cause attachment in the epierythrocytic environment, which is rich in glucose, and result in alternative energy source pathways that become redundant.

We observed moderate to severe hemorrhagic episodes for this case-patient. Although the pathogenesis of bleeding in patients infected with *Candidatus* M. haemohominis is not completely understood, a dramatic decrease in coagulation factor

VIII and VWF activities was observed in this casepatient, which is similar to that observed in patients with acquired von Willebrand syndrome (24,25). Given the hypergammaglobulinemia and increased plasma cell levels observed in this case-patient and other patients. the possible mechanisms of infection are adsorption of vWF onto plasma cells or activated platelets apart from the presence of vWF-specific antibodies and inhibitors (24,25).

In conclusion, we identified and characterized *Candidatus* M. haemohominis infection in a human. Although our study has limitations, our results provide useful knowledge about this infection. Other patients infected with *Candidatus* M. haemohominis may have died before a confirmed diagnosis was made. Thus, *Candidatus* M. haemohominis infection might occur more frequently than generally recognized. Further epidemiologic investigations of infection with *Candidatus* M. haemohominis in humans and of intermediate host(s) for this pathogen would clarify the extent of human infection and possible transmission routes.

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N.H., T.T. (Takahiro Takuma), T.I., M.K., T.S., H.K., H.H., T.N., T.W., and Y.N. designed the study and interpreted the data; M.K. performed metagenomic analysis; T.S. performed bioinformatics; H.K. and H.H. performed pathologic analysis; N.A., H.W., N.N., J.E., R.Y., S.I., Y.M., and T.T (Takahiro Tokunaga) provided assistance in the design of the study and characterized patient samples; N.H., M.K., H.K., T.S., and H.H. wrote the manuscript; and T.N., T.W., and Y.N. critically reviewed the manuscript. All authors approved the final version of the manuscript submitted for publication.

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# Nutritional Care for Patients with Ebola Virus Disease

Mija Ververs, Magi Gabra<sup>1</sup>

During the Ebola virus disease (EVD) outbreak of 2014-2016 in West Africa, practitioners faced challenges providing nutritional care for patients in Ebola treatment units (ETUs). The current EVD outbreak in the Democratic Republic of the Congo demonstrates the need to understand lessons learned from previous outbreaks and to update nutritional guidelines. We conducted a literature review to identify articles that included nutrition as an integral part of supportive care. We found little information on the specific nutritional care or practical challenges within an ETU. This review showed that nutritional care for EVD patients is poorly described, and therefore the optimal composition and implementation of nutritional care remain unknown. We recommend that researchers and practitioners share specific and practical details of their experiences in providing nutritional support within ETUs to expand the knowledge base and ultimately improve the nutritional care for an increasingly prevalent patient population.

In 2014, the World Health Organization (WHO), the United Nations Children's Fund (UNICEF), and the World Food Programme (WFP) produced interim guidelines with recommendations for providing nutritional support to patients in Ebola treatment units (ETUs) (1). These guidelines were based on existing WHO evidence-based guidance adapted to the Ebola crisis, in addition to a rapid literature review on Ebola virus disease (EVD) and nutritional management of hemorrhagic fevers. The document aimed to address key clinical problems for EVD patients, their nutritional needs, and optimal nutritional care, including the practical aspects of providing nutritional support within treatment centers.

In the context of the current Ebola virus outbreak in the Democratic Republic of the Congo (DRC), we summarize existing practices and research findings on nutritional care for EVD patients in ETUs and compare them, when relevant, with

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2014 WHO/UNICEF/WFP guidelines. More specifically, we aim to identify gaps to guide future practices and research, ultimately leading to improved nutritional guidelines.

#### Methods

We conducted a literature search using the MEDLINE database (through PubMed and OVID search engines), Global Health, and Scopus, and used Google Scholar to search gray literature. Medical Subject Headings terms used included "hemorrhagic fever, Ebola," "Ebola virus," and "nutrition." We also searched on the following terms: diet, vitamin, malnutrition, breastfeed, nutrients, fortified, micronutrient, caloric, calories, soup, porridge, cereal, legume, sugar, and dextrose. The search identified articles relating to Ebola virus and nutrition published from January 1, 2014, through August 30, 2019. We did not apply language restrictions, and for search engines that allowed it, we included only articles about studies with human subjects. We screened only the first 120 results from Google Scholar because of decreasing relevance of articles. We downloaded and managed articles through EndNote X9 (Clarivate Analytics, https://endnote.com).

#### Results

We identified a total of 429 articles (Figure); 268 articles remained after deduplication. We excluded 240 articles after screening for information on nutrition or feeding during care for Ebola patients; content that caused exclusion included animal and bushmeat consumption in relation to Ebola transmission, testing and safety of breast milk in seropositive patients, food availability, malnutrition, agricultural stability before and during Ebola outbreaks, pharmacologic experiments for Ebola treatment, and molecular studies on the pathogenesis of Ebola virus. We completed full-text review on the remaining 28 articles. We excluded 5 non-English articles and added 1 more article identified from gray literature, resulting in review of 24 articles.

<sup>&</sup>lt;sup>1</sup>The authors contributed equally to this article.



Most of the articles (n = 14) on nutritional support during Ebola treatment were case studies, cohort studies, or management recommendations focused on the clinical features, care provided, and outcomes observed (2-15). Four articles focused solely on patient care provided in the United States and Europe (5,6,8,14). Six described patients in West Africa during the 2014 outbreak: 3 in Sierra Leone (3,4,11), 1 in the Democratic Republic of the Congo (9), 1 in Liberia (2), and 1 in both Liberia and Sierra Leone (15). One particular study was a prospective cohort study on the effects of supplemental vitamin A on disease mortality rate (15). Two articles were field manuals, one an emergency interim country guidance for clinical management (16) and the other a list of essential medications for Ebola patient care (17). One article provided evidence-based guidelines for patient care using the Grading of Recommendations Assessment, Development, and Evaluation (GRADE) methodology (18). One was a systematic review of current trends of Ebola virus management (19). Two articles were analyses of policies and programming regarding infant feeding (20) and nutrition (21). An editorial on nutritional management of patients with Ebola virus disease (22) and a comment published on the overall changes in care for Ebola virus disease (23) were included, as well as a personal report of a nurse's experience in the field while working in an ETU (24). The final item was a letter from a nutrition advisor during the Ebola outbreak (25), which we identified from gray literature.

Despite the initially large number of papers with the key search term "nutrition" related to EVD case management, few explicitly described the details of the delivered nutritional support. Most clinical management papers delineated supportive care for dehydration and electrolytes through oral rehydration solutions (ORS) or intravenous fluid administration and did not refer to nutrition. Two studies and a retrospective review concluded that dehydration was associated with worse outcomes and increased mortality rates in patients (7,9,11). Both Leligdowicz et al. (7) and Smit et al. (11) included electrolyte imbalance as an additional risk factor for poor outcomes. Smit et al. found that poor nutritional status was also associated with increased mortality (11). The systematic review by Sivanandy et al. noted that nutritional care should include a "good amount of protein supplements" but did not specify a recommended amount or type of protein (19).

The evidence-based recommendations produced by Lamontagne et al. supported the importance of hydration in supportive care and monitoring serum biochemistry for electrolyte repletion (23). In creating the recommendations, a multidisciplinary panel met to analyze data on supportive care and voted to create a list of evidence-based guidelines. The panel strongly recommended administering ORS in an adequate amount, rather than using nonstandardized rehydration. The panel also strongly recommended that serum biochemistry (e.g., testing of electrolytes, glucose) should be made available, but the group did not produce any statements on nutrition (18).

#### **Clinical Cases**

Johnson et al. (5) and Uyeki et al. (14) described total parenteral nutrition (TPN) in patient care in the United States and Europe. Patients treated in the biocontainment unit at the University of Nebraska Medical Center had a "moderate state of protein malnutrition" at admission, but protein malnutrition was not defined (5). A nutritional therapist was consulted for both cases and TPN was started, but further details were not provided. In another case study, a patient treated in Hamburg, Germany, did not tolerate enteral nutrition, and so the treatment team initiated TPN (6). When the patient showed improvement, enteral nutrition was reinitiated with a low-fiber standard formula; the authors did not provide details of the diet. A physician turned patient hydrated himself with a commercial sports rehydration beverage and a sugary drink mix before seeking treatment at Emory University Hospital in Atlanta, Georgia, USA, where he was given protein drinks and multivitamins. No information on the content of the protein drink or the frequency of use was provided (8). Similarly, a case study of 581 patients in an ETU in Freetown, Sierra Leone, documented the use of 1 capsule of Immuno-Boost nutrition supplement (Novopharm Formulations, http://www.novopharm1.com) per day and ORS and juice drinks consumed freely (3). However, the authors did not describe treatment rationale or composition.

In a recent study, Aluisio et al. assessed oral vitamin A supplementation in 424 patients admitted to ETUs in Sierra Leone and Liberia in 2014-2015 (15). Mortality rate was significantly lower among patients who had received 200,000-400,000 IU of vitamin A in the first 48 hours of admission, compared with those who had not received vitamin A at admission (relative Risk = 0.77, 95% CI 0.59–0.99; p = 0.041). An editorial published in the Asian Pacific Journal of Tropical Disease provided specific recommendations on the energy, protein, fat, and micronutrient components for the nutritional management of EVD patients (22). The authors recommended the following: achieving a protein requirement of 1.2 g/kg of ideal bodyweight, 55%-60% of total energy needs via carbohydrates, provision of soft foods to avoid gastrointestinal irritation, and avoidance of trans-fatty acids. It is important to note that there were no references to clinical research or case studies of patients with EVD to support these recommendations.

A nurse's account of her experience working in an ETU in Liberia provided some insight on actual feeding practices (24). Wilson reported that a locally popular artificial juice powder composed of mostly sugar and vitamin C (Foster Clark, http://fosterclark.com) was occasionally mixed with the ORS to increase palatability. In addition, patients received 3 meals, individually packaged in plastic bags, daily. Patients who were well enough often consumed food purchased or cooked by family or loved ones.

#### **Pediatric Nutrition**

Trehan et al. published 2 papers with extensively detailed nutritional care specifically for pediatric patients with Ebola virus disease (12,13). Recommendations included, though were not limited to, assessing nutritional status using mid-upper arm circumference, providing ample ORS and therapeutic milks (F-75, F-100; Nutriset, https://www.nutriset.fr), and serving ready-to-use therapeutic foods (RUTF) in biscuit and paste form. To improve hydration and intake, flavored ORS solutions were recommended if available, although drinks with added sugar were not recommended because they may exacerbate diarrhea. RUTF pastes and biscuits were 2 examples of energydense foods with complete micronutrient and macronutrient composition that retain taste and cleanliness for extended periods and are easily consumed by weak patients. The authors recommended the prioritization of RUTF over local foods in the acute phase of the illness. Instructions were included on how to prepare RUTF to produce a semi-solid porridge for easier consumption and described the minimum quantity of RUTF (for children <15 years varying from 2 to 5 sachets with RUTF paste or 3 to 8 RUTF biscuits). For infants <6 months of age, the authors recommended ready-to-use infant formula. For children >6 months of age who were only able to tolerate liquids, the authors recommended therapeutic milks over dairy milk or commercial infant formulas because of the increased nutritional content. Although it was more nutritionally complete than F-75, F-100 therapeutic milk was not endorsed for all pediatric patients because its higher osmotic load compared with that of F-75 may cause increased diarrhea. The authors recommended that formulas be refrigerated and prepared multiple times a day to avoid spoiling.

A nutrition advisor described infant feeding methods to reduce mother-to-infant transmission (25). Because feeding utensils and human-to-human contact carried an increased risk for transmission, the author reported the use of a syringe attached to a feeding tube to safely feed infants. Brandt et al. reviewed infant feeding policies and programming during the 2014–2016 Ebola outbreak and highlighted the inconsistencies of the messaging around breastfeeding (20). They recommended including infant and young child feeding experts in outbreak response and creating consistent, appropriate, and tailored messages regarding breastfeeding and infant nutrition in the early phase of the response.

#### Perception of Nutrition Response

One descriptive qualitative study of key informants analyzed community perceptions of the nutrition-related response in Guinea (21). That study had 2 main objectives: the first was to determine how the Ebola outbreak affected infant and child nutrition on a community level, and the second was to gauge stakeholders' perception on the acceptability and effectiveness of the nutrition response, including the WHO/UNI-CEF/WFP 2014 interim guidelines for nutritional care. A consistent theme across informants was the lack of emphasis on nutrition by health professionals and community members during the Ebola outbreak. Key informants also noted limitations around the use of the WHO/UNICEF/WFP interim guidelines; some informants were unaware of the guidelines or questioned their usefulness, and some reported finding the guidelines useful but difficult to implement. The authors recommended that nutrition be a core component of response and integrated into all aspects of care, treatment, and recovery.

#### Discussion

In this literature review, we summarize existing practices and research findings on nutritional care for EVD patients. A wealth of literature exists on the clinical management and supportive care, but our review found only a limited number of publications on specific nutritional care, and they often lacked detailed descriptions of the actual nutritional care provided. The results could lead to the conclusion that the role of nutritional care in ETUs is perceived to have limited importance. However, the importance of good nutrition in fighting infection is widely known, and several researchers emphasized the need for good nutritional care for EVD patients (11-14,17,21,22). In addition, it is well established that adequate nutrition is essential in the management of critical illness or sepsis (26,27). Our review showed that nutritional care is poorly described and therefore the optimal composition and implementation of care remains unknown. One noticeable finding was the use of total parenteral nutrition (TPN) only in high-resource settings. It is unclear whether TPN is preferred over enteral nutrition and whether the role of enteral nutrition for patients' survival is different in high- or low- resource settings.

We intended to compare actual nutritional care in ETUs with the 2014 WHO/UNICEF/WFP interim

guidelines. However, various care descriptions from our literature review preceded the availability of these guidelines (2,3,5,6,8,9,14,17,22,24). This restricted our ability to compare recommended and actual practices. Only 3 works published after November 2014 commented on using the guidelines or reported any successes or challenges with attempting to follow them (12,13,21).

WHO recommends that EVD patients should be provided with a minimum recommended daily allowance (RDA) of nutrients through normal traditional or fortified foods (1,16) or micronutrient powders (28). It also states that, until further evidence is available, excess use of any micronutrient for EVD patients is not recommended, unless correcting for a specific micronutrient loss (e.g., treating hypokalemia). However, in many EVD-affected countries in sub-Saharan Africa, malnutrition, including micronutrient deficiencies, is widely prevalent (29,30), and 1 RDA of, for example, vitamins would not sufficiently address existing suboptimal levels in EVD patients.

To improve nutritional care for EVD patients, more documentation is needed on nutritional care in ETUs. We recommend that researchers and practitioners share specific and practical details of their experiences in providing nutritional support within ETUs to further facilitate the scientific base and ultimately improve the nutritional care for an increasingly prevalent patient population. In addition, research is necessary to determine whether specific macronutrients or micronutrients improve treatment outcomes in ETUs and elucidate their mechanism of action. For instance, the roles of albumin (14), selenium (31,32), and electrolytes (33,34)deserve further exploration, and the recognized importance of vitamin A in mounting an immune response to infectious diseases urgently merits further studies. It is also worth investigating whether anthropometric changes in patients admitted to ETUs relate to outcomes of illness and death. In addition, we see a need to examine whether the recommendation of providing 1 RDA is sufficient for managing patients with nutrient losses secondary to EVDinduced enteropathy, complicated by an underlying suboptimal nutritional status. We further underline the need for immediate research on breast milk and transmissibility of EVD (35). Last, we propose to not only examine whether specific nutritional care can raise patient survival rates, but to assess how it may contribute to symptom relief in the critically ill. Although adequate nutrition cannot cure patients with EVD, maintaining an optimal nutritional status could improve their response to treatment.

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# Emerging Infectious Diseases Spotlight Topics



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## RESEARCH

# Paid Leave and Access to Telework as Work Attendance Determinants during Acute Respiratory Illness, United States, 2017–2018<sup>1</sup>

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#### Release date: December 18, 2019; Expiration date: December 18, 2020

#### Learning Objectives

Upon completion of this activity, participants will be able to:

- Describe work attendance during acute respiratory illness (ARI) and associated characteristics among workers ages 19 to 64 years with medically attended ARI or influenza during the 2017–2018 influenza season, according to a survey study
- Identify determinants of work attendance during the first 3 days after ARI onset among workers ages 19 to 64 years with medically attended ARI or influenza during the 2017–2018 influenza season, according to a survey study
- Determine clinical implications of work attendance during the first 3 days after ARI onset among workers ages 19 to 64
  years with medically attended ARI or influenza during the 2017–2018 influenza season, according to a survey study

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<sup>1</sup>Preliminary results from this study were presented at the International Conference on Emerging Infectious Diseases, August 27–29, 2018, Atlanta, Georgia, USA. We assessed determinants of work attendance during the first 3 days after onset of acute respiratory illness (ARI) among workers 19-64 years of age who had medically attended ARI or influenza during the 2017-2018 influenza season. The total number of days worked included days worked at the usual workplace and days teleworked. Access to paid leave was associated with fewer days worked overall and at the usual workplace during illness. Participants who indicated that employees were discouraged from coming to work with influenza-like symptoms were less likely to attend their usual workplace. Compared with workers without a telework option, those with telework access worked more days during illness overall, but there was no difference in days worked at the usual workplace. Both paid leave benefits and business practices that actively encourage employees to stay home while sick are necessary to reduce the transmission of ARI and influenza in workplaces.

The annual economic burden of influenza in the L United States, depending on the severity of the influenza season, ranges from \$15 billion to \$64 billion, of which lost productivity accounts for a substantial proportion (1). The annual economic burden of noninfluenza viral respiratory tract infections is estimated to be \$40 billion (2). As a result of absenteeism and diminished work capacity, employees with medically attended influenza can expect to lose 69% of their usual workplace productivity and employees with noninfluenza acute respiratory illness (ARI) can expect to lose 58% of their usual workplace productivity during the week after symptom onset (3). With about two thirds of the US adult population participating in the labor force (4), workplace contacts can play a major role in the transmission of influenza (5). Influenza vaccination can reduce illness and work absenteeism associated with influenza (6), but fewer than one third of US adults 18–64 years of age were vaccinated in the 2017-2018 influenza season (7).

Respiratory etiquette, regular hand hygiene, and staying home for  $\geq$ 24 hours after fever subsides can help slow the spread of seasonal and pandemic influenza (8). For employed adults, staying home when ill usually entails taking sick days or working from home. During a respiratory illness, some employees may have a telework option, whereby they are permitted to perform their usual work functions while staying at home (without having to use paid time off or sick leave benefits). Telework may be a good mitigation strategy during an influenza pandemic if ill persons work remotely and avoid exposing coworkers during the contagious period (9). About 24% of employed persons in the United States telework regularly, varying from 8% in production occupations to 34% in managerial and professional occupations (10). Teleworking options also tend to track closely with education; 13% of workers with less than a high school diploma report being able to telework, compared with 37% of those with a bachelor's degree or higher (10).

Approximately 74% of US civilian workers receive paid sick leave and 75% receive paid vacation leave benefits (11). However, the effect of access to telework and paid leave benefits on staying away from the workplace during influenza illness is largely unknown (5). This study assessed the association between access to telework and paid leave benefits and short-term work attendance in employed adults during a medically attended ARI or influenza episode.

#### Methods

#### **Study Population**

Study enrollees were patients seeking care for an ARI with cough within 7 days of illness onset during November 1, 2017–April 19, 2018 (the 2017–18 influenza season), at outpatient facilities affiliated with sites participating in the US Influenza Vaccine Effectiveness Network. The sites are in Ann Arbor and Detroit, Michigan; Pittsburgh, Pennsylvania; Temple, Texas; Seattle, Washington; and Marshfield, Wisconsin, USA. The study methods have been published previously (*12,13*). The institutional review boards at the sites approved the study. Study participants provided informed consent.

#### **Data Collection**

Data collected at the enrollment visit included sex, race/ethnicity, education, general health before illness, number of children <12 years of age living in household, date of illness onset, and symptoms (fever/feverishness, sore throat) (Appendix Table 1, https://wwwnc.cdc.gov/EID/article/26/1/19-0743-App1.pdf). Data extracted from electronic medical records included age, medical conditions associated with increased risk of influenza complications (based on medical encounters associated with International Classification of Diseases codes in the year before enrollment) (12), and influenza vaccination. Nasal and oropharyngeal swab specimens were collected at the enrollment visit; all persons were tested for influenza viruses using real-time reverse transcription PCR (rRT-PCR).

Adults 19–64 years of age were asked to complete a survey 7–14 days after enrollment. The follow-up survey for the 2017–18 influenza season included

#### RESEARCH

questions about the following: hours expected to work in a typical week, hours usually worked from home (telework, telecommute, or remote work), receipt of any paid leave that could be used for an illness (e.g., sick leave, personal time off, vacation leave), whether they worked the day before illness, and work attendance during the first 3 days of illness (including number of days worked at the usual workplace and number of days worked from home) (Appendix Table 1). Participants were also asked about recovery from illness, return to normal activities (e.g., work, exercise, housework/chores), type of employee, type of position, and number of employees in the company/organization. Workers were asked to rate their level of agreement with 3 statements about their place of work using a Likert scale (Appendix Table 1). Responses were dichotomized as "agree" or "not agree"; "strongly agree" and "agree" responses were categorized as "agree."

#### Definitions

Study participants who reported that they regularly worked from home ≥1 hour in a typical week were classified as having access to telework (habitual teleworkers). Because persons who worked from home for only a few hours a week may not telework ≥1 full day a week, we performed an analysis based on the hours teleworked (none, <8 hours, or >8 hours) to assess the robustness of the findings (14). Persons who reported that they received any paid leave that could be used for an illness (e.g., paid sick leave, vacation leave, or personal time off) were classified as having paid leave benefit (15). Part-time workers were those working >20 but <35 hours; full-time was defined as >35 hours/week (10). We computed the total number of days worked in the first 3 days of illness by summing the number of days worked at the usual workplace and the number of days worked from home. We defined laboratory-confirmed influenza as a positive rRT-PCR test for influenza A or B from a nasal or oropharyngeal swab specimen.

#### Inclusion and Exclusion Criteria

If an adult 19–64 years of age enrolled in the study ≥2 times because of multiple episodes of ARI during the influenza season, we included the first enrollment (Figure). Participants who completed the follow-up survey >14 days after enrollment were excluded to minimize recall bias (16). Participants were also excluded if they were unemployed, self-employed, owned their own business, worked solely from home, or were employed <20 hours/week. Only responses that added up to 3 days for the question on work



**Figure.** Total enrolled and number of persons included in analyses of work attendance during the first 3 days of acute respiratory illness or influenza, United States, 2017–18 influenza season. \*Valid responses are those that added up to 3 days for the question on work attendance during the first 3 days of illness (see Appendix Table 2, https://wwwnc.cdc.gov/EID/article/26/1/19-0743-App1.pdf).

attendance during the first 3 days of illness were considered valid and used for the final analysis. Examples of valid and invalid responses are provided in Appendix Table 2.

#### **Statistical Analysis**

We computed the median days to return to normal activities and the median days to recovery from illness using the Kaplan-Meier method to take into account that a substantial proportion of participants had not returned to normal activities (13%) or recovered from their illness (32%) at the time of followup. We used a  $\chi^2$  test to assess differences between categories, Student t-test for means, and Wilcoxon rank-sum tests to assess differences between medians. We ran zero-inflated Poisson regression, which accounts for excess zeroes, using PROC GENMOD in SAS version 9.4 (SAS Institute, https://www.sas. com) to compute ratios of days worked adjusted for potential confounding variables (17). The dependent variable in the regression models was the number of days worked during the first 3 days of illness (i.e., 0, 1, 2, or 3 days). In addition to running models using the total days worked during the first 3 days of illness, an indicator of productivity, as the dependent variable,

we ran models using days worked at the usual workplace during the first 3 days of illness, a measure of the potential for virus transmission to co-workers, as the dependent variable. The exposure variables were access to telework (0 = no, 1 = yes) and access to paid leave (0 = no, 1 = yes). We used a forward selection process. Because age, sex, and socioeconomic status have been identified as confounders (*18*), we retained age, sex, and education (proxy for socioeconomic status) in the models. Statistical significance was set at  $\alpha = 0.05$  (2-tailed).

#### Results

A total of 4,300 adults 19-64 years of age were enrolled across the study sites. Overall, 2,862 (67%) adults completed the follow-up survey within 14 days of enrollment (Figure), and 2,008 workers met the employment criteria. Of these, 1,374 (68%) had valid responses for the question on work attendance during the first 3 days of illness and were included in the analysis. The proportion of adults with valid responses was 85% (757/894) for the Washington and Wisconsin sites and 55% (617/1,114) for the other 3 sites. The proportion with valid responses was higher for non-Hispanic whites and other races compared with non-Hispanic blacks and Hispanics (71% vs. 54%; p<0.001) and for hourly workers compared with non-hourly workers (71% vs. 66%; p<0.05). Valid responses were also higher for persons who received influenza vaccination (72% vs. 65%; p<0.01) and those with paid leave benefits (70% vs. 64%; p<0.05). The proportion with valid responses did not differ by age, sex, education, access to telework, and other variables (data not shown).

Among the 1,374 adults with valid responses, the median age was 42 years, 64% were female, and 82% were non-Hispanic white. The median hours expected to work in a typical week was 40 (5th, 95th percentile: 25, 52). Thirty-six percent of participants had laboratory-confirmed influenza; patients with influenza were more likely to report fever (84%) than patients who tested negative for influenza (53%) (p<0.001), whereas the proportions reporting sore throat were similar (77% vs. 81%). In accordance with the criteria for enrollment in the study, all participants' symptoms included cough.

The median time from illness onset to enrollment was 3 days (5th, 95th percentile: 1, 7), and the median interval from enrollment to follow-up was 7 days (5th, 95th percentile: 6, 12). Based on the Kaplan-Meier method, the median interval from illness onset to return to normal activities was 7 days, and the median interval from illness onset to recovery from illness was 11 days. During the first 3 days of illness, 539 (39%) reported that they did not work at all. The mean number of total days worked during the first 3 days of illness was 1.14 days (range 0–3 days), the mean number of days absent from work because of illness was 1.06 days (range 0–3 days), and the mean number of days not worked because of having a scheduled day off or any other reason was 0.80 days (range 0–3 days).

Data on access to telework were available for 1,362 adults and data on paid leave benefits for 1,356 adults; 198 (15%) reported having access to telework, and 1,074 (79%) received paid leave benefits. Among persons with access to telework, the median hours usually teleworked was 8 hours/week (5th, 95th percentile: 2, 30 hours/week). Adults who reported access to telework and paid leave were significantly different from those who reported no access by having higher education levels (p<0.001), working full time (p<0.01), and being salaried employees (p<0.001) (Table 1, https://wwwnc.cdc.gov/EID/ article/26/1/19-0743-T1.htm). Furthermore, adults with access to telework and paid leave were more likely to be encouraged by their employer to go home if they had influenza-like symptoms at work (p<0.01); these employees also had greater control over taking days off from work for illnesses (p<0.001) (Table 1).

The proportion of adults who worked the day before illness was similar for those with access to telework compared with those without access, as well as for those with paid leave benefits compared with those without (Table 1). Among adults who worked the day before illness, telework was more common among those with access to telework (habitual teleworkers) than for those who were not habitual teleworkers (14% vs. 1%, p<0.001).

During the first 3 days of illness, the proportion who did not work at all was 28% (55/198) for those with access to telework compared with 41% (477/1,164) for those without telework access (p<0.001). The mean of the total days worked was greater for adults with access to telework than for adults without access to telework (mean 1.46 vs. 1.09 days; p<0.001) (Table 2). This difference was attributable to more days teleworking while ill, as there was no difference in the mean number of days worked at the usual workplace while ill (Table 2). Adults without access to telework took more time off because of illness (mean 1.10 vs. 0.80 days; p<0.001). In contrast, adults with access to paid leave showed no differences in the mean total days worked during acute illness or mean days worked at the usual workplace, compared with those among persons without access to paid leave (Table 2).

#### RESEARCH

	Mean no. days worked					
	Access t	o telework	Paid leave benefits			
Work attendance	Yes, n = 198	No†, n = 1,164	Yes, n = 1,074	No, n = 282		
Worked	1.46‡	1.09	1.15	1.09		
Usual workplace	1.05	1.07	1.07	1.05		
Teleworked	0.41‡	0.02	0.08	0.04		
Did not work	1.54‡	1.91	1.85	1.91		
Felt ill	0.80‡	1.10	1.03	1.17		
Day off	0.64	0.72	0.72	0.66		
Other reasons	0.11	0.10	0.10	0.07		

 Table 2. Work attendance during the first 3 days of illness among adults with medically attended acute respiratory illness or influenza,

 United States, 2017–18 influenza season\*

\*Days worked or not worked ranged from 0 to 3 days. Boldface indicates statistical significance.

†Among 1,164 persons with no telework access (i.e., did not habitually telework), 15 persons reported that they worked from home for ≥1 d during the first 3 d of illness.

‡p<0.001.

The results of zero-inflated Poisson regression analyses showed that participants who had access to paid leave were significantly less likely to work during the first 3 days of illness (adjusted ratio of days worked 0.81, 95% CI 0.68-0.96) or to work at their usual workplace (adjusted ratio of days worked 0.81, 95% CI 0.67-0.96) (Table 3). Persons who worked in an organization in which employees were discouraged from coming to work if they had influenza-like symptoms were also significantly less likely to work during the first 3 days of illness (adjusted ratio 0.86, 95% CI 0.76-0.97) or to work at their usual workplace (adjusted ratio 0.85, 95% CI 0.74-0.96) (Table 3). In contrast, persons with access to telework were significantly more likely to work during the first 3 days of illness (adjusted ratio 1.25, 95% CI 1.07-1.46) (Table 3). However, access to telework was not associated with the number of days worked at the usual workplace (adjusted ratio 0.98, 95% CI 0.82-1.17) (Table 3).

The findings were similar among workers with laboratory-confirmed influenza (Table 4; Appendix Tables 3–5). Results were similar for sites with higher proportions of valid responses (Washington and Wisconsin) and lower proportions (Michigan, Pennsylvania, and Texas sites) (Appendix Table 6). The analysis by hours teleworked showed similar findings (Appendix Table 7).

#### Discussion

Among working adults who sought medical care for an ARI from 5 sites across the country, we found that 79% had access to paid leave and 15% were able to telework. Our study results show that both paid leave benefits and business practices that actively encourage employees to stay home when ill may be necessary to keep sick employees away from the workplace. Access to telework, where feasible, helps retain some work productivity.

Because infectiousness of adults with influenza is greatest during the first 3 days of illness (19,20), preventing workplace attendance of ill persons during the first several days of illness might be most necessary for reducing workplace-based transmission. In previous research, a greater proportion of workers

Table 3. Adjusted analysis to assess the association with days worked during the first 3 days of illness among adults with medically           attended acute respiratory illness or influenza, United States, 2017–18 influenza season*					
Characteristic	Total days worked, n = 1,306	Days worked at the usual workplace, n = 1,306			
Access to telework					
No	Referent	Referent			
Yes	1.25 (1.07–1.46)†	0.98 (0.82–1.17)			
Access to paid leave					
No	Referent	Referent			
Yes	0.81 (0.68–0.96)‡	0.81 (0.67–0.96)‡			
Discouraged from coming to work with influenza-like	e symptoms				
Not agree	Referent	Referent			
Agree	0.86 (0.76–0.97)‡	0.85 (0.74–0.96)‡			
*Values are adjusted ratios of days worked (95% CI). Boldface indicates statistical significance. Total days worked represents the sum of days worked at					
the usual workplace and days teleworked during the first 3 days of illness. The dependent variable in the zero-inflated Poisson regressions was days					
worked during the first 3 days of illness (i.e., 0, 1, 2, or 3 d). The final models contained the following independent variables: access to telework; access to					
paid leave; employees are discouraged from coming to work when they have flulike symptoms; age; sex; education; fever; worked the day before illness;					
having a lot of control over taking days off for illnesses; full-time worker; and employee type. The variable "employees are encouraged to go home if they					
nave influenza-like symptoms at work" was excluded from the models because it was highly correlated with the variable "employees are discouraged from					
coming to work when they have influenza-like symptoms" (Spearman correlation coefficient 0.76; p<0.001); the latter variable has more relevance for					

reducing virus transmission in the workplace (not coming to work at all vs. coming to work with influenza-like symptoms and then told to go home). Sixtyeight records were excluded because of missing values.

†p<0.01.

‡p<0.05.
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	Total days worked		Days worked at the	ne usual workplace
	Influenza positive,	Influenza negative,	Influenza positive,	Influenza negative,
Characteristic	n = 464	n = 839	n = 464	n = 839
Access to telework				
No	Referent	Referent	Referent	Referent
Yes	1.46 (1.09–1.96)†	1.19 (0.99 <b>–</b> 1.43)	1.15 (0.83 <b>–</b> 1.60)	0.92 (0.75–1.14)
Access to paid leave				· · · ·
No	Referent	Referent	Referent	Referent
Yes	0.81 (0.57 <b>–</b> 1.14)	0.82 (0.68-1.00)	0.79 (0.55 <b>–</b> 1.12)	0.83 (0.68-1.02)
Discouraged from coming to work with influenza	a-like symptoms			· · · · ·
Not agree	Referent	Referent	Referent	Referent
Agree	0.71 (0.55–0.91)‡	0.92 (0.80-1.06)	0.72 (0.55–0.94)†	0.90 (0.78-1.05)
*Data are presented as adjusted ratios of days worked	(95% confidence interva	al), unless otherwise indica	ted. Boldface indicates st	atistical significance.
The dependent variable in the zero-inflated Poisson re	gressions was the numb	er of days worked during t	he first 3 days of illness. 1	The final models
contained the following independent variables: access	to telework; access to pa	aid leave; employees are d	liscouraged from coming	to work when they have
influenza-like symptoms; age; sex; education; fever; w	orked the day before illne	ess; having a lot of control	over taking days off for ill	nesses; full-time
worker; and employee type. Sixty-eight records were e	xcluded because of miss	sing values, and an additio	nal 3 records were exclud	led because laboratory
confirmation of influenza by real-time reverse transcrip	tion PCR was not availal	ble.		
†p<0.05.				
‡p<0.01.				

Table 4. Adjusted analysis to assess the association with days worked during the first 3 days of illness, United States, 2017–18 influenza season, by laboratory-confirmed influenza\*

reported going to work always or most of the time when they have a cold or influenza, compared with those experiencing more serious illnesses, injuries, or major physical problems (21). Reasons for working while experiencing influenza-like illness (ILI) include still being able to perform job duties, not feeling bad enough to miss work, not thinking their illness is contagious or could make other persons sick, and professional obligation to co-workers (22). We have documented that workplace cultures that encourage employees to refrain from coming to work when ill may play a crucial role in keeping workers away from the workplace when sick. In this study, persons with access to paid leave worked fewer days overall and at the usual workplace while ill. Two previous studies reported that access to paid sick days was associated with staying home for medically confirmed ILI or influenza (23,24), and 1 study found no association between having paid sick leave benefits and staying home from work because of ILI (25). These 3 studies did not assess telework.

We found that workers with access to telework used this benefit to work more total days while ill than those without it. Access to telework may enable persons to work from home on a day that they might otherwise have to take a sick day to comply with the "stay home when sick" recommendation. Availability of telework options is therefore possibly beneficial from the employer's perspective in terms of reduced sick leave usage and preserved productivity. However, we observed little difference between workers who have access to telework and those who do not regarding the number of days worked at the usual workplace while sick. This finding suggests that just having telework policies in place may not be sufficient to keep workers with access to telework from going to their workplace while sick. More effort is needed to encourage sick workers with telework access to work from home instead of at their usual workplace. In contrast to our findings with regard to telework, a previous study of workers in 3 large US companies (a national retail chain, a transportation company, and a durable goods manufacturing company) during the 2007-08 influenza season reported that workers who could telework had a 30% lower rate of attending work at their usual worksite when they had severe ILI symptoms (26). However, the authors acknowledged that their study was based on a convenience sample of only 3 employers, which limited the generalizability of their findings.

The 2017–18 influenza season, during which influenza A(H3N2) viruses predominated, was a highseverity season with widespread influenza activity across the country for an extended period (27). The influenza A(H3N2) strain typically causes more severe symptoms than the influenza A(H1N1) strain (*28*). The health-related workplace absenteeism rate in the 2017–18 influenza season was higher than the average rate of the previous 5 seasons (29). It is unknown whether the findings of this study would be similar in a less-severe influenza season. However, our results were similar for influenza-negative ARI cases, which are usually less severe than influenza cases. Thus, it seems likely that the findings would be similar in less-severe influenza seasons.

Our study has some limitations. First, almost one third of eligible adults were excluded from the analysis because of invalid responses regarding work attendance during the first 3 days of illness. However, similar results were seen for the Washington and

Wisconsin sites, which had higher rates of valid responses than the other 3 sites. Second, we assessed work attendance during the first 3 days of illness. Further research on work attendance during the subsequent days of illness may be helpful. Third, our study was conducted among workers with medically attended ARI. The findings may not be generalizable to workers with non-medically attended ARI, which tends to be less severe (30). Fourth, our study indicates that employees with access to telework worked more days overall than those without telework access. We did not, however, assess actual levels of workplace productivity or measures of output. Adults may have reduced work performance if they worked, whether on-site or remotely from home, while not feeling well (13,31). Fifth, our definition of paid leave included both paid sick days and paid vacation days. Because paid vacation leave may be less flexible than paid sick leave for taking time off on short notice for an unexpected illness (15), more research is needed to assess the effect of paid sick days on work attendance among persons with ARI or influenza. Finally, although we adjusted for potential confounding variables, an observational study such as ours cannot rule out the possibility that unmeasured variables (e.g., occupation) may have distorted the results. However, the proportion who worked the day before illness, which represents baseline measurement of the outcome, was similar between the intervention and control groups (e.g., telework access versus no telework access), indicating that the groups were initially comparable with a lower likelihood of the presence of confounding variables (32).

The desired public health result of employee access to paid leave and telework is an increased ability to comply with the public health recommendation to stay home when ill, which helps decrease risk of disease transmission in the workplace. Ideally, staying home when ill with a respiratory infectious disease should eventually become commonplace behavior or even a social norm. Having access to paid leave is likely a critical enabling factor that reduces financial barriers to staying away from work when ill (33-35). Organizational policies that are conducive to providing paid leave are therefore critically needed, but almost equally crucial are supportive business practices that actively encourage employees to stay home when sick. Therefore, both broader macro-level policy interventions and stimulation of business culture change at a micro level of individual work organizations, possibly even individual teams, may be necessary to help reduce the transmission of ARI and seasonal or pandemic influenza in workplaces.

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# Preclinical Detection of Prions in Blood of Nonhuman Primates Infected with Variant Creutzfeldt-Jakob Disease

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Variant Creutzfeldt-Jakob disease (vCJD) is caused by prion infection with bovine spongiform encephalopathy and can be transmitted by blood transfusion. Protein misfolding cyclic amplification (PMCA) can detect prions in blood from vCJD patients with 100% sensitivity and specificity. To determine whether PMCA enables prion detection in blood during the preclinical stage of infection, we performed a blind study using blood samples longitudinally collected from 28 control macaques and 3 macagues peripherally infected with vCJD. Our results demonstrate that PMCA consistently detected prions in blood during the entire preclinical stage in all infected macaques, without false positives from noninfected animals, when using the optimized conditions for amplification of macaque prions. Strikingly, prions were detected as early as 2 months postinoculation (>750 days before disease onset). These findings suggest that PMCA has the potential to detect vCJD prions in blood from asymptomatic carriers during the preclinical phase of the disease.

**P**rion diseases are rare and fatal neurodegenerative diseases transmitted by infectious proteinaceous agents called prions, which are composed of a disease-associated misfolded version (PrP<sup>Sc</sup>) of the normally expressed prion protein (PrP<sup>C</sup>) (1–3). Prion diseases affect humans and various species of mammals, including cattle, sheep and goats, and cervids (4). In humans, Creutzfeldt-Jakob disease (CJD) is the most common prion disease and can be sporadic (sCJD), familial (fCJD), or iatrogenically transmitted (iCJD). In the 1990s, a new variant of CJD (vCJD) was described in the United Kingdom (5); this variant is a result of interspecies transmission of bovine spongiform encephalopathy (BSE) prions from cattle to humans (6–8). Unlike classical CJD, vCJD presents an extensive peripheral deposition, with demonstrated PrP<sup>Sc</sup> accumulation in various peripheral tissues, particularly lymphoreticular tissues (spleen, appendix, and tonsil) (9-11). vCJD has been suggested to be transmitted among humans by transfusion of nonleukodepleted erythrocytes or purified protein factors from plasma (12,13). A study performed in transgenic mice models to compare the risk for primary and secondary transmission of vCJD showed that, although transmission of BSE to humans is probably restricted by the presence of a major species barrier, secondary transmission between humans has a substantially reduced barrier (14). Moreover, this study showed that all humans, irrespective of PrP codon-129 genotype, could be susceptible to secondary transmission of vCJD through routes such as blood transfusion. A lengthy preclinical disease is predicted by these models, which may represent a risk for further disease transmission (14).

Detection of prions in blood has been hampered because of the unconventional nature of prions (absence of nucleic acids) and the minute amount of them circulating in blood, making them difficult to detect even by bioassay in transgenic mice (15). Extraction protocols to enrich PrPsc from blood have been developed and coupled to antibody detection methods (16), but sensitivity was only 70% for endstage disease blood samples (17). In contrast with conventional biochemical methods, we developed a detection platform for self-replicating PrPsc called protein misfolding cyclic amplification (PMCA) (18). During PMCA, small amounts of infectious PrPsc aggregates convert PrPc into PrPsc, producing larger protein aggregates that are fragmented into many smaller nucleating seeds for the continued in vitro conversion of PrP<sup>c</sup> into PrP<sup>sc</sup> (18–20). This elongation/

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fragmentation process is performed cyclically to exponentially amplify  $PrP^{sc}$ , facilitating its detection. PMCA can amplify vCJD prions from brain homogenate (BH) diluted  $10^{-10}$ - to  $10^{-11}$ -fold, reaching a 10-100 billion-fold amplification (21). This level of amplification has allowed detection of prions in blood and urine samples from vCJD patients (21,22), reaching sensitivities and specificities approaching 100% in experiments confirmed in various laboratories (23,24).

It is unclear how early prions can be detected in the blood of infected persons at the preclinical stage of the disease. In this study, we analyzed the preclinical detection of prions in blood samples from macaques (*Macaca fascicularis*) experimentally infected with the vCJD agent as an animal model for infected asymptomatic human carriers.

# **Materials and Methods**

# Nonhuman Primate Experimental Infection and Longitudinal Blood Collection

Experimental inoculation of macaques and collection of blood materials was done at the Food and Drug Administration (FDA) laboratory (Silver Spring, Maryland, USA) as previously described (25). In brief, macaque-adapted vCJD (m-vCJD) was generated by intracerebral injection with BH from a confirmed vCJD patient. A 10% BH solution from the terminally ill macaque was used for intraperitoneal (2 mL) and intravenous (1 mL) inoculation into the 3 macaques used in this study. Blood samples were collected every 2 months for the first year and every month for the rest of the experiment. Samples were collected in either citrate phosphate dextrose buffer or EDTA. Part of the blood was separated to prepare plasma, buffy coat (BC), and erythrocyte components. We received panels of deidentified samples for blind experiments (Appendix, https://wwwnc.cdc.gov/ EID/article/26/1/18-1423-App1.pdf).

# **Processing of Blood Samples**

We previously described a sarkosyl precipitation method to extract vCJD prions from blood and remove interferences in the PMCA assay (21). In brief, we incubated 250 or 500  $\mu$ L of blood or blood fractions with an equal volume of 20% sarkosyl for 10 min at room temperature. We then ultracentrifuged the mixture at 100,000 × *g* for 1 h at 4°C. After washing the pellet, we resuspended it in PMCA substrate for subsequent amplification and detection. Although this procedure might be difficult to implement for routine testing of blood samples, we have previously shown that processing and centrifugation

may be overcome by working with a smaller volume of blood samples (21).

# **PMCA Protocol**

The PMCA protocol for amplification of human prions has been described elsewhere (20-22), although some modifications were made for the amplification of preclinical samples (described later). As PMCA substrate, we used 10% BH from transgenic mice expressing human PrP<sup>c</sup> with methionine/methionine at codon 129 (TgHu129M). These mice express PrP at 16-fold the levels of expression of endogenous protein. We prepared BH in conversion buffer (PBS supplemented with 150 mmol/L NaCl and 1% TritonX-100) with protease inhibitors (complete, EDTA-free; Roche, https:// www.roche.com). After performing homogenization, we removed debris by centrifugation at  $800 \times g$  at  $4^{\circ}$ C for 1 min. We vortexed, aliquoted, and stored the supernatant at -80°C until use. We supplemented the homogenate with 0.05% digitonin and 12 mmol/L EDTA; in some cases we also added 100  $\mu$ g/mL of heparin as indicated. We placed samples in 0.2 mL PCR tubes (Eppendorf, https://www.eppendorf.com) containing 3 polytetrafluoroethylene beads (Hoover Precision Bioproducts, http://www.hooverprecision.com) and sonicated them for 30 s every 30 min in a microplate sonicator (QSonica Q700, https://www.sonicator. com), using a titanium horn. When we amplified blood and blood fractions, the first round of PMCA included 144 cycles followed by subsequent rounds of 96 cycles, unless otherwise specified. After a PMCA round, we started a new PMCA round by adding 10 µL of each sample to new PCR tubes containing 3 beads and 90 µL of fresh substrate. When analyzing BC samples, we made a pseudo-passage of the first round, in which we added 90 µL of fresh substrate to 100 µL from the first round with no dilution of the material, to reduce the viscosity of the solution by adding more reaction mixture containing substrate. We used diluted samples of vCJD BH as positive controls. We prepared this material from the frontal cortex of a human with pathologyconfirmed vCJD.

# Proteinase K Digestion and Western Blotting

After PMCA, we digested all samples using proteinase K (PK) at a concentration of 50  $\mu$ g/mL for 1 h at 37°C. We stopped PK digestion by boiling the sample at 100°C for 10 min after mixing with NuPage or Novex sample loading buffer (NuPage Bis-Tris gels with MES buffer and Novex Tris-Glycine gels with Tris-SDS buffers). We transferred proteins onto nitrocellulose membranes (0.45  $\mu$ m; Amersham Biosciences, https://www.gelifesciences.com) and probed them with

monoclonal antibody 6D11 (1:20,000) for 1 h at room temperature, while we used secondary anti-mouse antibody (Sigma, https://www.sigmaaldrich.com) at 1:3,000 dilution and incubated for 1 h. We used ECL chemioluminiscent reagent (Amersham) and a Chemidoc imaging system (BioRad, https://www.bio-rad. com) to develop and capture the images.

# Results

# m-vCJD Prion Conversion of Human PrP<sup>c</sup> into PrP<sup>sc</sup> in PMCA

We previously showed that PMCA can efficiently amplify vCJD prions using TgHu-PrP<sup>C</sup> substrate (21). Because the sequence of macague and human PrP has 9 aa differences, we first evaluated whether human PrP<sup>C</sup> could be converted into PrPsc in PMCA by m-vCJD prions. Therefore, we prepared 10-fold serial dilutions of BH from the 3 macaques peripherally infected with the vCJD agent and analyzed them with 3 rounds of PMCA, alongside similar dilutions of BH from a human with confirmed vCJD (Figure 1). In the first round of PMCA, the detection limit in the macaque BHs was 10<sup>-4</sup> to 10<sup>-5</sup>, whereas human vCJD was detectable up to a dilution of 10<sup>-6</sup>. In the second round, we detected vCJD and m-vCJD BH at 10<sup>-9</sup> to 10<sup>-10</sup> dilutions, and in the third round the detection limit decreased to 10-10 or 10<sup>-11</sup> depending on the macaque. In summary, 3 rounds of PMCA were necessary to amplify prions in m-vCJD BH dilutions to similar levels as prions in human vCJD BH dilutions, albeit with a reduced conversion efficiency in the first round.

# Detection of m-vCJD Prions by PMCA from Blood Collected at Final Bleed

We wanted to determine whether endogenous m-vCJD prions in blood could be detected using

the current PMCA conditions. We processed whole blood, plasma, BC, and erythrocyte samples by using sarkosyl precipitation and analyzed them with 4 rounds of PMCA (Figure 2). Similar to our previous report in humans, prions in the m-vCJD whole blood samples were detected by PMCA in the second round, whereas m-vCJD erythrocytes displayed lower amplification with 1 of 3 samples remaining negative after 4 PMCA rounds. Prions in m-vCJD plasma and BC samples were readily detectable by the second round in 2 of 3 infected macaques. As expected, whole blood, blood fractions, and BH from a control macaque were all negative after 4 rounds of PMCA.

To determine the reproducibility and stability of these samples, we analyzed a panel of 50 deidentified plasma and whole blood samples from infected and control macaques that were subjected to 1-6 freeze/ thaw cycles. Using plasma, we detected 12 of 12 samples from infected macaques, whereas only 9 of 12 whole blood samples were found positive (data not shown). Next, we analyzed an additional panel of 93 blinded plasma samples from 28 control and 2 m-vCJD infected macaques, including terminal bleed samples and samples collected 1 month before clinical signs (Figure 3; Appendix Table 1). The panel included 96 samples, but 3 tubes were partially or totally open upon delivery and were excluded from the study, while keeping identification numbers provided by FDA for the rest of the blinded samples (1-96). After 4 rounds of PMCA, we detected prions in 3 of 3 replicates from 2 m-vCJD samples collected at the final bleed; all the controls were negative in all 3 replicates, except for 1 macaque that was negative in 2 of 3 replicates (Appendix Table 1). However, under these conditions, we were unable to detect m-vCJD preclinical samples. Therefore, the sensitivity of this PMCA setting was not sufficient for preclinical detection of m-vCJD prions in blood.



**Figure 1.** Amplification of macaque-adapted vCJD prions by PMCA. BH from 3 macaques peripherally infected with macaque-adapted vCJD was serially diluted and amplified by 3 rounds of PMCA, using BH from transgenic mice expressing human normally expressed prion protein with methionine at codon 129 (TgHu129M) as substrate. Human BH from a vCJD patient was analyzed as positive control. After completion of the 3 rounds of PMCA, samples were digested with 50 µg/mL of proteinase K and analyzed by Novex SDS-PAGE (https://www.thermofisher.com). N refers to transgenic mouse normal BH without proteinase K treatment, which was used as a migration control. BH, brain homogenate; PMCA, protein misfolding cyclic amplification; vCJD, variant Creutzfeldt-Jakob disease.

#### Detection of Prions in Nonhuman Primates



**Figure 2.** Detection of macaque-adapted vCJD prions in blood and blood fractions of macaques collected at the final bleed. WB, RBC, BC, and PL collected at the terminal bleed of 3 macaques infected with macaque-adapted vCJD and 1 noninfected control were processed and analyzed by 4 PMCA rounds. Dilutions of vCJD BH of  $10^{-5}$  (-5) and  $10^{-9}$  (-9) were analyzed as positive controls; an unseeded reaction (–) was used as a negative control. After completion of the 4 rounds of PMCA, samples were digested with 50 µg/ mL of proteinase K and analyzed by Western blot. N refers to transgenic mouse normal BH without proteinase K treatment, which was used as a migration control. BC, buffy coat; BH, brain homogenate; PL, plasma; PMCA, protein misfolding cyclic amplification; RBC, erythrocytes; vCJD, variant Creutzfeldt-Jakob disease; WB, whole blood.

# Standardization of PMCA for Preclinical Detection of Prions in Blood Samples

The limiting factor for prion amplification using blood samples was probably the conversion inefficiency during the first PMCA round. During this round, m-vCJD prions needed to overcome a small species barrier and natural PMCA inhibitors remaining from blood. Because heparin has been shown to boost the in vitro replication of human prions (26), we studied the effect of heparin on the replication of brain m-vCJD prions, using human PrP<sup>c</sup> as substrate (Figure 4, panel A). Addition of heparin to the PMCA substrate (hep-substrate) enhanced the replication of m-vCJD prions by 3 orders of magnitude in a single round of 96 cycles. Moreover, the amount of PrPres detected after PK digestion by Western blot was clearly higher with hep-substrate, which also decreases the chance of false negatives. Therefore, we used enhanced PMCA with hep-substrate for detection of mvCJD prions in blood and blood fractions collected at the final bleed. This modification allowed detection in most samples after only 1 round of PMCA (data not shown). However, we could detect prions

in only 1 of 3 preclinical plasma samples, although the positive sample required only 1 PMCA round of 144 cycles (data not shown). The amount of PrP<sup>Sc</sup> in blood at the preclinical stage of the disease is probably very low; thus, we increased the sample volume from 100 µL to 500 µL and compared the detection of prions in preclinical m-vCJD plasma and BC (Figure 4, panel B). Three rounds of PMCA allowed detection of prions in all 3 preclinical m-vCJD BC samples, whereas only 2 m-vCJD plasma samples were positive after 4 PMCA rounds. This is not entirely surprising, because it has been extensively reported that the largest concentration of prions in blood is located in the BC fraction (27,28). Therefore, given the expected higher concentration of prions in BC and availability of samples, we decided to use BC for the experiments of preclinical detection.

# Prion Detection with High Specificity and Sensitivity Throughout Preclinical Stage

Using enhanced-PMCA and BC samples, we performed a comprehensive study of  $PrP^{Sc}$  detection in longitudinally collected blood samples from



**Figure 3.** PMCA analysis of deidentified plasma samples from macaques infected with macaque-adapted vCJD and control macaques. Plasma samples from 2 infected (M1 and M3) and 28 control macaques were sarkosyl precipitated and analyzed by 4 rounds of PMCA. This panel of samples included 6 plasma samples collected at the final bleed (M1, #16, #75, #76; M3, #66, #93, #94), 6 plasma samples collected 1 month before disease onset (M1, #72, #84, #92; M3, #3, #61, #87), and 81 plasma samples from control macaques (93 samples total). Tubes with samples #4, #6, and #19 were partially or totally open upon arrival and were not analyzed. Dilutions of vCJD BH of 10<sup>-5</sup> and 10<sup>-9</sup> were used as a positive control; the negative control was the unseeded reaction. After completion of the 4 rounds of PMCA, samples from the third and fourth rounds were digested with 50 µg/mL of proteinase K and then analyzed by Western blot. N refers to transgenic mouse normal BH without proteinase K treatment used as a migration control. BH, brain homogenate; PMCA, protein misfolding cyclic amplification; vCJD, variant Creutzfeldt-Jakob disease.

macaques peripherally infected with vCID. The goal was to estimate sensitivity and specificity, as well as the earliest time point in which prions can be consistently detected in blood. Using 5 rounds of enhanced PMCA, we analyzed 140 blinded BC samples either collected from 23 uninfected macaques (Appendix Table 2) or the 3 m-vCJD challenged macaques throughout the entire length of infection; we analyzed 29 samples collected from 3 macaques in duplicate or quadruplicate (Appendix Tables 3–5). BC samples were heavily contaminated with erythrocytes, making them highly viscous. In turn, the pellets from these samples were consistently larger than the previous BC samples, which resulted in many PMCA reactions forming a paste that could not be pipetted to seed the second PMCA round. To work around this issue, we further modified the PMCA protocol by incorporating a pseudo-passage, in which we added 90  $\mu$ L of hep-substrate to the first round of PMCA and performed amplification cycles for 2 more days. Subsequently, we performed 4 regular PMCA rounds; samples from the fourth and fifth rounds were PK digested and analyzed by Western blot (Figure 5). Of the 140 BC samples, we found 69 positives by PMCA from the 72 m-vCJD positive samples, whereas all the 68 controls were found negative. When we grouped all the replicates of each collected sample, our results showed that all collected samples from m-vCJD

macaques have  $\geq 1$  positive signal. The m-vCJD BC replicates that were negative (empty circles in Figure 6) did not correlate with earlier preclinical times, suggesting that these replicates were negative because of the quality of the sample rather than a particularly low concentration of prions that was below the detection limit. It is noteworthy that the 3 negative samples were labeled as having qualitative differences before analyzing the results (2 out of 3 were unusually viscous during sarkosyl precipitation, and the other had a unique colorless pellet). Because the specificity of PMCA is extremely high and we expect the quantity of PrPsc in blood at the preclinical phase of the disease to be low, we defined the collected samples as positive if  $\geq 1$  replicates are positive. Therefore, we consistently detected prions from all 3 macaques throughout the entire incubation period, starting from the first blood collection at 65 days postinoculation (dpi) until the final bleed. Thus, preclinical detection was achieved 759 days before onset (dbo) for macagues 1 and 2 and 644 dbo for macague 3 (Figure 6). Considering all 140 samples separately, the detection of m-vCJD prions in BC samples from the preclinical panel reached a sensitivity of 95.8% (95% CI 88.3-99.1%) and a specificity of 100% (95% CI 94.7-100%). However, when grouping the replicates of each collected sample, sensitivity and specificity were 100%.





**Figure 4.** PMCA optimization for detection of macaque-adapted vCJD (m-vCJD) prions in preclinical blood samples. A) Tenfold serial dilutions of m-vCJD BH were amplified by the regular PMCA substrate (right panel) and substrate supplemented with 100  $\mu$ g/mL heparin (left panel). After completion of 2 PMCA rounds, samples were digested with 50  $\mu$ g/mL of PK and analyzed by Western blot. B) PL and BC (500  $\mu$ L) samples collected 1 month before disease onset from 3 m-vCJD infected macaques (M1, M2, and M3) were sarkosyl precipitated and analyzed by 4 PMCA rounds using hep-substrate. Samples from noninfected macaques were analyzed as negative controls (–). N refers to transgenic mouse normal BH without proteinase K treatment, which was used as a migration control. BH, brain homogenate; PMCA, protein misfolding cyclic amplification; vCJD, variant Creutzfeldt-Jakob disease.

# Prions in Very Early Stages as Endogenously Generated m-vCJD Prions, Not Part of Inoculum

Given the peripheral infection route used in this bioassay and the very early detection achieved by PMCA, there was a possibility of PMCA detecting the inoculum. This result is unlikely, however, because we have shown previously in rodent models that the half-life of radiolabeled PrP<sup>sc</sup> in blood is 3.24 h, and <1% of the injected dose remains detectable after 24 h (29,30). If the clearance rate is the same in macaques, the injected material should be eliminated from blood at a rate of 2 logs per day. Therefore, after 6 days the amount of inoculum remaining in blood would be equivalent to a 10-12 dilution of m-vCJD BH. Thus, it is highly unlikely that the early detection is explained by the presence of the inoculum in blood 2 months after injection. Nevertheless, to shed light on this issue, we analyzed the second and third rounds of the PMCA-positive preclinical BC samples by Western blot (Figure 7),

considering that we previously established that the number of rounds needed to detect a sample as positive correlates with the amount of prions in the sample (31). In macaque 1, all samples were negative in the second round of PMCA. In the third round, samples collected 65 dpi were negative, whereas consistent positive signals started appearing 128 dpi (639 dbo). In macaques 2 and 3, BC samples collected closest to the inoculation time were negative in the second round of PMCA, whereas consistent detection started at 368 dpi (456 dbo) for macaque 2 and 429 dpi (280 dbo) for macaque 3. These results show that samples collected closer to the inoculation time were negative in initial PMCA rounds, indicating lower quantity of PrP<sup>sc</sup>. Conversely, samples collected at later times were positive in the second round, suggesting higher amounts of PrP<sup>Sc</sup> in blood. These data allude to a buildup of prions in blood during the incubation period, suggesting that we are not detecting the inoculum.



**Figure 5.** Preclinical detection of macaque-adapted vCJD prions in BC of peripherally infected macaques. A total of 140 deidentified samples (500 µL each) were sarkosyl precipitated and analyzed by 5 rounds of PMCA. After amplification, samples from the fourth and fifth rounds were digested with 50 µg/mL of PK and analyzed by Western blot. N refers to transgenic mouse normal BH without proteinase K treatment, which was used as a migration control. BH, brain homogenate; m-vCJD, macaque-adapted vCJD; PMCA, protein misfolding cyclic amplification; vCJD, variant Creutzfeldt-Jakob disease.

# Discussion

The future of the vCJD epidemic is still uncertain, with recent estimations of 1 carrier of prion infection in every 2,000 persons who lived in the United Kingdom during the BSE epidemic (32). However, in a recent update from the same group, prions were detected in a cohort of persons born after the BSE epidemic, suggesting that the number of silent carriers of prions might be higher than originally anticipated. Before 2017, the population at risk was believed to be restricted to persons carrying Met-Met at codon 129 in the PRNP gene, because all clinical vCJD cases occurred in 129 methionine homozygotes (129MM). However, the confirmation of the first patient heterozygous for the PRNP codon 129 (129MV) has altered that perspective (33). Therefore, 89% of the UK population (42% 129MM and 47% 129MV) exposed to BSE are potential carriers who could harbor prions in their peripheral organs and blood. The likely transmission of vCJD through blood components has been reported and represents a risk for iatrogenic transmission of this disease (11–13,34). Although the policies implemented to control the BSE epidemic have contributed to the decline of vCJD cases (35), the number of persons silently carrying infectious prions in their peripheral organs and fluids is unknown. Therefore, a highly sensitive and specific detection method for prions is needed to screen the blood supply to ensure its safety.

The recent demonstration that PMCA enables the accurate detection of prions in blood of confirmed vCJD

patients was a major milestone in the quest for a vCJD blood test. Independent studies from us and another group obtained a 100% specificity and sensitivity for vCJD prion detection in blood during the clinical stage of the disease (21,24). Given that the incubation period for some human prion diseases can be >50 years (36), a test to screen blood needs to detect prions as early as possible during the asymptomatic stage of the disease. To analyze the efficacy of PMCA for preclinical detection of vCJD prions in blood, we used samples longitudinally collected throughout the incubation period from nonhuman primates that were deliberately infected with vCJD prions. The study included samples collected >2 years before the first neurologic symptoms and as little as 2 months after animals were infected. Considering each replicate individually, sensitivity of the assay was 96% and specificity of the assay was 100%. Considering individual animals (samples collected in duplicates and quadruplicates), sensitivity and specificity both reached 100%. Macaque 1 showed lower levels of PrP<sup>Sc</sup> in blood (Figures 2; 4, panel B; 7), despite the indistinguishable disease progression described by McDowell et al. between macaques 1 and 2 (25). The difference in PrP<sup>Sc</sup> levels in blood is probably the result of intrinsic animal-to-animal variability, but it could be an indication that PrP<sup>Sc</sup> levels in blood and brain are independent, given that all 3 macaques showed similar levels of PrPSc in the brain. It could also suggest differences in the clearance of PrP<sup>Sc</sup> from brain to blood, perhaps indicating changes in blood-brain





barrier tightness. The differences may also suggest different levels of peripheral prion replication. At this time we do not have enough information to distinguish among these possibilities.

Our results confirm and extend a previous report by Lacroux et al., who used a similar model in macaques infected with vCJD in which they detected prions 960 and 990 days before onset of the disease in 2 macaques, which showed clinical signs 43–46 months postinoculation (23). Given that we used an animal model experimentally infected with vCJD-BH, we cannot necessarily conclude that similar detection levels will be obtained in human samples. In addition, PrP<sup>sc</sup> detection does not necessarily indicate that the material would be infectious in vivo, considering that PMCA is orders of magnitude more sensitive than the infectivity bioassay (*31*). This finding raises a difficult ethical issue of how to deal with persons who return a PMCA-positive blood test, especially considering that no treatment is available for this disease.

Unfortunately, few human blood samples collected before vCJD developed in donors are available

**Figure 7.** Detection of m-vCJD prions by PMCA in macaques during early stages of disease. These prions were probably endogenously generated rather than present in the inoculum. The second and third rounds of the PMCApositive preclinical buffy coat samples were digested with  $50 \mu$ g/mL of proteinase K and analyzed by Western blot. Samples were arranged from the earliest preclinical on the



left to the closest to disease onset on the right. N refers to transgenic mouse normal BH without proteinase K treatment, which was used as a migration control. BH, brain homogenate; m-vCJD, macaque-adapted vCJD; PMCA, protein misfolding cyclic amplification; vCJD, variant Creutzfeldt-Jakob disease.

to test PMCA for preclinical detection in humans. In a previous study, researchers analyzed such samples from 2 donors and found them positive for PMCA (24). Overall, our results suggest that PMCA has the potential to be used as a screening method to improve the safety of the blood supply and perhaps as a tool to determine the prevalence of prion carriers in countries at high risk for vCJD (e.g., United Kingdom and France). Future studies should aim to confirm the high sensitivity and specificity of the assay using many human control samples and an alternative model for preclinical detection in blood, such as sheep transfused with blood from BSE-infected sheep. It will also be crucial to test all available samples from persons affected by vCID who donated blood before the disease appeared. Finally, it is necessary to highlight that the principles behind PMCA may be also used to detect misfolded protein aggregates responsible for common neurodegenerative diseases, such as Alzheimer's and Parkinson's diseases, which also self-propagate by a prionlike seeding mechanism (37,38). We and others have shown that seeding amplification assays can be implemented to detect misfolded aggregates composed of amyloid- $\beta$ , tau, and  $\alpha$ -synuclein in human biologic fluids (39-44), suggesting that PMCA represents a platform technology for highly sensitive detection of misfolded proteins.

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# Effect of Acute Illness on Contact Patterns, Malawi, 2017

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The way persons interact when ill could profoundly affect transmission of infectious agents. To obtain data on these patterns in Africa, we recorded self-reported named contacts and opportunities for casual contact in rural northern Malawi. We interviewed 384 patients and 257 caregivers about contacts over three 24-hour periods: day of the clinic visit for acute illness, the next day, and 2 weeks later when well. For participants of all ages, the number of adult contacts and the proportion using public transportation was higher on the day of the clinic visit than later when well. Compared with the day after the clinic visit, well participants (2 weeks later) named a mean of 0.4 extra contacts; the increase was larger for indoor or prolonged contacts. When well, participants were more likely to visit other houses and congregate settings. When ill, they had more visitors at home. These findings could help refine models of infection spread.

nowledge of patterns of contact between per-Ksons is central to understanding transmission of infections and for designing control strategies (1-3). Until recently, models estimating the spread of infections assumed random mixing, which is too simplistic, or used data from studies in highincome countries, which may not be relevant for low-income settings (4–7). Although a few studies have been conducted in low-income countries, including 4 published studies from Africa (8–11), none have assessed how contact patterns change after illness. Studies have shown that persons predominantly mix with those of the same age (assortative mixing) (11,12), but the degree of intergenerational mixing and numbers of contacts vary between settings, depending on population characteristics such

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as household size and structure, income-generating activities, and population density (9,12).

Almost all studies of contact patterns have involved healthy persons, but infection spread will be greatly influenced by the way persons mix when they are ill (13). Illness probably affects the contacts and movements of the sick persons and their household members. These altered patterns will be a key determinant of infection spread but are largely unknown even in high-income settings (13,14). A study of the effect of influenza-like symptoms in the United Kingdom indicated that changes in contact patterns after illness resulted in a reduced reproduction number (average number of cases generated by 1 case-patient) to <30% of the value it would have had if contact patterns had not changed (13). This effect would dramatically alter spread of infection in the population. To help learn whether similar changes occur in populations in Africa, we studied contact patterns during and after illness in a rural area in Karonga District, northern Malawi.

#### Methods

The study was conducted within a demographic surveillance area in rural northern Malawi (*15*). Our previous pilot work showed that keeping a diary and being interviewed about contacts in the previous 24 hours are acceptable to the population but that when each is done independently, both fail to include all contacts. We therefore combined these methods; participants and interviewers could refer to the diary (Appendix 1, https://wwwnc.cdc.gov/EID/article/26/1/18-1539-App1.pdf) as a memory aid during the interview, and interviewers were instructed to probe carefully for contacts. Contacts were defined as persons with whom the participant had face-to-face conversations or skin contact, not persons they simply passed and greeted.

Project staff based at the clinic recruited participants from among clinic patients with symptoms suggestive of acute infectious disease (e.g., fever, respiratory symptoms, diarrhea, vomiting). After obtaining written consent, an interviewer explained to the patient, caregiver, or both how to keep a diary of contacts, starting with the day of the clinic visit.

On the day after the clinic visit, the interviewer visited the home to ask about activities of the previous day and contacts made (number, age, sex, duration, context), who was living in the household at that time and socioeconomic variables, and any movement outside the household in the past 24 hours (including visits to other households; use of taxis/minibuses; and visits to congregate settings such as churches, markets, funerals, school). This visit was also an opportunity to address any difficulties the participants encountered with regard to keeping the diary. The participant was given a new diary to use over the next 24 hours, and another visit and interview were scheduled for the next day. For children <18 years of age, mothers/guardians who attended the clinic with them helped the children keep the diary and were also asked to keep a diary for themselves for the same periods, to assess contacts

Table 1. Characteristics of participants in study of the effect of           suite illusion on context methanic           Malaxii           2017					
Characteristic No. (%)					
Patient age v/sex	- ()				
0–5/F	87 (23.6)				
0–5/M	79 (21 4)				
6–1/F	47 (12.7)				
6–17/M	37 (10.0)				
>18/F	88 (23 8)				
≥18/M	31 (8.4)				
Caregiver	· ·				
F	207 (83.8)				
Μ	40 (16.2)				
Initial symptoms of patients					
Fever	364 (98.6)				
Respiratory symptoms	130 (35.2)				
Diarrhea/vomiting	74 (20.1)				
Patients and caregivers					
Schooling (adults)					
<primary< td=""><td>129 (35.2)</td></primary<>	129 (35.2)				
Primary	198 (54.1)				
Secondary (completed)	39 (10.7)				
Occupation of adults					
Farmer	259 (70.8)				
Skilled nonmanual	51 (13.9)				
Other	56 (15.3)				
Travel outside village					
Most days	231 (37.5)				
<u>&gt;</u> 1×/wk	174 (28.2)				
> 1×/mo	110 (17.9)				
<1×/mo	41 (6.7)				
Never	59 (9.6)				
Ever travel outside					
District	79 (12.8)				
Region	54 (8.8)				
Country	6 (1.0)				
Animal contact (≥monthly)	- ()				
Ducks/chickens	375 (60.9)				
Pigs	137 (22.2)́				
Animal feces	336 (54.5 <u>)</u>				

while caregiving. We collected data for 2 days of illness because the day of the clinic visit may be atypical and because explaining the diary at the clinic while the patient is ill and wanting to get home cannot take very long, so a refresher session may be necessary.

Two weeks later, each participant was revisited, given a diary, and interviewed the next day to collect information about a 24-hour period while well. If possible, these visits were on the same day of the week as the first home visit and conducted by the same interviewer. If the patient was still sick, the visit was rescheduled.



**Figure 1.** Contact patterns, by age of study participant, age of contact, and visit, in study of the effect of acute illness on contact patterns, Malawi, 2017. Mean number of close contacts per 24-hour period overall (A); restricted to contacts of  $\geq$ 10 minutes (B); restricted to indoor contacts (C).



**Figure 2.** Mean differences in numbers of contacts for study participants when well compared with when ill (the day after the clinic visit), restricted to persons seen on the same day of the week when well and when ill, in study of the effect of acute illness on contact patterns, Malawi, 2017. Characteristics in second column refer to contacts. Mean difference >0 implies more contacts when well, mean difference <0 implies more contacts when ill. Error bars indicate 95% CIs.



**Figure 3.** Mean differences in numbers of HH member contacts and non-HH members seen as contacts at the home and elsewhere by study participants when well compared with when ill (the day after the clinic visit), restricted to persons seen on the same day of the week when well and when ill, in study of the effect of acute illness on contact patterns, Malawi, 2017. Mean difference >0 implies more contacts when well; mean difference <0 implies more contacts when ill. Error bars indicate 95% CIs. HH, household.

Sample size calculations for this type of study are not well defined. Previous studies have recorded data for <300 to >1,000 persons. We planned to recruit 400 patients stratified by sex and by age (0–5, 6–17, 18–49,  $\geq$ 50 years); however, because few adult men and few older adults attended the clinic, we combined the adult age groups. In addition, we recruited caregivers for participants <18 years of age.

Analyses describe contact patterns of participants in the different groups (patient and caregiver, different visits) by using means and differences in mean numbers of contacts. The primary comparison was between when ill, the day after the clinic visit, and when well (2 weeks later) for patients and caregivers, restricted to those visited on the same day of the week for the 2 visits. To assess changes in visits to congregate settings, the mean difference in proportions attending was calculated by scoring a visit as 1 and no

Setting, date of visit	Age 0–5, y	Age 6–17, y	Age <u>&gt;</u> 18 y	Caregivers
All*				
Clinic day	166	84	119	247
Next day	169	85	116	250
2 wk later	165	85	119	248
Church				
Clinic day	1 (0.6)	3 (3.6)	2 (1.7)	11 (4.5)
Next day	11 (6.5)	4 (4.7)	5 (4.3)	23 (9.2)
2 wk later	13 (7.9)	10 (11.8)	11 (9.2)	32 (12.9)
Funeral				
Clinic day	2 (1.2)	0	1 (0.8)	6 (2.4)
Next day	5 (3.0)	0	2 (1.7)	15 (6.0)
2 wk later	4 (2.4)	0	8 (6.7)	14 (5.6)
Market				
Clinic day	45 (27.1)	16 (19.0)	28 (23.5)	86 (34.8)
Next day	14 (8.3)	8 (9.4)	28 (24.1)	68 (27.2)
2 wk later	26 (15.8)	22 (25.9)	52 (43.7)	92 (37.1)
Vehicle				
Clinic day	107 (64.5)	50 (59.5)	65 (54.6)	153 (61.9)
Next day	5 (3.0)	4 (4.7)	15 (12.9)	27 (10.8)
2 wk later	15 (9.1)	4 (4.7)	30 (25.2)	33 (13.3)
School				
Clinic day	1 (0.6)	2 (2.4)	1 (0.8)	3 (1.2)
Next day	3 (1.8)	10 (11.8)	6 (5.2)	3 (1.2)
2 wk later	12 (7.3)	26 (30.6)	7 (5.9)	5 (2.0)
Any other households				
Clinic day	114 (68.7)	47 (56.0)	61 (51.3)	187 (76.1)
Next day	142 (84.0)	68 (80.0)	72 (62.1)	204 (81.6)
2 wk later	155 (93.9)	75 (88.2)	95 (79.8)	225 (90.7)
*Numbers vary between visits because a few pe	ersons missed interview	'S.		

 Table 2. Number and proportions of patients and caregivers who visited congregate settings in 24-hour periods in study of the effect

 of acute illness on contact patterns, Malawi, 2017

visit as 0. For persons with unchanged patterns when ill and well (either visiting or not visiting a congregate setting on both occasions) the difference would be 0; for those visiting when well but not when ill, the difference would be 1; and for those visiting when ill but not when well, the difference would be –1. Assuming a normal distribution of the differences, we calculated exact 95% CIs. The study was approved by the National Health Sciences Research Committee, Malawi (no. 1695) and by the ethics committee of the London School of Hygiene & Tropical Medicine, UK (no. 12023).

# Results

At the end of the recruitment period, we had interviewed 384 patients and 257 caregivers. A total of 343 patients and 233 caregivers completed interviews for all 3 visits; 18 patients refused and 41 consented but did not appear for the initial interview in the clinic.

The population was rural; 71% (259/366) of adults were farmers and 35% (129/366) of adults had not completed primary school (Table 1). Most participants had regular contact (at least monthly) with animals. Although most participants (84%, 515/616) traveled outside their village at least once a month,

only 13% (79/616) had ever left the district. Almost all patients had fever; 35% (130/369) had respiratory symptoms; and 20% (74/369) had diarrhea, vomiting, or both

Patients had a mean ( $\pm$  SD) of 16.8 ( $\pm$  5.6) contacts on the day of the clinic visit,  $15.4 (\pm 5.9)$  the next day, and 15.6 ( $\pm$  5.5) 2 weeks later when well (Figure 1; Appendix 2 Figure 1, https://wwwnc.cdc.gov/EID/ article/26/1/18-1539-App2.pdf). Mean contact numbers for caregivers were similar to those for patients for the three 24-hour periods: 16.7 ( $\pm$  5.2), 15.7 ( $\pm$  5.6), and 15.9 ( $\pm$  5.8). When analysis was restricted to contacts involving touch, the mean numbers of contacts were 10.6 ( $\pm$  4.6), 9.3 ( $\pm$  4.8), and 10.1 ( $\pm$  5.2) for patients and 9.6 ( $\pm$  4.6), 9.0 ( $\pm$  4.3), and 9.3 ( $\pm$  4.8) for caregivers for each of the 3 periods. When analysis was restricted to contacts of at least 10 minutes' duration, the mean numbers of contacts were 14.3 ( $\pm$  5.0), 13.0 ( $\pm$ 5.1), and 13.6 (± 5.1) for patients and 14.0 (± 4.7), 13.2  $(\pm 4.7)$ , and 13.6  $(\pm 5.2)$  for caregivers. Among patients with respiratory symptoms, the mean numbers of contacts were 16.6 (± 5.4), 15.4 (± 6.3), and 15.9 (± 5.8) for the 3 periods; among those with diarrhea/vomiting, mean contact numbers were 15.2 ( $\pm$  4.8), 14.1 ( $\pm$ 5.6), and 14.8 (± 6.2).

Overall, the contact patterns while ill on the day after the clinic visit were similar to those after recovery in terms of number and age pattern of contacts (Figure 1, panel A; Appendix 2 Figure 2). Contact numbers were similar for men and women, and



**Figure 4.** Mean differences in proportions of persons attending congregate settings when well compared with when ill (the day after the clinic visit), restricted to persons seen on the same day of the week when well and when ill, in study of the effect of acute illness on contact patterns, Malawi, 2017. Mean difference >0 implies more visits when well; mean difference <0 implies more visits when ill. Error bars indicate 95% CIs.

because relatively few adult men were interviewed, we combined the results. We found some evidence of assortative mixing (like with like) for age. Attending the clinic led to more adult contacts for all participants and fewer child contacts for children.

When we restricted analysis to contacts of at least 10 minutes' duration, we found 2–3 fewer contacts per person but an overall similar pattern (Figure 1, panel B). Participants had more indoor contacts on the day of the clinic visit, but this number differed little on the other days (Figure 1, panel C).

We found more differences in the type of contact. On the day of the clinic visit, patients met an average of 3.2 contacts they had never met before and caregivers an average of 2.8. On the next day, these numbers were 0.8 and 0.9; 2 weeks later, they were 0.5 and 0.6.

Contact patterns can vary according to day of the week. Further analysis of change of contact patterns compared the day after the clinic visit with 2 weeks later when patients were well for persons who were interviewed on the same day of the week for these 2 periods (228 patients and 154 caregivers). We found no large differences in contact numbers. Overall, patients had a mean (95% CI) of 0.4 (-0.4 to 1.2) extra contacts when well, an increase of 0.8 (0.2-1.3) for indoor contacts, 0.8 (0-1.5) for contacts of ≥10 minutes, and 0.9 (0.2-1.7) for contacts involving touch. Children tended to have more contacts with children and fewer with adults when well, and adults tended to have more contacts with adults and fewer with children when well, but all differences were small (<1 contact/day) (Figure 2).

Household contacts changed little for participants in all age groups (Figure 3; Appendix 2 Figure 3). While well, children 6–17 years of age and adults had an average of 2 fewer nonhousehold contacts at home and 2 more nonhousehold contacts outside the home. We found little difference in household contacts for the youngest children or caregivers.

In addition to the individual contacts, we asked about congregate and other settings. Patients were more likely to visit churches, funerals, markets, school, and to travel by public transportation (taxi/ bus) when well than on the day after the clinic visit (Table 2). For caregivers, the differences in these visits were smaller. We also compared the difference in these visits between the day after the clinic visit and when well for those interviewed on the same day of the week (Figure 4). When well, participants of all ages were more likely to visit the market, adults and preschool-age children were more likely to use public transportation, adults were more likely to attend church, school-age children were more likely to go



Figure 5. Proportion of all participants visiting 0, 1, 2, 3, 4, or ≥5 households in each 24-hour period during study of effects of acute illness on contact patterns, Malawi, 2017.

to school, and participants of all groups were more likely to visit other households and to visit more such households (Figure 5). We found no differences in funeral attendance, but the numbers were small.

#### Discussion

In this study of the effect of illness on human contact patterns in rural Malawi, we found a slight reduction in named contacts when ill (the day after the clinic visit) than when well (2 weeks later) and a larger reduction in attendance at congregate settings and visits to other households when ill. Also when ill, on the day of the clinic visit the number of contacts was slightly higher than on the other days, and vehicle use was greatly increased. We also showed similar changes in contact patterns of caregivers.

The small change in named contacts between the day after the clinic visit and when well 2 weeks later can partly be explained by many of the contacts being members of the same household and by the reduction in contacts outside the house when ill being offset by visitors to the house (Figure 3). However, given the greater change in the number of households visited and the opportunities for meeting people at congregate settings, the small difference might also result from the difficulties with collecting accurate contact information. We used the combination of a diary as a memory aid and probing by interviewers. The probing often revealed more contacts than initially recorded. It also enabled discussion with the interviewer about who should be included, which should have helped consistency. Even with this help, however, accurately recording contacts is difficult, especially in a

setting of low literacy, and we found some evidence of a tendency to stop at 15 contacts (Appendix 2 Figure 1), which corresponds with the end of the first page of the interviewers' sheets.

Our results from the participants when well are in the range of findings elsewhere in Africa, but definitions have varied, making direct comparison difficult. In Kenya, participants reported a mean of 17.7 contacts per day involving touch (8); in communities in Zambia and South Africa, adult participants reported a mean of 4.9 close contacts (shared conversation longer than a greeting) and 10.4 casual contacts (shared indoor space) per day (9); and in a township in South Africa, participants reported a median of 20 close contacts per day, according to a definition similar to ours (10). Results from studies in Europe that used a definition similar to ours ranged from 8 to 20 contacts per day (12). Some of the variation probably reflects the different settings, and some probably reflects the methods.

As elsewhere, we found evidence of assortative age mixing (8,10,11), which was reduced when persons were ill, as has been found in the United Kingdom (13). The direct comparison of contact patterns for the same persons when well and when ill effectively controls for possible confounding (e.g., by age, sex, or socioeconomic status). It also controls for individual variation in ability to remember contacts. Although it is possible that the higher contact numbers seen on the third visit reflect improved learning and recall, or less distraction by illness, the change in the pattern of types of contact (Figures 2, 3) suggests that these are not the explanation.

The change in households visited and congregate settings attended were more striking than the changes in named contacts. These settings include those that may play a role in infection transmission, such as churches and public transportation, where overcrowding is common, ventilation often poor, and the number of casual contacts can be large (16,17). Healthcare centers are well recognized as places where infection spread is likely, and to get to the healthcare center, most patients used public transportation. On the day after the clinic visit, congregate setting attendance and household visiting were lower than 2 weeks later when well. The lower market attendance on the day after the clinic visit may partly result from having combined a visit to the market with the clinic visit. Of note, visiting other households was very common for persons of all ages, even when ill (Figure 5).

Our results quantify the changes in contact patterns when persons are ill in rural Africa. Although visiting the clinic increased contacts and being ill decreased contacts, changes in named contacts were small (a reduction in outside contacts was offset by visitors at home). For many infections, the changes in casual contact that were seen would probably have more effect on transmission than the smaller changes in named contacts. These findings could be used to refine models of infection spread.

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# About the Author

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# Outbreak of Peste des Petits Ruminants Virus among Critically Endangered Mongolian Saiga and Other Wild Ungulates, Mongolia, 2016–2017

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The 2016–2017 introduction of peste des petits ruminants virus (PPRV) into livestock in Mongolia was followed by mass mortality of the critically endangered Mongolian saiga antelope and other rare wild ungulates. To assess the nature and population effects of this outbreak among wild ungulates, we collected clinical, histopathologic, epidemiologic, and ecological evidence. Molecular characterization confirmed that the causative agent was PPRV lineage IV. The spatiotemporal patterns of cases among wildlife were similar to those among livestock affected by the PPRV outbreak, suggesting spillover of virus from livestock at multiple locations and time points and subsequent spread among wild ungulates. Estimates of saiga abundance suggested a population decline of 80%, raising substantial concerns for the species' survival. Consideration of the entire ungulate community (wild and domestic) is essential for elucidating the epidemiology of PPRV in Mongolia, addressing the threats to wild ungulate conservation, and achieving global PPRV eradication.

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Peste des petits ruminants virus (PPRV; family *Paramyxoviridae,* genus *Morbillivirus*) causes an acute and highly contagious infection in domestic sheep and goats (1) and multiple species of wild ungulates (2). The resultant clinical disease, peste des petits ruminants (PPR), can lead to high morbidity and mortality rates (3) and is recognized as an economically important transboundary disease (4). The substantial effect of PPR on household-level livelihoods, well-being, food security, rural communities, and national economies have made PPR a priority for eradication (5-8). PPR is reported to affect several species of free-ranging or captive wild ruminants (2,9,10) but is rarely expressed clinically in wildlife populations (11), which were therefore thought to play a negligible epidemiologic role (6,10). Nonetheless, losses among several threatened species of wild mountain ungulates (12-14) and susceptibility of many other captive endangered ungulates (15-17) make this virus a major threat to wild ungulate conservation (2,9,18,19).

In the fall of 2016, an outbreak of PPRV among domestic sheep and goats in western Mongolia was confirmed, probably originating from uncontrolled transboundary livestock movements (20,21). In total, 83,889 small ruminants from 1,081 households were reportedly affected by PPR in 14 soums (districts) of 3 aimags (provinces), of which 12,976 small ruminants died (overall case-fatality risk 15.5%) (22). After this initial outbreak, control measures included vaccination of 4,632,200 sheep and 5,800,318 goats in and around the outbreak area in October 2016. Although the vaccination campaign successfully curbed the

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epidemic in livestock, on December 27, 2016, deaths among the Mongolian saiga antelope (subspecies *Saiga tatarica mongolica*) from PPRV infection were confirmed; later, deaths from PPRV infection of Siberian ibex (*Capra sibirica*) and goitered gazelle (*Gazella subgutturosa*) were also confirmed (22). In the following months, thousands of critically endangered Mongolian saiga died.

The Mongolian saiga antelope (hereafter saiga) is a nomadic antelope that now occupies <20% of its historic range in 2 provinces of Mongolia (Khovd and Gobi-Altai), representing 36,000 km<sup>2</sup> of desert steppe bordered by high mountain ranges, lakes, and sand dunes (23). The saiga range partially overlaps that of mountain ungulates, including Siberian ibex, Argali sheep (*Ovis ammon*), and other plains ungulates such as goitered gazelle and Mongolian gazelle (*Procapra gutturosa*). It is also dominated by livestock; >1.5 million sheep and goats in the 8 soums overlapping the saiga range (24) are seasonally grazed over both mountain and desert steppe areas (25).

To describe the PPRV epizootic in the wild ungulate community of Mongolia, we gathered all available evidence from field missions, histopathology examinations, government records, wildlife population monitoring efforts, and laboratory testing (including molecular characterization of the causative agent). We describe the significance of our findings for the global PPR eradication program and the conservation of wild ungulate species (Figure 1).

# **Materials and Methods**

#### **Emergency Field Mission**

On January 20, 2017, shortly after the first confirmation of PPRV infection in saiga, the Crisis Management Center-Animal Health, led by the Food and Agriculture Organization of the United Nations and the World Organisation for Animal Health, and the Mongolia government organized an investigation of PPR among wild and domestic animals (22). Reports of cases before the first official confirmation were collected from multiple sources in the field (Appendix section 1.1, https://wwwnc.cdc.gov/EID/ article/26/1/18-1998-App1.pdf). In addition, samples were obtained from 27 animals that were found



Figure 1. Summary of study of the 2016–2017 outbreak of peste des petits ruminants among wildlife, Mongolia. PPR, peste des petits ruminants.

sick (2 saiga) or dead (2 ibex, 2 goitered gazelle, 21 saiga) during direct field observations. For dead animals, full necropsy examinations were performed when possible (2 ibex, 2 goitered gazelle, 9 saiga); necropsy reports were available for 2 ibex, 1 goitered gazelle, and 4 saiga. Heads were collected from the rest of the animals (12 saiga). Tissues were available for histologic examination from 17 animals (2 ibex, 2 goitered gazelle, 13 saiga) (Appendix section 1.2). We used the lateral flow device Peste-Test (The Pirbright Institute, https://www.pirbright.ac.uk) as a rapid penside field test for PPRV (26) on eye swab samples from 20 animals (2 ibex, 1 goitered gazelle, 17 saiga), except for 1 live saiga from which we noninvasively obtained feces and saliva. We sent samples to the State Central Veterinary Laboratory (SCVL) for PPRV confirmation by use of gel-based reverse transcription PCR (RT-PCR) (Appendix section 1.3) (27). For 2 of the saiga samples, the Pirbright Institute sequenced the C-terminus portion of the N-gene (Appendix section 1.4).

# **Phylogenetic Analysis**

We retrieved and used the partial N-gene sequences of PPRV (n = 56) available in GenBank for southern, central, and eastern Asia through September 2018 for constructing a neighborhood-joining phylogenetic tree. Sequences included the 2 partial N-gene sequences obtained from saiga from Mongolia in this study (Appendix section 1.4).

# **Reporting to SCVL**

All wildlife samples submitted to SCVL in 2016-2017 were compiled in a dataset, which included georeferences and PPR diagnostic results when available. Most samples were tested by using the RT-PCR procedure mentioned above, and a subset of samples was also tested by using ID Screen PPR Competition and ID Screen PPR Antigen Capture (IDvet, https://www. id-vet.com). Cases were considered positive when  $\geq 1$  of the 3 test results was positive. When georeferences were missing, we used the location description to determine the approximate geographic coordinates and mapped it by using ArcGIS 10.2 (ESRI, https:// www.esri.com). These coordinates were used to trace the spatiotemporal progression of the PPR outbreak in wildlife, including identifying potentially undiagnosed wildlife illness and deaths that may have been part of the same outbreak.

# **Government Carcass Disposal**

From January 8 through February 28, 2017, as part of the Mongolia government emergency response

(Appendix section 2) in the Khovd and Gobi-Altai Provinces, livestock movements were restricted and saiga carcasses were collected and destroyed. Carcass disposal was conducted at 8 sites where records were kept of the total number of carcasses and sex of the animal (when available). In some soums, at the initiative of the soum-level government, the count and collection of carcasses was maintained until June 30, 2017.

# Saiga Population Surveys

In 2010, distance sampling (28) was first applied to the saiga population as a way to improve population abundance estimates (23). Thereafter, it was implemented as part of a routine monitoring program; local saiga rangers conducted distance sampling surveys along 40 transects ranging from 2 to 99 km, for a total of 1,505 km of survey effort. Each survey was conducted by 4 trained teams, who drove vehicles along transects and recorded for each group of saiga seen the radial distance, angle from the transect line, and group size. To better monitor the population-level effect of the outbreak, we repeated the surveys in January, March, and May 2017, and April 2018.

Following systematic data cleaning steps (Appendix section 3.1; datasets, https://doi.org/10.6084/ m9.figshare.7502252.v1; R code available upon request), we used Distance 7.2 software (29) to fit detection function models to the distance sampling data. Models were fitted separately for each survey and, when sample size was sufficient, were stratified by the 3 regions within the home range (Durgun Steppe, Khuisiin Gobi, and Sharga Gobi). In addition, to estimate population density and abundance, we assessed group size bias (e.g., when smaller groups farther from the transect line tend to be missed) and corrected when necessary (Appendix sections 3.2).

# **Ethics Considerations**

No ethics approval was required for the outbreak response because the investigation was a response to an emergency situation, and no live animal handling was required to obtain the samples (samples obtained from dead animals or from environmental recovery of excreted/secreted material). The driving transect survey technique for estimating the population of Mongolian saiga was reviewed by the wildlife research advisory committee of the Mongolian Academy of Sciences. Members of the Mongolian Academy of Sciences act as the main scientific advisors to the Ministry of Environment in issuing of permits related to wildlife research in Mongolia.

# Results

# Clinical Manifestations of PPRV Infection in Wild Ungulates

One live clinically ill saiga (confirmed positive for PPRV by Peste-Test) could be approached and displayed the following clinical signs: lethargy with tachypnea and dyspnea, seropurulent ocular discharge with staining of the suborbital area, salivation, diarrhea, and weakness. Of the 20 animals tested with Peste-Test, results were positive for 17 (1 ibex, 1 goitered gazelle, and 15 saiga); of the 17 animals tested by RT-PCR, results were positive for 16. Of the 22 total tested animals, 20 were positive by either Peste-Test or RT-PCR. For the 6 animals PPRV positive by RT-PCR that underwent necropsy (4 saiga, 1 goitered gazelle, 1 ibex), notable gross pathology findings included emaciation (n = 4), red nasal mucosa or discharge (n = 3), erosive to ulcerative lesions of the oral mucosa (n = 3), red or consolidated portions of lungs (n = 6), and red discoloration of the intestinal mucosa or presumptive enteritis (n = 4). Tissues available for histology from PPRV-infected animals (positive test result, histologic evidence, or both) showed acute cellular degeneration and necrosis, with varying degrees of associated acute inflammation, that affected the oral/pharyngeal mucosa, hepatocytes, cholangiolar epithelium of bile ductules, bronchiolar epithelium, and intestinal crypt epithelium (Table 1; Figure 2). We observed viral inclusion bodies and a few viral syncytia to varying degrees in oral/pharyngeal, liver, lung, and intestinal lesions. In some cases, postmortem artifacts hindered intestinal evaluation. Concurrent diseases in PPR-infected animals were found in 1 saiga with stomatitis typical of parapoxviral infection (contagious ecthyma) and 1 goitered gazelle with bacterial sepsis. Atrophy of adipose tissue and lymphoid depletion were identified in animals with and without evidence of PPRV infection (Appendix section 1.2; individual animal data, https://doi.org/10.6084/ m9.figshare.7502258.v1).

# **Phylogenetic Analysis**

We obtained partial N-gene sequences from 2 PPRVinfected saiga. The phylogenetic analysis, conducted by using 58 partial N-gene sequences (Figure 3), confirmed that the PPRV sequences were of PPRV lineage IV and formed 1 cluster with sequences from livestock in Mongolia in 2016 (20) and from outbreaks in China in 2013–2016 (Figure 3). In addition, these sequences are genetically close to sequences from

Table 1. Major histologic lesion	s in ani	mals in	fected with	n peste de	es petits rumina	ants and c	concurrent c	liseases, N	/longolia, 2016-	-2017*
					Ani	mal ID no	os.			
				Mongol	ian saiga			Goite	red gazelle	lbex
Lesion or disease	4	5, 8†	9	10	11	17	13, 15†	18	25	20
PPRV-specific lesions										
Oro/pharyngeal mucosa:	+++,	+++,	+, S+	-	_	+++,	_	+, S+	NE	NE
erosion, epithelial necrosis, multifocal, acute (stomatitis, pecrotizing)	S+	S+				S+, I+ (IN)				
Liver: degeneration and necrosis, hepatocytes, multifocal, random, acute (benatitis, necrotizing)	NE	NE	++, S+, I+++ (IC and IN)	++	+	++	NE	++, S+, I+ (IN)	++, S+, I+ (IN>IC)	NE
Liver: degeneration and necrosis, biliary epithelium, bile ductules, multifocal,	NE	NE	+, I++ (IC>IN)	-	_	-	NE	+	++ I+ (IN>IC)	NE
acute Liver: cholestasis, canalicular, acute	NE	NE	+	+	-	-	NE	-	-	NE
Liver: hyperplasia, bile ductules, chronic	NE	NE	+	++	-	-	NE	-	-	NE
Lung: degeneration and necrosis, bronchiolar epithelium, multifocal, acute	NE	NE	+, S+, I+(IN and IC)	-	_	-	NE	-	++ S+ I++ (IN and IC)	NE
Intestine: necrosis, crypt epithelium, multifocal, acute	NE	NE	+, I+ (IC>IN)	–/PMA	-	–/PMA	NE	–/PMA	–/PMA	NE
Concurrent diseases	NA	NA	NA	NA	Proliferative stomatitis, parapoxvirus suspected	NA	NA	NA	Bacterial sepsis with bacteremia	NA

\*I, presence of viral inclusion bodies; IC, intracytoplasmic inclusion; ID, identification; IN, intranuclear inclusion; NA, not applicable; NE, not examined; PMA, assessment hindered by postmortem autolysis; S, presence of syncytia; +, mildly severe; ++, moderately severe; +++, severe; -, lesion not found. †Tissue samples pooled. Figure 2. Macroscopic and microscopic lesions of peste des petits ruminants virusinfected saiga, Mongolia, 2016-2017. A) Erosion and necrosis of the oral mucosa along the gingival margin of the molar teeth. B) Erosion and necrosis of the superficial oral mucosa with multifocal epithelial syncytia (inset, arrows). Original magnification ×200; inset ×1,000. C) Multifocal hepatocellular necrosis (upper and lower left, upper right) with dissolution of hepatic cords. occasional hepatocellular syncytia (black arrow), and prominent eosinophilic viral inclusion bodies. both intranuclear and chromatin (black arrow) and globular to amorphous within the cytoplasm (white arrow). Original magnification ×400. D) Bile ductule showing eosinophilic intraepithelial intracytoplasmic viral inclusion (arrow) and mild



cellular degeneration with focal luminal cellular debris. Original magnification ×600.

central Asia (i.e., Iran [GenBank accession no. KY550670] and Tajikistan [accession no. DQ840198]).

#### Mapping of Confirmed and Unconfirmed Cases

From the onset of the outbreak in livestock to December 2018, samples from 30 georeferenced individual animals of 4 species (23 saiga, 5 ibex, 1 argali sheep, and 1 goitered gazelle) were submitted to and confirmed PPRV positive by the SCVL (Figure 4; case mapping data, https://doi.org/10.6084/ m9.figshare.7502264.v1). Most of the early cases in saiga (until January 2017) were detected in the Durgun Steppe and the Khuisiin Gobi portions of the saiga home range (particularly in Chandmani Soum, Khovd Province); the cases in the Sharga Gobi portion of the saiga range and the rest of the Gobi-Altai Province first appeared in February 2017 (Figure 4). After the last reported saiga case in May 2017, all subsequent confirmed cases were in ibex that died in the Gobi-Altai Province through January 2018.

Suspected but unconfirmed cases were documented through interviews conducted during the Crisis Management Center–Animal Health field mission, review of provincial and central laboratory records of undiagnosed wildlife deaths, and interviews with local herders and rangers patrolling the saiga range (Figure 4). Unconfirmed cases revealed 2 clusters, 1 in the

southwestern part of Khovd Province close to the border with China and 1 between Khar-Us and Durgun Lake north of the saiga range. The first cluster involved 10 ibex with severe diarrhea that led to death at 3 locations in July and August 2016. At that time, PPR was not suspected because the outbreak in livestock was not confirmed and declared until September 2016 (although retrospective serologic evidence indicates that PPRV was probably circulating in livestock as early as November 2015 [22]). The second cluster was reported by herders, who indicated substantial saiga deaths in December 2016, before the first PPR diagnosis in saiga was confirmed on December 27, 2016. Saiga rangers confirmed the death of at least 27 animals in these locations. This pattern mirrors quite closely the PPR outbreak observed in livestock; initial cases in livestock clustered at the southwestern Mongolia-China border and at a secondary outbreak focus in the Khar-Us Lake area (22).

# **Government Carcass Disposal**

From January through February 2017, the emergency response team collected and destroyed 4,202 saiga carcasses. Adding the soums for which collection continued until June 2017, the collection efforts totaled 5,425 saiga, 41 goitered gazelles, and 24 ibex. Among soums for which information on animal sex was recorded (Bayan-Uul, Darvi, Khukhmorit and Sharga),



**Figure 3.** Neighbor-joining tree constructed on the basis of partial N-gene sequences of peste des petits ruminants virus (PPRV), showing relationships among the PPRV isolates. The Kimura 2-parameter model was used to calculate percentages (indicated by numbers beside branches) of replicate trees in which the associated taxa clustered together in 1,000 bootstrap replicates. Red rectangle outlines the 2 PPRV sequences from saiga obtained from this study (Banklt2279588 MOG/saiga5-2017, GenBank accession no. MN648447; Banklt2279588 MOG/saiga8.1-2017, accession no. MN648448). GenBank numbers are indicated. Scale bar indicates nucleotide substitutions per site.

sex ratios ranged from 2 to 6 females for 1 male. The absence of information on exact carcass locations, search routes, and search efforts prevented further assessment of the comprehensiveness of carcass collection and of the spatial distribution of the carcasses.

# Saiga Population Surveys

Surveys conducted in January, March, and May 2017 and April 2018 indicated a steep decline in direct saiga observations along transects, from 2,130 saiga in 328 groups in January 2017 to 369 saiga in 46 groups in April 2018, despite similar survey efforts (Table 2). Abundance estimates provided by the best model for each period (Appendix section 3.3) confirmed the saiga population decline from 25,699 (95% CI 19,249– 34,310) in January 2017 to 8,806 (95% CI 6,095–12,721) by May 2017, the last month of reported saiga deaths. However, the saiga population continued declining after May 2017; the last survey in April 2018, almost a year after the outbreak, showed an estimated abundance of 5,142 (95% CI 2,929–9,028), 20% of the January 2017 population size (Figure 5). The average probability of detecting live animals in the surveyed area ranged from 0.38 to 0.59.

# Discussion

Epidemiologic, pathology, and ancillary test findings in this PPR outbreak in Mongolia support the



**Figure 4.** Spatiotemporal distribution of confirmed and unconfirmed cases of peste des petits ruminants (PPR) in several wild ungulate species in Mongolia. Each panel illustrates cases that occurred during the panel-specific time period (incident cases) and cases that occurred during previous periods (past cases). In the 2 periods before the first laboratory confirmation of PPR in saiga in December 2016, 2 clusters of unconfirmed cases (open shapes) were documented and matched the pattern of livestock PPR case distribution. In January 2017, the outbreak spread rapidly through the saiga population and expanded southward and northward from February 2017 through May 2017, when the last confirmed saiga cases were reported. Subsequent PPR cases involved ibex until at least January 2018. Maps at bottom show location of study area in Mongolia and specific location names.

amony chu	cally enuallyer	eu wilu uliy	ulates, inoligolia,	January 2017–7	Sprii 2010		
	Days since			Density of			Average probability
	first PPR	Total	No. individuals	individuals	Abundance	Expected cluster	of detecting live
Date	confirmation	effort, km	(groups)	(95% CI)	(95% CI)	size (95% CI)	saiga
2017 Jan	30	1,505	2,130 (321)	1.18	25,699	D: 3.9 (3.2–4.8);	D: 0.35 (0.29–0.43);
				(0.88–1.58)	(19,249–34,310)	K: 4.1 (3.4–4.9);	K: 0.37 (0.31–0.43);
						S: 6.3 (4.8-8.4)	S: 0.42 (0.35–0.50)
2017 Mar	90	1,505	1,999 (148)	0.73	15,933	D: 10.9 (7.5–16.1);	D: 0.44 (0.36–0.55);
				(0.45–1.20)	(9,759–26,011)	K: 13.5 (9.5–19.2);	K: 0.69 (0.51–0.94);
						S: 5.4 (4.2–7.0)	S: 0.60 (0.50–0.71)
2017 May	150	1,263	742 (157)	0.41	8,806	D: 2.6 (2.1–3.3);	0.51 (0.45–0.57)
				(0.28-0.58)	(6,095–12,721)	K: 2.7 (2.2–3.3);	
						S: 2.4 (1.7–3.6)	
2018 Apr	480	1,505	369 (46)	0.24	5,142	D: 11.7 (7.5–18.1);	0.51 (0.40–0.65)
				(0.14-0.42)	(2,929-9,028)	K: 10.9 (6.1–19.6);	
				. ,	,	S: 6.3 (4.4–8.9)	
*D. Durgun Steppe: K. Khuisiin Gobi: PPR. peste des petits ruminants: S. Sharga Gobi.							

Table 2. Summary statistics from saiga distance sampling surveys conducted in study of outbreak of peste des petits ruminants among critically endangered wild ungulates, Mongolia, January 2017–April 2018\*

diagnosis of PPRV infection causing wild ungulate deaths across both desert steppe and mountain ecosystems. Saiga antelope were confirmed to be susceptible and capable of spreading PPRV infection within their population over a short time, suggesting high viral excretion loads and contact rates over the period of the epidemic. PPR in 3 other species of antelope in a semicaptive private collection in the United Arab Emirates has been previously reported (30), and our report indicates that free-ranging antelope exhibit the same level of susceptibility. The multiple clusters of ibex deaths suggest multiple spillovers from livestock followed by effective intraspecies transmission. The occurrence of apparently sporadic deaths among goitered gazelle and Argali sheep confirms the susceptibility of these species but raises questions about their ability to spread infection.

The pathologic lesions found in this outbreak were largely consistent with typically reported PPR lesions in domestic species (31) (Appendix section 1.2). The prominence of liver lesions and involvement of biliary epithelium were unusual, although they have been reported for other morbillivirus infections, including infection of wild lesser kudu (Tragelaphus imberbis) by the closely related rinderpest virus (32). Pathologic findings in the examined animals were not consistent with hemorrhagic septicemia caused by Pasteurella multocida, which caused large-scale saiga mortality in Kazakhstan (33,34). Diminished fat reserves and lymphoid depletion in PPR-positive and PPRnegative saiga was a nonspecific finding and could indicate the existence of environmental stressors, possibly explained by midwinter conditions. Further research is required to assess whether poor body condition and potential immunosuppression could contribute to virulent expression of PPRV in these animals. The presence of at least 2 pathogens of livestock in the examined saiga also suggested a high permeability of this livestock–wildlife interface to infectious diseases, which may have contributed to the overall mortality rate.

The 2 PPRV N-gene sequences obtained from infected saiga were similar to sequences obtained from livestock during outbreaks in Mongolia in 2016 and China in 2013–2016. This similarity is consistent with a spillover of PPRV from infected domesticated sheep and goats to wild ungulates. In addition, these sequences were genetically close to sequences from central Asia (i.e., Iran [GenBank accession no. KY550670] and Tajikistan [accession no. DQ840198]) but different from sequences from China in 2007 (accession nos. EU340363 and JF939201) (Figure 3), which suggests recent spread of PPRV from central Asia to China and then to livestock and wild ungulates in Mongolia.

PPRV outbreak mapping suggested that wildlife may have been infected earlier (possibly July 2016) than the first confirmed case (December 2016) and that wildlife infections closely followed the timing of the livestock outbreak. The absence of laboratory confirmation of PPRV infection for these initially unconfirmed clusters warrants cautious interpretation, but strong epidemiologic evidence indicates that these suspected cases were part of the same PPRV outbreak. The apparent spatial discontinuity between the 2 outbreak foci supports the hypothesis that the spread of PPR was mainly driven by livestock movement, because the wild mountain ungulates (ibex in the first putative outbreak focus) are relatively resident and unlikely to move long distances across multiple ecotypes. This spatial discontinuity also suggests multiple spillover events from livestock to different wildlife populations, which will require further analysis based on genetic data.

The early onset of PPRV in ibex and the lower and more prolonged incidence of cases in this species (at least until January 2018) are in contrast with the rapid transmission through the saiga population (apparently ceased by June 2017). This contrast in incidence suggests different dynamics of PPRV transmission in the 2 species, influenced by population structure, habitat, and interspecies-intraspecies interactions. Further work, including identification of shared resources between species (e.g., watering points, residual snow patches, and mineral licks), contact rates, and modeling should be conducted to better determine the most likely transmission routes and the respective roles of these wild and domestic ungulates in this multihost system. The probable 5-month delay between the first unconfirmed cases documented and the first confirmation in saiga underscores the value of maintaining operational wildlife health surveillance systems for early detection of wildlife illness and deaths.

The initial mortality estimates, obtained from carcass collection and disposal efforts, were probably underestimated because of imperfect detection (35–38) (Appendix section 3.3). If systematic carcass removal is determined to be cost-effective, adopting standard ecological monitoring methods to ensure reliable and unbiased characterization of mortality patterns is imperative (39). The most compelling estimate of the population-level effect of the PPRV outbreak in saiga was, therefore, derived from the population monitoring efforts by using distance sampling methods (which account for imperfect detection), indicating a saiga population decline of >80%. These estimates depict a serious situation for the Mongolian saiga population and a substantial setback after >10 years of conservation efforts to secure saiga population recovery after a historical low in the early 2000s (40,41). The significance of this event to saiga goes beyond the Mongolian subspecies because other unrelated mass mortality events have recently affected the species and are threatening its global conservation (33). Although saiga have shown great potential for recovery (42), in part because of fertility and frequently giving birth to twins or triplets (43,44), the population estimates a year after the outbreak showed little evidence of recovery. The timing of the outbreak just after rut season (which may have facilitated transmission because of congregation of animals) and during gestation probably delayed recovery through effects on recruitment. In addition, very cold temperatures with exceptionally heavy snowfall (known as dzud) also resulted in saiga deaths during winter 2018 and



**Figure 5.** Saiga population in Mongolia during the outbreak of peste des petits ruminants in 2017 and the next year. Shaded area represent 95% CIs around abundance estimates.

probably contributed to the additional population decline from June 2017 through April 2018 (Figure 5). We cannot exclude as potential causes for the sustained population decline the cumulative effects of multiple factors, other concurrent conditions, and undetected PPRV circulation. The lack of similarly detailed data for the other species of ungulates prevented assessment of the full conservation effect of the outbreak, but deaths across the ungulate community suggest broader effects on these ecosystems.

Factors that favored the eradication of rinderpest included an expectation that wildlife did not act as a reservoir of infection for domestic animals (8). This multispecies mass mortality event in Mongolia and recent similar events in eastern Asia and the Middle East (18) challenge the assumption that wildlife play a negligible role in the epidemiology and ecology of PPRV. This observation has substantial implications for the current global eradication program and efforts to outline National Strategic Plans for PPR control and eradication. The explicit integration of wildlife protection into these National Strategic Plans should be considered, and plans should include setting livestock vaccination targets that can effectively prevent spillover of virus from livestock to other susceptible wildlife (45).

The growing number of livestock on rangelands of low productivity, such as in Mongolia and much of central Asia (26,46,47), exerts increasing pressure on sympatric wild ungulates through competition for resources (48,49). Restricted access of wild ungulates to quality forage, water, and minerals may result in poor nutritional status and immune function (50), possibly reducing their resilience to livestock pathogens to which they are increasingly exposed.

Global changes in climate and expected shifts in species distributions and habitat suitability may further reduce resource availability and increase wildlife-livestock interactions. Evidence for possible dislocation of species-habitat-climate relationships leading to increased susceptibility to disease can be found in the mass mortality that occurred because of hemorrhagic septicemia in another subspecies of saiga (Saiga tartarica tartarica) in Kazakhstan (34). These combined factors could result in an increasing number of disease spillover events, followed by rapid amplification in populations already under multifactorial stresses. To ensure that objectives of rural development and biodiversity protection are compatible and jointly met, integration of livestock and wildlife management must be improved (Figure 1). Doing so proactively in the face of global climate change and increasing demands of a growing global population is a critical challenge of this century.

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# Elephant Endotheliotropic Herpesvirus Hemorrhagic Disease in Asian Elephant Calves in Logging Camps, Myanmar

Zaw Min Oo, Ye Htut Aung, Tin Tun Aung, Nyo San, Zaw Min Tun, Gary S. Hayward, Arun Zachariah

In recent years, an alarming number of cases of lethal acute hemorrhagic disease have occurred in Asian elephant calves raised in logging camps in Myanmar. To determine whether these deaths were associated with infection by elephant endotheliotropic herpesvirus (EEHV), we conducted diagnostic PCR subtype DNA sequencing analysis on necropsy tissue samples collected from 3 locations. We found that EEHV DNA from 7 PCR loci was present at high levels in all 3 calves and was the same EEHV1A virus type that has been described in North America, Europe, and other parts of Asia. However, when analyzed over 5,610 bp, the strains showed major differences from each other and from all previously characterized EEHV1A strains. We conclude that these 3 elephant calves in Myanmar died from the same herpesvirus disease that has afflicted young Asian elephants in other countries over the past 20 years.

In 1990, a brief description of a case of lethal acute hemorrhagic disease in a young Asian circus elephant in Switzerland that apparently involved a previously unknown herpesvirus was reported by Ossent et al. (1). However, it was not until the study of Richman et al. (2,3), published in 1999, that this disease was shown to be associated with a novel herpesvirus designated elephant endotheliotropic herpesvirus (EEHV) 1 because of detection of nuclear inclusion bodies in damaged vascular endothelial cells in diseased heart and liver tissues. Those 2 studies provided evidence for the presence of high levels of small segments of the DNA genome of EEHV1 found by PCR sequencing

Author affiliations: University of Veterinary Sciences, Yezin, Myanmar (Z.M. Oo, Y.H. Aung); Ministry of Environmental Conservation and Forestry, Yangon, Myanmar (Z.M. Oo, T.T. Aung, N. San, Z.M. Tun); Johns Hopkins School of Medicine, Baltimore, Maryland, USA (G.S. Hayward); Kerala Veterinary and Animal Sciences University, Wayanad, India (A. Zachariah) techniques in blood samples and necropsy tissue samples from all major internal organs during active cases of hemorrhagic disease in 5 Asian elephant calves in zoos in North America and Europe, as well as in archival tissue block samples from 6 other cases in older elephants. Only 2 of the afflicted calves with less severe signs survived the acute disease after treatment with the human antiherpesvirus drug famciclovir; and viral DNA load in their blood was documented to decrease below levels of detection over a 4–6-week convalescence and recovery period. One young African elephant calf from a zoo that had a similar lethal hemorrhagic disease case had DNA from a second related virus species (EEHV2).

Since these original reports, numerous studies reviewed by Hayward (4) and Long et al. (5) have shown the presence of either of 2 chimeric subtypes of EEHV1A or EEHV1B in  $\leq$ 50 additional lethal cases and 10 drug-treated confirmed DNA-positive survivors with signs of disease in mostly young Asian elephants in Europe and North America (6–8). A small number of lethal and nonlethal cases of viral DNApositive hemorrhagic disease cases in young Asian elephants involved 2 additional related but considerably diverged species of *Proboscivirus* (EEHV4 and EEHV5) (9–16). EEHV4 is estimated to have last had common ancestors with EEHV1 35 million years ago and EEHV5 is estimated to have last had common ancestors with EEHV1 20 million years ago.

Furthermore, many examples of occasional shedding of these viruses, especially in trunk-wash and saliva samples have also been documented from adult Asian and African elephants with signs of disease (17–20; V.R. Pearson et al., Fox Chase Cancer Center, pers. comm., 2019 Jan 22). All currently available data (5,13) support the concept that EEHV1A, EEHV1B, EEHV4, and EEHV5 are endemic in Asian elephants (*Elephas maximus*), whereas EEHV2, EEHV3,

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**Figure 1.** Gross morphologic characteristics of Asian elephant calf no. 3 (MP03) that had endotheliotropic herpesvirus hemorrhagic disease in logging camp, Myanmar. A) Before postmortem necropsy. B) Hemorrhagic lesions on intact surface of the liver. C) Hemorrhagic lesions inside the atrium and valves of the dissected heart.

EEHV6, and EEHV7 are endemic to and largely ubiquitous in African elephants (*Loxodonta africana*). A subset of  $\approx$ 20% of immunologically naive young Asian elephants 1–8 years of age are susceptible to the most severe forms of hemorrhagic disease that are caused predominantly by primary infections with the most pathogenic version of these viruses (EEHV1A).

A major aspect of the situation concerning possible long-term effects on breeding and survival of critically endangered Asian elephants worldwide is whether these viruses and the same hemorrhagic disease occur within countries in Asia and especially in wild populations. Reid et al. (21) reported an EEHV1 DNA-positive case from Cambodia. However, it was not until Zachariah et al. (22) published their results, after setting up a diagnostic PCR DNA laboratory in southern India to examine necropsy tissue collected from young orphan and wild elephants that suddenly died, that the range of the disease and virus became firmly established. These authors initially described 8 lethal cases of hemorrhagic disease associated with EEHV1A and 1 case associated with EEHV1B from India. Later in the same year, Sripiboon et al. (23) also reported 2 cases involving EEHV1A and EEHV4 from Thailand. More recent studies have also confirmed 2 lethal cases of EEHV1 hemorrhagic disease in Laos (24) and as many as 15 additional cases in Thailand (25,26).

We have also expanded the studies in India to 22 lethal cases, including 12 in wild free-ranging calves (27). In this study, we report DNA sequenceconfirmed cases of lethal EEHV1A disease in 3 young logging camp elephants in Myanmar, including partial genetic analysis by PCR sequencing of the strains involved and comparison with all the cases from India and other representative cases worldwide.

#### **Materials and Methods**

Case 1 (M1) was in a 20-month-old, captive-born, female *E. maximus* calf that died suddenly on February 11, 2012, in Minbu District, Magway region, Myanmar. Case 2 (M2) was in a 22-month-old, captive-born, male *E. maximus* calf that died suddenly on September 14, 2013, in Nyaung Lay Pin District, Bago (East) region, Myanmar. Case 3 (M3) was in a 16-month-old, captiveborn, female *E. maximus* calf that died suddenly on January 8, 2014, in Nay Pyi Taw District, Myanmar.

We observed typical multiorgan hemorrhages, particularly in heart, liver, and peritoneum. We collected tissue samples and placed them in moleculargrade absolute ethanol during postmortem and stored them at -20°C. We used liver samples from each case for extraction of intracellular DNA by using the QIAamp Blood and Tissue Mini Kit (QIAGEN, https://www.qiagen.com). Conventional PCR amplifications were performed at the University of Veterinary Sciences (Yezin, Myanmar) during an EEHV workshop. These DNA samples were used as templates to amplify and sequence 7 standard preferred EEHV1 PCR DNA loci (22,27) from all 3 cases, as well as an eighth locus (U51, vGPCR1) from 1 of these cases. We performed Sanger DNA sequencing and DNA sequence editing and constructed phylogenetic trees as described (6,10,22). We used the updated sets of PCR primers reported by Zachariah et al. (27).

Table 1. EEHV PCR gene locus subtype data for cases of hemorrhagic disease in 3 Asian elephant calves, Myanmar*								
	PCR gene locus							
Case	E5	vGPCR1	U71-gM	POL-AB	TER	gH-TK	HEL	vOX2
MP01, Myanmar1	B1	ND	A4	А	A1	D	A1	1
MP02, Myanmar2	B1	ND	A4	А	С	D	C2	2
MP03, Myanmar3	C1	E	A5	А	A3	D	A2	3
*EEUV elembert endethelistronic hernesvirus ND net determined 1 identical to 10142 from India 2 nevel verient net even providually 2 identical to								

\*EEHV, elephant endotheliotropic herpesvirus; ND, not determined; 1, identical to IP143 from India; 2, novel variant not seen previously; 3, identical to IP93 from India.

#### EEHV Hemorrhagic Disease in Asian Elephant Calves

				.,, <b>.</b>
Case, virus code	Size, bp	MP01	MP02	MP03
E3(vGPCR5)	962	MF579041	MF579042	MF577043
U38(POL)	485	MF579060	MF579061	MF579062
U48(gH-TK)	850	MF464877	MF464878	MF464879
U51(vGPCR1)	677	ND	ND	MF579097
U60(TERex3) L	741/724/726	MF579075	MF579076	MF579077
U71-gM	651	MF579110	MF579111	MF579112
U77(HEL)	952/921/952	MF579126	MF579127	MF579128
E54(vOX2-1)	854	MF464888	MF464889	MF464890
*ND, not done.				

Table 2. GenBank DNA file accession numbers for cases of hemorrhagic disease in 3 Asian elephant calves, Myanmar\*

We generated detailed results for genetic differences between EEHV DNA samples at each PCR locus as linear nucleotide-level polymorphisms by using Geneious software (https://www.geneious. com) from alignments made in Muscle software (https://www.drive5.com/muscle) or as Bayesian nearest neighbor-based phylogenetic trees at the DNA or protein level. For comparative purposes, we combined results for Myanmar (MP#) with all data for samples from India (IP#) and Sumatra (SP#) evaluated



**Figure 2.** Nucleotide sequence polymorphism charts for Asian elephant calves that had endotheliotropic herpesvirus hemorrhagic disease in logging camp, Myanmar. Shown are comparisons for hemorrhagic disease cases MP01, MP02, and MP03 across 2 hypervariable EEHV1 PCR loci. A) E5(vGPCR5). B) E54(vOX2-1). Polymorphisms were generated by using Geneious (https://www.geneious.com) and MEGA5 (https://www.megasoftware.net) Bayesian phylogenetic trees comparing the Myanmar *Proboscivirus* case DNA sequence results with matching data available for all 22 cases from India (IP#) and 2 cases from Sumatra (SP#) plus several representative cases from North America (NAP#) and Europe (EP#) available in GenBank. Both prototype EEHV2(NAP12, Kijana) and EEHV5A(EP24, Vijay) genomes shown in the top lines were used as references in panel B, and EEHV1B(NAP19) was used as the reference for panel A. Assigned subtypes are included with designated code numbers listed on the left-hand side for each genome. Colored short vertical lines indicate single-nucleotide differences from the consensus sequences of all the genomes shown in each panel. Gaps or missing sequence segments appear as blank spaces. EEHV, elephant endotheliotropic herpesvirus.

by our group. We also showed levels of divergence from prototype samples from North America (NAP#) or Europe (EP#) for each known subtype. We used other EEHV reference strains, such as EEHV1B, EEHV2, EEHV5, or EEHV6, as outgroups.

#### Results

We evaluated 3 cases of fatal hemorrhagic disease in captive-born *E. maximus* calves reared in camps in Myanmar. We provide gross morphology for 1 of the cases (Figure 1). The viral genomes in necropsy tissue DNA samples were designated MP01, MP02, and MP03 (for Myanmar *Proboscivirus* case numbers). Overall results of gene subtyping PCR analyses (Table 1) and assigned GenBank accession numbers (Table 2) are provided.

At the time this study was conducted, we selected PCR primers provided to participants at a workshop in Myanmar after extensive previous analysis of 10 cases from Europe and 26 cases from North America as preferred standard sets that amplify 8 gene loci distributed across the 180–206-kb genomes of EEHV viruses. These gene loci included 4 well-conserved gene loci, U38(POL), U60(TERex3), U71/gM, and U77(HEL), which enabled identification of specific EEHV viruses present, as well as resolved chimeric EEHV1A subtype versus EEHV1B



**Figure 3.** Protein level phylogenetic trees for Asian elephant calves that had endotheliotropic herpesvirus hemorrhagic disease in logging camp, Myanmar. Shown are comparison of examples of Asian EEHV1 at 2 representative hypervariable loci. A) EEHV1 E5(vGPCR5). B) E54(vOX2-1). Bayesian linear phylogenetic trees were generated from translated amino acid data in MEGA5.4.6 (https://www.megasoftware.net) by using similar aligned datasets as in Figure 2. Evolutionary history was inferred by using the maximum-likelihood method based on the Jones–Taylor–Thornton matrix-based model with the bootstrap consensus tree. Analysis in panel A involved 31 nt sequences with 303 aa positions in the final dataset with EEHV1B(NAP19) as outgroup. Analysis in panel B involved 32 nt sequences with 244 aa positions in the final dataset and with EEHV5A(EP24) as outgroup. Numbers along branches are bootstrap values. Some representative branch length values are provided. The 3 major subtype clusters are indicated as A, B, or C for E5(vGPCR5) along the right side of panel A, but no similar dramatic subtype clustering was discernable for E54(vOX2-1). All 6 examples in which the genomes have classic EEHV1B type core chimeric domain (CDI, CDII, and CDIII) features elsewhere are indicated by solid circles. Positions of the 3 cases from Myanmar are indicated by open circles. Scale bars indicate amino acid substitutions per site. EEHV, elephant endotheliotropic herpesvirus.
vGPCR5	MP01	MP02	MP03	NAP23	EP18	
MP01	-	0	6.9	7.6	5.6	
MP02	0	-	6.9	7.6	5.6	
MP03	61	61	-	9.3	2.5	
NAP23	67	66	83	-	7.9	
EP18	50	50	22	71	-	
*Values to the right and a	above the dashes are perc	entages, and values to the	e left and below the dashe	s are number of nucleotide	s. EEHV, elephant	

Table 3. Nucleotide differences between EEHV strains from Asian elephant calves in Myanmar and EEHV1A and EEHV1B prototypes at the E5(vGPCR5) locus\*

endotheliotropic herpesvirus; EP18, prototype chimeric EEHV1B; NAP23, prototype EEHV1A

subtype strains (6). In addition, we used 4 other PCR loci that encompass parts of well-characterized hypervariable genes. These loci were E5(vGPCR5), U48(gH-TK), U51(vGPCR1), and E54(vOX2-1); we used them to address levels and patterns of individual variability for comparison with known, highly divergent, worldwide populations of EEHV1 strains.

We found that all 3 strains from Myanmar were EEHV1A variants that amplified strongly after the firstround conventional PCR. We identified nucleotide-level differences for 2 selected representative hypervariable PCR loci, namely E5(vGPCR5) and E54(vOX2-1) (Figure 2). Equivalent data for the U48(gH-TK) locus have already been reported for cases from India by Zachariah et al. (27). We provide 2 examples of the proteinlevel phylogenetic trees, again those for the E5(vGPCR5) and E54(vOX2-1) loci (Figure 3). The equivalent protein-level phylogenetic trees for U48(gH-TK) have been included in the report by Zachariah et al. (27). In addition, matching comparative DNA-level phylogenetic trees for all these samples at the 7 PCR loci other than U48(gH-TK) have been reported by Zachariah et al. (27). Finally, we report simple numerical difference comparisons (number and percentage) for the 3 strains from Myanmar with the prototype EEHV1A(NAP23, Kimba) and EEHV1B(EP18, Emelia) strains at the 3 most hypervariable loci, namely E5(vGPCR5), U48(gH-TK), and E54(vOX2-1) (Tables 3–5).

Despite the consistent nucleotide divergence subtyping patterns, the 4 conserved loci evaluated rarely showed large numbers of amino acid polymorphisms. Even within the other 4 hypervariable loci, most nucleotide changes were also synonymous. In addition, unlike conserved loci, there are also numerous nonsynonymous amino acid changes, which provide additional robust supportive evidence for the same subtyping patterns being recognized in the trees at the DNA and protein levels. This finding is especially valid for the U48(gH) protein, which is the only PCR segment evaluated here that is entirely encompassed within 1 of the EEHV1B chimeric domains (CD-II). The fact that the MP01 and MP02 versions of E5(vGPCR5) protein sequences are identical is a relatively rare exception, but otherwise the divergence of most EEHV1 strains from each other is evident in E5(vGPCR5) and E54(vOX2-1) protein phylogenetic trees (Figure 2), and similar but different gene-specific patterns were also found in U48(gH-TK) and U51(vGPCR1) protein trees.

The 3 cases from Myanmar were caused by distinct strains that showed major differences from each other, as well as from other cases in Asia, North America, and Europe that we evaluated. However, there were unusual similarities among these 3 cases. For example, MP01 and MP02 were in the same subtype groupings at 4 loci, including 2 conserved loci, namely U71-gM and U38(POL), as well as 2 hypervariable loci, namely E5(vGPCR5) and U48(gH)-TK, but showed different subtypes for the other 3 loci, namely U60(TERex3), U77(HEL), and E54(vOX2-1), whereas MP03 was distinguishable from MP01 and MP02 at all loci except U38(POL). Similar to many of the cases from India, MP03 was a subtype E in U51(vGPCR1) and had 28 differences (4.1%) from the subtype A prototype EEHV1A(Kimba). MP01 and MP02 also had different subtypes (B1 for MP01 and C1 for MP02) from MP03 for E5(vGPCR5). Although all 3 cases from Myanmar had the same D subtype group within the U48(gH-TK) locus, MP03 still differed at this locus from the other 2 cases by 8 bp.

Although the captured E54(vOX2-1) gene is unusually well conserved when compared with the original host (African bush elephant [Loxodonta africana])

Table 4. Nucleotid	e differences between EE	HV strains from Asian e	elephant calves in Mya	nmar and EEHV1A and	EEHV1B prototypes
at the U48(gH-TK)	locus*				
gH-TK	MP01	MP02	MP03	NAP23	EP18
MP01	_	0	1.0	8.7	28
MP02	0	-	1.0	8.7	28
MP03	8	8	-	8.5	28
NAP23	73	73	71	-	28
EP18†	227	227	235	233	_

\*Values to the right and above the dashes are percentages, and values to the left and below the dashes are number of nucleotides. EEHV, elephant endotheliotropic herpesvirus; EP18, prototype chimeric EEHV1B; NAP23 prototype EEHV1A.

	locus				
vOX-1	MP01	MP02	MP03	NAP23	EP18
MP01	_	9.7	8.7	10.1	10.2
MP02	82	-	2.8	6.1	5.7
MP03	74	28	-	3.7	5.0
NAP23	86	51	31	-	2.4
EP18	87	48	42	21	-
*Values to the right and	I above the dashes are nero	entages and values to the	e left and helow the dashe	s are number of nucleotide	19

 Table 5. Nucleotide differences between EEHV strains from Asian elephant calves in Myanmar and EEHV1A and EEHV1B prototypes at the E54(vOX2-1) locus\*

EEHV, elephant endotheliotropic herpesvirus; EP18, prototype chimeric EEHV1B; NAP23, prototype EEHV1A.

version at the protein level, it shows the greatest DNAlevel divergence between all 3 strains from Myanmar and most other strains, in which MP01 differed from MP02 by 82 bp (9.7%), MP02 from MP03 by 28 bp (3.3%), and MP01 from MP03 by 74 bp (8.7%). Nevertheless, MP01 and MP03 were identical at nt positions 280–480, and MP02 and MP03 differed by only 1 bp over >50% of the locus between nt positions 364–851.

We found that MP01 and MP03 were identical to another case from India (MP01 with IP143 and MP03 with IP93) at the otherwise hypervariable E54(vOX2-1) locus, whereas MP02 had unique features different from all other cases that we have evaluated worldwide. Overall, across all 4 core conserved loci, U38(POL), U71-gM, U60(TERex3), and U77(HEL), the differences from the prototype EEHV1A(Kimba) strain were no more than 15 nt for MP01, 24 nt for MP02, and 22 nt for MP03. In contrast, the 3 most hypervariable loci showed a dramatically different pattern. In E5(vGPCR5), MP01 differed from Kimba by 67 (7.6%), MP02 by 66 (7.7%), and MP03by 83 (9.3%) nt. In U48(gH-TK), MP01 differed from Kimba by 73 (8.7%), MP02 by 73 (8.7%), and MP03 by 71 (8.5%) nt. Finally, in E54(vOX2-1), MP01 differed from Kimba by 86 (10.1%), MP02 by 66 51 (6.1%), and MP03 by 31 (3.7%) nt.

## Discussion

The DNA sequence and subtyping results for the hemorrhagic disease cases in Myanmar showed that they involved different independent EEHV1A strains that were distinct from all other strains examined in countries in Asia or in zoos in Europe and North America. A similar pattern of variability was also obtained for 21 of the 22 cases in India, but this pattern was not always found. In contrast, in every situation observed in which 2 cases of hemorrhagic disease occurred at the same facility at nearly the same time (i.e., within days or weeks of each other), genomes were always identical at all loci tested. These results include paired cases at 2 facilities in Asia (India and Sumatra), 2 cases in Europe (United Kingdom and Germany), and  $\geq 3$  cases in the United States (Texas, Florida, and Missouri). However, identical strains have not been reported for cases at different facilities (and different times), even in the same country. The fact that the 3 cases in Myanmar, although they showed some clear similarities across parts of the genomes and originated from within nearby geographic areas over a relatively short time frame, represent 3 distinct EEHV1A strains is not unexpected. However, more data from additional cases will be required to address whether overall populations of this virus in Myanmar have any common evolutionary features that differentiate them from the numerous and rather broadly diverged examples examined from India or Thailand.

Myanmar is now the sixth country in Asia (after Cambodia, Thailand, India, Laos, and Indonesia) in which apparent EEHV-associated hemorrhagic disease based on gross clinical or pathologic signs involving tissue hemorrhaging has been confirmed by PCR DNA subtype sequencing analysis. A brief preliminary speculation about these and multiple additional potential cases of similar hemorrhagic disease cases in Myanmar logging camps has been reported (*28*). Our findings will help with programs designed to address the increasing number of cases of lethal acute hemorrhagic disease in Asian elephants and possible longterm effects on breeding and survival of this critically endangered species.

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## Risk Factors for and Seroprevalence of Tickborne Zoonotic Diseases among Livestock Owners, Kazakhstan

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Crimean-Congo hemorrhagic fever (CCHF), Q fever, and Lyme disease are endemic to southern Kazakhstan, but population-based serosurveys are lacking. We assessed risk factors and seroprevalence of these zoonoses and conducted surveys for CCHF-related knowledge, attitudes, and practices in the Zhambyl region of Kazakhstan. Weighted seroprevalence for CCHF among all participants was 1.2%, increasing to 3.4% in villages with a known history of CCHF circulation. Weighted seroprevalence was 2.4% for Lyme disease and 1.3% for Q fever. We found evidence of CCHF virus circulation in areas not known to harbor the virus. We noted that activities that put persons at high risk for zoonotic or tickborne disease also were risk factors for seropositivity. However, recognition of the role of livestock in disease transmission and use of personal protective equipment when performing high-risk activities were low among participants.

Zoonoses account for 61% of human infectious diseases and 75% of emerging pathogens (1). Zoonotic diseases pass from animals to humans through direct contact with animals, inhalation of

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infectious aerosols, consumption of contaminated animal products, or a bite from a vector, such as a tick (2). Global incidence of tickborne diseases is increasing and expected to continue rising (3). Given changes in ecologic factors, such as climate and land use, tickborne diseases have emerged in new areas during the past 3 decades, and the incidence of endemic tickborne pathogens has increased (4). Vectorborne infections were responsible for  $\approx 28.8\%$  of emerging infectious diseases during 1990–2000 (5).

Crimean-Congo hemorrhagic fever (CCHF), Q fever, and Lyme disease are widespread zoonotic diseases that cause a range of illness and death in humans. CCHF, caused by Crimean-Congo hemorrhagic fever virus (CCHFV), an RNA virus of the family Nairoviridae, is highly fatal (6). The virus is maintained through an enzootic cycle involving mammals, ticks, and humans, and is transmitted to humans through contact with viremic livestock or infected ticks. CCHF is endemic to Africa, Asia, eastern and southern Europe, and central Asia (7). Q fever is caused by the bacterium Coxiella burnetii, which infects many vertebrates, but ruminant livestock are thought to be its primary reservoir. Transmission to humans most commonly occurs from inhalation of dust contaminated with urine, feces, milk, or birth products from infected animals (8). Q fever has been identified in most countries (8). Severe cases can result in pneumonia or hepatitis in humans, and  $\approx 5\%$  of infections become chronic (9). Lyme disease is caused by Borrelia burgdorferi, a bacterium transmitted to humans through the bite of *Ixodes* ticks. Untreated Lyme infection can disseminate and spread to the joints, heart, and nervous system. Lyme disease is the most commonly reported arthropodborne disease in North America and is prevalent throughout central Europe,

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particularly Germany, Austria, and Slovenia (10,11). Lyme disease is the sixth most commonly reported notifiable infectious disease in the United States (https://www.cdc.gov/lyme). In addition, incidence of Lyme disease and the range of tick vectors have been increasing in Europe and Asia (10,11), where Lyme disease is found in western Russia, Mongolia, northeast China, and Japan.

CCHF, Q fever, and Lyme disease are endemic to the southern Kazakhstan region of Zhambyl, but their true burden is largely unknown because few serologic surveys have been conducted in Kazakhstan and central Asia. The Zhambyl region covers >55,000 km<sup>2</sup> and has a population of  $\approx$ 1.2 million. The region is characterized by diverse ecology, containing both desert steppes and mountainous pastures, and elevations of 213–4,115 m. The region has 363 villages and 4 cities. Livelihoods are largely pastoral or agricultural, and common occupations involve a high degree of animal contact, placing humans at increased risk for zoonotic infections.

Among the 3 diseases, only CCHF is a reportable disease in Kazakhstan. During 2000–2013, the Zhambyl region had 73 reported human CCHF cases, the second highest case-count among regions in Kazakhstan (12). However, data on human prevalence of CCHF in Kazakhstan are limited to reported clinical cases, even though studies show  $\geq$ 80% of infections are subclinical (13). Although Q fever was detected in Kazakhstan in the 1950s, the lack of surveillance or serologic studies obscure our understanding of Q fever or Lyme disease incidence in the population (14). Quantifying seroprevalence of these diseases in humans can help identify areas of pathogen circulation and areas where humans could be infected.

For this study, we aimed to determine the seroprevalence of antibodies against CCHFV, *C. burnetii*, and *B. burgdorferi* in humans who interact with livestock in the Zhambyl region. In addition, we sought to assess the population's knowledge of risk factors for disease transmission and how frequently they engage in activities that increase or reduce risk for infection.

## Methods

In June 2017, we conducted a knowledge, attitudes, and practices and risk factor survey (KAP/risk factor survey), along with serosurveys for CCHF, Q fever, and Lyme disease, in 30 rural villages in the Zhambyl region. Participants could enroll in the KAP/risk factor survey, the serosurvey, or both. Eligible participants were  $\geq$ 18 years of age, residents of the village for  $\geq$ 2 months, and residents of a household containing a sheep or cow of  $\geq$ 1 year of age.

### Sample Size

Sample selection was based on concern about CCHF as a nationally reportable disease. We conducted surveys in households in which sheep and cattle sero-surveys simultaneously were conducted; sample size calculations were based on expected seroprevalence of sheep and cattle. We calculated a target sample size of 561 households with sheep and 473 households with cattle. We based the sample size on an  $\alpha$  of 0.05, power of 80%, a design effect of 2, and an expected response rate of 90%. We assumed CCHF seroprevalence of 24% in sheep and 19% in cattle, on the basis of a meta-analysis of previous serosurveys (15).

#### **Participant Selection**

We stratified the 363 villages in the region by known (CCHF-endemic) or unknown (non-CCHF-endemic) recent circulation of CCHF. We defined recent circulation as 1 confirmed human case reported in hospital-based surveillance from Zhambyl Oblast Health Department (Taraz, Kazakhstan) or 1 CCHF-positive tick confirmed in the previous 5 years and reported in annual tick surveillance data from the Ministry of Agriculture of Kazakhstan. We identified 66 (18.2%) villages that met the definition for having known, recent CCHF circulation.

We selected 15 villages from each stratum; probability of selection was proportional to the number of sheep and cattle in the village. We obtained livestock counts from reports by village veterinarians to the Ministry of Agriculture. Elevation of the 30 villages was 220-2,590 m (mean 781 m, median 488 m). Mean elevation was 513 m for villages with known CCHF circulation and 1,049 m for villages without known circulation.

Local veterinarians provided information on livestock-owning households in each village. To verify, data collectors conducted a census of 5 villages and mapped households containing sheep or cattle. The veterinarian registry was accurate except for 2 instances in which the household recently had sold animals. Survey teams randomly selected 35 households from these registries and 1 adult per household for study participation.

#### KAP/Risk Factor Survey

We adapted our KAP/risk factor survey from one conducted in Georgia during a 2014 CCHF outbreak (16). We translated the survey into Russian and Kazakh, the 2 most common languages in the region. Survey teams pilot tested the questionnaire in an eligible village not selected for the study.

The survey team administered the questionnaire verbally at each respondent's residence. Survey

questions covered demographics; occupations; history of animal and tick interactions; illness in the previous 4 months or fever and hemorrhaging; and knowledge of CCHF transmission routes, symptoms, and risk factors. The survey did not contain questions specific for Lyme disease or Q fever.

#### Serosurvey

After answering the questionnaire, respondents were asked to go to their local health clinic to provide a blood sample on the same day. Each village had a health clinic within walking distance of participants. Nurses drew 5 mL of blood from each participant and stored it in a serum separator tube. Blood samples were kept on ice, centrifuged within 6 h, and transported within 24 h to the Zhambyl Regional Laboratory for Especially Dangerous Pathogens in Taraz, where laboratorians aliquoted serum into 4 samples/participant and stored serum at –20°C until analysis.

Laboratorians analyzed samples for evidence of recent CCHF exposure, indicated by presence of IgM, by using VectoCrimean-CCHF-IgM Kits (Vector-Best, https://vector-best.ru) and for evidence of past CCHF exposure, indicated by IgG, by using VectoCrimean-CHF-IgG Kits (Vector-Best). Laboratorians assessed past exposure to *C. burnetii*, indicated by presence of IgG, using ELISA-Anti-Q Kit No. 1 (Pasteur Institute of Epidemiology and Microbiology, http://www.pasteur-nii.spb.ru), and exposure to *Borellia* spp., indicated by presence of IgG against *B. afzelii*, *B. garinii*, or *B. burgdorferi*, by using LymeBest-IgG Test Kits (Vector-Best). All testing was performed with commercially available ELISA kits, according to manufacturer instructions (17,18).

#### **Data Analysis**

We analyzed data by using R version 3.4.3 (19). We weighted results for each participant by calculating the inverse probability of selection and applying a poststratification adjustment to each stratum to account for nonresponses. We stratified KAP/risk factor answers specific to CCHF according to whether the health department recognized the village as having known, recent history of CCHF. We used  $\chi^2$  test in bivariate analysis to compare frequencies between these 2 strata. We used logistic regression models to test associations between risk factors and seropositivity. We defined risk for zoonotic or tickborne disease as participation in >1 of the following activities: handling ticks with bare hands; working with livestock; working in a healthcare setting; being a veterinarian; or herding, birthing, shearing, slaughtering, or milking animals.

#### **Ethics Review**

Each participant provided written, informed consent. No personal identifying information was collected. The Institutional Review Board in Almaty, Kazakhstan, through the Committee for Public Health Protection, approved the study. The protocol was reviewed according to the US Centers for Disease Control and Prevention human subjects review procedures, which determined the agency was not engaged in the study because the Zhambyl Departments of Health and Agriculture owned and collected the data.

#### Results

#### **KAP/Risk Factor Survey**

We selected 969 households; 948 persons completed surveys, a 98% response rate. Reasons for nonresponse included 4 households that were not visited, 2 that were abandoned, and 1 that was not found. In addition, 12 persons did not consent: 4 did not want to participate in the serosurvey, 1 did not have time, 1 distrusted the data team, and 6 gave no reason. Further, 2 persons were excluded from analysis because information on their village of residence was missing and they could not be analyzed according to survey design.

Respondents' median age was 46 (range 19–90) years; 54% were male (Table 1). Most (66.7%) were native to Kazakhstan. The most frequently reported occupations were taking care of the home (23.0%) and farming or herding (20.8%).

Of respondents, 64.4% (95% CI 50.9%-75.8%) reported participating in  $\geq 1$  activity putting them at elevated risk for zoonotic or tickborne disease during their lives; 55.4% (95% CI 42.8%-67.3%) reported doing so in the previous 4 months (Table 2). Of high-risk activities, butchering or handling raw meat (36.4%) and shearing (26.0%) or herding (25.8%) animals were most common. Of respondents, 139 (22%) who birthed animals in the previous 4 months and 222 (47.4%) who slaughtered an animal in the previous 4 months wore no personal protective equipment (PPE). Few respondents reported tick bites (Table 3), but >85% said ticks were a major problem (Table 4). Most respondents (93.6%) reported killing ticks with an object; only 0.5% reported killing ticks with bare hands. Most (94.0%) used pesticide to prevent ticks on animals.

Participants from CCHF-endemic villages had a higher knowledge of CCHF, likely because the health department provided education in these villages (Table 5, https://wwwnc.cdc.gov/EID/article/26/1/19-0220-T5.htm). Most respondents (95.6%, 95% CI 93.8% –

Seroprevalence of hickborne Zoonolic Diseases, Kazaki	ารเลก
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survey of Crimean-Congo he	emorrhagic fever, K	azakhstan
Patient characteristics	Median (IQR)	Range
Age, y	46 (36–56)	19–90
Household size	6.1 (4.6–8.4)	2.7-21.6
Land owned, ha	0.18 (0.12-0.25)	0.004-776
Land rented, ha	0.20 (0.14–0.90)	0.024-776
No. animals owned		
Ovine	15.0 (3.0-35.0)	0-1.320
Bovine	20(10-50)	0-141
Poultry	0(0-80)	0-80
Fauine	0(0-10)	0-100
_44		% Particinants
	No. participants	(95% CI)
Sex	• •	
М	509	56.1 (50.5-61.5)
F	437	43.9 (38.5-49.5)
Country of origin	-	
Kazakhstan	733	66 7 (44 0-85 9)
Russia	73	10 5 (4 4-23 0)
Turkey	45	4 4 (1 9–9 2)
Kyrayzetan	3	0.6(0.2-1.9)
Lizbekistan	3	$0.0(0.2 \ 1.0)$ 0.4(0.1-2.1)
Othor	80	15.7(4.0.457)
	09	13.7 (4.0-43.7)
Earmar bardar animal	162	20 0 (10 1 20 1)
Faimer, neruer, ammai	105	20.0 (10.1-30.1)
Cordonor fieldworker	50	24/12 74
Butcher	50	3.1(1.3-1.4)
Duicher	1	0.001(0-0.01)
	21	2.5 (1.5-4.1)
	15	1.5 (0.0-4.1)
Office, Indoor worker	153	14.0(9.0-21.1)
Family or nome	179	23.0 (18.4–28.5)
caretaker	4.0	
Student	10	1.1 (0.4–3.1)
Retired	147	9.8 (6.3–14.9)
Unemployed	105	14.3 (5.8–31.0)
Other	101	9.9 (3.4–25.6)
Education level		
None	12	0.1 (0.03–0.5)
Elementary school	9	0.8 (0.3–2.0)
Middle school	437	44.1 (33.9–54.9)
High school	159	11.5 (7.5–17.2)
Vocational school	71	4.1 (1.7–9.5)
College	251	38.9 (28.3–50.8)
Monthly income, US \$		
<u>&lt;</u> 60	43	4.0 (1.3–11.4)
61–150	373	39.1 (24.6-55.8)
151–300	257	26.8 (20.1-34.6)
301–450	34	0.8 (0.2–3.0)
451–600	9	0.5 (0.1–2.1)
>600	7	0.2 (0.04–1.1)
Unknown, refused	222	28.6 (12.6–52.6)
to answer		. ,

Table 1. Demographic characteristics of study population in	n
survey of Crimean-Congo hemorrhagic fever, Kazakhstan	

99.9%) in CCHF-endemic villages had heard of CCHF, compared with only 71.3% (95% CI 61.7%-79.3%) in non-CCHF-endemic villages (Table 5). Information from healthcare workers, pamphlets, and village meetings were common ways participants learned about CCHF. In addition, 95.8% (95% CI 89.8%-98.3%) of respondents in CCHF-endemic villages who knew about CCHF could recognize ≥1 high-risk activity, compared with 75.9% (95% CI 49.1%-91.1%) in non-CCHF-endemic villages. Most recognized tick bites as

Table 2. Participation in activities putting them at high risk for
tickborne zoonotic diseases among respondents in survey of
Crimean-Congo hemorrhagic fever, Kazakhstan*

Chinean-Congo nemormagic leve	ci, Nazakiistai	1
Activities	No. respondents	% Respondents (95% CI)
Herding animals	reependente	(0070 01)
Fver	297	17 4 (8 4-32 5)
Within the previous 4 mo	190	25 8 (14 3-42 2)
Assisting with animal births	100	20.0 (11.0 12.2)
Fver	226	11 3 (6 8-18 3)
Within the previous 4 mo	140	59(35-99)
Shearing animals	110	0.0 (0.0 0.0)
Fver	331	26 0 (19 7-33 4)
Within the previous 4 mo	223	17.0 (12.9–22.1)
Milking animals		
Ever	316	23 2 (16 3-31 9)
Within the previous 4 mo	251	18 9 (12 8–27 0)
Slaughtering animals	201	
Ever	292	25 4 (15 8–38 1)
Within the previous 4 mo	229	20.4 (12.0–32.4)
Butchering or handling raw meat		
Ever	351	36.4 (28.4–45.2)
Within the previous 4 mo	296	30 7 (22 7-40.0)
Eating raw meat	200	
Ever	8	0.5(0.1-1.9)
Within the previous 4 mo	0	-
Handling ticks with bare hands		
Ever	61	3.5 (1.1–10.3)
Within the previous 4 mo	27	2.0 (0.4-8.4)
Working in a healthcare setting		
Ever	5	0.3 (0.1–0.9)
Within the previous 4 mo	3	0.2 (0-0.8)
Working in a gardent	-	- ( /
Ever	175	14.5 (7.6–27.4)
Within the previous 4 mo	150	12.4 (6.5–22.6)
Consuming unpasteurized milk or	r dairy product	s‡
Ever	8	. 1.0 (0.4–2.2)
Within the previous 4 mo	0	·
Participated in >1 high-risk activit	У	
Ever	683	64.4 (50.9-75.8)
Within the previous 4 mo	580	55.4 (42.8–67.3)
Use of personal protective equipr	nent	· · ·
Assisting with animal births, n	= 139†	
Gloves	73	55.2 (35.8–73.1)
Gown	43	55.1 (30.3-77.6)
Boots	21	30.0 (11.8–58.0)
Glasses	3	12.7 (2.0–51.5)
None	46	20.4 (11.0–34.7)
Shearing animals, n = 222†		
Gloves	172	83.6 (71.7–91.2)
Gown	119	73.9 (55.9–86.4)
Boots	59	20.6 (12.2–32.6)
Glasses	4	2.9 (0.7–11.4)
None	21	5.2 (1.7–15.2)
Milking animals, n = 250†		
Gloves	26	15.5 (5.5–36.8)
Gown	178	81.6 (60.6–92.7)
Boots	12	5.7 (2.2–14.1)
None	71	17.5 (6.4–39.5)
Slaughtering animals, n = 229	t	
Gloves	36	23.3 (10.5–44.1)
Gown	91	49.1 (33.6–64.8)
Boots	16	5.2 (2.0–12.9)
Glasses	1	1.6 (0.2–9.4)
None	129	47.4 (29.8–65.7)
*Percentages weighted by calculating	the inverse proh	ability of selection

and applying a post-stratification adjustment to each stratum to account for nonresponses.

†≥1 response possible.

‡Not considered a high-risk activity.

a mode of transmission, and  $\geq 10\%$  in CCHF-endemic villages recognized animal blood as a potential mode of transmission. Despite a lower disease knowledge in non-CCHF-endemic villages, respondents thought CCHF was a major problem (Table 4), but only 52.5% felt prepared to protect themselves from CCHF, compared with 90.5% from CCHF-endemic villages.

#### Serosurveys

Of 948 persons completing the KAP/risk factor survey, 914 (96.4%) submitted blood samples. Of 34 persons who did not participate in the serosurvey, 10 did not show up for a blood draw, 4 did not have time, 2 feared needles, 1 feared consequences of detection, 1 had recent surgery, and 16 reported no reasons. Serum from 914 samples was tested for evidence of CCHF. In addition, 911 samples were tested for Lyme disease, 910 were tested for Q fever, and 4 did not have adequate sample volume for Lyme disease and Q fever testing.

Of 914 persons tested for CCHFV, 3 were positive for IgM, 12 for IgG, and 2 were positive for both (Table 6, https://wwwnc.cdc.gov/EID/article/26/1/19-0220-T6.htm). Among livestock owners in the Zhambyl region, weighted CCHFV seroprevalence was 1.2% (95% CI 0.5%-2.7%). In CCHF-endemic villages, seroprevalence was 3.4% (95% CI 1.8%-6.43%), compared with 0.9% (95% CI 0.3%-2.7%) in non-CCHFendemic villages. We found evidence of recent or past CCHFV exposure in persons from 13/30 (43.3%) villages (Figure 1).

Of the 17 persons seropositive for CCHFV, median age was 54 years; 58% were male (Table 6). No persons reported previous CCHF diagnosis or illness with fever and hemorrhaging in the previous 5 years or a tick bite or handling ticks with bare hands in the previous 4 months. Occupations among the 17 seropositive persons were farmer or herder (n = 2), healthcare worker (n = 1), office or indoor worker (n = 1), homemaker (n = 5), retired (n = 3), unemployed (n = 4), and other (guard; n = 1).

Of 5 participants with evidence of recent exposure to CCHFV, 4 reported participating in  $\geq$ 1 highrisk activity in the previous 4 months: 3 milked animals, 2 helped birth animals, 1 sheared animals, and 1 slaughtered animals. One participant reported experiencing an illness with joint pain in the previous 4 months. Three were from non-CCHF-endemic villages, which could suggest a wider range of virus circulation than previously thought.

In logistic regression, controlling for age and sex, participation in  $\geq$ 1 high-risk activity had a statistically

Table 3. Interactions with ticks among respondents in survey of Crimean-Co	ongo hemorrhagic fever, Kaz	zakhstan*
Human-tick interactions	No. respondents	% Respondents (95% CI)
Had a tick bite†	17	1.0 (0.3–3.3)
Handled tick with bare hands†	61	3.5 (1.1–10.3)
Method of tick disposal after bare hand removal, n = 27		
Threw it out	1	3.2 (0.3–29.3)
Killed with bare hands†	1	0.5 (0-5.9)
Killed with object	16	93.6 (69.2–99.0)
Burned it	10	3.5 (0.6–18.8)
Number of tick bites in previous 4 mo	0	0
Method of human tick bite prevention‡		
None	133	9.3 (3.9–20.8)
Long, layered clothing	694	68.8 (55.2–79.9)
Gloves	588	73.1 (60.5–82.9)
Pesticides in environment	267	13.8 (7.9–22.9)
Insect repellent on self, clothing	155	17.7 (10.0–29.3)
Avoiding woody areas	133	12.2 (4.1–31.0)
Avoiding unnecessary animal contact	111	13.9 (5.0–33.3)
Animal-tick interactions		
Found ticks on livestock	486	29.7 (19.6–42.3)
Primary method used to remove ticks on livestock		
Bare hands†	12	4.3 (1.2–15.0)
Gloved hands	95	29.8 (15.9–48.7)
With an object	291	51.7 (34.0–69.0)
Go to a clinic	15	3.3 (1.2–8.7)
Pour liquid mixture on animal	32	3.0 (1.2–7.1)
Burn the tick	6	0.7 (0.2–2.2)
Leave the tick	31	6.8 (2.6–16.3)
Use tick medication for animals	905	94.0 (76.0–98.8)

\*Percentage weighted by calculating the inverse probability of selection and applying a poststratification adjustment to each stratum to account for nonresponses.

+High-risk tick interaction.

‡>1 response possible.

Table 4. Comparison of respondent attitudes between CCHF-endemic villages and non-CCHF-endemic villages in survey of Crimea	an-
Congo hemorrhagic fever, Kazakhstan*	

	CCHF-end	emic, n = 442	Non-CCHF-e	endemic, n = 506	
	No.	% Respondents	No.	% Respondents	-
Attitudes	respondents†	(95 <sup>'</sup> % CI)	respondents†	(95 <sup>'</sup> % CI)	p value
Among all persons					
Ticks are a problem in the community					0.05
Major problem	410	95.3 (89.9–97.9)	408	86.6 (67.8–95.2)	
Minor problem	4	0.7 (0.2–3.0)	13	2.1 (0.8–5.6)	
Not a problem	3	0.6 (0.1–3.1)	52	5.0 (1.0-21.9)	
Don't know	23	3.4 (1.2–9.0)	33	6.4 (2.7–14.4)	
People in my community frequently get bitten by ti	cks				0.74
Often	245	49.0 (19.4–79.3)	187	33.5 (12.2-64.7)	
Occasionally	24	7.4 (1.3–32.2)	94	13.3 (5.4–29.4)	
Rarely	149	40.4 (17.7-68.1)	202	50.2 (20.7-79.5)	
Don't know	22	3.2 (1.4–7.2)	23	3.0 (0.7–12.1)	
Among persons who have heard of CCHF	n :	= 420	n	= 371	
CCHF is a problem in the community					0.12
Major problem	401	96.2 (90.0–98.6)	326	93.7 (82.7–97.9)	
Minor problem	3	0.7 (0.2–3.1)	9	1.9 (0.5-6.6)	
Not a problem	1	0.1 (0-0.5)	26	2.7 (0.5–13.5)	
Don't know	15	3.0 (1.1-8.4)	10	1.7 (0.5–6.1)	
CCHF is something I should be worried about					0.01
Very worried	371	86.1 (72.5–93.5)	317	93.6 (83.5–97.7)	
Somewhat worried	40	11.5 (4.2–27.8)	19	2.6 (0.9-7.4)	
Not worried	1	0.02 (0-0.2)	25	2.5 (0.4–13.9)	
Don't know	8	2.4 (0.4-12.4)	10	1.2 (0.2-7.1)	
I can protect myself from CCHF		. ,		. ,	<0.01
Yes	380	90.5 (82.5–95.0)	191	52.5 (33.6-70.6)	
No	4	0.7 (0.2–3.2)	100	22.7 (8.3–48.8)	
Don't know	36	8.9 (4.2–17.9)	80	24.8 (12.6-43.0)	
I would welcome a CCHF survivor into my	379	89.2 (79.7–94.5)	348	94.2 (87.9–97.4)	0.17
community		. ,		. ,	

\*CCHF, Crimean Congo hemorrhagic fever.

†Percentage weighted by calculating the inverse probability of selection and applying a poststratification adjustment to each stratum to account for nonresponses.

significant association with IgG or IgM seropositivity (adjusted OR [aOR] 5.6, 95% CI 1.1–29.7). Being  $\geq$ 50 years of age was associated with having a history of infection but was not a risk factor for incident infection. Villages at lower elevations were more likely to have  $\geq$ 1 person seropositive for CCHFV in logistic regression, but the association was not statistically significant (p = 0.41).

Of 911 participant samples tested for Lyme disease, 27 showed evidence of past exposure by IgG against tickborne borrelioses (Table 6). Weighted seroprevalence in the Zhambyl region was 2.4% (95% CI 1.2%-4.6%). We detected seropositive participants in 16/30 (53.3%) villages (Figure 2); occupations were farmer or herder (n = 5), gardener or fieldworker (n= 1), healthcare worker (n = 1), veterinarian (n = 1), office or indoor worker (n = 9), retired (n = 2), homemaker (n = 3), unemployed (n = 4), and other (geologist; n = 1) (Table 6). We did not identify specific activities statistically associated with seropositivity for Lyme disease, but we identified participants who were seropositive, even in a village at 2,590 m, an elevation at which the disease had not been reported in Kazakhstan.

Of 910 samples tested for Q fever, 11 showed evidence of past exposure by *C. burnetii* IgG. Weighted seroprevalence was 1.3% (95% CI 0.3%–5.0%) with seropositivity in 5/30 (53.3%) villages (Figure 3). Occupations of the 11 seropositive participants were farmer or herder (n = 1), healthcare worker (n = 1), retired (n = 1), homemaker (n = 4), and inside or office worker (teacher, locksmith, or civil servant; n = 4;) (Table 6). Controlling for age and sex, history of herding (aOR 2.9, 95% CI 1.5–5.4) and slaughtering animals (aOR 2.7, 95% CI 1.5–4.8) had statistically significant associations with seropositivity. Villages at lower elevations were more likely to have  $\geq$ 1 person seropositive for Q fever in logistic regression, but the association was not statistically significant (p = 0.49).

#### Discussion

We conducted a serosurvey to update data on the prevalence of CCHF, Q fever, and Lyme disease in Kazakhstan. Because little is known about the seroprevalence of these diseases in central Asia, this study will increase regional awareness. Cases go undetected because of subclinical infections, nonspecific diagnostic methods, or poor surveillance.



Figure 1. Number of CCHFseropositive cases in villages included in serologic survey for tickborne diseases, Zhambyl region, Kazakhstan. Circle size denotes the number of IgG antibody-positive serology results indicating past exposure or IgM antibody-positive serology results indicating recent exposure to CCHF. Purple circles indicate that the village had previous known history of CCHF; green circles indicate the village had no known history of CCHF. CCHF, Crimean-Congo hemorrhagic fever.

Our serosurvey identified persons exposed to these pathogens who might have been missed by existing surveillance platforms.

We found a weighted seroprevalence of 1.2% of CCHF in the study region, comparable to findings from studies in Turkey, Iran, and Bulgaria that reported seroprevalences of 2.3%–2.8% (20–22). We found a seroprevalence of 3.4% in villages classified as CCHF-endemic, similar to findings from studies in Bulgaria, China, Georgia, Kosovo, and Turkey that reported seroprevalences of 3%–4% (16,22–28). Most CCHFV serosurveys have been conducted in the Middle East, with a few in Asia, and prevalence estimates range widely, even in the same country.

The comparability of our results to other published surveys is limited because many studies sampled during an outbreak or only sampled high-risk populations. Another CCHFV serosurvey from Kazakhstan found a seroprevalence of 12.7% among patients hospitalized with a fever of unknown origin in the Almaty and Kyzylorda regions (29). Studies of persons exposed to livestock in Iran and Turkey reported CCHFV seroprevalences >12% (30,31). Serosurveys in abattoir workers reported seroprevalences ranging from 0.75% to 16.5% (32,33). Studies in hyperendemic territories reported seroprevalences >10% in the general population (34–41), and a study in Kosovo reported 24% seroprevalence (42). We found moderate seroprevalence (2.4%) for *B. burgdorferi* compared with findings for other countries in the region. For instance, a serosurvey in Ukraine found seroprevalences of 25%–38% in a healthy population depending on the ecologic zone (43). However, seroprevalence could be caused by other *Borrelia* species in that region and might not be specific to the Lyme disease group of *Borreliae*. In addition,  $\leq$ 3 of 35 persons tested in some villages were seropositive (43).

We also found a lower weighted seroprevalence for Q fever (1.3%) than most reports. Our findings more closely approximate the 3.1% seroprevalence reported in the United States (44). However, as with CCHFV, prevalence of past infection varies widely by location. For instance, reports from Turkey demonstrate ≈4% seroprevalence in urban areas but 19% in rural areas (45). As we saw with Lyme disease, some villages in our sample had ≤3 of 35 participants who tested seropositive. Previous studies identified higher seroprevalence for Q fever in butchers (46,47), and our study showed 30.6% of participants seropositive for Q fever had butchered animals or handled raw meat.

A limitation of our study is that the Lyme disease assay was designed for broader reactivity and was not analytically specific to a single agent. This assay likely also reacts with relapsing fever *Borreliae*, which



Figure 2. Number of *Borrelia burgdorferi*-seropositive cases in villages included in serologic survey for tickborne diseases, Zhambyl region, Kazakhstan. Circle size denotes the number of IgG antibody-positive serology results indicating past exposure to *B. burgdorferi*.

has unknown distribution in Kazakhstan. Further, validation studies from Vanhomwegen et al. (17) reported an analytic sensitivity of 80% for CCHF IgG Vector-Best kits and 88% for the IgM kits, with a specificity of 100% for both, so the true seroprevalence could be underestimated. The same is true for Lyme disease; a study reported a sensitivity of only 68.8% for the Vector-Best Lyme IgG kit (18).

We were surprised by the few reports of tick bites, considering that ~90% of respondents listed ticks as a major problem and about one third had found ticks on their livestock. A previous survey identified crushing ticks with bare hands as common and a risk factor for CCHF (16). However, most respondents in our study reported crushing ticks with an object, suggesting contact with livestock could be a more common route of exposure among participants. This possibility could be problematic because <20% of respondents identified infected animals as a potential source of transmission. In addition, nearly half did not wear PPE when slaughtering animals, an exceptionally high-risk activity. The low recognition of the role of livestock in CCHF transmission is seen in other regions (48,49), but targeted educational campaigns have improved knowledge of transmission routes (50).

Our results have been translated into direct public health action. For instance, the serosurvey revealed that CCHFV is circulating in areas previously

unknown to have CCHF activity. Because such areas were not prioritized for educational activities, knowledge of CCHF and modes of transmission was low compared with areas of known transmission. In addition, whereas the KAP/risk factor survey revealed that most respondents understood the risks posed by ticks and many took precautions against tick bites, most did not understand the role animals play in these zoonoses, nor did they wear proper PPE when performing high-risk activities. We helped the health department clarify their pamphlets to state specific high-risk activities and describe which PPE should be worn during each activity. Formative research into the availability and affordability of PPE, as well as the cultural perceptions of PPE when performing activities that may have ritualistic significance, such as slaughtering, is warranted.

A One Health approach that recognizes the interconnectedness of animal, human, and environmental health is needed for effective zoonotic and vectorborne disease control. This study incorporated personnel from the Kazakhstan Ministry of Health, Zhambyl Oblast Public Health Protection Department, and the Ministry of Agriculture. Additional studies in the region will analyze blood and ticks collected from livestock for evidence of past zoonotic infection. Combining the results of the human serosurvey with results of the animal and tick surveys will permit more in-depth investigations into the role of



**Figure 3.** Number of *Coxiella burnetii*–seropositive cases in villages included in serologic survey for tickborne diseases, Zhambyl region, Kazakhstan. Circle size denotes the number of IgG antibody–positive serology results indicating past exposure to *C. burnetii.* 

environmental factors, such as climate and elevation, in the transmission of these pathogens.

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## **EID SPOTLIGHT TOPIC**

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## High Azole Resistance in Aspergillus fumigatus Isolates from Strawberry Fields, China, 2018

Yong Chen,<sup>1</sup> Fengshou Dong,<sup>1</sup> Jingya Zhao, Hong Fan, Chunping Qin, Runan Li, Paul E. Verweij, Yongquan Zheng,<sup>2</sup> Li Han<sup>2</sup>

In 2018, we conducted a cross-sectional study to investigate azole resistance in environmental Aspergillus fumigatus isolates obtained from different agricultural fields in China. Using 63 soil cores, we cultured for azole-resistant A. fumigatus and characterized isolates by their cyp51A gene type, short tandem repeat genotype, and mating type. Of 206 A. fumigatus isolates, 21 (10.2%) were azole resistant. Nineteen of 21 had mutations in their cyp51A gene (5 TR34/L98H, 8 TR34/L98H/S297T/ F495I, 6 TR46/Y121F/T289A). Eighteen were cultured from soil samples acquired from strawberry fields, suggesting this soil type is a potential hotspot for azole resistance selection. Twenty resistant isolates were mating type MAT1-1, suggesting asexual sporulation contributed to their evolution. Prochloraz, difenoconazole, and tebuconazole were the most frequently detected fungicides in soil samples with azole-resistant fungus. Our study results suggest that managing the fungicides used in agriculture will help contain the problem of antifungal drug resistance in clinics.

Triazoles are among the main class of drugs used for the treatment of invasive and chronic aspergillosis (1,2). However, the effectiveness of this drug class is being threatened by the emergence and global spread of azole resistance in clinical and environmental *Aspergillus fumigatus* isolates (3,4). Resistance is believed to develop predominantly through 2 distinct routes: long-term clinical azole therapy and the environmental application of azole fungicides, some of which have been shown to have

Author affiliations: Chinese People's Liberation Army Center for Disease Control and Prevention, Beijing, China (Y. Chen, J. Zhao, H. Fan, C. Qin, L. Han); Chinese Academy of Agricultural Sciences, Beijing (F. Dong, R. Li, Y. Zheng); Radboud University Medical Center, Nijmegen, the Netherlands (P.E. Verweij) molecular targets identical to those of medical triazoles and have activity against A. fumigatus (4,5). The main resistance mechanism of A. fumigatus involves point mutations in *cyp51A* (gene encoding the protein targeted by antifungal azoles) with or without a tandem repeat (TR) insertion in its promoter (6). Two cyp51A variants believed to be associated with environmental resistance selection, TR34/L98H and TR46/Y121F/T289A, are highly prevalent worldwide, although the frequency of these resistance alleles varies considerably from country to country (<5%-30%) (4,7–9). Differences in these reported resistance frequencies could be caused by the study design (i.e., the sampling strategy, number of colonies analyzed, and choice of denominator). On the other hand, the reported variances might instead reflect true differences caused by poorly understood phenomena.

One factor that could be contributing to the variation in resistance allele frequencies is differences in regional azole compound use. The use of azole fungicides provides selective pressure for the development of azole resistance among species in soils. Resistance has been reported in environmental A. fumigatus isolates in 2 studies conducted in China, and the prevalence of resistance reported in these studies was 1.4% and 2.1% (10,11). However, in these studies, the concentration of fungicides in the environment the isolates came from was not measured. Also, whether environmental hotspots exist for resistance selection is unknown. Sites supporting the growth, reproduction, and genetic variation of A. fumigatus and containing residual azole fungicides, which can facilitate the emergence, amplification, and spread of triazole resistance mutations, are considered to be potential

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hotspots for azole resistance (12). Here, we describe a cross-sectional study we conducted to investigate azole resistance in *A. fumigatus* isolates in different agricultural fields, identify hotspots of resistance, and evaluate the relationship between azole resistance and use of azole fungicides.

## Methods

## **Collection of Soil Samples**

During July–August 2018, we collected 63 soil cores from agricultural farms or greenhouses located in 8 cities of China (Harbin, Beijing, Weifang, Nanjing, Wuhan, Hangzhou, Yichun, and Loudi; Appendix Figure, https://wwwnc.cdc.gov/EID/article/26/1/19-0885-App1.pdf). We acquired soil cores (to a depth of 20 cm) near rice, watermelon, strawberry, tea leaf, mandarin orange, and vegetable (eggplant, pepper, water spinach, shallot, cabbage, and tomato) (Appendix Table 1) crops using a soil sampler.

### Isolation and Identification of A. fumigatus Isolates

We handled and plated samples according to previously described methods (13-15) with some modifications. In brief, for each soil core, we suspended 2 g of soil from the top (0 cm) and bottom (20 cm) of the column separately into 8 mL of sterile saline with 1% tween and vortexed. We then plated 100  $\mu$ L of these suspensions on Sabouraud dextrose agar supplemented with chloramphenicol (50 mg/L; Sigma-Aldrich, https://www.sigmaaldrich.com) and incubated at 42°C. We examined plates for A. fumigatus growth at 24 h, 48 h, and 72 h. We randomly selected 5 colonies showing A. fumigatus morphology for further identification. If the total number of Aspergilluslike colonies on the plate was <5, we subcultured them all. We confirmed colonies were A. fumigatus isolates by assessing their capacity to grow at 48°C and by sequencing the  $\beta$ -tubulin gene, as previously described (16).

## **Detection of Residual Fungicide in Soil Samples**

We set aside 10 g of soil from the top (0 cm) and bottom (20 cm) of soil cores for residual fungicide analysis. We detected the 6 main fungicides used in agriculture in China (difenoconazole, tebuconazole, epoxiconazole, prochloraz, imazalil, and tricyclazole) using ultra-high-performance liquid chromatography coupled with tandem mass spectrometry by using an Acquity UPLC BEH Column (2.1 mm × 50 mm, 1.7-µm particle size; Waters, https://www.waters.com) (Appendix Table 2), as previously described (17). The mobile phase of the column included chromatographically pure methanol (solution A) and 0.2% formic acid (vol/vol) in Milli-Q water (http://www.emdmillipore.com) (solution B), and the flow rate was 0.3 mL/min. We used the following gradient program to detect fungicides with the column: 10% solution A (0 min), 90% solution A (0–1.7 min), 90% solution A (0.7–3.0 min), 10% solution A (3.0–3.1 min), and 10% solution A (3.1–4.0 min).

### Screening of Azole Resistance

Because VIP check screening plates (https://www. vipcheck.nl) are not commercially available in China, we screened A. fumigatus isolates for azole resistance using azole-containing 4-well plates that we prepared. In plate wells, we used RPMI 1640 agar medium (Sigma-Aldrich) supplemented with 4 mg/L itraconazole, 2 mg/L voriconazole, 0.5 mg/L posaconazole, or no fungicide (control well), according to European Committee on Antimicrobial Susceptibility Testing (EUCAST) recommendations (18). We used 2 azole-resistant isolates (C135 and C02810) from our laboratory (19) and 1 azolesusceptible isolate (ATCC 204305; American Tissue Culture Collection, https://www.atcc.org) for quality control purposes. We performed experimental procedures and interpreted results as recommended by EUCAST (18).

## Antifungal Drug Susceptibility Testing and *cyp51A* Gene Sequencing

We conducted antifungal drug susceptibility testing for all isolates demonstrating any growth on  $\geq 1$ azole-containing agar plate. We conducted in vitro drug susceptibility testing with 3 clinical azoles (itraconazole, voriconazole, and posaconazole) and 7 azole fungicides used in agriculture (epoxiconazole, bromucanozole, tebuconazole, difenoconazole, propiconazole, imazalil, and prochloraz) using the EUCAST microbroth dilution E. Def 9.3 method (20). We used the same drug concentration ranges and methods for quality control as done in our previous study (19) and, for confirmed azole-resistant isolates, amplified and sequenced the *cyp51A* gene and its promoter, as described previously (21).

## Genotyping of A. fumigatus Isolates

For all azole-resistant isolates, we determined cell surface protein (CSP) type and short tandem repeat (STR) type (i.e., type of 9 microsatellite loci [STRAf 2A, 2B, 2C, 3A, 3B, 3C, 4A, 4B, and 4C]) by PCR amplification and sequencing (22,23). We identified the

mating type of all azole-resistant isolates and a randomly selected subset of azole-susceptible isolates using a PCR (with 2 different primer sets) designed to amplify mating type-specific genes (24). We genetically characterized the azole-resistant A. fumigatus (ARAF) isolates obtained in this study (n = 21) and other studies conducted in China (n = 30) by performing a categorical analysis of the previously mentioned 9 microsatellite markers using the UPGMA clustering in BioNumerics 7.5 (http://www.applied-maths.com). We also analyzed the STR typing data of all ARAF isolates from this study and 580 representative azoleresistant and azole-susceptible isolates from different countries (19) and presented the information as a minimum spanning tree of categorical data with default settings.

### **Statistical Analysis**

We analyzed data with SPSS 19.0 (IBM Corporation, https://www.ibm.com) and used the  $\chi^2$  test to evaluate differences in the prevalence of ARAF isolates by sample type. We considered p values <0.05 statistically significant.

### Results

## Detection of Azole-Resistant *A. fumigatus* Isolates in Soil Samples

From 126 soil sample suspensions cultured for 72 h, we obtained 210 suspected *A. fumigatus* isolates. After further phenotypic and genotypic identification, 206 isolates (140 from topsoil [0 cm] and 66 from deep soil [20 cm]) were identified as *A. fumigatus* sensu stricto (Table 1). After screening for azole resistance on self-prepared 4-well plates, 23 isolates showed the ability to grow on  $\geq$ 1 azole-containing agar. Further confirmatory MIC testing showed that 21 *A. fumigatus* isolates were azole resistant according to EUCAST criteria. The total prevalence of azole resistance among all *A. fumigatus* isolates was 10.2% (21/206).

Overall, 19 ARAF isolates were obtained from 8 topsoil samples acquired near strawberry, vegetable, and rice plants, and 2 ARAF isolates were obtained from 2 deep soil samples acquired near strawberry plants. The prevalence of ARAF isolates was higher in topsoil samples (13.6% [19/140]) than deep soil samples (3.0% [2/66],  $\chi^2 = 5.44$ ; p = 0.020). Of 10 soil cores acquired near strawberry plants, ARAF isolates were detected in 6 (60.0%) topsoil samples and 2 (20.0%) deep soil samples. The 8 soil cores positive for ARAF isolates originated from 8 different farms in Nanjing and Hangzhou in eastern China.

Table 1. Prevalence of ARAF isolates in soil samples fro	om
different crops, China, 2018*	

	Soil	No. ARAF-positive	No. ARAF					
	depth,	soil samples/no.	isolates/no.					
Crop	cm	samples (%)	isolates (%)					
Watermelon	0	0/10	0/33					
	20	0/10	0/13					
Rice	0	1/16 (6.3)	1/20 (5.0)					
	20	0/16	0/11					
Vegetable	0	1/11 (9.1)	2/33 (6.1)					
	20	0/11	0/18					
Strawberry	0	6/10 (60.0)	16/44 (36.4)					
	20	2/10 (20.0)	2/23 (8.7)					
Tea leaf	0	0/5	0/6					
	20	0/5	0/0					
Citrus	0	0/11	0/4					
	20	0/11	0/1					
Total	0	8/63 (12.7)	19/140 (13.6)					
	20	2/63 (3.2)	2/66 (3.0)					
*ARAF, azole-resistant Aspergillus fumigatus.								

## Characterization of Azole-Resistant

## A. fumigatus Isolates

Of 21 ARAF isolates, 17 were resistant to itraconazole (MIC  $\geq 4$  mg/L), 15 were resistant to voriconazole (MIC  $\geq 4$  mg/L), and all were resistant to posaconazole (MIC  $\geq$  0.5 mg/L) (Appendix Table 3). Sequencing of the *cyp51A* gene and its promoter showed that 19 ARAF isolates harbored 3 commonly identified nucleotide and amino acid change combinations, TR34/L98H (n = 5), TR34/L98H/S297T/F495I (n = 8),and TR46/Y121F/T289A (n = 6); no mutations were identified in the remaining 2 ARAF isolates (E2012-0-2 and E2012-0-4). CSP typing showed that all 5 TR34/ L98H ARAF variants corresponded to CSP type t02, 7 of 8 TR34/L98H/S297T/F495I ARAF variants corresponded to CSP type t01 or t11, and all 6 TR46/ Y121F/T289A ARAF variants corresponded to CSP type t01 or t04A. The results of mating type identification showed that 20 ARAF isolates were MAT1-1, and only 1 isolate (E2006-0-5) was MAT1-2. Among 21 randomly selected azole-susceptible A. fumigatus isolates, 12 were MAT1-1 and 9 MAT1-2.

## In Vitro Susceptibility to Azole Fungicides

High MICs of 5 azole fungicides (epoxiconazole, bromucanozol, tebuconazole, difenoconazole, and propiconazole) were required to inhibit the growth of the 19 ARAF isolates with *cyp51A* mutations (Appendix Table 3). For the 2 ARAF isolates that harbored no *cyp51A* mutations (E2012-0-2 and E2012-0-4), reference strain ATCC 204305, and the azole-susceptible *A. fumigatus* isolates in our previous study (19), the MICs of all 7 azole fungicides tested were similar. The MICs of the 2 imidazoles (imazalil and prochloraz) were greater for the TR34/L98H/S297T/F495I and TR46/Y121F/T289A ARAF isolates than they were

for the TR34/L98H ARAF isolates and the ARAF isolates without *cyp51A* mutations. For the TR34/L98H/S297T/F495I and TR46/Y121F/T289A ARAF isolates, the MICs of prochloraz were >32 mg/L.

#### Detection of Residual Azole Fungicide in Soil Samples

Of the 6 azole fungicides used in agriculture that we tested for, difenoconazole, prochloraz, and tebuconazole were the most frequently detected; epoxiconazole and imazalil were not detected in any soil samples (Table 2). Of the 10 topsoil samples acquired from strawberry-planted fields, difenoconazole (0.0104-0.0385 mg/kg) was detected in 8 and prochloraz (0.0116-0.05 mg/kg) in 7 (Appendix Table 1). We also detected prochloraz in 3 soil samples from 2 sampling sites of vegetable-planted fields. Tebuconazole was detected in 23 of the 32 topsoil and deep soil samples acquired from rice-planted fields. Prochloraz (0.0115-0.05 mg/kg) was detected in 6 of 8 ARAF-positive topsoil samples, difenoconazole (0.0115-0.0385 mg/kg) in 5 of 8, and tebuconazole (0.015-0.0805 mg/kg) in 3 of 8. No azole fungicides were detected in the 2 ARAF-positive deep soil samples. Many azole fungicides, including prochloraz and difenoconazole, had been actively used by the farmers of the fields that we sampled to control for disease during seasons of high temperatures.

#### Genetic Characterization of Azole-Resistant A. fumigatus Isolates

ARAF isolates with *cyp51A* mutations had a high diversity of STR types. We observed a close genetic relationship for 5 TR34/L98H/S297T/F495I isolates obtained from strawberry fields of 2 different farms in Hangzhou (Figure 1). The 4 TR46/Y121F/T289A variants isolated from strawberry fields of 3 different farms in Hangzhou were also closely related. The 2

ARAF isolates without *cyp51A* mutations (E2012-0-2 and E2012-0-4) were not genetically related to any other isolate from China, except for a clinical isolate with a G54V amino acid change.

We evaluated the population structure of 601 worldwide *A. fumigatus* isolates on the basis of their STR type (Figure 2). All of the ARAF isolates from Nanjing were part of the major clone complex of ARAF strains disseminated widely throughout the world. All 5 TR34/L98H/S297T/F495I isolates and 4 TR46/Y121F/T289A isolates from Hangzhou clustered within a group mainly consisting of azole-susceptible *A. fumigatus* isolates. These findings suggest that the ARAF isolates from Hangzhou and Nanjing originated from different sources.

#### Discussion

The rapid dissemination of azole resistance among A. fumigatus strains around the world has become an increasing public health problem. An investigation in the Netherlands indicated that an azole resistance mutation (a triple 46-bp repeat in the cyp51A promoter) continues to spread in the environment, and compost containing residual azole fungicide was identified as the possible hotspot for this A. fumigatus variant (25). As of November 2019, a limited number of studies were available on azole resistance among environmental A. fumigatus isolates obtained from agricultural fields in China. In 1 study, the prevalence of azole resistance among 73 A. fumigatus isolates collected from soils near crops producing vegetables and fruits (such as strawberries, grapes, carrots, watermelons, pumpkins, shallots, luffas, and eggplants) was investigated in greenhouses in Zhejiang Province (11). In that study, the authors were able to identify 3 (4.1%) resistant isolates: 1 TR34/L98H/S297T/F495I isolate and 1 TR46/Y121F/T289A isolate from soils

Table 2. Fungicides detected in soil samples acquired near different crops, China, 2018										
	Soil depth,	No. soil	No. (%) samples containing fungicide*							
Crop	cm	samples	Difenoconazole	Prochloraz	Tebuconazole	Epoxiconazole	Imazalil	Tricyclazole		
Watermelon	0	10	0	0	1 (10.0)	0	0	0		
	20	10	0	0	0	0	0	0		
Rice	0	16	0	1 (6.3)	12 (75.0)	0	0	4 (25.0)		
	20	16	0	1 (6.3)	11 (68.8)	0	0	0		
Vegetable	0	11	1 (9.1)	3 (27.3)	1 (9.1)	0	0	0		
	20	11	0	0	0	0	0	0		
Strawberry	0	10	8 (80.0)	7 (70.0)	3 (30.0)	0	0	0		
-	20	10	1 (10.0)	1 (10.0)	1 (10.0)	0	0	0		
Tea leaf	0	5	0	0	0	0	0	0		
	20	5	0	0	0	0	0	0		
Citrus	0	11	0	0	0	0	0	0		
	20	11	0	0	0	0	0	0		
Total	0	63	9 (14.3)	11 (17.5)	17 (27.0)	0	0	4 (6.3)		
	20	63	1 (1.6)	2 (3.2)	12 (19.0)	0	0	Û		

\*Detection limit for all 6 fungicides was 0.01 mg/kg.

#### Azole Resistance and Strawberry Fields, China

				1.0		5	short tar	idem re	peat, no	repeat	s in allel	e	_			
20	40	60	80	100	2A	28	2C	3A	38	3C	4A	4B	40	Isolate	Variant	Source
			-	-	14.0	21.0	8.0	32.0	9.0	6.0	8.0	10.0	20.0	E2007-0-1 •	TR34/L98H	Environmental
			1	1.1	14.0	21.0	8.0	32.0	9.0	6.0	8.0	10.0	20.0	E2007-0-2 •	TR34/L98H	Environmental
		1	_	_	14.0	20.0	8.0	32.0	9.0	6.0	8.0	10.0	20.0	E2007-20-1 •	TR34/L98H	Environmental
	-	-		_	14.0	20.0	8.0	31.0	9.0	6.0	8.0	10.0	20.0	C1664	TR34/L98H	Clinical
	1	1	_		14.0	24.0	8.0	30.0	9.0	10.0	8.0	10.0	10.0	E1976-0-1 •	TR34/L98H	Environmental
	d-			_	20.0	21.0	10.0	31.0	11.0	10.0	8.0	10.0	20.0	A31	TR34/L98H	Clinical
	-			-	10.0	21.0	8.0	43.0	9.0	10.0	12.0	10.0	12.0	E2006-0-5 •	TR46/Y121F/T289A	Environmental
				1	13.0	10.0	9.0	38.0	9.0	10.0	8.0	10.0	8.0	C116	TR34/L98H	Clinical
					13.0	10.0	9.0	38.0	9.0	10.0	8.0	10.0	8.0	C135	TR34/L98H	Clinical
					13,0	10.0	9.0	38.0	9.0	10.0	8.0	10.0	8.0	C136	TR34/L98H	Clinical
	1				13.0	10.0	9.0	38.0	9.0	10.0	8.0	10.0	8.0	C94	TR34/L98H	Clinical
					13.0	10.0	9.0	38.0	9.0	10.0	8.0	10.0	8.0	STJ0048	TR34/L98H	Clinical
				-	13.0	10.0	9.0	38,0	9.0	10,0	8.0	10.0	8.0	STJ0049	TR34/L98H	Clinical
Н	4.1		-	- 1	13.0	10.0	9.0	38.0	9.0	10.0	8.0	10.0	8.0	STJ0107	TR34/L98H/S297T	Clinical
	<u> </u>			_	13.0	9.0	9.0	38.0	9.0	10.0	8.0	10.0	8.0	STJ0105	Wild-type	Clinical
					23.0	10.0	9.0	37.0	9.0	10.0	8.0	10.0	8.0	XJ138	TR34/L98H	Clinical
			-	-	20.0	24.0	12.0	38.0	9.0	11.0	12.0	10.0	24.0	E2007-0-3 •	TR34/L98H/S297T/F495I	Environmental
1					20.0	25.0	12.0	38.0	9.0	11.0	12.0	10.0	24.0	E2007-0-4 •	TR34/L98H/S297T/F495I	Environmental
				11	23.0	23.0	8.0	31.0	11.0	7.0	16.0	10.0	8.0	E2009-0-1 •	TR34/L98H/S297T/F495I	Environmental
				_	23.0	23.0	8.0	31.0	11.0	7.0	16.0	10.0	8.0	E2009-0-2 •	TR34/L98H/S297T/F495I	Environmental
			1	1	23.0	23.0	8.0	31.0	11.0	7.0	16.0	10.0	8.0	E2010-20-1 •	TR34/L98H/S297T/F495I	Environmental
Ŀ			- 0		23.0	22.0	8.0	31.0	11.0	7.0	16.0	10.0	8.0	E2009-0-5 •	TR34/L98H/S297T/F495I	Environmental
				-	23.0	22.0	8.0	31.0	11.0	6.0	16.0	10.0	8.0	E2009-0-3 •	TR34/L98H/S297T/F495I	Environmental
-					25.0	21.0	18.0	31.0	9.0	10.0	10.0	14.0	5.0	E2007-0-5+	TR34/L98H	Environmental
		_		-	18.0	12.0	17.0	36.0	15.0	26.0	10.0	11.0	7.0	20677.089	TR34/L98H/S297T/F495I	Clinical
		1		_	23.0	12.0	17.0	43.0	13.0	7.0	10.0	11.0	7.0	20684.002	TR34/L98H/S297T/F495I	Clinical
				÷1	23.0	12.0	15.0	23.0	22.0	6.0	13.0	10.0	7.0	C485	TR34/L98H/S297T/F495I	Clinical
ſ	1	1 CT		=1	23.0	12.0	15.0	23.0	22.0	6.0	13.0	10.0	7.0	E739	TR34/L98H/S297T/F495I	Environmental
		E.		-	23.0	12.0	15.0	23.0	12.0	6.0	13.0	10.0	7.0	C96	TR34/L98H/S297T/F495I	Clinical
				_	23.0	12.0	11.0	30,0	22.0	6.0	11.0	10.0	7.0	20677,086	TR34/L98H/S297T/F495I	Clinical
		L		_	23.0	12.0	15.0	30.0	24.0	26.0	10.0	10.0	7.0	E1001	TR34/L98H/S297T/F495I	Environmental
		-		-	23.0	12.0	11.0	36.0	25.0	26.0	9.0	11.0	10.0	20643.023	TR34/L98H/S297T/F495I	Clinical
	í.			_	23.0	12.0	11,0	23,0	23.0	26,0	10.0	10.0	10.0	20677.079	TR34/L98H/S297T/F495I	Clinical
- L			-	_	27.0	12.0	11.0	35.0	19.0	26.0	9.0	9.0	10.0	20684.007	TR34/L98H/S297T/F495I	Clinical
		-		_	26.0	12.0	11.0	22.0	10.0	26.0	12.0	10.0	10.0	20684.022	TR34/L98H/S297T/F495I	Clinical
	6 B	_	-	-	18.0	20.0	15.0	42.0	24.0	6.0	9.0	10.0	10.0	20643.017	TR34/L98H/S297T/F495I	Clinical
-			-	_	18.0	20.0	15.0	43.0	23.0	6.0	15.0	10.0	10.0	STJ0140	TR34/L98H/S297T	Clinical
				_	18.0	13.0	15.0	26.0	20.0	7.0	15.0	10.0	10.0	E1999-0-1 •	TR34/L98H/S297T/F495I	Environmental
-				_	19.0	12.0	13.0	18.0	45.0	13.0	8.0	8.0	5.0	C02810	G54R	Clinical
_				1	19.0	23.0	14.0	30.0	28.0	26.0	12.0	9.0	15.0	B44	TR34/L98H/S297T/F495I	Clinical
-					19.0	23.0	14.0	30.0	28.0	26.0	12.0	9.0	15.0	851	TR34/L98H/S297T/F495I	Clinical
<u> </u>					18.0	24.0	14.0	11.0	19.0	29.0	16.0	9.0	20.0	C821	TR34/L98H	Clinical
				1	26.0	22.0	12.0	26.0	9.0	20.0	14.0	9.0	9.0	E2010-0-1 •	TR46/Y121F/T289A	Environmental
			-		26,0	22.0	12.0	26.0	9.0	20,0	14.0	9,0	9.0	E2010-0-3 •	TR46/Y121F/T289A	Environmental
			-	_	26.0	22.0	12.0	27.0	9.0	20.0	14.0	9.0	9.0	E2008-0-5 •	TR46/Y121F/T289A	Environmental
E	_	_		_	26.0	21.0	12.0	27.0	9.0	20.0	14.0	9.0	9.0	E2009-0-4 •	TR46/Y121F/T289A	Environmental
-				-	26.0	21.0	12.0	25.0	9.0	19,0	14.0	9.0	9.0	C195	TR46/Y121F/T289A	Clinical
Ŀ					26.0	21.0	12.0	21.0	17.0	11.0	10.0	11.0	10.0	E1999-0-5 •	TR46/Y121F/T289A	Environmental
	_			î	18.0	19.0	11.0	33.0	11.0	9.0	11.0	11.0	11.0	E2012-0-2 •	Wild-type	Environmental
_	1.1			7	18,0	19.0	11.0	33.0	11.0	9.0	11.0	11.0	11.0	E2012-0-4 •	Wild-type	Environmental
				_	23.0	18.0	14.0	36.0	12.0	25.0	11.0	11.0	11.0	STJ0119	G54V	Clinical

**Figure 1.** Genotypes of 21 azole-resistant *Aspergillus fumigatus* isolates obtained from farm soils in China, 2018 (black dots), and other azole-resistant *A. fumigatus* isolates from China. This dendrogram was constructed on the basis of a categorical analysis of 9 microsatellite markers (short tandem repeats 2A–4C) by using the UPGMA. Scale bar indicates percentage identity.



Figure 2. Minimum spanning tree of 21 environmental azoleresistant Aspergillus fumigatus (ARAF) isolates, China, 2018 (labeled), and 580 other ARAF and azole-susceptible A. fumigatus isolates. The tree was constructed on the basis of short tandem repeat type for all 9 microsatellite markers. Each circle represents 1 unique short tandem repeat genotype but might include multiple cyp51A variants. All ARAF isolates from Nanjing are located in the upper right clade of the tree, which represents a major clone complex of ARAF strains disseminated worldwide, All 5 TR34/L98H/ S297T/F495I and 4 TR46/Y121F/ T289A isolates from Hangzhou are located in the lower right clade of the tree, consisting mainly of azole-susceptible A. fumigatus isolates.

near strawberry plants and 1 TR46/Y121F/T289A isolate from soil near a luffa plant. However, the azole fungicide levels in the samples were not investigated, and no TR34/L98H isolate was cultured.

Our study suggests that, in China, ARAF with different *cyp51A* mutations is abundant in strawberry field soils and might be a potential hotspot for the emergence of *A. fumigatus* azole resistance. In a study conducted in the United Kingdom, azole-resistant *A. fumigatus* isolates were identified in several products, including tea and peppers, some of which originated from China (26). In this study, we found 2 ARAF isolates in soil sampled near pepper plants. The findings of these 2 studies suggest a high possibility for the transmission of ARAF isolates through international trade, which could pose a great challenge for containing the problem of azole resistance.

We characterized azole resistance of *A. fumigatus* isolates collected at 2 different soil depths, at the surface and 20 cm below the surface. Our results showed that the prevalence of ARAF isolates was much higher in topsoil samples than deep soil samples, a finding potentially attributable to different selective pressures at different soil depths. Compared with the azole fungicide detection rates in 20-cm deep soil samples, the detection rates, particularly for 3 fungicides (difenoconazole, tebuconazole, and prochloraz), in topsoil samples were substantially higher. In the 8 topsoil samples harboring the 19 ARAF isolates, we detected  $\geq$ 1 azole fungicide, prochloraz being the most prevalent.

In vitro susceptibility testing showed that the MIC of prochloraz was much higher for *A. fumigatus* TR34/L98H/S297T/F495I isolates than TR34/L98H isolates. This finding is consistent with our previous study (*19*), which suggested that F495I is needed for high imidazole MICs for TR34/L98H/S297T/F495I isolates.

The primary reason for azole fungicide application is not to prevent A. fumigatus growth but to prevent green mold, the most destructive postharvest disease of citrus plants caused by Penicillium digitatum. Imidazole is the primary fungicide used to control for this disease in China. Surveillance data have shown that imidazole-resistant P. digitatum has been isolated from the provinces of Zhejiang, Hubei, and Jiangxi, and the prevalences in these provinces are >30% (27,28). Alignments of cyp51 protein sequences have shown that F495I in cyp51A of A. fumigatus corresponds to F506I in *cyp51B* of *P. digitatum*, suggesting that these 2 pathogens harbor similar resistance mechanisms. Therefore, agricultural use of imidazole fungicides might also contribute to the emergence of azole resistance in A. fumigatus.

China produces a substantial number of agricultural products and uses a wide array of fungicides for crop protection (29). The total amount of fungicides used in agriculture in China was ≈80 million kg/year during 2013–2016, and azole fungicides accounted for more than one third of these fungicides. Triazoles (e.g., tebuconazole) and imidazoles (e.g., prochloraz) are 2 of the most commonly used azole fungicide drug classes. The national registry from the Chinese Ministry of Agriculture showed that, within the azole fungicide class, the usage of tebuconazole and prochloraz almost doubled during 2012–2016. Unlike in countries in Europe, where imidazoles are used less often than triazoles, in China, the frequency of use of imidazoles and triazoles are comparable.

The Chinese Ministry of Agriculture previously released a series of policies on pesticide use (the Zero Growth of Pesticide Usage program) to reduce overuse and inappropriate use of pesticides in agriculture, and the goal of this program was achieved in 2016. Reducing the amount of fungicide used on some crops is likely to happen in China in the near future, which will provide us the opportunity to evaluate the effect of agricultural fungicide use on clinical resistance.

The genetic analysis of ARAF isolates from this study and previous studies provided us information about the emergence of azole resistance in *A. fumigatus* in China. First, nearly all ARAF isolates were MAT1-1, except 1 isolate, E2006-0-5, which was a TR46/Y121F/T289A variant, suggesting that these ARAF isolates mainly evolved and disseminated through asexual sporulation. A possible role for sexual reproduction in the emergence of azole resistance was reported in the study of isolates from compost samples containing residual azole fungicide (25). Compost heaps are warm, dark environments low in oxygen and high in carbon dioxide that promote sexual reproduction and thus genetic recombination; hence, sexual reproduction might also facilitate the emergence of azole resistance. However, mating type has rarely been reported in most studies, so a conclusion on the role of sexual and asexual reproduction in azole resistance cannot be drawn. Second, the ARAF variants that we isolated (which harbored different cyp51A mutations) were genetically unrelated to each other, suggesting that these isolates might have evolved from different sources. Third, compared with the major ARAF clone complex of strains disseminated worldwide, the genotypes of the ARAF isolates from Hangzhou were closely related to azole-susceptible A. *fumigatus* isolates (Figure 2); this finding suggests that the isolates from Hangzhou might be new strains evolving under the selective pressure of the azole fungicides used in that environment.

In conclusion, we identified strawberry planting sites as potential hotspots for the development of azole resistance in A. fumigatus in China. The 3 most common cyp51A variants, namely TR34/L98H, TR34/ L98H/S297T/F495I, and TR46/Y121F/T289A, which accounted for nearly 90% of all the ARAF isolates in China, might be regarded as the 3 fitness peaks in the fitness landscape of A. fumigatus (30). ARAF isolates with different cyp51A mutations can coexist in the same soil sample. Both triazole and imidazole fungicides might provide the selective pressure for the development of azole resistance in A. fumigatus. The management of fungicide use in agricultural fields, especially those serving as potential resistance hotspots, such as strawberry fields, is needed to curb the emergence of antifungal drug resistance in clinics.

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## etymologia

## Picobirnavirus [pi-ko-burrnə-vi"rəs]

Yashpal S. Malik, Souvik Ghosh

*Ticobirnavirus,* the recently recognized sole r genus in the family *Picobirnaviridae,* is a small (Pico, Spanish for small), bisegmented (bi, Latin for two), double-stranded RNA virus. Picobirnaviruses were initially considered to be birna-like viruses, and the name was derived from birnavirus (bisegmented RNA), but the virions are much smaller (diameter 35 nm vs. 65 nm).

Picobirnaviruses are reported in gastroenteric and respiratory infections. These infections were first described in humans and black-footed pigmy rice rats in 1988. Thereafter, these infections have been reported in feces and intestinal contents from a wide variety of mammals with or without Figure. Picobirnavirus by negative stain electron microscopy, from diarrhea, and in birds and reptiles worldwide.

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## Tick-Borne Encephalitis Virus, United Kingdom

Maya Holding, Stuart D. Dowall, Jolyon M. Medlock, Daniel P. Carter, Steven T. Pullan, James Lewis, Richard Vipond, Mara S. Rocchi, Matthew Baylis, Roger Hewson

During February 2018–January 2019, we conducted large-scale surveillance for the presence and prevalence of tick-borne encephalitis virus (TBEV) and louping ill virus (LIV) in sentinel animals and ticks in the United Kingdom. Serum was collected from 1,309 deer culled across England and Scotland. Overall, 4% of samples were ELISA-positive for the TBEV serocomplex. A focus in the Thetford Forest area had the highest proportion (47.7%) of seropositive samples. Ticks collected from culled deer within seropositive regions were tested for viral RNA; 5 of 2,041 ticks tested positive by LIV/TBEV real-time reverse transcription PCR, all from within the Thetford Forest area. From 1 tick, we identified a fulllength genomic sequence of TBEV. Thus, using deer as sentinels revealed a potential TBEV focus in the United Kingdom. This detection of TBEV genomic sequence in UK ticks has important public health implications, especially for undiagnosed encephalitis.

The only tickborne flavivirus in the United Kingdom documented to cause disease in vertebrates is louping ill virus (LIV), a virus transmitted by the deer/sheep tick, *Ixodes ricinus* (1). This tick species is

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in the United Kingdom and a known vector of Lyme borreliosis. LIV is most commonly detected in sheep, cattle, and red grouse and has been reported in Scotland, Wales, and England (primarily Cumbria, Devon, and North Yorkshire) (1). Humans are incidental hosts for LIV, and infection has been reported infrequently; ≈45 clinical cases have been linked to encephalitis during the past 85 years (1,2). However, the short window of acute infection leads to uncertainty about whether suspected cases resulted from LIV infection or some other cause, although serologic analysis to analyze recent exposure through induction of IgM-specific responses, in combination with clinical symptoms, could inform a presumptive diagnosis. Human cases are mostly linked to occupational exposure, particularly in abattoir or farm workers and occasionally in laboratory staff (2). Although the UK Animal and Plant Health Agency holds a database of confirmed diagnoses of LIV in livestock (3,4), the distribution and regional prevalence of LIV has not been fully defined. Records of distribution and regional prevalence are based on voluntary submissions by farmers and veterinarians from symptomatic livestock (1), from which private submissions are not integrated. Serologic analysis has been complicated; some animals received vaccination before its withdrawal.

the most abundant and widely distributed tick species

Tick-borne encephalitis virus (TBEV) is a closely related flavivirus that, although known to be less virulent than LIV for sheep (5), causes a neurologic disease (tick-borne encephalitis [TBE]) after transmission to humans by infected ticks, producing clinical disease in an estimated one third of TBEV infections (6). TBE typically has a biphasic course starting with a prodromal phase with influenza-like symptoms, followed by a symptom-free interval before neurologic disease occurs; neurologic disease ranges from mild meningitis to severe encephalitis with or without myelitis and spinal paralysis (7). Three classic subtypes of TBEV are recognized: European (TBEV-Eu), Siberian, and Far Eastern. Two additional TBEV subtypes have recently

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been proposed: Baikalian subtype and the Himalayan subtype (8). TBEV-Eu is the prevailing subtype in Western Europe where it is primarily transmitted by I. ricinus ticks and is maintained within forest and meadow biotypes in endemic foci. In the United Kingdom, TBE is considered an imported disease; opportunities for the virus to become established principally are limited because the UK climate was not thought to support the specific conditions required for enzoonotic cycles to be established for TBEV to become endemic (9). However, changes in climate have affected the emergence, distribution, and abundance of *I. ricinus* in the United Kingdom (10); thus, the risk for tickborne disease has increased (11). A recent study provided evidence that co-infestation of tick larvae and nymphs occurs in small mammals in UK woodland (12). The increasing range of TBEV in Western Europe was underscored recently when the Netherlands reported its first human case in 2016 (13). Moreover, retrospective serologic screening of deer serum samples and molecular analysis of questing ticks found evidence of TBEV circulation in the Netherlands as far back as 2010 and 2015 (13,14). Given the increasing possibility that TBEV could be circulating in the United Kingdom, Public Health England developed a surveillance program focusing on wild animals and ticks.

In TBEV-endemic areas in continental Europe, the prevalence of TBEV in questing ticks is low, rarely exceeding 1% even in regions where the incidence of human infections is high (*15*). Therefore, instead of screening ticks directly, we used sentinel animals first to identify serologic evidence of TBEV to highlight sites for focused tick testing by specific TBEV detection using real-time reverse transcription PCR (rRT-PCR). Deer are proven as reliable sentinels for identifying areas where TBEV is present (*13,15*) because they have a limited home range, are available in large numbers, and are broadly dispersed within the surveillance areas. They also show long-lasting antibody responses after natural exposure to flaviviruses (*15,16*).

For our study, collectors retrieved blood samples from deer culled in England and Scotland during February 2018–January 2019; when available, they also collected tick samples. We tested the blood samples for TBEV or LIV antibodies and the ticks for the presence of viral RNA by rRT-PCR.

## Methods

## Sample Collection

We recruited persons involved in routine management of deer from across the United Kingdom to collect serum and tick samples from any species of deer. This program was promoted through organizations involved in deer management. These deerstalkers submitted 1,323 serum samples (and tick samples where present) from deer culled in England and Scotland during February 2018–January 2019. The University of Liverpool Ethics Committee (ref: VREC596) granted ethics approval for this study on February 1, 2018.

Blood samples were collected in serum-separation vacutainers from the chest cavity during gralloching, and blood-fed ticks were collected from any location on the deer carcass. Samples were centrifuged at 1,500 relative centrifugal force for 10 min and aliquoted. Serum and tick samples were stored at  $-80^{\circ}$ C until further processing.

## **ELISA** Testing

We tested serum samples for antibodies to TBEV using the commercial Immunozym FSME IgG All Species ELISA (Progen, https://www.progen.com) according to the manufacturer's instructions. We read plates at an optical density ratio of 450 nm. We considered samples with a reading of  $\geq$ 127 Vienna units/mL to be seropositive.

## Hemagglutination Inhibition Testing

We tested serum samples for antibodies to LIV using a hemagglutination inhibition (HAI) test (17,18). We considered samples with a titer  $\geq$ 20 seropositive. A small number of samples did not have sufficient serum for HAI testing.

## **Tick Identification and RNA Extraction**

We morphologically identified all ticks collected from culled deer within a 15-km radius of any TBEV ELISA-seropositive deer (19) to life stage and species level. We individually homogenized the ticks in 300  $\mu$ L RLT buffer (QIAGEN, https://www.qiagen.com) in MK28-R Precellys homogenizing tubes using a Precellys 24 homogenizer (Bertin, https:// www.bertin-instruments.com) at 5,500 rpm for 5 sec, followed by a 30-sec break; we repeated this process 4 times. We then added 300  $\mu$ L of isopropanol and passed the tick homogenate through a QIAshredder (QIAGEN). We extracted total RNA using the BioSprint 96 One-For-All Vet Kit (QIAGEN) and eluted it into 100  $\mu$ L AVE buffer according to the manufacturer's instructions.

## rRT-PCR

We tested individual tick samples for LIV/TBEV RNA using a sensitive LIV/TBEV assay (20). We

amplified RNA in 20  $\mu$ L rRT-PCR mix containing 0.8  $\mu$ L Invitrogen (https://www.thermofisher.com) Superscript III/Platinum Taq Mix, 10  $\mu$ L Invitrogen 2X reaction mix, 1.6  $\mu$ L 50 mmol/L MgSO<sub>4</sub>, 1  $\mu$ L of 1  $\mu$ mol/L forward primer, 1  $\mu$ L of 18  $\mu$ mol/L reverse primer, 0.2  $\mu$ L of 25  $\mu$ mol/L probe, 5  $\mu$ L template, and 0.4  $\mu$ L molecular-grade water.

We also tested all RNA-positive samples using a secondary assay designed to detect only LIV (21). We amplified RNA in 20  $\mu$ L rRT-PCR mix containing 0.8  $\mu$ L Invitrogen Superscript III/Platinum Taq Mix, 10  $\mu$ L Invitrogen 2X reaction mix, 0.8  $\mu$ L of 10  $\mu$ mol/L forward primer, 1.8  $\mu$ L of 10  $\mu$ mol/L reverse primer, 1.0  $\mu$ L of 5  $\mu$ mol/L probe, 5  $\mu$ L template, and 0.6  $\mu$ L molecular-grade water.

#### Sequencing and Phylogenetic Analysis

We prepared the tick sample that showed a high level of TBEV RNA for metagenomic RNA sequencing (22) and assembled the sequencing data using SPAdes version 3.1.1 (23). We inferred the evolutionary history by using the maximum-likelihood method based on the Tamura 3-parameter model (24). We used the tree with the highest log likelihood. We automatically obtained initial trees for the heuristic search by applying neighbor-joining and BioNJ (25) algorithms to a matrix of pairwise distances estimated using the maximum composite likelihood approach and then selecting the topology with superior log likelihood value. The analysis involved 10 full-length genomic TBEV nucleotidesequences and was performed using Molecular Evolutionary Genetics Analysis version 7.0 software (26).

#### Results

Deerstalkers submitted a total of 1,323 serum samples, of which 14 samples were excluded from analysis because of insufficient location or deer species information. Serum samples were obtained from 5 deer species and a hybrid of 2 species; 61% of samples submitted were from male deer. The most frequently sampled species were roe deer (*Capreolus capreolus*) (51%), followed by fallow deer (*Dama dama*) (19%). Samples were submitted from across Scotland and England, but distribution and density of samples varied by county (Figure 1, panel C). A limited number of samples were submitted from across the Midlands and parts of Northern England; no samples were submitted from Wales.

Of serum samples from across the United Kingdom, 4% were positive by ELISA, and 5% by HAI. Cohen's  $\kappa$  indicated substantial agreement (0.61) between the methods, indicating ELISA results agreed closely with HAI test results (Table 1). ELISA yielded positive results in all deer species for which it was used. These were 27/663 roe, 10/246 fallow, 9/242 red deer (*Cervus elaphus*), 6/108 muntjac (*Muntiacus reevesi*), 1/48 sika (*Cervus nippon*), and 0/2 red/sika hybrids. HAI determined the following positives: 28/662 roe, 15/245 fallow, 18/242 red, 7/106 muntjac, 0/45 sika, and 1/2 red/sika hybrid.



**Figure 1.** Results for deer serum samples and ticks tested for tick-borne encephalitis virus, United Kingdom. A, B) Number of samples tested and seroprevalence of samples positive by ELISA (A) and HAI (B). C) Number of ticks tested by county; inset shows magnification of testing area with ticks positive by real-time reverse transcription PCR. HAI, hemagglutination inhibition. Source: Ordnance Survey data, © Crown copyright and database right 2019; and National Statistics data, © Crown copyright and database right 2019.

ELISA- and HAI-positive samples were geographically distributed to specific areas (Figure 1, panels A, B); seroprevalence was high in southwestern Norfolk and northwestern Suffolk (Thetford Forest) in the east of England. Norfolk had the highest seroprevalence detected by ELISA (51.4%), followed by Hampshire (14.3%), Suffolk (10.7%), and Scottish Highlands (8.6%) (Table 2).

Of all ticks submitted from deer carcasses, 2,041 collected from 339 deer were from within 15 km of an ELISA-positive result. All ticks were identified as *I. ricinus*; 1,450 were adult females, 585 adult males, and 6 nymphs. Tick availability for testing by area of seropositive foci varied (Figure 1, panel C); most ticks tested were collected from Argyll and Bute, and an average of 6 ticks were tested per deer. Five (4 adult males, 1 adult female) of the 2,041 ticks tested positive by the LIV/TBEV rRT-PCR (20) and were all within the Norfolk/Suffolk focus (Figure 1, panel C). No LIV RNA was detected in these 5 ticks when they were tested by rRT-PCR designed to detect only LIV (21). The 192 ticks tested from within the Norfolk/Suffolk focus resulted in a prevalence of 2.6% in this area.

One tick (male) showed high levels of TBEV RNA (cycle threshold 15.4). Sequencing revealed a full-length TBEV genome designated TBEV-UK (Gen-Bank accession no. MN128700). Phylogenetic analysis illustrates this as a TBEV-Eu subtype; it is most close-ly related to the Norwegian Mandal strain of TBEV isolated from ticks in 2009 (Figure 2), sharing a 99% sequence identity.

#### Discussion

The detection of TBEV in the United Kingdom is important because TBEV can infect humans, causing febrile illness and neurologic complications including

 Table 1. Variation between ELISA for tick-borne encephalitis

 virus and HAI for louping ill virus, United Kingdom\*

	_								
ELISA result	Positive	Negative <sup>†</sup>	Not tested	Total					
Positive	38	14	1	53					
Negative <sup>‡</sup>	31	1,219	6	1,255					
Total	69	1,233	7	1,309					
*HAI, hemagglutination inhibition.									
†HAI negative, borderline, unknown.									
‡ELISA negative/borderline.									

encephalitis. This evidence is contrary to earlier predictions based on climate change (9) that did not forecast a spread of TBEV to the United Kingdom. However, in addition to climate change, the spread of the tick vector, TBEV, and associated viruses into new regions can be influenced by a variety of other factors, such as transportation of animals and alterations in land management (27).

Serologic evidence suggests a high prevalence (47.7%) of exposure of deer to flaviviruses, such as TBEV and LIV, in the Norfolk/Suffolk (Thetford Forest) focal area. This seroprevalence is within the upper levels detected in TBEV risk areas of Europe, where seroprevalence studies in deer rarely exceed 50% (15,16,28,29). In addition, the detected prevalence of flavivirus RNA in ticks collected from deer of 2.6% within the Thetford Forest area falls within the range of findings from other studies in mainland Europe that tested blood-fed ticks (15). The deer were culled within a large forest habitat, which aligns closer with ecology required for TBEV, rather than LIV, maintenance (7). Based on these findings, and the evidence that all rRT-PCR-positive results were for TBEV and not LIV, we propose that TBEV is established and is being maintained through enzootic cycles within the Thetford Forest area, rather than resulting from multiple importation events, which is in line with

Table 2. ELISA- and HAI-positive results for tick-borne encephalitis virus from counties from which serum samples were submitted, United Kingdom\*

	ELI	SA	HAI		
County and country	No. positive/no. tested	% Positive (95% CI)†	No. positive/no. tested	% Positive (95% CI)†	
Norfolk, England	18/35	51.43 (35.57–67.01)	16/35	45.71 (30.46-61.82)	
Hampshire, England	15/105	14.29 (8.74–22.35)	14/104	13.46 (8.07–21.46)	
Suffolk, England	3/28	10.71 (2.90–28.01)	2/28	7.14 (0.90–23.73)	
Highland, Scotland	7/81	8.64 (3.99–17.04)	8/81	9.88 (4.86-18.53)	
Perth and Kinross, Scotland	2/33	6.06 (0.68–20.60)	10/33	30.30 (17.25–47.46)	
Dorset, England	2/72	2.78 (0.19–10.15)	0/70	0.00 (0.00-6.23)	
Cumbria, England	2/95	2.11 (0.12-7.81)	4/95	4.21 (1.31-10.67)	
Argyll and Bute, Scotland	3/158	1.90 (0.40-5.69)	5/158	3.16 (1.16-7.39)	
Wiltshire, England	1/56	1.79 (0.00–10.34)	5/55	9.09 (3.53–19.99)	
Stirling, Scotland	0/2	0.00 (0.00-70.98)	1/2	50.00 (9.45-90.55)	
Somerset, England	0/13	0.00 (0.00–26.59)	1/13	7.69 (0.00–35.42)	
Moray, Scotland	0/19	0.00 (0.00-19.79)	1/19	5.26 (0.00-26.48)	
Gloucestershire, England	0/24	0.00 (0.0016.31)	1/24	4.17 (0.00–21.87)	
Aberdeenshire, Scotland	0/32	0.00 (0.00–12.73)	1/32	3.13 (0.00–17.11)	

\*HAI, hemagglutination inhibition.

†95% CIs computed by Agresti Coull method.

findings in many endemic focal areas of TBEV (30). The hypothesis that TBEV infection might be maintained in Thetford Forest is supported by previous work in the United Kingdom that provided evidence of co-feeding between ticks from different life stages on small mammals in a southern English woodland, which is a crucial factor for the maintenance of TBEV (9,12). In addition, our positive serology data support the concept that the virus is circulating nonviremically in local wildlife and by cycling among the co-feeding nymphs, larvae, and adult ticks, through nonviremic transmission. Good evidence shows that TBEV is maintained in other parts of Europe through nonviremic transmission (31).

In other study areas, we detected serologic evidence of flavivirus exposure but not viral RNA in ticks. The close homology between LIV and TBEV presents challenges when serologic methods are used alone because the tests cannot distinguish between



**Figure 2.** Phylogenetic relationship between TBEV-UK from a tick in the United Kingdom and contemporary strains of TBEV. The tree was constructed with a maximum-likelihood analysis using full-length complete TBEV genomes and is rooted with the tickborne Powassan virus. GenBank accession numbers of each sequence are provided in brackets. TBEV, tick-borne encephalitis virus; TBEV-Eu, TBEV-European; TBEV-FE, TBEV-Far Eastern; TBEV-S, TBEV-Siberian; TBEV-UK, TBEV-United Kingdom.

them. Thus, based on such data, confirming which virus is responsible for the seroreactivity in the areas where LIV has previously been reported is not possible. Previous reports of LIV prevalence are limited; just one study showed up to 15.3% of ticks positive for LIV (32). However, other researchers have not confirmed these data, and our results indicate a much lower prevalence. Nevertheless, we did not find any published clinical reports of LIV in Hampshire livestock despite our detected seroprevalence of 14.3% by ELISA (1,3,4). Although additional tick and small mammal ecology studies are needed to build on serologic data, evidence shows the maintenance of TBEV in the identified focal endemic area.

The genomic sequence of TBEV-UK shows close identity to a TBEV-Eu virus isolated in 2009 from questing ticks collected in Norway. This similarity suggests that TBEV-UK might have been brought to the United Kingdom on migratory birds, such as blackbirds (Turdus merula) and redwings (Turdus iliacus) (33), which are known to transport ticks over wide distances (34-37). The United Kingdom experiences a large influx of migratory birds each autumn from several TBEV-endemic countries in northern Europe, including Norway. During this migration, birds first arrive on the east coast of the United Kingdom, and it is feasible that TBEV-UK could have originated from a tick imported by an autumn migratory bird. We are collecting tick samples from migratory birds to assess the proportion of tick-infested birds arriving in the United Kingdom and testing these imported ticks for TBEV (among other potential pathogens). In addition, because of lower viral RNA levels, we are looking into primer-amplification sequencing approaches to further decipher the virus responsible for the rRT-PCR-positive samples detected from Thetford Forest.

For zoonotic infections, detection of a pathogen in the animal reservoir/host, vector, or both often precedes the emergence of human infection (*38*). Such was the case in the Netherlands, where deer serum samples, collected 6 years before the first cases in humans (*13*), demonstrated serologic evidence of TBEV infection (*14*). Similarly, in Spain, Crimean-Congo hemorrhagic fever virus was first reported in ticks in 2010 (*39*), before autochthonous infections in humans was identified in 2017 (*40*). Within the focal TBEVendemic areas we identified in this study, seroepidemiologic studies should be undertaken, particularly in risk groups that include patients presenting to general practitioners and hospitals with central nervous system symptoms.

Although UK-TBEV has not been linked to human disease, it nevertheless shows close homology

to pathogenic isolates of TBEV and should be considered to be a potential public health risk. Thus, clinicians in the United Kingdom should consider the European Union case definition of TBE (41) and include TBE in the differential diagnosis of patients with symptoms of meningoencephalitis, especially if they have been exposed to a tick bite, even if they have not traveled recently to a known TBE-endemic country. The European Union case definition specifies clinical criteria as any person presenting with inflammation of the central nervous system. In addition to meeting clinical criteria, laboratory case confirmation requires >1 of the following 5 criteria to be satisfied: 1) detection of TBEV nucleic acid, 2) viral isolation from clinical specimens, 3) TBEV-specific IgM and IgG in blood, 4) TBEV-specific IgM in cerebrospinal fluid, and 5) seroconversion or 4-fold increase of TBEV-specific antibodies in paired serum samples (41).

Although no autochthonous cases of clinical human disease have been diagnosed in the United Kingdom, up to 60% of encephalitis cases reach no diagnosis (42). Therefore, our results indicate that TBEV should be considered as a potential cause in encephalitis patients, and the wide distribution of the natural vector in the United Kingdom indicates a need for close monitoring and a potential for geographic spread and expanding risk areas.

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## Phenotypic and Genotypic Correlates of Penicillin Susceptibility in Nontoxigenic Corynebacterium diphtheriae, British Columbia, Canada, 2015–2018

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In 2015, the Clinical and Laboratory Standards Institute (CLSI) updated its breakpoints for penicillin susceptibility in Corynebacterium species from ≤1 mg/L to ≤0.12 mg/L. We assessed the effect of this change on C. diphtheriae susceptibility reported at an inner city, tertiary care center in Vancouver, British Columbia, Canada, during 2015-2018 and performed whole-genome sequencing to investigate phenotypic and genotypic resistance to penicillin. We identified 44/45 isolates that were intermediately susceptible to penicillin by the 2015 breakpoint, despite meeting previous CLSI criteria for susceptibility. Sequencing did not reveal β-lactam resistance genes. Multilocus sequence typing revealed a notable predominance of sequence type 76. Overall, we saw no evidence of penicillin nonsusceptibility at the phenotypic or genotypic level in C. diphtheriae isolates from our institution. The 2015 CLSI breakpoint change could cause misclassification of penicillin susceptibility in C. diphtheriae isolates, potentially leading to suboptimal antimicrobial treatment selection.

Since the introduction of the diphtheria toxoid vaccine, cases of diphtheria caused by toxigenic strains of *Corynebacterium diphtheriae* have decreased (1). More recently, however, *C. diphtheriae* appears to have reemerged, with outbreaks of diphtheria

occurring globally and with increasing frequency. In the 1990s, states in the former Soviet Union experienced several epidemics (2). Since 2010, outbreaks have been described almost yearly and span the globe, including South America (3,4), Southeast Asia (5), South Africa (6,7), and Europe (8,9). Data from national surveillance programs, such as one in Latvia, have shown that diphtheria incidence can increase despite adequate vaccination programs (10). Furthermore, serologic studies performed in Europe show that waning or inadequate immunity to diphtheria is becoming more common, indicating populations increasingly are susceptible to diphtheria reemergence (11,12).

Those living in impoverished, urban settings, even in developed countries, appear to be especially susceptible to C. diphtheriae infection. Nontoxigenic strains have been shown to have epidemic potential, causing infections in persons afflicted by homelessness, alcohol abuse, and injection drug use (9,13–15). Nontoxigenic strains of C. diphtheriae, against which the toxoid vaccine does not provide immunity, are being reported with greater frequency as a source of severe disease, both in the form of cutaneous diphtheria and more invasive infections, such as bacteremia and endocarditis (14–21). In addition, nontoxigenic strains have the potential to become toxigenic through exposure to corynebacteriophages carrying the toxin gene, particularly through contact with toxin-producing strains carried by travelers returning from diphtheria-endemic countries (22). Use of available, effective, and well-tolerated antimicrobial drugs

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targeted to *C. diphtheriae* infection can counter the growing threat.

Currently, penicillin and erythromycin are considered first-line antimicrobial drugs for diphtheria treatment (23). Since 2010, a limited number of case reports from Canada, the United States, and the United Kingdom have described C. diphtheriae isolates resistant to penicillin and other conventional antimicrobial drugs (24-26). In 2015, the Clinical and Laboratory Standards Institute (CLSI) lowered the penicillin-susceptible breakpoint for C. diphtheriae from a MIC of <1 mg/L to <0.12 mg/L, citing expert opinions and discordance with breakpoints determined by the European Committee on Antimicrobial Susceptibility Testing as reasons for the change (27,28). With the change, many C. diphtheriae isolates previously considered penicillin-susceptible are now classified as penicillin-intermediate (i.e., intermediately susceptible to penicillin). Consequently, clinicians might opt for alternative antimicrobial drug regimens, such as clindamycin, vancomycin, or erythromycin, the alternative first-line agent. However, these drugs are limited by gastrointestinal side effects, increased risk for C. difficile infection, and unnecessary broad-spectrum antimicrobial exposure.

No published reports have demonstrated whether the reclassification of some C. diphtheriae isolates to penicillin-intermediate truly reflects an increasing prevalence of penicillin resistance at the phenotypic and genotypic levels. Limited evidence of penicillin-resistant C. diphtheriae infections have been reported in cases in which failure of initial penicillin therapy necessitated a change to broadspectrum antimicrobial drugs before the patients' clinical signs and symptoms improved (24,26). The absence of large-scale susceptibility testing leaves a scarcity of data. One available study reviewed susceptibility testing performed on  $\approx 200$  C. diphtheriae isolates collected from various provincial reference laboratories across Canada during 2006-2015 and found 100% of isolates tested were susceptible to penicillin, as defined by a MIC of <1 mg/L (29).

*C. diphtheriae* is a reemerging pathogen of public health concern and penicillin breakpoint changes could have implications for clinical treatment. We assessed the evolving trends in *C. diphtheriae* antimicrobial nonsusceptibility at the phenotypic and genotypic levels by performing susceptibility testing and whole-genome sequencing (WGS) analysis on isolates collected in Vancouver, British Columbia, Canada, during 2015–2018.

## **Materials and Methods**

### Collection of C. diphtheriae isolates

We isolated C. diphtheriae from blood, throat, and wound cultures collected from inpatients and outpatients at St. Paul's Hospital, an inner city, tertiary care center in Vancouver, during March 2015-September 2018. We included all unique C. diphtheriae isolates. For patients with multiple C. diphtheriae isolates during the study period, we only included the first isolate. One patient in the study had 2 isolates recovered the same day from blood and wound cultures; we only obtained MICs from the blood isolate, but we performed WGS on the wound isolate, assuming the 2 isolates would represent the same strain. We confirmed C. diphtheriae isolates by using methods described previously (14). The National Microbiology Laboratory of the Public Health Agency of Canada confirmed all isolates were nontoxigenic by using a modified Elek test and PCR. We obtained ethics approval for this study from the University of British Columbia-Providence Health Care Research Ethics Board.

## Antimicrobial Susceptibility Testing and Interpretation

We performed antimicrobial susceptibility testing for penicillin, erythromycin, clindamycin, and vancomycin by using Etest (bioMérieux, https://www. biomerieux.com). We interpreted results by using breakpoints from the second edition of the CLSI M45 guidelines (30) published in 2010 and from the third edition (27) published in 2015.

### WGS, Multilocus Sequence Type, and Antimicrobial Resistance Marker Analysis

We stored *C. diphtheriae* isolates in trypticase soy broth with 13.8% glycerol at –70°C. For WGS, we thawed and subcultured the isolates onto 5% sheep blood agar plates. We incubated single isolates in Mueller-Hinton broth at 37°C for 48 h. After incubation, we resuspended the cultures in phosphate buffered saline with 1% sodium dodecyl sulfate and 0.25 mg/mL proteinase K and incubated them overnight at 55°C before heating to 95°C for 15 min and bead lysing on the TissueLyser LT (QIAGEN, https://www.qiagen. com) at a setting of 50 for 2 min. We performed DNA extraction on the MagNA Pure Compact (Roche Diagnostics, https://www.roche.com) and eluted in 50  $\mu$ L elution buffer.

We used the KAPA HyperPlus Kit with KAPA dual-indexed adapters (Roche Sequencing, https:// sequencing.roche.com) for WGS. We assessed DNA library quality by using Agilent High Sensitivity DNA

Chips on the Bioanalyzer 2000 (Agilent Technologies, https://www.agilent.com). After normalization of the samples, we sequenced DNA on the MiSeq (Illumina, https://www.illumina.com) platform using MiSeq Reagent 2×300 V3 Kit (Illumina). We submitted processing codes to GitHub (https://github.com/ schorlton/cdip\_sequencing). We preprocessed reads to remove low-quality and contaminated sequences, and then performed de novo assembly. We identified multilocus sequence types (STs) through analysis of assembled scaffolds by using the Center for Genomic Epidemiology database version 2.0.0 and multilocus sequence type (MLST) tool 2.0.1 (https://www. genomicepidemiology.org). We identified antimicrobial nonsusceptibility by using the Resistance Gene Identifier in the CARD database version 3.0.2 (31,32; http://card.mcmaster.ca) to locate individual markers of nonsusceptibility.

#### Results

#### **Isolate Characteristics**

We identified 60 nontoxigenic *C. diphtheriae* isolates during the study period, 1 from a blood culture, 1 from a throat culture, and 58 from wound cultures. We identified 4 isolates in 2015, 12 in 2016, 26 in 2017, and 18 in 2018. We conducted WGS on 56/60 (93.3%) isolates and obtained MICs from susceptibility testing for 45/60 (75%) isolates.

## Antimicrobial Susceptibility Testing

We obtained MICs by susceptibility testing for penicillin, erythromycin, clindamycin, and vancomycin (Figure). The MIC required for 50% growth inhibition for penicillin was 0.25 mg/L and for 90% growth inhibition was 0.38 mg/L. Using the 2010 edition of the CLSI breakpoints, all isolates were penicillin-susceptible. Using the 2015 edition of CLSI breakpoints, all isolates, except 1 with a MIC of 0.125 mg/L, were nonsusceptible (Figure, panel A). The distribution of MICs for penicillin did not change greatly over the study period. One isolate was resistant to erythromycin and clindamycin with a MIC of >256 mg/L for both agents (Figure, panel B). All isolates tested were susceptible to vancomycin (Figure, panel B). Interpretations for erythromycin, clindamycin, and vancomycin testing were unchanged between the 2010 and 2015 CLSI M45 breakpoints.

#### WGS Analysis, MLST, and Genotypic Correlates of Resistance

MLST typing revealed ST76 was the predominant strain in our study, in 52/56 isolates. We also noted 1

each of ST5, ST32, ST319, and 1 novel ST most similar to ST441/442/444.

We sequenced 56 isolates to investigate resistance markers, yielding a median of 0.4 million (interquartile range [IQR] 0.3–1.05 million) paired-end reads per sample and an estimated median coverage of



**Figure.** Distribution of MICs from antimicrobial susceptibility testing on *Corynebacterium diphtheriae* isolates collected at St. Paul's Hospital, Vancouver, British Columbia, Canada during March 2015–September 2018. A) MICs from penicillin susceptibility testing. Green box indicates penicillin-susceptible breakpoints from the 2010 Clinical Laboratory Standards Institute (CLSI) M45 guidelines (*30*); red box indicates penicillin-susceptible breakpoints from the 2015 CLSI M45 guidelines (*27*). B) MICs for erythromycin, clindamycin, and vancomycin susceptibility testing.

100<sup>°</sup> (IQR 75–263<sup>°</sup>) per isolate. Of the 56 samples sequenced, 27 had a mean read quality >30 before trimming; all samples had a mean read quality >24. We successfully assembled genomes for 45 study isolates, recovering a median of 59 contigs (IQR 55–62 contigs) and 2.388 Mbp (IQR 2.387–2.389 Mbp). We recovered 50% of each assembly length with contigs of 158.8 kbp (IQR 158.8–180.3 kbp) or longer. An additional 11 isolates had incomplete or fragmented assemblies, a median of 530 contigs (IQR 190–1,302 contigs), a length of 2.38 Mbp (IQR 2.086–2.398 Mbp), and an N50 (the length of the smallest contig among the set of the largest contigs that together cover >50% of the assembly) of 7.1 kbp (IQR 1.8–27.7 kbp).

In the fully assembled genomes, 39/45 isolates had the *sul1* gene, conferring sulfonamide resistance, 1 isolate had *tetO*, conferring tetracycline resistance, and 1 isolate had a plasmid harboring *ermX*, conferring macrolide and lincosamide resistance. The isolate carrying *ermX* exhibited phenotypic resistance to erythromycin and clindamycin during susceptibility testing with MIC of >256 mg/L (Figure, panel B). We detected *sul1* in 7/11 incomplete assemblies. None of the isolates we tested contained single-nucleotide variants in the CARD database, nor any markers of  $\beta$ -lactam resistance.

## Discussion

Reports of C. diphtheriae outbreaks are becoming increasingly common. In particular, nontoxigenic strains pose a major threat to public health because they are not targeted by the current diphtheria toxoid vaccine and can cause invasive infections. Most (44/45) C. diphtheriae isolates collected at our institution during 2015-2018 were reported as penicillinintermediate in accordance with the updated 2015 CLSI M45 breakpoints. However, this reclassification of susceptibility does not appear to be supported by evidence of resistance to penicillin at the phenotypic or genotypic level, at least within isolates identified from our institution's inner-city catchment area. In addition, the distribution of MICs for penicillin does not appear to have changed substantially over the 4-year study period.

Antimicrobial susceptibility testing revealed 2.2% of isolates in our study were erythromycin-resistant, but none were penicillin-resistant. These results are similar to those from a 2015 study in Canada by Bernard et al. (29) in which 32/195 (16.4%) isolates were erythromycin-resistant (MIC of >2 mg/L) by broth microdilution susceptibility testing, but none were penicillin-intermediate or penicillin-resistant (MIC of >1 mg/L).

Misclassification of penicillin susceptibility could have clinical implications. A preference for erythromycin over penicillin as a first-line therapy for *C. diphtheriae* infection could increase rates of inappropriate treatment because of greater rates of erythromycin resistance observed to date. Another disadvantage of using erythromycin for treating patients with cutaneous diphtheria is that wound cultures positive for *C. diphtheriae* often are concurrently positive for group A *Streptococcus*, for which penicillin is the optimal antimicrobial agent (13).

Maintaining effective antimicrobial options is essential to curtailing future outbreaks. The change in the breakpoint for penicillin susceptibility published in the CLSI M45 third edition in 2015 (27) could affect treatment decisions by clinicians. Clinical outcomes are unclear for patients with *C. diphtheriae* infection with MICs in the 0.12–1 mg/L range. A 2011 case report in Canada described a multidrug resistant *C. diphtheriae* isolate harboring the *ermX* gene and exhibiting resistance to erythromycin, clindamycin, and sulfonamide (25). The isolate had an MIC of penicillin of 0.25 mg/L and the patient ultimately was treated successfully with cephalexin (25).

Cases of penicillin treatment failure have been described in other reports. A case of *C. diphtheriae* endocarditis (MIC of >16 mg/L) was reported in a child who was refractory to initial therapy with penicillin G and whose condition did not improve until antimicrobial treatment was changed to meropenem and vancomycin (24). FitzGerald et al. (26) reported another case of penicillin G treatment failure in a child in the United Kingdom with cutaneous diphtheria. The patient's isolate was later found to be nonsusceptible to penicillin, but the MIC was not reported. The patient recovered shortly after a macrolide was administered, but the treatment caused intense gastrointestinal side effects (26).

Overall, our study and other reviews of *C. diph-theriae* susceptibility performed in Canada and globally suggest that elevated MICs of penicillin are rare (29,33). Despite clinical observation of isolated cases of penicillin resistance, one could argue that prematurely opting for erythromycin as first-line therapy for *C. diphtheriae* infection poses a greater risk than penicillin, given the aforementioned concerns of erythromycin resistance and potential for increased adverse effects.

Of note, WGS did not identify genetic markers of  $\beta$ -lactam resistance in the study isolates. However, WGS did detect *ermX* in the isolate phenotypically resistant to erythromycin; *ermX* is a gene encoding a 23S rRNA adenine N-6-methyltransferase known to

confer resistance to erythromycin and clindamycin in *C. diphtheriae* (25,34,35). Although the specific goal of sequencing was to detect  $\beta$ -lactam resistance mechanisms, WGS afforded the ability to identify other potential markers of antimicrobial resistance, namely *sul1* and *tet*. The *sul1* gene is known to encode dihydropteroate synthase, which can confer resistance to sulfonamides and the *tet* gene encodes a ribosomal protection protein that can mediate tetracycline resistance (36). A case of both *sul1* and *tet* genes in a non-diphtheria corynebacterial infection with corresponding elevated MICs of 32 mg/L was reported but has yet to be associated with *C. diphtheriae* (37).

Our laboratory does not routinely perform antimicrobial susceptibility testing for sulfonamides and tetracyclines because neither is recommended routinely for *C. diphtheriae* infections. The clinical relevance of detecting *sul1* and *tet* genes is unclear and requires further study. Additional susceptibility testing is needed to establish whether the study isolates carrying *sul1* and *tetO* exhibited corresponding phenotypic resistance to sulfonamides and tetracyclines.

ST76 was predominant in our study, exhibited in 93% of isolates. Further analysis confirmed that these isolates represented a single clonal strain (38), representing further clonal expansion compared with a previous study of C. diphtheriae isolates identified in Vancouver during 1998-2007. ST76 also was the dominant sequence type in that review but encompassed only 69% of isolates (13). ST76 has been reported elsewhere. An instance in an online MLST database, PubMLST.org (https://pubmlst.org/cdiphtheriae), lists 9 ST76 isolates submitted from St. Petersburg, Russia, during 2005–2010. All were nontoxigenic by Elek test. In another report, 5 isolates from Belarus collected during 2004–2014 also were typed as ST76 and found to be nontoxigenic (39). No epidemiologic links are apparent between our isolates and those described from Russia or Belarus.

We also noted ST5 and ST32 in our review from downtown Vancouver during 1998–2007 (13), although less frequently observed in our study. ST5 previously was recovered in Russia, the United States, and France, and ST32 is known to circulate in Europe and Australia (13,33,40,41). The novel sequence type related to ST441/442/444 identified in this study has not been described in other studies to date.

Among ST76 isolates, we noted heterogeneity in antimicrobial resistance marker carriage, specifically *sul1* and *ermX*, and 5/52 (9.6%) ST76 isolates had no identifiable markers. Patterns of resistance marker carriage also differed between isolates of other MLSTs, with no markers found in ST5 or ST32 isolates, *sul1* in the ST319 isolate, and *tetO* in the ST441/442/444 isolate. In addition to the 7 target regions used for routine MLST in our study, further assessment of intrastrain variability and the extent of clonality is warranted through analysis of additional genomic loci such as those performed in other studies of *C. diphtheriae* epidemiology (9).

Our study has some limitations. Our catchment area was small and limited to the persons from downtown Vancouver treated at St. Paul's Hospital, and MLST indicated highly clonal *C. diphtheriae* isolates. The generalizability of our results is limited and further study is needed to understand how our findings apply to other patient populations with different *C. diphtheriae* epidemiology (*13*). Nonetheless, several recent studies in multiple regions appear to support the notion that penicillin resistance remains scarce in circulating strains of *C. diphtheriae*. Other reviews of penicillin susceptibility in *C. diphtheriae*, 1 in Canada on 195 isolates and 1 in Algeria on 157 isolates, reported none that would be considered penicillin nonsusceptible by the 2010 CLSI breakpoints of MIC >1 mg/L (29,33).

Another limitation of our study is the lack of clinical outcomes to supplement our phenotypic and genotypic susceptibility data, precluding assessment of treatment success and failure rates on the basis of molecular and phenotypic characterization of isolates. Examination of clinical outcomes for patients treated for penicillin-intermediate diphtheria with MICs of 0.12–1 mg/L would be useful, as would an assessment of changes in prescribing practices for antimicrobial drugs related to increasing rates of isolates classified as penicillin-intermediate. Future studies are needed to explore clinical impacts of reclassification of isolates as penicillin-intermediate.

Last, any study using next-generation sequencing techniques to identify known resistance markers from databases, such as our study, has certain biases and limitations inherent to the sequencing and marker identification process. Current sequencing studies cannot account for markers not yet identified in databases, nor can such studies identify mixed or unspecified genetic effects. In addition, regions with poor assembly quality or with sequence or GC-content-dependent assembly gaps can preclude database matching.

In conclusion, we report the absence of penicillin nonsusceptibility in *C. diphtheriae* isolates collected during 2015–2018 and assessed phenotypically by susceptibility testing and genotypically by WGS. These results indicate that the 2015 CLSI M45 guidelines lowering the penicillin-susceptible breakpoint from an MIC of  $\leq 1$  mg/L to an MIC of  $\leq 0.12$  mg/L for *C. diphtheriae* might misclassify penicillin susceptibility

in isolates. Such misclassification could lead to shifts in prescribing practices toward less effective, less welltolerated, and broader-spectrum antimicrobial drugs than penicillin. Further study is warranted to assess penicillin susceptibility in other contexts in which local strains and resistance patterns differ.

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## High Pathogenicity of Nipah Virus from *Pteropus lylei* Fruit Bats, Cambodia

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We conducted an in-depth characterization of the Nipah virus (NiV) isolate previously obtained from a Pteropus lylei bat in Cambodia in 2003 (CSUR381). We performed full-genome sequencing and phylogenetic analyses and confirmed CSUR381 is part of the NiV-Malaysia genotype. In vitro studies revealed similar cell permissiveness and replication of CSUR381 (compared with 2 other NiV isolates) in both bat and human cell lines. Sequence alignments indicated conservation of the ephrin-B2 and ephrin-B3 receptor binding sites, the glycosylation site on the G attachment protein, as well as the editing site in phosphoprotein, suggesting production of nonstructural proteins V and W, known to counteract the host innate immunity. In the hamster animal model, CSUR381 induced lethal infections. Altogether, these data suggest that the Cambodia bat-derived NiV isolate has high pathogenic potential and, thus, provide insight for further studies and better risk assessment for future NiV outbreaks in Southeast Asia.

Nipah virus (NiV) is a zoonotic paramyxovirus that was first identified as the cause of an outbreak of encephalitis in humans in Malaysia and Singapore during 1998–1999 (1). Although NiV infection remains rare in humans, this virus has captured the attention of the public health community and scientists because of its high case-fatality rate, ranging from 40% in Malaysia to >90% in Bangladesh and

Author affiliations: Centre International de Recherche en Infectiologie, CIRI, INSERM U1111, CNRS, UMR5308, Univ Lyon, University Claude Bernard Lyon 1, École Normale Supérieure de Lyon, Lyon, France (M. Gaudino, N. Aurine, C. Dumont, J. Fouret, M. Ferren, C. Mathieu, O. Reynard, V.E. Volchkov, M.-C. Georges-Courbot, B. Horvat); ViroScan 3D, Trévoux, France (J. Fouret, C. Legras-Lachuer); University Claude Bernard Lyon 1, LEM, UMR5557, CNRS, INRA, VetAgro Sup, Lyon (C. Legras-Lachuer); Unité de Biologie des Infections Virales Emergentes, Institut Pasteur, INSERM P4, Jean Mérieux, Lyon (M.-C. Georges-Courbot) India (2,3). Its high pathogenicity, potential for interspecies transmission, and lack of validated medical countermeasures led to the classification of NiV as a Biosafety Level 4 (BSL-4) pathogen. In 2015, the World Health Organization (WHO) listed NiV as a priority pathogen because of its probability of causing severe outbreaks and subsequently placed NiV on the WHO Blueprint list of priority diseases (4). This designation was strengthened by the NiV outbreak in Kerala, India, where the virus had not previously been reported (3).

NiV is a member of the *Henipavirus* genus, together with Hendra virus, which first emerged in Brisbane, Queensland, Australia, in 1994 (5), and the nonpathogenic Cedar virus, which was discovered in Australia in 2009 (6). In addition, full-length henipalike viral sequences were found in fruit bats in Africa (7) and in rats in China (Moijang virus) (8). As part of the Mononegavirales, NiV has a nonsegmented, negative-sense, single-stranded RNA genome. *Pteropus* fruit bats, commonly known as flying foxes, are considered the henipavirus natural reservoir; these bats, when infected with NiV, do not seem to display any apparent clinical signs of disease (9).

Only 2 NiV lineages are known to circulate in Asia and cause disease in humans: NiV-Malaysia and NiV-Bangladesh. In India and Bangladesh, NiV transmission from bats to humans was shown to occur through the consumption of raw date palm juice or fruits contaminated with the saliva or urine from fruit bats (10). In addition, as observed during the outbreaks in Malaysia in 1998 and 1999, transmission can occur via contact with infected domestic animals, such as pigs, that act as amplifying hosts of the virus (11). Interhuman transmission has been reported in Bangladesh and India in >50% of NiV outbreaks (12).

Clinical manifestations of NiV infection in humans can range from asymptomatic to acute

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respiratory syndrome, generalized vasculitis, and fatal encephalitis. Among the few survivors of NiV outbreaks, long-term neurologic problems have been reported; 20% of patients have residual neurologic sequelae (13), and NiV-Malaysia–infected patients experienced relapse and late-onset encephalitis (14).

NiV and henipa-like viruses have been detected molecularly or serologically in Pteropus bats in different countries of Asia (15) and Africa (7), Australia (16), and Brazil (17), and the worldwide distribution of fruit bats poses a continuous threat to another spillover with possible pandemic potential (18). However, since 1998, all NiV cases in humans have been identified in Malaysia, India, Bangladesh, and the Philippines (19). Human cases of NiV have not been reported in Cambodia or neighboring countries since the first serologic detection of NiV in Cambodia and isolation of CSUR381 in Pteropus lylei bats in Cambodia in 2003 (20,21). Initial phylogenetic analyses of the nucleoprotein and attachment glycoprotein of CSUR381 suggested the virus was part of the NiV-Malaysia genotype (21). However, a full-genome characterization and phylogenetic analysis have not been performed. In addition, the growth dynamics and virulence of this virus have not been analyzed, thus limiting more comprehensive evaluation of this virus's pathogenic potential. In this study, we performed an in-depth characterization of CSUR381, including its pathogenicity both in vitro and in vivo, ultimately to assess the outbreak risk that isolates circulating in Cambodia pose in Southeast Asia.

## **Materials and Methods**

## Viruses

In this study, we used 3 different NiV isolates: the NiV isolate CSUR381 from Cambodia (GenBank accession no. MK801755), NiV-Malaysia isolate UMMC1 (GenBank accession no. AY029767), and NiV-Bangladesh isolate SPB200401066 (GenBank accession no. AY988601). CSUR381 was isolated from *P. lylei* bat urine at the Institut Pasteur in Battambang, Cambodia, in 2003 (21), and the other 2 isolates were obtained from infected patients. We produced and titrated all viruses on Vero E6 cells.

## **Full-Genome Sequencing**

We amplified and titrated the Cambodia NiV isolate on Vero cells and, after the second cell passage, extracted viral RNA from supernatant using the QIAamp Viral RNA Mini Kit (QIAGEN, https://www.qiagen. com) according to the manufacturer's instructions. We treated samples with DNase, purified and quantified RNA using the QuantiFluor RNA System (Promega, https://www.promega.com), and analyzed using the AATI High Sensitivity Genomic DNA Analysis Fragment Analyzer (Advanced Analytical Technologies Inc., https://www.agilent.com). Then, we amplified viral RNA using the Single Primer Isothermal Amplification Kit (NuGEN, https://www.nugen.com). We prepared a library using Ovation Ultra Low (NuGen), which gave us average DNA fragment sizes of 382–426 bp. We then sequenced the whole genome of CSUR381 using MiSeq Nano v2 (Illumina, https://www.illumina.com), which produced read lengths of 2 × 150 nt.

We carried out genome assembly de novo using SPAdes (http://cab.spbu.ru/software/spades) and predicted open reading frames with Prodigal (https:// omictools.com/prodigal-tool). We reconstructed the missing 5' and 3' extremities using the 5' RACE System for Rapid Amplification of cDNA Ends (Invitrogen, https://www.thermofisher.com) according to the manufacturer's recommendations. We performed reverse transcription with SuperScript II Reverse Transcriptase (Invitrogen) using the primer GSP1leader (5'-GACCATTGATCCAACATC-3') to recover the viral leader sequence and GSP-trailer (5'-AAAGT-GATTGTCTACTCACT-3') to recover the trailer sequence. After column purification, we tailed cDNA sequences with cytidine triphosphate and terminal deoxynucleotidyl transferase. Last, we amplified dC-tailed cDNA using the Abridged Anchor Primer provided in the 5' RACE System for Rapid Amplification of cDNA Ends Kit and primers nested-GSP2-(5'-TACAGCTTCAATGTCTGGGTCATT-3') leader to amplify the viral leader sequence, and nested-GSP2trailer (5'-CAAGTTCAAGGACACCAAAAGT-3') to amplify the viral trailer sequence. We sequenced PCR products using Sanger technology and submitted the complete genome sequence of CSUR381 to GenBank (accession no. MK801755).

## **Phylogenetic Analyses**

Using the ClustalW algorithm (http://www.clustal. org), we performed multiple alignments for complete genomes and individual gene sequences. We implemented and manually checked the quality of alignments using BioEdit version 7.2.6 (22) and conducted genomic characterization and evolutionary analyses in MEGA version 7.0.26 (23). After determining the best DNA model to use for each alignment, we constructed maximum-likelihood phylogenetic trees for complete NiV genomes and all virus coding sequences. For statistical support, we used 500 bootstrap replicates for the analysis of the complete genome and 1,000 replicates for analyses of each gene.

## RESEARCH

## **Cell Lines and Infection**

We cultured NCI-H358 (human bronchioalveolar carcinoma) and Vero E6 (African green monkey kidney) cells in Dulbecco's modified Eagle medium (DMEM) with GlutaMAX (Thermo Fisher Scientific, https:// www.thermofisher.com) supplemented with 1% penicillin-streptomycin (10,000 U/mL), 1% L-glutamine, and 10% heat-inactivated (56°C for 30 minutes) fetal calf serum (FCS). We cultured human pulmonary microvascular endothelial cells (HPMECs) (24) in endothelial cell growth medium (Growth Medium MV 2 Kit; PromoCell, https://www.promocell.com). We incubated all these cell lines at 37°C with 5% carbon dioxide; all cell lines, including the Pteropus cell line described in the next paragraph, tested negative for Mycoplasma spp. by the MycoAlert kit (Lonza, https://www.lonza.com).

We generated a *Pteropus* flying fox cell line using a skin biopsy from the wing membrane of a female *P*. giganteus (also known as P. medius and flying fox) bat (25) of the order Yinpterochiroptera. Biopsies were collected from bats by Tiergarten Schönbrunn (Vienna, Austria) staff during regular veterinary checkups following appropriate guidelines to minimize animal stress. The biopsies were washed with sterile phosphate-buffered saline and transferred into Freezing Medium Cryo-SFM (PromoCell), and sample vials were put on dry ice for shipment to Centre International de Recherche en Infectiologie in Lyon, France. To obtain primary cell cultures, we fractionated the biopsies into petri dishes, harvested the homogenates, and incubated them at 37°C with 5% carbon dioxide in DMEM/F-12 (Gibco, https://www.thermofisher.com) supplemented with 10% fetal calf serum FCS, 1% L-glutamine (200 mM), 1,000 U/mL of penicillin, 1,000 U/mL of streptomycin, and 2.50 µg/ mL amphotericin B (Gibco). We subsequently immortalized primary cells using the lentiviral vector SV40 large T-antigen produced at Genetic Analysis and Vectorology Platform (AniRA, École Normale Supérieure de Lyon, Lyon). We evaluated different clones on the basis of their morphologic stability and transfectability using jetPRIME kit (Polyplus, https://www.polyplus-transfection.com). We confirmed immortalization of clones by detecting large T-antigen inserts by reverse transcription PCR (RT-PCR). We cultured the final Pteropus cell line, which we designated PATGV1.12, in DMEM GlutaMAX supplemented with 10% heat-inactivated FCS. We additionally confirmed that this cell line was derived from P. giganteus bats by sequencing the mitochondrial region D-loop (26) and nuclear introns ACOX2, COPS7A, BGN, ROGD1, and STAT5A, which has

been suggested to be pertinent for distinguishing among closely related bat species (27).

We infected cells in 12-well plates at 80% confluence with a multiplicity of infection (MOI) of 0.3. For virus replication kinetics studies, we took 4 time points postinfection into consideration: 0 h, 24 h, 48 h, and 72 h. We performed infections in BLS-4 facility Jean Mérieux (Lyon). For each time point, we collected cell lysates according to validated BSL-4 procedures. We collected supernatants and kept them at -80°C until titration by plaque assay on Vero E6 cells.

## Pseudotyping of Vesicular Stomatitis Virus and Evaluation of Cell Permissiveness

We used rVSV $\Delta$ G-RFP (a recombinant vesicular stomatitis virus [VSV] in which the envelope glycoprotein G gene is replaced with the red fluorescent protein gene) (28,29) to generate pseudotyped VSVs harboring different combinations of NiV envelope glycoprotein G (attachment protein) and F (fusion protein) on their surfaces. Complementing rVSV $\Delta$ G-RFP-infected cells with NiV glycoproteins expressed in trans, we were able to produce stocks of pseudotyped VSVs identical in their genetic background and differing only in the nature of their surface glycoproteins. Because the infectivity of rVSV $\Delta$ G-RFP pseudotypes is restricted to a single round of replication, this tool is largely used for studying viral entry for a broad range of highly pathogenic viruses (30).

To create the pseudotypes, we cloned the NiV glycoprotein G and F genes from RNA isolated from CSUR381, UMMC1, and SPB200401066 into 6 separate pCAGGS plasmid vectors. We transfected these 3 plasmid pairs separately into BSR-T7 cells using TransIT-LT1 Transfection Reagent (Mirus Bio, https://www.mirusbio.com). We infected cells with rVSVAG-RFP 16 h after transfection to produce a pseudotyped VSV for each NiV isolate. We collected supernatants at 24 h postinfection and concentrated pseudotyped VSVs by ultracentrifugation (28,000 rpm for 2 h at 4°C). We titrated these viruses on Vero cells. To evaluate viral entry into different cell lines, we performed infections in 24-well plates using 80% confluent, adherent cells and a 1-h contact between virus and cells. We determined the percentage of cells infected 6 h postinfection by quantifying cells expressing RFP via flow cytometry on a BD LSRFortessa (https://www.bd.com).

## **RNA Extraction and Real-Time RT-PCR**

At the indicated time points, we collected cells and extracted RNA using the NucleoSpin RNA Kit (Macherey-Nagel, https://www.mn-net.com) according

to the manufacturer's instructions. We assessed the yield and purity of extracted RNA using the DS-11-FX spectrophotometer (DeNovix, https://www.denovix. com). We reverse transcribed extracted RNA using the iScript Select cDNA Synthesis Kit (Bio-Rad, https:// www.bio-rad.com) and performed real-time PCR using Platinum SYBR Green qPCR SuperMix-UDG (Invitrogen) on a StepOnePlus Real-Time PCR System (Applied Biosystems, https://www.thermofisher.com). As previously described (31), we amplified the NiV nucleoprotein gene and the Pteropus glyceraldehyde 3-phosphate dehydrogenase housekeeping gene using forward primer 5'-ATCATCCCTGCTTCTACT-3' and reverse primer 3'AGGTCAGATCCACAACT-5'. We analyzed quantitative RT-PCR results using StepOne version 2.3 (Applied Biosystems).

## **Experimental Infection of Hamsters**

We obtained 2-month-old male golden hamsters (Mesocricetus auratus) from Ianvier Labs (https://www.janvier-labs.com). We housed hamsters in a BSL-4 containment facility (INSERM P4, Jean Mérieux, Lyon) and handled them according to the regulations for animal maintenance of France. We treated hamsters with isoflurane anesthesia before manipulations. We subcutaneously infected 2 groups of 6 hamsters with a high dose (13,500 PFU/animal) of either the NiV-Malaysia or Cambodia NiV isolate and followed hamsters daily to record their body temperature and weight. The regional ethics committee for animal experimentation (Lyon) approved these animal experiments.

## Results

## Full-Genome Characterization and Phylogenetic Analyses

Analysis of the assembled viral sequence of CSUR381 showed a total genome length of 18,246 nt, similar to the lengths of NiV isolates reported in Malaysia. The nucleotide composition was 27.8% T or U, 18.4% C, 33.6% A, and 20.2% G; total GC content was 38.6%. To

**Table 1.** Whole-genome pairwise nucleotide identity comparisons

 between Nipah virus CSUR381, Cambodia, 2003, and other

 available henipaviruses

	Nucleotide
Henipavirus (GenBank accession no.)	identity, %*
Nipah/Malaysia/2000/human (NC002728.1)	97.7
Nipah/Malaysia/2001/human (AY029768.1)	97.7
Nipah/Malaysia/1999/swine (AJ627196.1)	97.6
Nipah/Bangladesh/2004/human (AY988601.1)	91.6
Nipah/India/2007/human (FJ513078.1)	91.4
Nipah/Bangladesh/2008/human (JN808863.1)	91.4
Nipah/India/2018/human (MH396625.1)	91.3
Hendra/Australia/2008/human (JN255805.1)	70.0
Hendra/Australia/2009/bat (JN255803.1)	69.9
Hendra/Australia/2007/horse (HM044321.1)	69.9
Cedar/Australia/2009/Ptalecto (JQ001776.1)	56.7
Paramyxo/Ghana/2009/Eidolonhelvum	52.9
(HQ660129.1)	
Mojiang/China/2012/Rattusflavipectus	48.9
(NC025352.1)	
*Calculated by using the p-distance method.	

investigate genetic relationships between CSUR381 and other henipaviruses, we constructed distance matrices for the complete genome and for each gene using the p-distance method. When we compared the sequence of CSUR381 with those of other NiVs available in GenBank, the most similar sequences (with 97.7% nucleotide identity) were from NiV-Malaysia human isolates (GenBank accession nos. NC002728.1 and AY029768.1; Table 1). We also calculated nucleotide identity and amino acid homology for each of the 6 structural genes (Table 2). Genetic pairwise comparisons with other NiV isolates showed the lowest nucleotide identity and amino acid homology for phosphoprotein (087.1/82.7%) and the highest for matrix protein (98.9/99.4%).

Using the maximum-likelihood method, we constructed phylogenetic trees on the basis of the complete genome (Figure 1, panel A) and the nucleocapsid gene (Figure 1, panel B). The general time-reversible model for the complete genome and the Kimura 2-parameter model for the nucleocapsid gene were predicted to be the best for performing those particular phylogenetic analyses. CSUR381 clustered with the monophyletic group of the NiV-Malaysia genotype

Table 2. Pairwise comparison of NiV CSUR381, Cambodia, 2003, and other available NiVs, by NiV gene*											
	NiV gene	e, % nucleotid	le identity/% h	omology of d	educed amine	o acid†					
NiV (GenBank accession no.)	N	Р	М	F	G	L					
Nipah/Malaysia/2010/Pvampyrus (FN869553.1)	98.3/99.2	96.3/94.9	98.9/99.4	98.4/98.7	97.1/98.5	98.0/99.3					
Nipah/Malaysia/2000/human (NC002728.1)	97.9/98.7	95.9/94.1	98.5/99.1	98.1/98.9	97.1/98.5	98.1/99.4					
Nipah/Bangladesh/2004/human (AY988601.1)	93.8/98.5	87.8/84.8	93.0/99.1	93.0/98.2	88.3/95.5	91.7/98.2					
Nipah/Bangladesh/2008/human (JN808863.1)	93.9/98.7	87.6/84.4	93.0/99.1	93.3/98.5	88.1/95.5	91.8/98.4					
Nipah/India/2007/human (FJ513078.1)	93.5/98.5	87.4/84.3	92.9/98.9	93.1/98.4	88.0/95.3	91.9/98.4					
Nipah/India/2018/human (MH396625.1)	93.3/98.5	87.1/82.7	92.6/99.1	93.0/98.5	87.2/95.3	91.7/98.5					
Nipah/Thailand/2010/Plylei (KT163252.1)	93.7/98.7										
Nipah/Thailand/2010/Phypomelaneus (KT163247.1)	97.8/99.0										

\*F, fusion protein; G, attachment protein; L, polymerase; M, matrix protein; N, nucleoprotein; NiV, Nipah virus; P, phosphoprotein. †Both calculated by using the p-distance method.



**Figure 1.** Maximum-likelihood phylogenetic analysis of NiV CSUR381, Cambodia, 2003 (red triangle), compared with other henipaviruses and NiVs. A) Phylogenetic tree constructed with complete genome sequences. A general time-reversible model was calculated as the best DNA model to conduct this analysis. B) Phylogenetic tree constructed by using the nucleocapsid gene. The Kimura 2-parameter model was calculated as the best DNA model to conduct this analysis. Bootstrap statistical support is marked on branch nodes. GenBank accession numbers of isolates are provided in branches, and NiV lineages of isolates are indicated. Phylogenetic trees are drawn to scale; scale bars represent branch lengths measured in the number of substitutions per site. NiV, Nipah virus.

for both the whole genome and nucleocapsid gene; bootstrap support was >98% in all cases, confirming the previous partial genomic characterization of CSUR381 (24). We then generated phylogenetic trees for each of the coding sequences of the 6 NiV structural proteins, which gave equivalent results (Appendix Figure 1, https://wwwnc.cdc.gov/EID/ article/26/1/19-1284-App1.pdf).

Multiple alignment of the henipavirus phosphoprotein gene (Figure 2) revealed high conservation of the editing site (5'-AAAAAGGG-3') in CSUR381, similar to other NiV and Hendra virus isolates and different from Cedar virus, a nonpathogenic virus isolated from a *P. alecto* bat in Australia (6). This finding suggests that CSUR381 might produce the nonstructural proteins V and W, capable of interacting with the host innate cellular immune response (32). Comparisons of the deduced V, W, and C amino acid homologies between CSUR381 and other known NiVs showed a variation of 88%–100% (Appendix Table).

•								
	3670	3680	30	690	3700	3710	3720	3730
NC 002728.1 Nipah/Malaysia/2000/human	ATTCCCATI	AAA	-AAGGG	CACAGACGC	GA-AATATC	CATCTGCTGG	GACGGAAAAC	GTGCCTG
MK801755 Nipah/Cambodia/2003/Pteropuslylei			•••••		–			
AY029768.1 Nipah/Malaysia/2001/human								
AY029767.1 Nipah/Malaysia/2001/human								
AF212302.2 Nipah/Malaysia/2001/human			•••••					
AJ564623.1 Nipah/Malaysia/1999/human			•••••					
AJ564622.1 Nipah/Malaysia/1999/swine			•••••					
AJ564621.1 Nipah/Malaysia/1999/swine			•••••					
KY425655.1 Nipah/Malaysia/1999/human			•••••			• • • • • • • • • • •		
KY425646.1 Nipah/Malaysia/1999/human			•••••			• • • • • • • • • • •		
AJ62/196.1 Nipah/Malaysia/1999/swine	····				•••••••		• • • • • • • • • • •	
JN808864.1 Nipah/Bangladesh/2008/human				A	•••••••		• • • • • • • • • • •	
AY988601.1 Nipah/Bangladesh/2004/human				A				
JN808863.1 Nipah/Bangladesh/2008/human	C.T.T.			A				
JN808857.1 Nipan/Bangladesn/2008/numan				А Л	· · _ · · · · · ·			
MU206605 1 Nigeh/India/2007/human	C			Α Λ				
MR396625.1 Nipan/India/2016/human	G	· · · ·			- G C	λ λ Π		
TN255005 1 Hendra/Australia/2007/Horse	G	· · · ·			- G C	Δ Δ Ψ	G	
JN255802 1 Hendra/Australia/2000/human	G				G.C	ΔΔΨ		
JON01776 1 Cedar/Australia/2009/Dat	AGGG. TAZ	GGCCGC	т. т. с	A.A	A.G.GC.AT	TG ΔΤΔΔΔ	AGTG.GA	Δ.Δ.Τ
ogooi//o.i ceuai/Austialia/2009/Ptalecto								

**Figure 2.** Multiple alignment of the phosphoprotein gene of Nipah virus CSUR381, Cambodia, 2003, and other henipavirus isolates. The highly conserved editing site (5'-AAAAAGGG-3', red outline) is present in all Nipah and Hendra virus sequences but absent in the nonpathogenic Cedar virus sequence. GenBank accession numbers are provided for all isolates.

### **Evaluation of Virus Entry**

We next determined the cellular permissiveness of a human endothelial cell line (HPMEC), a human respiratory epithelial cell line (NCI-H358), the newly generated *Pteropus* bat cell line (PAT-GV1.12), and Vero cells to CSUR381 compared with the NiV-Malaysia (UMMC1) and NiV-Bangladesh (SPB200401066) isolate using pseudotyped rVSV $\Delta$ G-RFP viruses. Cell lines were infected for 1 h at an MOI of 0.3. The percentages of cells infected were analyzed by flow cytometry 6 h after infection (Figure 3), and results from HPMEC, NCI-H358, and PAT-GV1.12 were normalized to the findings from Vero. All tested cell lines were permissive to infection with all 3 viruses tested. Entry of NiV pseudotypes into the bat cell line PATGV1.12 and human respiratory epithelial cell line was similar. Compared with the NiV-Malaysia and NiV-Bangladesh pseudotypes, the CSUR381 pseudotyped virus showed higher but not significantly increased entry into the 3 tested cell lines (1-way analysis of variance).

We further analyzed the amino acid sequences of the F and G proteins of the 3 viruses by multiple alignment. The glycosylation site (N529/Q530/T531) (33) and ephrin-B2 and ephrin-B3 binding sites (34) in the G attachment protein were preserved (Appendix Figure 2). In addition, multiple alignments showed that the F cleavage site was preserved among all analyzed NiV isolates (Appendix Figure 3). Last, an analysis of the predicted N-terminal and C-terminal heptad-repeat regions within the F protein, which are needed for NiV fusion (35), showed high conservation, and compared with NiV-Malaysia and NiV-Bangladesh, only 1 aa difference (V159 $\rightarrow$ I) was detected in CSUR381 (Appendix Figure 3). Altogether, the high conservation of the NiV glycoproteins and results from pseudotype virus studies suggest that CSUR381 can enter target cells at least as well as NiV-Malaysia and NiV-Bangladesh.

### **Replication of NiV Isolates in Different Cell Types**

To further evaluate the virulence of CSUR381, we compared the replication kinetics of this virus with those of the NiV-Malaysia and NiV-Bangladesh isolates.



Figure 3. Evaluation of entry of VSV∆G-RFPs (vesicular stomatitis virus in which the envelope glycoprotein G gene is replaced with the red fluorescent protein gene) pseudotyped with the surface glycoproteins of NiVs CSUR381 (Cambodia 2003 isolate), UMMC1 (NiV-Malaysia isolate), and SPB200401066 (NiV-Bangladesh isolate) in different cell types. Infections of HPMEC, NCI-H358 (human bronchioalveolar cells), PATGV1.12 (bat cells), and Vero cells were performed at a multiplicity of infection of 0.3, and the percentages of infected cells were evaluated 6 hours postinfection by measuring RFP by flow cytometry and normalizing values to those from Vero cells. Histograms indicate the mean of 3 independent experiments, and error bars indicate upper half of SD. HPMEC, human pulmonary microvascular endothelial cell; NiV, Nipah virus.

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We infected cell types known to be primary targets of NiV in humans, pulmonary endothelial (HPMEC) and bronchioalveolar epithelial (NCI-H358) cells, and the bat cell line PATGV1.12 at an MOI of 0.3 (Figure 4). NiV RNA synthesis was highest in HPMEC, where NiV-Bangladesh replicated the best, although a similar level of RNA and infectious virus particle production was observed for all 3 viruses (Figure 4, panel A). In accordance with virus entry studies (Figure 3), virus replication was also observed in PATGV1.12 (Figure 4, panels A and B). Differences among the 3 tested NiV isolates were observed only in NCI-H358, where NiV-Malaysia RNA synthesis was significantly increased (p<0.001 by 2-way analysis of variance) compared with NiV-Bangladesh, provoking remarkable cytopathic effects (Figure 4, panel C). The formation of giant multinucleated cells, a hallmark of NiV infection, were already visible at 24 hours postinfection in all cell types and further developed during the course of the infection (Figure 4, panels C-E). Vero cells showed the most visible cytopathic effects, probably because of their interferon incompetence (36).



**Figure 4.** Replication of NiVs CSUR381 (Cambodia 2003 isolate), UMMC1 (NiV-Malaysia isolate), and SPB200401066 (NiV-Bangladesh isolate) in Vero, HPMEC, NCI-H358 (human bronchioalveolar cells), and PATGV1.12 (bat cells). A) Real-time reverse transcription PCR titer. Cells were infected at a multiplicity of infection of 0.3, and the production of the nucleocapsid gene was measured. Significance was measured by 2-way analysis of variance. B) Kinetics of infectious virus particle production in supernatant measured by Vero plaque assay. The average of 2 independent experiments is presented. C–E) Cytopathic effect of observed by light microscopy 48 h after infection with the NiV-Malaysia isolate (C), the NiV-Bangladesh isolate (D), and CSUR381 (E). Giant multinucleated cells are indicated with arrowheads. Scale bar indicates 25 µm. HPMEC, human pulmonary microvascular endothelial cell; NiV, Nipah virus. \*\*p<0.01; \*\*\*p<0.001.



Figure 5. Pathogenicity of NiV CSUR381 (Cambodia 2003 isolate) and UMMC1 (NiV-Malaysia isolate) in golden hamsters (6 hamsters/group). A) Body weight. B) Body temperature. C) Survival. Survival between groups was not significantly different (Mantel-Cox test). NiV, Nipah virus.

#### Experimental Infection of Hamsters

We compared the pathogenicities of CSUR381 and the NiV-Malaysia isolate using the golden hamster animal model (37). We infected 6 hamsters with either CSUR381 or the NiV-Malaysia isolate and followed them for clinical signs of infection. At 6 days postinfection, the first neurologic signs (which included paralysis and trembling limbs) were observed in both groups; their presentation rapidly evolved toward breathing difficulties and prostration. Weight reductions were evident in several animals in the late stages of infection (Figure 5, panel A), and decreases in body temperature were found in a few hamsters (Figure 5, panel B). At 7 days postinfection, 100% lethality was observed in the CSUR381 group. In the Malaysia group, 1 animal survived until 10 days postinfection (Figure 5, panel C); however, the difference between the 2 groups was not significant. These results demonstrate similar lethality of the 2 analyzed NiV isolates, supporting our other data and suggesting CSUR381 has a high pathogenic potential.

### Discussion

In this study, we performed a molecular and genetic characterization of CSUR381, a NiV isolated from *P. lylei* bats in Cambodia. Furthermore, we analyzed its pathogenicity compared with those of 2 other NiV isolates derived from human patients from the Malaysia and Bangladesh outbreaks. Our results highly suggest that CSUR381 is part of the NiV-Malaysia genotype. Further phylogenetic comparisons with other NiV isolates demonstrated 83%–99% amino acid homology for each of the 6 structural proteins. In addition, the editing site of the phosphoprotein gene was preserved, suggesting possible production of the nonstructural V and W proteins known to be involved in counteracting the host innate immune system and thus contributing to pathogenicity of CSUR381 (32).

Our virus entry studies showed highly similar results among the NiVs tested. All isolates entered *Pteropus* bat and human cell lines at similar levels; high conservation of the NiV entry receptors (ephrin-B2 and ephrin-B3) (*38*) might be responsible for the observed results. Our data also indicate that CSUR381 enters all tested cell types as well as the other 2 NiV isolates tested, suggesting that virus entry is not a limiting factor preventing CSUR381 spillover from bats to humans. In addition, all 3 tested NiV isolates infected cells and replicated in bat and human cell lines at similar levels. Results of infections with CSUR381 in hamsters additionally strengthened the notion that CSUR381 is possibly similar pathogenically to the tested NiV-Malaysia strain, which caused fatal outbreaks in Malaysia (*1*).

Although NiV has been shown to circulate in Cambodia (20,21), Thailand (39), and Vietnam (40), transmission to humans or domestic animals has not been reported in these countries. According to our results, the absence of detected outbreaks in this region cannot be attributed to lower pathogenicity of the circulating NiVs; our results suggest that other factors probably contribute. However, the NiV isolate presented in this region, and the existence of other NiVs with different pathogenic potentials cannot be excluded.

In Cambodia, *P. lylei* bats were found to often forage in residential areas and visit palm trees used in the region as a source of date palm sap; thus, opportunities abound for bats to interact with humans and livestock in this country (41). Bat colony migration toward urban sites is further enhanced by the presence of hunters in rural areas (42) and deforestation (causing consequent damage to roosting trees and food sources) (43). Contamination of palm sap, which is consumed raw by persons in the region, with bat urine, saliva, or feces was found to be a major route of NiV transmission to humans during annual outbreaks in Bangladesh (10).

Diverse agricultural practices in Southeast Asia could also play a role in NiV regional ecodynamics, potentially favoring easier NiV spillover in some countries over others. High intensity pig farming

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was recognized as a major risk factor for outbreaks in Malaysia during 1998–1999; because of the low-scale pig production ongoing in Cambodia (44), the risk for NiV transmission from *Pteropus* spp. to domestic animals and humans in this country might be reduced.

Unrecognized NiV outbreaks might have occurred in Cambodia and neighboring countries; hospital-based surveillance in Bangladesh was shown to have missed nearly half of the NiV outbreaks in that country since the first reported virus emergence (45). Interdisciplinary approaches are certainly required to identify these outbreaks and the drivers of NiV emergence (46), and regular testing of patients with encephalitis in Cambodia and neighboring countries could provide additional insight. Our study contributes to the assessment of the risk for NiV outbreaks in Asia. Our findings can be used to help target adequate preventive measures, which could ultimately help reduce the risk for NiV emergence.

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## Varicella in Adult Foreigners at a Referral Hospital, Central Tokyo, Japan, 2012–2016

Saho Takaya, Satoshi Kutsuna, Yuichi Katanami, Kei Yamamoto, Nozomi Takeshita, Kayoko Hayakawa, Yasuyuki Kato, Shuzo Kanagawa, Norio Ohmagari

We report a case series of varicella among adult foreigners at a referral hospital in central Tokyo, Japan, during 2012–2016. This series highlights differences in varicella vaccination schedules by country and epidemiology by climate and identifies immigrants and international students as high-risk populations for varicella.

Varicella is a benign disease with fever and rash caused by primary infection with varicella zoster virus (VZV) (1). Varicella is usually self-limiting but can sometimes be life-threatening, especially in adults (1). The World Health Organization estimates that 140 million varicella cases and 4,200 related deaths occur each year (1). In Japan, 1 million persons, primarily young children, have varicella every year. Of these patients, 4,000 require hospitalization, and adults make up  $\approx$ 60% of this population (2).

Varicella vaccine is a live attenuated vaccine and is effective against varicella in healthy children (1). One dose of varicella vaccine reduces the number of varicella cases but can also reduce opportunities for exposure to the virus in the community and result in breakthrough varicella. Therefore, many industrialized countries now recommend 2 doses of varicella vaccine (2). In Japan, the 2-dose varicella vaccination became part of the childhood immunization schedule in October 2014; the number of varicella cases has drastically decreased since implementation (3).

We report cases of varicella in adult foreigners who were given a diagnosis at the National Center for Global Health and Medicine (NCGM) Medical Center in central Tokyo, Japan. These cases highlight major health issues, including differences in varicella vaccination programs in countries and VZV epidemiology in temperate and tropical regions, and identify

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immigrants and international students as high-risk populations for varicella.

## The Study

We reviewed 22 varicella cases in adult foreigners diagnosed during January 2012–December 2016 at the NCGM. During the same period, 7 cases of varicella were diagnosed in Japanese adults at the NCGM. We compiled basic demographic information for the patients (Table). Eleven case-patients were from Vietnam, 5 from China, and 1 each from 6 other countries (Cambodia, New Zealand, Belgium, Italy, Uzbekistan, and Nepal). Among 21 patients who resided in central Tokyo, 18 were international students. Fourteen patients were male, and the median age was 19 years (range 18–35 years).

The patients sought medical care on median day 2 of illness (range days 1–5). Most diagnoses of varicella were made clinically; for some case-patients, varicella was confirmed by serologic testing or PCR or antigen detection testing of skin lesions. Twenty patients received antiviral therapy (acyclovir or valacyclovir). Five case-patients were hospitalized because of severe malaise and for infection control to prevent secondary cases.

Nine patients from Vietnam and 1 from China (case-patients 3–12) were students at the same language school who lived together in the school dormitories. During this outbreak, varicella developed in 9 students during a 2-month period after the index case (case 3). Information about previous vaccination and past infection could not be obtained for most patients in this outbreak because of their inability to communicate in Japanese or English and our inability to organize translation in the first language of the patients immediately at their visits. Overall, we found that there were 81 international students in 3 dormitories: 30 (37.0%) reported previous varicella and 6 (7.4%) claimed to have been

Japan, 2012	2010								
		Days after					History	Previous	
Case-	Time of	onset of index	Age,	Country of	Status or	Exposure	of	varicella	Hospitalization
patient no.	onset	case	y/sex	origin	occupation	source	varicella	vaccination	(reason)
1	2012 Apr	Not applicable	19/M	Cambodia	Student	Sibling	NA	NA	Yes (infection
	•					U			control)
2	2012 Jul	Not applicable	32/F	China	Housewife	Own child	No	NA	No
3	2014 Apr	Index case	18/M	Vietnam	Student	UNK	No	UNK	No
4	2014 Apr	15	18/M	Vietnam	Student	School	No	UNK	No
						dormitory			
5	2014 Apr	15	18/M	Vietnam	Student	School	NA	NA	No
						dormitory			
6	2014 May	19	18/M	Vietnam	Student	School	NA	NA	No
						dormitory			
7	2014 May	35	19/M	Vietnam	Student	School	NA	NA	No
8	2014 May	41	19/F	Vietnam	Student	School	NA	UNK	No
						dormitory			
9	2014 May	42	18/F	Vietnam	Student	School	NA	UNK	No
						dormitory			
10	2014 Jun	52	19/M	Vietnam	Student	School	NA	NA	No
11	2014 Jun	55	23/M	Vietnam	Student	School	NA	NA	No
						dormitory			
12	2014 Jun	56	19/M	China	Student	School	NA	NA	No
						dormitory			
13	2016 Mar	Not applicable	18/F	Vietnam	Student	UNK	No	No	No
14	2016 Mar	Not applicable	19/F	New	Student	UNK	No	No	Yes (malaise)
				Zealand					
15	2016 Apr	Index case	35/F	China	Housewife	UNK	No	No	Yes (malaise)
16	2016 Apr	12	34/M	China	Unemployed	Patient 15	No	Yes	No
						(wife)			
17	2016 May	Not applicable	19/M	China	Student	UNK	No	No	Yes (malaise,
									headache)
18	2016 May	Not applicable	33/M	Belgium	Tourist	UNK	UNK	NA	No
19	2016 Jul	Not applicable	21/F	Italy	Student	UNK	No	No	Yes (infection
									control)
20	2016 Aug	Not applicable	20/M	Uzbekistan	Student	UNK	Yes	No	No
21	2016 Sep	Not applicable	23/M	Vietnam	Student	UNK	No	UNK	No
22	2016 Oct	Not applicable	25/F	Nepal	Sales clerk	UNK	No	No	No
*Case-patient	s 3-12 were fr	om an outbreak in the	e same lan	guage school. N	ot applicable indic	cates sporadic	cases, not o	luster cases. N	A, not available;
UNK unknow	'n								

Table. Characteristics for 22 case-patients (adult foreigners) with varicella, National Center for Global Health and Medicine, Tokyo, Japan, 2012–2016\*

vaccinated at least once. Although we contacted the school to provide postexposure prophylaxis, none of 41 students without previous VZV infection had received it.

## Conclusions

Japan has >2 million foreign residents; most are from China (30%), South Korea (20%), and the Philippines (10%) (4). However, Japan does not have any vaccination requirements for foreign residents. Because varicella is not a target of the World Health Organization Expanded Program on Immunization, the vaccine is not included in the national immunization schedules of many countries.

In China, from which Japan receives most of its immigrants and tourists, varicella vaccine was approved in the late 1990s and has been given on a voluntary basis (5). Although 80% of children in kindergartens and primary schools in Beijing were reported to have received the varicella vaccine, most had only received 1 dose, and breakthrough varicella has become a public health concern (5). In South Korea, the single-dose varicella vaccination was included in the national immunization program in 2005 and is recommended for 12–15-month-old children (6). Despite high use of the vaccine (>95%), varicella outbreaks continuously occur (6). The varicella vaccine has not been introduced into the national vaccination program of the Philippines (7).

The epidemiology of varicella differs between temperate and tropical regions. In temperate areas, most of the population contracts VZV before adolescence. In tropical areas, childhood varicella is much less common, and many persons stay susceptible to VZV until adulthood (1,8). This difference is attributed to changes in VZV transmissibility by temperature and humidity, population density, and sociologic factors, such as nursery school attendance (8).

Previous research has shown immigrants and refugees to be at high risk for varicella. A study in

Denmark during the 1980s investigated an epidemic of varicella among refugees during a preasylum phase (9). The study showed that 44% of Tamil refugees from Sri Lanka had varicella infections within 1 week to 5 months after arrival in Denmark. Considering that many immigrants contracted varicella shortly after their arrival, it was deemed necessary to check VZV immunity for immigrants before they entered that country, rather than after entry.

In an outbreak study of 18 varicella cases among Mexican-born workers in Alabama, USA (10), Mexican-born workers were 5 times more likely to be susceptible to VZV than US-born workers. Although postexposure prophylaxis vaccine was provided to susceptible workers, a second dose was not administered to many of those who needed it. This finding shows the difficulty in reaching these populations because of their lack of stable access to healthcare. Faced with a rapidly aging population, Japan has also been accepting nurses and caregivers from countries in Southeast Asia as medical personnel in healthcare facilities and nursing homes (11). Thus, nosocomial infection with VZV is also a matter of concern.

Japan had 208,000 international students during 2015 (12). More than 90% of these students were from countries in Asia; most were from China (45%), Vietnam (19%), and Nepal (8%). The demographics of the case-patients in our study were consistent with these data. In general, colleges are suitable environments for communicable disease outbreaks because of highly dense interactions among students and staff, crowded living conditions, and an influx of students from many countries (13). Because 10%–20% of persons in Japan 15–30 years of age are susceptible to VZV (14), varicella outbreaks among international students might spread into the local student population. Despite these facts, Japan does not have any regulations or recommendations regarding the health of international students. In the United States, the American College Health Association strongly recommends institutional prematriculation immunizations (15). These guidelines recommend that all college students should have 2 doses of varicella vaccine unless they have other evidence of VZV immunity.

This varicella case series occurred in multifactorial contexts. However, little is known about the immunity against VZV among foreign residents in Japan. Educational institutions that receive international students need to consider varicella as a major preventable health issue among their students. Healthcare providers for immigrants and international students should also be aware of the risk for varicella and should verify VZV immunity or varicella vaccination status for students.

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## About the Author

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## Geographic Distribution and Incidence of Melioidosis, Panama<sup>1</sup>

Ana B. Araúz,<sup>2</sup> Katiana Castillo,<sup>2</sup> Erika Santiago, Yarineth Quintero,<sup>3</sup> Enrique Adames, Boris Castillo, Amalia Rodríguez-French, German Henostroza

Melioidosis is an infection caused by *Burkholderia pseudo-mallei*. Most cases occur in Southeast Asia and northern Australia; <100 cases have been reported in the Americas. We conducted a retrospective study and identified 12 melioidosis cases in Panama during 2007–2017, suggesting possible endemicity and increased need for surveillance.

**B** *inthe environment of some tropical and subtropical regions, is the etiologic agent of melioidosis (1–3). Most melioidosis cases in the world are reported from Southeast Asia and northern Australia; only sporadic cases are reported from other regions (4–6). In the Americas, <100 acquired cases were identified from 1947 through June 2015. Only 3 cases were reported from Panama, 1 each in 1947, 1948, and 2011. However, cases were reported in Antioquia, Colombia (1,7,8), near the border with Panama. Melioidosis might be misdiagnosed and underreported because of the lack of diagnostic resources in the rural areas where cases are most likely to occur (9,10).* 

People become infected with *B. pseudomallei* through inoculation in compromised derma, inhalation, or ingestion. Some evidence suggests ingestion is associated with bacteremia, even though ingestion is considered an uncommon pathway (2,3,11). Clinical manifestations of melioidosis are diverse and may include localized cutaneous infection, pneumonia, involvement of bones and joints, intraabdominal abscesses, sepsis, and even death (2,12). Diagnosis is usually made through blood cultures, but the

Author affiliations: Hospital Santo Tomás, Panama City, Panama (A.B. Araúz, K. Castillo, E. Santiago, Y. Quintero, E. Adames, A. Rodríguez-French); Universidad de Panamá, Panama City (A.B. Araúz, E. Adames, A. Rodríguez-French); Complejo Hospitalario Metropolitano Dr. Arnulfo Arias Madrid, Panama City (B. Castillo); University of Alabama at Birmingham, Birmingham, Alabama, USA (G. Henostroza) bacterium often is misidentified as *B. thailandensis* or *B. cepacia* (10,13).

Current treatment for melioidosis includes an induction phase of 2–6 weeks with intravenous ceftazidime (or carbapenem for more severe cases), followed by a 2–6-month eradication phase using oral trimethoprim/sulfamethoxazole (TMP/SMX) or doxycycline. Doxycycline previously has been used for eradication, but recent studies suggest TMP/SMX is more effective (2,3).

During the previous 10 years, cases of melioidosis have been identified in different regions of Panama. The aim of this study is to describe the clinical signs and symptoms and geographic distribution of melioidosis in Panama to elucidate the current status of the disease in the Americas.

## The Study

We conducted a retrospective review of medical records from 2007–2017 from 2 national tertiary level hospitals in Panama City. Hospital Santo Tomás and Complejo Hospitalario Metropolitano Dr. Arnulfo Arias Madrid (CHMDrAAM) are the 2 main referral hospitals for Panama and are in the capital city.

We reviewed specimen registries from the microbiology laboratories at each institution; we also identified 1 case from a poster presented at a national scientific meeting. We included patients who had a culture-positive report for *B. pseudomallei* and a clinical diagnosis of melioidosis at discharge. We excluded 2 patients with culture-positive results for *B. pseudomallei* because their clinical diagnoses were not related to their test results.

The microbiology laboratories of Hospital Santo Tomás and CHDrAAM identified *B. pseudomallei* 

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<sup>&</sup>lt;sup>1</sup>Preliminary results from this study were presented at IDWeek, October 26–30, 2016, New Orleans, Louisiana, USA.

strains from blood culture by using BacT/ALERT 3D Microbial Identification System (bioMérieux, https://www.biomerieux.com). Both laboratories also obtained isolates of *B. pseudomallei* from clinical specimens inoculated in Columbia agar prepared with 5% sheep blood and in MacConkey agar. Both laboratories used the VITEK 2 (bioMérieux) system to identify strains, which were then sent to the national reference laboratory at Instituto Conmemorativo Gorgas de Estudios de la Salud in Panama City, Panama, for microbiology confirmation and antimicrobial susceptibility testing.

We used a standardized form to collect data and then entered data into an Excel (Microsoft, https:// www.microsoft.com) database for descriptive analysis. The Institutional Review Board of Hospital Santo Tomás reviewed and approved this study. We identified 12 cases that occurred during 2007–2017: 8 in Hospital Santo Tomás and 4 in CHM-DrAAM. We obtained medical records for all but 1 case, for which we obtained data from a poster presented at the 37th American College of Physicians Annual Central America Chapter Meeting in Panama City, Panama, in 2015 (14).

The mean age of cases was 50.3 years (SD  $\pm$ 12 years); most (9/12) patients were male. We noted bacteremia and sepsis in most (8/12) cases, pneumonia in 6 cases, and intraabdominal abscesses in 4 cases. Other signs and symptoms included endocarditis, meningitis, osteomyelitis, and septic arthritis (Table). Diabetes mellitus was the predominant risk factor. Most patients came from rural areas or suburbs of Panama City (Figure), and none reported travel outside of Panama.

Fable. Clinical and epidemiologic characteristics of patients with melioidosis, Panama, 2007–2017*												
	Patient no.											
Characteristics	1	2	3	4	5†	6	7	8	9	10	11	12
Age, y/sex	29/M	72/F	31/M	42/F	47/M	47/M	54/M	60/M	61/M	59/M	42/F	60/M
Area of origin	Oeste	Darié	Pmá	Darién	Oeste	Darién	Oeste	Coclé	Darién	Pmá	Colón	Pmá
0	Pmá	n			Pmá		Pmá					
Date of illness onset	Oct	Aug	Oct	Nov	NA	May	Jul	Aug	Dec	Aug	Oct	Jun
	2007	2009	2009	2009		2012	2014	2015	2015	2016	2016	2017
Occupation	NA	NA	NA	NA	NA	NA	NA	Farmer	Farmer	Driver	House-	Retire
											wife	d
Risk factors	DM	DM	DM	DM	DM	CKD	DM	DM	DM	DM	DM	None
Duration of symptoms,	1	4	4	2	4	NA	NA	1	2	1	3	4
wks												
Symptoms												
Fever	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y
Cough	Y	Ν	Ν	N	Ν	Ν	Y	Y	Y	Y	Y	Ν
Dyspnea	Y	Ν	Y	N	Ν	Ν	Y	Y	Y	Y	Y	Ν
Abdominal pain	Ν	Y	Y	Y	Y	N	Y	N	N	Y	N	Ν
Jaundice	Ν	Ν	Ν	Y	Ν	N	Ν	Ν	N	N	Ν	N
Seizures	Ν	Ν	Ν	N	N	N	Ν	Y	N	N	N	Ν
Joint pain	Ν	Ν	Ν	N	Ν	Ν	Ν	Ν	Y	N	N	Y
Diagnosis												
Bacteremia	Y	Y	Ν	N	Y	Ν	Y	Y	Y	Y	Y	Ν
Septic shock	Ν	Ν	Ν	Y	Y	N	Y	Y	Y	Y	Y	Ν
Pneumonia	Y	Ν	Ν	N	Ν	N	Y	Y	Y	Y	Y	N
UTI	Y	Ν	Ν	N	Ν	Ν	Ν	N	N	Y	N	Ν
Spleen abscess	Ν	Y	Ν	Y	Ν	Ν	Ν	N	N	N	N	Ν
Pancreatic abscess	Ν	Ν	Ν	N	Y	N	Ν	N	N	N	N	Ν
Liver abscess	Ν	Ν	Y	Y	Ν	Ν	Ν	N	N	N	N	Ν
Endocarditis	Ν	Ν	Ν	N	Y	N	Ν	N	N	N	N	Ν
Osteomyelitis	Ν	Ν	Ν	N	Ν	Y	Ν	N	N	N	N	Ν
Septic arthritis	N	Ν	Ν	N	Ν	Ν	Ν	N	Y	N	N	Y
Meningitis	N	Ν	Ν	Ν	Ν	Ν	Ν	Y	N	N	N	Ν
Positive culture	Blood,	Blood	LA	LA	Blood	TA	Blood	Blood,	Blood,	Blood,	Blood	SCA
	urine							sputum,	joint fluid	sputum,		
								CSF		urine		
Treatment	IPM,	MEM,	IPM,	IPM,	CAR	IPM	MEM	MEM,	MEM	MEM,	MEM,	MEM
	CAZ,	TMP/	TMP/	FEP,				CAZ		CAZ	CAZ	
	TMP/	SMX	SMX	TMP/								
	SMX			SMX								
Outcome	Rec	Alive	Alive	Alive	Alive	Alive	Died	Died	Died	Died	Died	Alive

\*CAR, carbapenem; CAZ, ceftazidime; CKD, chronic kidney disease; CSF, cerebrospinal fluid; DM, diabetes mellitus; FEP, cefepime; IPM, imipenem; LA, liver abscess; MEM, meropemen; N, no; NA, not available; Pmá, Panamá; SCA, sternoclavicular abscess; TA, tibial abscess; TMP/SMX, trimethoprim/sulfametoxazol; UTI, urinary tract infection; Y, yes.

†Information adapted from abstract of poster presented by E. Brid at American College of Physicians Central America Chapter Scientific Meeting, Panama City, Panama, 2015 Feb 27 (14).



Figure. Regional distribution of melioidosis cases in Panama, 2007–2017.

All cases occurred during the rainy season, which is May–November in Panama. Five patients (41.7%) died while hospitalized; these patients had the most severe clinical manifestations of the disease, bacteremia, pneumonia, and septic shock, similar to cases reported from Central America (15).

Rapid microbiologic identification of *B. pseudo-mallei* is necessary to initiate appropriate, life-saving treatments. However, laboratory results can take >48 hours, delaying appropriate antimicrobial drug therapy. Of the 7 patients in this study who survived, records showed they were treated with TMP/SMX or doxycycline, but the length of antimicrobial drug treatments were not noted in the records.

## Conclusions

The increase in reports of melioidosis in the Americas requires greater awareness of this disease among clinicians, especially those caring for patients with diabetes. Melioidosis often is misdiagnosed as pulmonary tuberculosis and scrofula (10); we found 2 misidentified clinical cases in our study. More studies are needed to identify specific high-risk areas and transmission routes in the Americas. Such insights can inform earlier clinical suspicion and guide the formulation of prevention strategies.

Because the clinical signs and symptoms of melioidosis are nonspecific, microbiologic identification is crucial to diagnosis. Thus, improved laboratory capacity is critical to improve patient outcomes in affected areas to aid epidemiologic and antibiotic susceptibility surveillance efforts. Collaboration among countries in the region could drive efforts to describe the origins of this disease and the actual prevalence in the Americas.

Our study has limitations because we collected data retrospectively and only included the most severe cases in Panama. Melioidosis occurs more frequently in rural areas, and cases might not be identified because of the lack of laboratory or diagnostic tools. We provide a perspective on the processes that hinder our knowledge of this disease in Panama, such as lack of surveillance data and inadequate laboratory capacity. Our data justify the need for increased surveillance for melioidosis and reinforce the need for complete epidemiologic data and adequate strain storage for further genetic analysis. Epidemiologic studies of seroprevalence, environmental sampling, and increased access to PCR techniques and broth microdilution testing are needed to determine whether *B. pseudomallei* is endemic to Panama and to improve treatment outcomes.

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## About the Author

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## Shigella Bacteremia, Georgia, USA, 2002–2012<sup>1</sup>

Melissa Tobin-D'Angelo, Nadine Oosmanally, Siri N. Wilson, Evan J. Anderson, Suzanne Segler, Lynett Poventud

Shigella commonly causes gastroenteritis but rarely spreads to the blood. During 2002-2012, we identified 11,262 Shigella infections through population-based active surveillance in Georgia; 72 (0.64%) were isolated from blood. Bacteremia was associated with age >18 years, black race, and S. flexneri. More than half of patients with bacteremia were HIV-infected.

*Chigella* is among the more common bacterial  $\bigcirc$  causes of diarrhea. In the United States,  $\approx$ 500,000 illnesses occur annually, and prevalence ranges from 3.8 to 5 cases per 100,000 population (1,2). Transmission occurs not only through contaminated food and water but also through fecal-oral transmission; ingestion of only 10-100 Shigella organisms can cause disease (1,3). Risk factors for Shigella include daycare attendance, international travel, and men having sex with men (1,4). Although 4 main serogroups exist, S. sonnei accounts for ~70% of US isolates, and S. flexneri accounts for  $\approx 24\%$  (1).

Shigella bacteremia is uncommon, and risk factors are not well described in the United States. Internationally, many patients with Shigella bacteremia are HIV infected (5,6). In the United States, case series describe *Shigella* bacteremia in children <1 year of age and in adults with malnutrition, HIV infection, and other immunocompromising conditions (e.g., diabetes mellitus, malignancy) (7,8). Data collected by the Georgia Department of Public Health as part of the Foodborne Disease Active Surveillance Network (FoodNet) provided an opportunity to better understand the epidemiology of Shigella bacteremia.

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## The Study

The Georgia Department of Public Health participates in FoodNet as part of the Emerging Infections Program, a collaboration between 10 US sites and the Centers for Disease Control and Prevention. FoodNet conducts active surveillance for laboratory-confirmed infections of 7 bacterial and 2 parasitic pathogens commonly transmitted through food (1). Georgia residents who had laboratory-confirmed Shigella were identified through FoodNet surveillance data during 2002–2012. We excluded duplicates, defined as an additional positive laboratory test within 30 days of the original diagnosis with the same *Shigella* serogroup. We also excluded isolates from nonblood and nonfecal sources or unknown sources from the analyses. In addition, after initial case-counts, we excluded S. boydii and S. dysenteriae because of small numbers. For patients with Shigella, we obtained HIV status from the Georgia Department of Public Health HIV surveillance data collected in the Enhanced HIV/AIDS Reporting System, which included the year of diagnosis, AIDS status, and route of HIV transmission (if known). We compared case-patient information between patients with fecal versus blood isolates and described factors associated with HIV among patients with bacteremia. We used ArcView GIS version 10.3 (https://www.esri.com) to characterize case-patients by county.

The Georgia Public Health Laboratory performed Shigella identification, serogroup determination, serotyping, and pulse-field gel electrophoresis. Detailed serogroup and serotype data were available for 2005-2012.

We analyzed data using SAS version 9.3 (https://www.sas.com). We created logistic regression models using significant variables and possible confounders and identified the final model using Score Selection.

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<sup>&</sup>lt;sup>1</sup>The findings of this study were presented in part at IDWeek 2013, October 2-6, 2013, San Francisco, CA, USA.

For 2002-2012, we identified 11,262 Shigella infections among Georgia residents. During this time, 10,806 (96.0%) of cultures were isolated from feces, and 72 (0.66%) were isolated from blood. We excluded 13 S. dysentariae (1 blood isolate) and 31 S. boydii (all fecal isolates) from further analysis. Patients with Shigella bacteremia were concentrated in the Atlanta metropolitan area (Table). Fifty-three (74%) blood isolates versus 3,089 (29%) fecal isolates were from patients ≥18 years of age. No bacteremia cases were outbreak-associated. Only 1 (0.87%) of 114 patients with documented international travel had bacteremia. Demographic variables significantly associated with bacteremia on bivariate analysis included male sex, black race, and residence in the Atlanta metropolitan area. Analysis of clinical variables demonstrated that patients with bacteremia were more likely to be hospitalized (61% vs. 17%; p<0.001) and to die (Table). Male sex, age >18 years, and S. flexneri serotypes remained significant on multivariate analysis.

Thirty-seven (51%) of the 72 patients with bacteremia were known to be HIV-infected. All but 3 HIVinfected patients resided in the Atlanta metropolitan area. Among those known to be HIV-infected, 92% were black, 97% had a known AIDS diagnosis, 97% were male, and 68% were known to be men who have sex with men (MSM), a risk factor for HIV acquisition.

Among *Shigella* fecal isolates typed from 2005 to 2012, *S. sonnei* predominated (6,017 [89%] vs. 710 [10%] *S. flexneri*). In contrast, equal numbers of *S. sonnei* and *S. flexneri* (26 cases each) were identified from blood (p<0.01 for the difference between proportions in the blood vs. feces). *S. flexneri* serotype 2a comprised 5 isolates, serotype 3 comprised 6 isolates, and serotype 4a comprised 9 isolates, for a total of 85% of these 26

isolates. No serogroup trend over time was apparent with *S. flexneri*; the number of bacteremia cases ranged from 1 to 8 per year, peaking in 2009, with a single case each in 2002, 2006, and 2008. For *S. sonnei*, 2–6 bacteremia cases were identified per year, peaking in 2003, with a single case each in 2009 and 2010. Among bacteremia patients with serogroup determination, factors associated with HIV infection were black race (odds ratio 5.2 [95% CI 1.3–20.6]) and *S. flexneri* infection (odds ratio 40.4 [95% CI 8.0–204.9]).

## Conclusions

The relative predominance of *S. flexneri* among blood isolates in comparison to fecal isolates in this analysis is noteworthy. In other large international series, S. flexneri has been identified in most bacteremia patients (5, 8, 9). More than half of the bacteremia patients in our study were known to be HIV-infected. Other researchers have noted the prominence of S. flexneri among MSM and HIV-infected persons (1,4,10,11). In data from South Africa, S. flexneri serotype 2a was also identified in 30% of invasive isolates (6). It is unclear whether these serotypes might have increased virulence or might be more common because of transmission networks, particularly among the HIV-infected patients in this study. It is clear, however, that HIV infection correlates with the epidemiology of Shigella bacteremia, particularly in the Atlanta area. Some of the demographic factors associated with bacteremia (e.g., black race, identification of S. flexneri) also were associated with HIV infection within the subset of patients with bacteremia. The predominance of the MSM risk factor among HIV-infected patients, along with the low infectious dose and possibility of sexual transmission of Shigella, make it possible that

Table. Epidemiologic and clinical characteristics of shigellosis cases, Georgia, USA, 2002–2012										
	Isolates, I	no. postive/total no. (%)	)*	Odds ratio	(95% CI)					
Characteristic	All Shigella	Feces	Blood	Univariate†	Multivariate <sup>‡</sup>					
Outbreak-associated case‡	591/3,681 (16.1)	586/3,509 (16.7)	0/38	15.46 (0.95–251.97)						
International travel-	114/3,681 (8.3)	113/1,315 (8.6)	1/17 (5.9)	1.51 (0.20–11.5)						
acquired case§										
Hospitalized patient	1,940/10,443 (18.6)	1,826/10,804 (16.9)	44/72 (61.1)	0.10 (0.06–0.18)						
Died	35/11,262 (0.31)	29/8,823 (0.3)	2/66 (3.0)	0.11 (0.25–0.45)						
Atlanta resident¶	3,793/11,262 (33.7)	3,647/10,794 (33.8)	50/72 (69.4)	4.46 (2.70-7.38)						
Patient race/ethnicity										
White	4,396/9,502 (46.3)	4,782/9,026 (53.0)	12/71 (16.9)	7.36 (4.10–13.20)						
Other	484/9,502 (5.1)	364/9,026 (4.0)	1/71 (1.4)	6.50 (0.40–105.15)						
Hispanic	874/7,545 (11.6)	844/6,405 (13.2)	1/63 (1.6)	8.18 (1.13–59.04)						
Black	4,082/9,502 (43.0)	3,880/9,026 (43.0)	58/71 (81.7)	6.03 (3.30–11.03)	5.40 (2.94–9.89)					
Male sex	5,500/11,196 (49.1)	5,348/10,744 (49.8)	51/72 (70.8)	2.45 (1.47–4.08)	1.50 (0.83–2.68)					
Age <u>&gt;</u> 18 y	3,321/11,262 (29.5)	3,089/10,773 (28.7)	53/72 (73.6)	6.83 (4.04–11.56)	4.61 (2.55-8.34)					
S. flexneri serogroup§	755/6,960 (10.8)	710/6,742 (10.5)	26/52 (50.0)	8.50 (4.91–14.72)	1.96 (1.06-3.61)					

\*Unknown results were excluded.

†Odds ratio in comparison to isolation from feces. Blank cells indicate variables were not included in the final model.

‡Final logistic regression model results (cases with missing data were excluded from the multivariate analysis).

§Reported only for 2005–2012.

Atlanta resident is a patient residing in the 20-county metropolitan statistical area.

we could be missing outbreaks within this population (7). Clinicians caring for HIV-infected patients should be aware of the possibility of *Shigella* bacteremia. Additionally, identification of *Shigella* bacteremia in an adult should prompt HIV testing unless another immunocompromising condition exists.

Limitations of our study include the unavailability of epidemiologic and clinical data for all patients in the study. We had information about HIV status only for patients with *Shigella* bacteremia. Other clinical characteristics that might be associated with *Shigella* bacteremia were not collected and could not be analyzed (e.g., malignancy, transplantation) (4,10). Finally, some epidemiologic information and detailed identification of *Shigella* serogroups and serotypes was not available until 2005.

In summary, although *S. sonnei* predominated among fecal isolates in this study, similar numbers of *S. sonnei* and *S. flexneri* were identified in blood cultures. *Shigella* bacteremia, particularly when caused by *S. flexneri*, should prompt evaluation for a concomitant HIV infection among certain adult populations.

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## Distribution of Japanese Encephalitis Virus, Japan and Southeast Asia, 2016–2018

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During 2016–2018, we conducted surveillance for Japanese encephalitis virus (JEV) in mosquitoes and pigs in Japan, Thailand, the Philippines, and Indonesia. Phylogenetic analyses demonstrated that our isolates (genotypes Ia, Ib, III, IV) were related to JEV isolates obtained from the same regions many years ago. Indigenous JEV strains persist in Asia.

The locations of epidemics of arthropodborne viruses (arboviruses) are strongly associated with the distribution of their vectors. In general, the distribution of arboviruses can expand through the dispersal, transfer, and migration of their vector arthropods and reservoir animals. Mosquitoes transmit a variety of viral pathogens (e.g., dengue, Zika, and chikungunya viruses) and have caused a number of arboviral epidemics throughout the world (1). Japanese encephalitis virus (JEV; family *Flaviviridae*, genus *Flavivirus*) is a mosquitoborne arbovirus that causes a severe form of encephalitis in humans. JEV is distributed across most of Asia, the western Pacific, and northern Australia (2). The World Health Organization has estimated that the annual number

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On the basis of their genome sequences, JEVs are classified into 5 genotypes (4). JEV genotype I (GI), which has been further classified into subgenotypes GIa and GIb, and JEV GIII are the dominant lineages and have been detected widely throughout Asia. JEV GII is the third most common lineage and has been found in Indonesia, Singapore, South Korea, Malaysia, and Australia. JEV GIV and GV are rare lineages; only a few viruses of these genotypes have been isolated from Indonesia, Malaysia, and China as of October 2019. Over the past 30 years, JEV GIa has displaced GIII as the dominant lineage in many countries of Asia (5). Although the origin and spreading pattern of JEV genotypes across the world have been investigated in some reports (6,7), the exact mechanisms of JEV genotype shift remain unclear.

## The Study

To study the epidemiology of arbovirus infection, we, an international team of researchers in Japan, Thailand, the Philippines, and Indonesia, conducted arbovirus surveillance in our respective countries during 2016–2018 with the support of our governments. In each country, we collected mosquitoes in and around cattle or pig housing using sweeping

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nets and aspirators. We collected mosquitoes that had digested blood in their midguts. We identified their species and sorted them into pools, which we used for virus isolation. We also collected serum samples from pigs and wild boars from each country to use for virus isolation.

We passed homogenized mosquito or serum samples through 0.45-µm filters (Corning Inc., https://www.corning.com) and inoculated filtrates onto monolayers of 3 culture cell lines (mammalian cell lines Vero9013 and BHK-21 and mosquito cell line C6/36). We assessed cytopathic effect (CPE) daily and collected supernatants from cells that exhibited CPE. If we observed no CPE, we passaged the cells 5 times for 7 days each, after which, if virus was present, CPE should have become apparent. We extracted RNA from culture supernatants using the QIAamp Viral RNA Mini Kit (QIAGEN, https://www.giagen.com) and subjected the resulting RNA to reverse transcription PCR (RT-PCR) using the QIAGEN One-Step RT-PCR Kit and 2 universal flavivirus-specific primer sets (MAMD and cFD2 or FU2 and cFD3) (8,9) to screen for flaviviruses. To determine genome sequences, we used the QIAGEN One-Step RT-PCR Kit, TaKaRa LA RT-PCR Kit version 2.1 (Takara Bio, https://www.takarabio. com), and Invitrogen 5' RACE System for Rapid Amplification of cDNA Ends version 2.0 (https:// www.thermofisher.com) as needed in combination with several JEV-specific primers (Appendix Table https://wwwnc.cdc.gov/EID/article/26/1/19-1, 0235-App1.pdf).

Of 945 pig serum samples, we selected 56 candidate samples for virus isolation on the basis of their RT-PCR results with the MAMD and cFD2 primers, and from these samples, we obtained the full or partial genome sequences of 5 JEV isolates (Appendix Table 2). Out of a total of 22,277 mosquitoes comprising  $\geq$ 16 species, we obtained the full or partial genome sequences of only 2 JEV isolates (Appendix Table 3). Overall, we obtained the full-genome sequence of 4 of the 7 JEV isolates and the partial genome sequence (envelope gene) of the remaining 3 isolates (DDBJ accession nos. LC461956–62; Table).

A preliminary study we performed showed that many pigs in these countries possessed antibodies against JEV (K. Maeda, unpub. data). We found that JEV was more often isolated from serum samples from JEV antibody-negative pigs in farms where JEV seroprevalence was low. Because JEV isolation seems to be difficult in endemic regions, we suggest selecting younger pigs, which are less likely to be JEV antibody positive, for virus isolation studies to increase the chances of success.

The 2 JEV isolates we recovered in Japan, JEV/ MQ/Yamaguchi/803/2016 and JEV/MQ/Yamaguchi/804/2016, were GIa and not GIII. In a phylogenetic analysis, these viruses clustered with JEV isolates recovered from Japan (in 2013 and 2009), China (in 2007), and South Korea (in 2010) (Figure, panel A). The 2 viruses collected in Japan in 2016 were most closely related to viruses recovered in 2013 from the same site that had been sampled in our previous study (*10*), suggesting that this strain has been maintained in the Yamaguchi area of Japan since at least 2013.

The JEV isolate we obtained from Thailand, JEV/ sw/Thailand/185/2017, was GIb and clustered with other JEV isolates detected in Thailand during 1985– 2005 (11), as well as isolates from Myanmar in 2010, Cambodia in 2014 and 2015, and Singapore in 2014 (Figure, panel B). Thus, these JEVs have been maintained in Thailand and other parts of the southern peninsula of continental Asia for >30 years.

JEV is distributed extensively throughout the Philippines (12). However, only 3 JEV GIII isolates from the Philippines (which were obtained from pigs during 1984–1986) were available for genetic analysis. Our 2 Philippines-derived JEV isolates, JEV/sw/Mindanao/ K3/2018 and JEV/sw/Mindanao/K4/2018, clustered with these isolates (Figure, panel C). Our 2 Indonesia JEV isolates, JEV/sw/Bali/93/2017 and JEV/sw/ Bali/94/2017, were obtained from the island of Bali, where a JEV vaccination program began in March 2018

Table.         JEV isolates, Japan and Southeast Asia, 2016–2018*									
		Province or city,		Collection	DDBJ				
Virus isolate	Country	island	Source	date	accession no.				
JEV/MQ/Yamaguchi/803/2016	Japan	Yamaguchi	Culex tritaeniorhynchus mosquito	2016 Sep 8	LC461956†				
JEV/MQ/Yamaguchi/804/2016	Japan	Yamaguchi	C. tritaeniorhynchus mosquito	2016 Sep 8	LC461957‡				
JEV/sw/Thailand/185/2017	Thailand	Nakornnayok	Pig serum sample	2017 Aug 14	LC461958‡				
JEV/sw/Mindanao/K3/2018	The Philippines	Butuan, Mindanao	Pig serum sample	2018 Mar 9	LC461959†				
JEV/sw/Mindanao/K4/2018	The Philippines	Butuan, Mindanao	Pig serum sample	2018 Mar 9	LC461960‡				
JEV/sw/Bali/93/2017	Indonesia	Denpasar, Bali	Pig serum sample	2017 Oct 17	LC461961‡				
JEV/sw/Bali/94/2017	Indonesia	Denpasar, Bali	Pig serum sample	2017 Oct 17	LC461962†				
* IEV/ Jananaaa anaankalitia wirwa									

\*JEV, Japanese encephalitis virus.

†Envelope gene sequence.

‡Full-genome sequence.

#### Distribution of Japanese Encephalitis Virus, Asia



**Figure.** Maximum-likelihood phylogeny of JEV isolates, Japan and Southeast Asia, 2016–2018 (circles), and reference isolates constructed on the basis of the envelope gene sequence (1,500 nt). A) Genotype Ia (GIa); B) genotype GIb; C) genotypes GIII and GIV. Tree sections were reconstructed by using MEGA6 (https://megasoftware.net) with 100 bootstraps under the general time-reversible model. JEVs isolated in Japan (blue), Thailand (green), the Philippines (yellow), and Indonesia (maroon) are indicated. Origin, year, and country of isolation are provided in parentheses. bo, bovine; eq, equine; hu, human; JEV, Japanese encephalitis virus; MQ, mosquito; NA, data not available; sw, swine; wb, wild boar. An expanded version of this figure showing the parent tree for the phylogenetic tree sections, along with DDBJ and GenBank accession numbers, is available (https://wwwnc.cdc.gov/EID/article/26/1/19-0235-F1.htm).

(13). These JEV isolates clustered with other Indonesia isolates obtained in the 1980s (Figure, panel C) (14).

## Conclusions

In summary, our phylogenetic analysis revealed that the JEV isolates we obtained from Japan were GIa, the isolate from Thailand was GIb, the isolates from the Philippines were GIII, and the isolates from Indonesia were GIV (Figure, panels A–D; Appendix Figure). These results indicated that JEV GIII and GIV are still active and being maintained in parts of Asia.

Our data demonstrate that a number of the JEV isolates we obtained in select countries of Southeast Asia during 2016–2018 were phylogenetically related to isolates reported in the same country in the 1980s, suggesting that some JEV strains have been maintained in their corresponding regions. Contrary to our expectation, the JEV transmission cycle seems to have been maintained indigenously. JEV strains are presumed to be transferred between JEV-endemic regions by movement of arthropod vectors and bird reservoirs. Nonetheless, we infer that fixation of an invading JEV strain into a new region is difficult unless the new strain possesses properties advantageous for virus growth and expansion (15). However, the genotype shift from GIII to GIa has occurred in East Asia since the 1990s, indicating that

GIa must have had some sort of growth advantage over GIII that permitted its spreading to and expansion in these countries. Our findings that JEV strain invasion in Asia is infrequent could assist in public health decisionmaking regarding vaccine formulation and campaign strategies.

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## Novel Reassortant Highly Pathogenic Avian Influenza A(H5N2) Virus in Broiler Chickens, Egypt

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We detected a novel reassortant highly pathogenic avian influenza A(H5N2) virus in 3 poultry farms in Egypt. The virus carried genome segments of a pigeon H9N2 influenza virus detected in 2014, a nucleoprotein segment of contemporary chicken H9N2 viruses from Egypt, and hemagglutinin derived from the 2.3.4.4b H5N8 virus clade.

Since 2006, Egypt's poultry industry has been plagued by endemic infections with highly pathogenic avian influenza (HPAI) virus, subtype H5N1, clade 2.2.1, of the goose/Guangdong (gs/GD) lineage (1). In addition, low pathogenicity avian influenza (LPAI) virus of subtype H9N2, G1 lineage, introduced in 2011 (2), and HPAI H5N8 (gs/GD clade 2.3.4.4b) introduced in 2016, have become entrenched in local poultry populations (3). Despite ongoing control measures, respiratory disease with increased mortality rates is endemic in poultry farms in Egypt.

The zoonotic nature of HPAI H5N1 2.2.1 viruses has caused in Egypt the highest number of human infection cases per country worldwide; a low level of sporadic benign human cases of H9N2 viral infection has also been reported from Egypt (4). Continued adaptation by point mutations, but not reassortment, to enhance replication in mammalian hosts has been repeatedly reported in avian influenza in Egypt (5). Here, we describe the detection of a new reassortant HPAI virus in commercial chicken holdings in Egypt. This virus carries the hemagglutinin (HA) gene of HPAI clade 2.3.4.4b H5N8 virus and 7 genome segments derived from Egyptian H9N2 viruses (6).

## The Study

During January–April 2019, we examined samples from 11 commercial broiler farms reporting respiratory clinical signs among chickens by using the Riems Influenza A Typing Assay (7). We detected co-presence of avian influenza viruses subtypes H5 and H9 with N2 (8 farms) as well as H5N2 only (3 farms).

We selected 8 samples representing H5N8, H9N2, and H5N1 from 2017-2018, plus 1 positive H5N2 sample from 2019, for full-genome sequencing (Table 1; Appendix 1 Table, https://wwwnc.cdc.gov/EID/ article/26/1/19-0570-App1.pdf). Sanger- and nextgeneration sequencing results identified various reassortants new to Egypt (Figure 1). All H5 HA segments encoded a polybasic cleavage site, PLREKRRKR-GLF (H5 clade 2.3.4.4b) or PQGEKRRKKR-GLF (H5 clade 2.2.1.2), thus classifying those viruses as highly pathogenic. We identified the closest related sequences by BLAST (https://blast.ncbi.nlm.nih.gov/ Blast.cgi) homology searches in the GISAID (http:// platform.gisaid.org) and International Nucleotide Sequence Data Collaboration (http://www.insdc.org) databases. Phylogenetic analyses of each genome segment aided in clustering sequences (Appendix 1 Figure). We delineated the putative origin of each of the genome segments (Figure 1). The HA segment of the novel HPAI H5N2 reassortant virus was derived from clade 2.3.4.4b viruses with closest homology to viruses circulating in ducks in Egypt in 2017 (Figure 2), whereas  $\geq 4$  additional genome segments (polymerase basic 1, polymerase basic 2, polymerase, and nonstructural protein) originated from novel reassortant H9N2 viruses first detected in pigeons

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Table. Characteristics of avian influenza viruses in samples from diseased poultry, Egypt\*

		Collection			Flock	Mortality	Genome	
Strain	Subtype	date	Host species	Governorate	size	rate, %	sequence	Clade
A/duck/Egypt/AR518/2017	H5N8	2017 Mar 15	Duck	Giza	3,000	40	Full	2.3.4.4b
A/duck/Egypt/AR560/2018	H5N8	2018 May 20	Duck	Giza	5,000	35	Full	2.3.4.4b
A/turkey/Egypt/AR550/2018	H5N8	2018 Mar 2	Turkey	Beni-Suef	5,000	100	Full	2.3.4.4b
A/duck/Egypt/AR526/2017	H5N1	2017 Mar 20	Duck	Beni-Suef	3,000	15	Full	2.2.1.2
A/chicken/Egypt/AR528/2017	H5N1	2017 Mar 22	Chicken, layer	Beni-Suef	5,000	30	Full	2.2.1.2
A/chicken/Egypt/AR544/2018	H9N2	2018 Jan 20	Chicken, broiler	Giza	10,000	25	Full	G1.B
A/chicken/Egypt/AR545/2018	H9N2	2018 Mar 25	Chicken, broiler	Qualiobia	5,000	25	Full	G1.B
A/chicken/Egypt/AR546/2018	H9N2	2018 Mar 22	Chicken, broiler	El-Menia	8,000	10	Full	G1.B
A/chicken/Egypt/Al00994/2019	H5N2	2019 Jan 19	Chicken, broiler	Beheira	17,000	47	Full	2.3.4.4b
A/chicken/Egypt/AI00986/2019	H5N2	2019 Jan 5	Chicken, broiler	Fayoum	10,000	5	HA (partial)	2.3.4.4b
A/chicken/Egypt/Al00987/2019	H5, H9, N2	2019 Jan 9	Chicken, broiler	Beheira	7,000	15	<sup>``</sup> HA (partial)	2.3.4.4b
A/chicken/Egypt/AI00988/2019	H5, H9, N2	2019 Jan 19	Chicken, broiler	Beheira	8,000	20	<sup>``</sup> HA (partial)	2.3.4.4b
A/chicken/Egypt/AI00989/2019	H5, H9, N2	2019 Jan 27	Chicken, broiler	El-Menia	6,000	14	"HA (partial)	2.3.4.4b
A/chicken/Egypt/AI00991/2019	H5, H9, N2	2019 Feb 16	Chicken, broiler	Beni-Suef	74,000	16	°NA* ∕́	NA
A/chicken/Egypt/AI00992/2019	H5N2	2019 Mar 3	Chicken, broiler	Beheira	5,000	15	HA (partial)	2.3.4.4b
A/duck/Egypt/Al00993/2019	H5, N8, N2	2019 Jan 14	Chicken, broiler	Giza	4,000	15	NA	NA
A/chicken/Egypt/AI00995/2019	H5, H9, N2	2019 Jan 14	Chicken, broiler	Beheira	33,000	33.3	NA	NA
A/chicken/Egypt/AI00996/2019	H5, H9, N2	2019 Jan 15	Chicken, broiler	Beheira	10,000	60	NA	NA
A/chicken/Egypt/AI00997/2019	H5, N8, H9, N2	2019 Mar 9	Chicken, broiler	Dakhalia	40,000	7.5	NA	NA

\*HA, hemagglutinin; NA, not available.



Figure 1. Genotype and reassortment analyses based on full-length genome sequences of avian influenza viruses in Egypt previously detected and those identified in this study. Colors indicate grouping of segment origin according to phylogenetic analyses (Appendix 1 Figure, https://wwwnc.cdc.gov/EID/ article/26/1/19-0570-App1.pdf): highly pathogenic avian influenza (HPAI) H5N1 2.2.1.2 virus from Egypt (black); H9N2 subtype from Egypt circulating in chickens since 2010 (gray); H9N2 subtype from Egypt first detected in pigeons in 2014 (red); HPAI H5N8 viruses previously detected and circulating in Egypt (brown; different genotypes); Polymerase basic (PB) 2 segment most closely related to an H3N6 virus from Bangladesh (purple); PB1 segment most closely related to an H7N7 virus from Georgia (yellow); segments most closely related to H5N8 viruses from China (blue) or Russia (green).



Figure 2. Phylogenetic analysis of the hemagglutinin segments of reassortant highly pathogenic avian influenza H5N2 and H5N8 viruses belonging to clade 2.3.3.4b from Egypt and reference viruses. Sequence analysis was based on alignment analyses by MAFFT version 7.450 embedded in the Geneious software suite, version 11.1.7 (https://www.geneious.com) with manual editing. We performed maximum-likelihood calculations using PhyML version 3.0 (http:// www.atgc-montpellier.fr/phyml); we chose the best-fit model according to the Bayesian selection criterion using Model Finder embedded in Geneious. Colors indicate grouping of segment origin and match those shown in Figure 1: blue, most closely related to H5N8 viruses from China: green, most closely related to H5N8 viruses from Russia and Europe. GenBank or GISAID accession numbers (http://www.gisaid.org) are provided for reference sequences. Scale bar indicates nucleotide substitutions per site.

in Egypt during 2014 (6). The nucleoprotein segment and perhaps others were acquired from H9N2 viruses circulating in chickens in Egypt since 2010. Matrix and neuraminidase segments are identical in the pigeon and chicken H9N2 viruses. We identified no new mutations in the genome of reassortant H5N2 that would suggest increased adaptation to mammalian hosts. In addition, we observed 2 previously undescribed genotypes of HPAI H5N8 with distinct polymerase basic 1 and 2 segment origins (Figure 1). The composition of HPAI H5N1 viruses phylogenetically assigned to clade 2.2.1.2 (Figure 1; Appendix 1 Figure) was unaltered compared with other HPAI H5N1 viruses isolated since 2015.

Natural reassortants between H5 HPAI of the gs/GD lineage and H9N2 viruses, including subtype H5N2, have repeatedly emerged in Southeast Asia (8). So far, both the HPAI H5N1 2.2.1.2 and the co-circulating H9N2-G1 viruses appeared to be genotypically stable in poultry in Egypt. Successful forced reassortment of these viruses by co-cultivation and serum selection in embryonated chicken eggs ruled out a principal incompatibility between their genome segments (5); however, Naguib et al. did not rescue an H5N2 reassortant.

We and others have shown that HPAI H5 viruses of clade 2.3.4.4 have a high tendency to reassort with various influenza A viruses of wild birds or poultry (9). Thus, the incursion of clade 2.3.4.4b viruses into Egypt in 2016 not only added another antigenically distinct HPAI virus, but also signaled an increased reassortment risk. In fact, the 2.3.4.4b H5N8 virus proved to be a parent of the newly emerged H5N2 reassortant. Likewise, the second parental virus, an influenza A(H9N2) virus first detected in pigeons, was not described in Egypt before 2014. Genotypically, this H9N2 virus is distinct from the third parental virus, that is, the original H9N2 virus introduced to poultry in Egypt in 2010 (Figure 1). Infection of pigeons with clade 2.3.4.4b H5N8 HPAI virus has been described in Egypt, although pigeons are believed to be less susceptible to avian influenza infections (10). Although we cannot attribute the origin of the current HPAI H5N2 reassortant to a single host species, we cannot exclude pigeons as a possible host.

In March 2019, Egypt's Ministry of Agriculture announced the detection of a new influenza A(H5N2) virus from seemingly healthy ducks in the Dakahlia governorate (11); recently published information on this reassortant indicated the presence of a neuraminidase N2 segment of chicken H9N2 viruses in the background of an HPAI H5 clade 2.3.4.4b virus (11). Our data confirm the presence of a different H5N2 reassortant and its occurrence in chickens in different geographic regions of Egypt (Table 1). We detected the current reassortant HPAI H5N2 viruses in 2 different broiler farms in Beheira (January and March 2019) and 1 broiler farm in Fayoum (January 2019) governorates (Table 1). The HA amino acid sequence of these reassortants does not signal antigenic variation compared with parent HPAI H5 subtype of clade 2.3.4.4b. Antigenic and further phenotypic properties, such as host specificity, require investigation as soon as isolates are available. For the H5N2-positive samples, only FTA card material was available at Friedrich-Loeffler-Institut. However, H5N2 isolates were successfully generated at the Beni-Suef University, Egypt, but were currently not available for further antigenic and phenotypic analyses (M. El-Kady, unpub. data).

Intensified targeted surveillance in poultry and pigeons is urgently required and may lead to detection of additional reassortants. However, co-detection in a sample of H5N8 and H9N2 subtypes by reverse transcription quantitative PCR may blur the identification of H5N2 reassortants; plaque purification of such samples would aid in separating subtypes but cannot currently be used in routine diagnostics.

There is a risk for transboundary spread of HPAI A(H5N2) virus in northern Africa and the Middle East, and similar reassortment events are to be expected in regions where clade 2.3.4.4 HPAI and H9N2 viruses are co-circulating. Long-term solutions in combating avian influenza virus infections in poultry are sorely needed and would help to lower risks of human exposure to zoonotic avian influenza viruses such as the highly zoonotic H7N9 viruses in China that carry a full set of internal genes of an H9N2-G1-like avian influenza virus (*12*).

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## EID Podcast: A Worm's Eye View



Seeing a several-centimeters-long worm traversing the conjunctiva of an eye is often the moment when many people realize they are infected with *Loa loa*, commonly called the African eyeworm, a parasitic nematode that migrates throughout the subcutaneous and connective tissues of infected persons. Infection with this worm is called loiasis and is typically diagnosed either by the worm's appearance in the eye or by a history of localized Calabar swellings, named for the coastal Nigerian town where that symptom was initially observed among infected persons. Endemic to a large region of the western and central African rainforests, the *Loa loa* microfilariae are passed to humans primarily from bites by flies from two species of the genus *Chrysops*, *C. silacea* and *C. dimidiate*. The more than 29 million people who live in affected areas of Central and West Africa are potentially at risk of loiasis.

Ben Taylor, cover artist for the August 2018 issue of EID, discusses how his personal experience with the Loa loa parasite influenced this painting.

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# EMERGING INFECTIOUS DISEASES

## Infectivity of Norovirus GI and GII from Bottled Mineral Water during a Waterborne Outbreak, Spain

Susana Guix, Cristina Fuentes, Rosa M. Pintó, Albert Blanco, Aurora Sabrià, Eduard Anfruns-Estrada, Virginia Rodríguez Garrido, Manuel Alonso, Rosa Bartolomé, Thais Cornejo, Tomàs Pumarola, Albert Bosch

During a waterborne outbreak of norovirus in Spain, we estimated 50% illness doses for a group of exposed (secretor) persons to be 556 (95% CI 319–957) genome copies/day for norovirus GI and 2,934 (95% CI 1,683–5,044) genome copies/day for norovirus GII. Use of a propidium monoazide viability assay reduced these values.

Human noroviruses are a major agent of acute gastroenteritis, are distributed worldwide, and affect all age groups (1). One of the largest outbreaks of infection with norovirus, caused by consumption of contaminated bottled spring water, occurred in Spain during 2016 and affected >4,100 persons (2). Multiple genotypes (GI.2, GII.2, GII.4, and GII.17) were identified among patients, and high levels of norovirus genomes were quantified in contaminated water coolers.

Differences in susceptibility to infections with different genotypes have been described and depend on expression of histoblood group antigens (3), for which expression is determined primarily by the *FUT2* gene. Although secretor-negative persons are resistant to several norovirus genotypes (3), symptomatic infections in nonsecretors have been documented for GI.3, GII.1, GII.2, GII.3, GII.6, GII.7, GII.4, and GII.17 (3). These differences, which are based on host genetic susceptibility, partially hamper development of dose-response models.

Noroviruses are highly infectious, although infectivity might vary between genotypes, and data on

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their infectivity are still scarce. Reported doses causing infection in 50% of exposed persons ( $ID_{50}$ ), determined from volunteer secretor adults challenged with a GI.1 from a stool specimen, range from 18 (95% CI 1–4,350) (4,5) to 2,800 (95% CI, 290–25,000) genome equivalents (6).

Using human intestinal organoids, Costantini et al. estimated the ID<sub>50</sub> for stool specimens containing GII as 440-4,000 genome copies/mL (7). Because genome to infectious virus ratios might be sample specific, especially in environmental samples, determining norovirus infectivity from common-source outbreaks and naturally contaminated samples is essential. Data reported for oyster-related norovirus outbreaks by Thebault et al. inferred higher infectivity estimates: secretors had an ID<sub>50</sub> of 7.1 (95% CI 0.73 to >10<sup>6</sup>) virus genomes/oyster consumed and a dose causing illness in 50% of exposed persons of 32 (95% CI 1.32 to >10<sup>6</sup>) virus genomes/oyster consumed for norovirus GI and an ID<sub>50</sub> of 1.6 (95% CI 0.74 to  $>10^{\circ}$ ) virus genomes/ oyster consumed and a dose causing illness in 50% of exposed persons of 4.86 (1.24 to >106) virus genomes/ oyster consumed for norovirus GII (8).

In this study, we estimated the 50% illness dose in conditions of natural exposure to contaminated water. These persons were selected from a group of exposed persons during a large waterborne outbreak in Spain in 2016 (2).

## The Study

This study was conducted in accordance with the Declaration of Helsinki, and approved by the Ethics Committee of the Hospital Universitari Vall d'Hebron (PR[AG]211/2016). Informed written consent was obtained from all persons.

We provided a questionnaire on water consumption, occurrence, type and duration of gastroenteritis

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symptoms, and blood type (ABO) to 26 persons who had been exposed to drinking water from a water cooler in Spain during 2016. Acute gastroenteritis was defined as vomiting or diarrhea ( $\geq$ 3 loose stools within 24 hours) and  $\geq$ 2 of the following: nausea, abdominal pain, or fever (temperature  $\geq$ 37.8°C). We collected saliva samples to determine secretor status by genotyping the *FUT2* gene (9). We collected stool specimens during the symptomatic phase from 13 of 15 symptomatic patients and screened for norovirus by real-time quantitative PCR as described (10). We also performed genotype analysis for polymerase and capsid genes (11) and used probit analysis to determine the 50% illness dose.

A total of 69% of persons were secretors and 31% were nonsecretors (Table 1). The overall attack rate for symptomatic infection was 58%: 67% for secretors and 38% for nonsecretors. Percentages of secretors were 80% for symptomatic persons and 55% for asymptomatic persons. According to water intake, 62% reported consuming 200–600 mL/ day, 23% reported consuming 601–1,000 mL/day, and 15% reported consuming >1,000 mL/day. We found no major differences in water consumption between secretors and nonsecretors. An increase in the proportion of symptomatic persons and the amount of water consumed daily was observed only for secretors (Figure). Gastroenteritis developed in 3 of 8 nonsecretors even though they had not ingested the largest amount of water.

Of 8 exposed nonsecretor persons, 3 (38%) showed development of acute gastroenteritis and only GI viruses were detected in their stool. Although we could not completely rule out that GII viruses might have also infected these persons but were not detected, it is plausible that gastroenteritis in these persons was related to the GI infection. Although binding of GI.2 to nonsecretor histoblood group antigens has been demonstrated in vitro (12–14), we report clinical infections in nonsecretors. The observed attack rate for a symptomatic GI infection was similar between secretors (50%) and nonsecretors (38%).

We used data for quantification of norovirus in the contaminated water cooler to which the subjects were exposed (2) to estimate the average 50% illness dose. High levels of genome copies per liter of water for GI ( $1.1 \times 10^3$ ) and GII ( $5.8 \times 10^3$ ) had been detected. Intact virions, estimated by using a viability realtime quantitative PCR, represented <4.4% to 5.6% of the total number of genomes. We estimated 50% illness doses according to the percentages of persons with gastroenteritis and the median water volumes recorded for each group (Table 2). We calculated 95% CIs by using the scenarios corresponding

Table 1. Cha	Table 1. Characteristics of 26 exposed persons during a waterborne outbreak of norovirus, Spain*									
		Duration of	Daily water intake,	Secretor	ABO blood	Virus				
Person no.	Age, y	symptoms, days	mL†	status	type	genogroup	Virus genotype			
1	46	2	200-600	+	NA	I	GI.P2_GI.2			
2	25	2	200-600	+	NA	II	GII.P17_GII.17			
3	58	4	200-600	+	NA	II	GII.P17_GII.17			
4	45	5	200-600	-	0	I	GI.P2_GI.2			
5‡	29	3	200-600	+	0	NA	NĀ			
6‡	31	1	200-600	+	0	NA	NA			
7	34	2	200-600	-	0	I	GIP2_GI.2			
8	42	4	200-600	+	0	l + II	GI.P2_GI.2			
9	45	5	601-1,000	-	NA	I	NĀ			
10	32	3	601-1,000	+	А	l + II	GI.P2_GI.2 and			
							GII.P17_GII.17			
11	29	4	601-1,000	+	В	l + II	GII.P17_GII.17			
12	26	6	601-1,000	+	0	l + II	GI.P2_GI.2			
13	41	9	601-1000	+	0	l + II	NA			
14	25	4	>1,000	+	NA	l + ll	GII.P2_GII.2			
15	55	2	>1,000	+	A	l + II	GI.P2_GI.2			
16‡	27	0	200-600	-	NA	NA	NA			
17‡	52	0	200-600	-	AB	NA	NA			
18‡	54	0	200-600	+	NA	NA	NA			
19‡	47	0	200-600	+	0	NA	NA			
20‡	59	0	200-600	+	0	NA	NA			
21‡	30	0	200-600	+	0	NA	NA			
22‡	59	0	200-600	-	0	NA	NA			
23‡	NA	0	200-600	+	0	NA	NA			
24‡	33	0	601-1,000	+	NA	NA	NA			
25‡	38	0	>1,000	-	NA	NA	NA			
26‡	42	0	>1,000	-	NA	NA	NA			

\*NA, not available; -, negative; +, positive.

†Plastic glasses used by persons to drink water had a volume of 200 mL.

‡These persons did not provide a stool sample.



**Figure.** Distribution of A) secretor and B) nonsecretor persons by level of daily water intake and the occurrence of symptoms during a waterborne outbreak of norovirus, Spain. Numbers at the top of each bar indicate percentages of symptomatic persons.

to the minimum and maximum water volumes from each group. The 50% illness dose estimates for secretors were 556 (95% CI, 319–957) genome copies/ day for GI exposures and 2,934 (95% CI, 1,683–5,044) genome copies/day for GII exposures. For nonsecretors, the number of infected persons was too low to calculate 50% illness doses.

## Conclusions

Our data showed differences in infectivity between norovirus GI and GII, which differs from what was previously observed in oyster-related outbreaks ( $\delta$ ). Because the number of persons studied was low in both studies, factors that might modify how a particular person responds to virus exposure might partially explain these different observations. In addition, factors related to particular genotypes involved in the outbreaks might also influence infectivity. Although values estimated in this study fall within the range of ID<sub>50</sub> and 50% illness dose data obtained by other investigators (4,6,8), we observed that median values extrapolated from oyster-related outbreaks ( $\delta$ ) are the lowest values. This trend might be caused by natural variability, different preimmune status of exposed persons, or strain differences, or the proportion of noninfectious genomes with respect to total genome copies might be lower within contaminated oysters.

Because of the interaction of norovirus with specific carbohydrates found in oyster intestinal tissues (15), these animals might specifically bioaccumulate intact infectious virions. In this regard, in our study, after we considered only those genomes incorporated in undamaged capsids, resulting 50% illness doses for secretors were only 25 (95% CI 15–42) for GI and 165 (95% CI 95–284) for GII.

Because the proportion of infectious genomes might vary in each particular environmental scenario, infectivity data for norovirus relating to total and infectious genomes should be consistently investigated whenever possible for a better refinement of risk assessment approaches. Outbreaks caused by consumption of contaminated water and shellfish are often caused by multiple virus strains. Although this factor might hamper infectivity estimates, these types of studies are nevertheless valuable to risk managers and regulators for future formulation of guidelines on acceptance levels for norovirus in specific matrices.

Table 2. Illness status observed for secretors and nonsecretors of norovirus, according to different daily doses of ingested virus genomes, Spain\*

			Secretors		Nons	ecretors
Virus	Ingested genome	Ingested infectious	No. exposed	% Symptomatic	No. exposed	% Symptomatic
genotype	copies/d	genome copies/d	persons	persons	persons	persons
GI	220-660	10–29	9	22.2	5	40.0
	661-1,100	30–49	5	80.0	1	100.0
	>1,100	>49	2	100.0	2	0.0
GII	1,160–3,480	65–196	9	33.3	5	0.0
	3,481–5,800	197–327	5	80.0	1	0.0
	>5,800	>327	2	100.0	2	0.0

\*n = 13. Persons who did not provide a stool sample were excluded from the analysis.

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Dr. Guix is an associate professor in the Department of Genetics, Microbiology and Statistics, and academic secretary of the Research Institute of Nutrition and Food Safety, University of Barcelona, Barcelona, Spain. Her research interests are human foodborne enteric viruses, such as norovirus, hepatitis A, and astrovirus; molecular and clinical aspects; and the role of these viruses as food and environmental contaminants; and virus inactivation studies.

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## Effect of Pediatric Influenza Vaccination on Antibiotic Resistance, England and Wales

Chungman Chae,<sup>1</sup> Nicholas G. Davies,<sup>1</sup> Mark Jit, Katherine E. Atkins

Vaccines against viral infections have been proposed to reduce prescribing of antibiotics and thereby help control resistant bacterial infections. However, by combining published data sources, we predict that pediatric live attenuated influenza vaccination in England and Wales will not substantially reduce antibiotic consumption or adverse health outcomes associated with antibiotic resistance.

A ntibiotic use drives the spread of antibiotic resistance. A considerable proportion of antibiotic prescriptions are prescribed unnecessarily for conditions that are either self-limiting or nonbacterial in etiology (1). Because influenza is often treated inappropriately with antibiotics, expanding access to influenza vaccines has been proposed as a means of reducing unnecessary prescribing and preventing resistant infections (2).

In 2013, England and Wales began rolling out the live attenuated influenza vaccine (LAIV) for 2–16-year-old children (3). Here, we estimate the potential effect on antibiotic prescribing and antibiotic resistance.

## The Study

We assumed that some influenza cases lead to general practitioner (GP) consultations and some GP consultations lead to antibiotic prescriptions. Our age-stratified analysis focused on community antibiotic use as the driver of resistance, because hospitalizations for influenza are rare relative to GP consultations (4).

To estimate the influenza-attributable consultation rate, we used a previous time-series statistical attribution covering the 1995-2009 influenza

Author affiliations: London School of Hygiene and Tropical Medicine, London, UK (C. Chae, N.G. Davies, M. Jit, K.E. Atkins); Public Health England, London (M. Jit); University of Edinburgh, Scotland, UK (K.E. Atkins) seasons in the United Kingdom (5), yielding a population-wide average of 14.7 influenza-attributable GP consultations per 1,000 personyears (Table 1). For our uncertainty analysis (Appendix Table, https://wwwnc.cdc.gov/EID/ article/25/12/19-1110- App1.pdf), we used a lower estimate of 11.8 per 1,000, from a longitudinal study of the 2006–2011 influenza seasons in England (6), and a higher estimate of 21.4 per 1,000, from a timeseries statistical analysis of the 2000–2008 influenza seasons in England and Wales (4).

We estimated that 726 antibiotic prescriptions are written for every 1,000 influenza-attributable GP consultations (5). For our uncertainty analysis, we used a lower estimate of 313 per 1,000, derived from electronic health records of prescriptions within 30 days of a consultation for influenzalike illness (ILI) or acute cough in England during 2013–2015 (7).

We assumed that LAIV prevents 49% of symptomatic influenza cases on average, using a previously published mathematical model of pediatric LAIV in England and Wales, which assumes 50% uptake and either 70% (matched-year) or 42% (unmatched-year) efficacy among 2–16-year-olds (3). This reduction is consistent with a pilot study comparing consultation rates in treatment with control areas before and after LAIV rollout (8). For our uncertainty analysis, we used lower and higher estimates of 32% and 63% fewer influenza cases from the same model, assuming an uptake of 30% and 70%, respectively.

To predict the healthcare benefits of reducing unnecessary prescribing, we used linear regression with a country's rate of primary-care antibiotic use as the predictor variable and previously published 2015 estimates of adverse health outcomes associated with 16 resistant bacterial strains across European countries (9) as the response variables. We adopted a

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<sup>1</sup>These authors contributed equally to this article.
	rejected eneet of per		e procomption rated,	England and Maloo		
	Influenza-		Direct prescribing	Direct prescribing	Overall	Overall
Age	attributed	Prescriptions per	rate reduction,	rate reduction,	LAIV	prescribing
group	consultation rate†	consultation	unmatched‡	matched‡	effectiveness§	rate reduction¶
0–6 mo	29.7 (23.7–35.9)	0.597 (0.474–0.719)	-	-	0.574 (0.501-0.651)	10.2 (7.03–13.5)
6 m–4 y	29.7 (23.7–35.9)	0.597 (0.474–0.719)	7.46 (5.31–9.64)	12.4 (8.85–16.1)	0.663 (0.618–0.714)	11.8 (8.31–15.4)
5–14 y	22.1 (17.6–26.7)	0.588 (0.466-0.708)	5.46 (3.89-7.06)	9.11 (6.48–11.8)	0.754 (0.709-0.794)	9.81 (6.97–12.8)
15–44 y	12.8 (10.2–15.4)	0.676 (0.536-0.814)	3.64 (2.59-4.70)	6.06 (4.31-7.83)	0.446 (0.394-0.502)	3.86 (2.66-5.09)
45–64 y	12.4 (9.84–14.9)	0.805 (0.639–0.970)	-	-	0.423 (0.374-0.484)	4.22 (2.90-5.58)
<u>&gt;</u> 65 y	12.2 (9.67–14.7)	0.857 (0.680-1.03)	-	-	0.477 (0.397-0.561)	4.97 (3.34-6.68)
Overall	14.7 (11.7–17.7)	0.726 (0.576–0.875)	5.80 (4.13–7.49)	9.86 (7.01–12.9)	0.494 (0.446-0.549)	5.32 (3.74–7.00)
*All estimate	es reported as mean (95	5% highest density interval	). LAIV, live attenuated	influenza vaccine; -, a	ge group not subject to pe	diatric LAIV.

Table 1. Projected effect of pediatric LAIV on antibiotic prescription rates, England and Wales\*

†Per 1,000 person-years in England and Wales.

‡Reduction in antibiotic prescriptions among vaccinees per 1,000 vaccine recipients, not accounting for herd immunity, presented separately for unmatched and matched seasons.

§Reduction in influenza cases assuming a 50% uptake among children 2–16 years of age, accounting for herd immunity.

Per 1,000 person-years in England and Wales, accounting for herd immunity.

published cost estimate of \$1,415 per resistant infection (2016 USD) (10), adjusted for inflation and healthcare purchasing power parity to £520 (2015 GBP).

We used Monte Carlo sampling to explore uncertainty across estimates for consultation rate, prescribing rate, and LAIV effectiveness, weighting age groups by using 2015 demographic data for England and Wales. (Analysis code and data at http://github. com/nicholasdavies/laiv\_amr\_ew; additional details in the Appendix.)

We found that pediatric LAIV has the potential to reduce antibiotic consumption by 5.3 (95% highest



Figure 1. Estimated incidence of adverse health outcomes resulting from antibioticresistant infections, plotted against the overall antibiotic consumption in primary care settings in 30 countries in Europe, 2015. A) Antibioticresistant cases/1,000person-years; B) attributable DALYs/1,000 person-years; C) attributable deaths/1,000 person-years. Red circles indicate datapoints for the United Kingdom; error bars indicate 95% CIs. Blue lines indicate linear regressions; gray shading indicates 95% confidence regions for linear regressions. DALYs, disabilityadjusted life years; DDD, defined daily dose.

Table 2. Projected effect of pediatric LAIV on adverse health
outcomes associated with antibiotic resistance, England and
Wales*

		Projected reduction in						
	Estimate for 2015,	outcome resulting from						
Outcome	England and Wales	LAIV, mean (95% HDI)						
DALYs	46,039	642 (450–842)						
Cases	47,080	432 (303–566)						
Deaths	1,930	22 (16–29)						
*DALYs, disability-adjusted life years; HDI, highest density interval; LAIV,								
live attenuated influenza vaccine.								

density interval [HDI] 3.7–7.0) prescriptions per 1,000 person-years (Table 1) across the population of England and Wales, or 0.8% of the antibiotic dispensation rate for primary care in England and Wales in 2015. For comparison with secular trends, this rate has fallen by 2.5% each year during 2012–2018 in England (Appendix Figure). Focusing on vaccine recipients only, we estimated that the direct effectiveness of LAIV on antibiotic consumption is 5.8 (95% HDI 4.1–7.5) fewer prescriptions per 1,000 person-years in unmatched years and 9.9 (95% HDI 7.0–13) in matched years.

Although 0.8% is a small decrease in antibiotic use, it might appreciably improve the cost-effectiveness of pediatric LAIV if the healthcare costs of resistance are substantial enough (Figure 1). We estimated that LAIV has the potential to reduce resistance-attributable disability-adjusted life years (DALYs) by 642, cases by 432, and deaths by 22 per year in England and Wales (Table 2); averted DALYs were spread relatively evenly across the 7 causative pathogens analyzed (Figure 2, panel A). We estimated a yearly cost saving of £224,000 for averted resistant infections. Compared with the projected incremental cost (program cost minus healthcare saving) of pediatric LAIV at £63.6 million, and its projected effect of saving 27,475 quality-adjusted life years and averting 799 deaths yearly (3), accounting for resistance will not substantially increase the costeffectiveness of pediatric LAIV in this setting. Our uncertainty analysis (Figure 2, panel B) identified the consultation rate as having the greatest influence over the effect of LAIV on resistance-associated adverse health outcomes.

## Conclusions

Our estimates for the foreseeable reduction in antibiotic prescribing from the LAIV program in England and Wales might seem surprisingly low, given that sore throat, cough, and sinusitis together account for 53% of all inappropriate prescribing, which in turn accounts for at least 9%–23% of all prescribing in England (1). However, many viral and bacterial pathogens cause these symptoms. By



Figure 2. Effect of pediatric LAIV on adverse health outcomes attributable to antibiotic-resistant bacterial strains, England and Wales. A) Estimated DALYs attributable to resistant infections averted by pediatric LAIV, stratified by causative pathogen. The entire width of each bar is the current number of DALYs; potential reductions are highlighted in black and reported next to each bar. B) One-way uncertainty analysis, showing the effect on DALYs averted, of alternative assumptions concerning the rate of influenza-attributable general practitioner consultations, the pediatric uptake of LAIV, the rate of antibiotic prescribing per general practitioner consultation, and how the effect of prescribing on adverse health outcomes associated with resistance is attributed (additional details in Methods and Appendix. https://wwwnc.cdc.gov/EID/article/25/12/19-1110-App1.pdf). DALYs, disability-adjusted life years; LAIV, live attenuated influenza vaccine.

one estimate, influenza causes only 11% of GP consultations for acute respiratory illness in England (4), so it might be optimistic to expect influenza vaccination to substantially reduce antibiotic use in this setting.

Our base-case estimate of 726 antibiotic prescriptions per 1,000 influenza-attributable consultations is more than double what electronic health records suggest (7). One explanation is that our estimate, derived from statistical attribution of antibiotic prescriptions to influenza circulation during 1995–2009 (5), feasibly includes prescribing for secondary infections such as otitis media, sinusitis, and pneumonia. Moreover, electronic health records might not reliably reflect antibiotic prescribing rates for influenza: in 1 study, only 8% of consultations for ILI resulted in influenza or ILI being medically recorded (6). Conversely, antibiotic use in England has declined since 1995 (by 22% during 1998-2016) (11). Accordingly, our base-case results should be interpreted as the maximum potential reduction by LAIV of antibiotic use.

In randomized trials, the direct effect of influenza vaccines on vaccinated children has ranged from a 44% reduction (Italy) to a 6% increase (United States) in antibiotic prescriptions over the 4-month period following vaccination, whereas estimates of the effect over entire populations (all ages, vaccinated and unvaccinated) range from 11.3 fewer prescriptions per 1,000 person-years in Ontario, Canada, to 3.9 fewer in South Africa and Senegal (Appendix). This variability might arise from differences in vaccine efficacy and coverage, population risk factors, influenza circulation, or existing patterns of antibiotic use, which make generalizing estimates across settings challenging.

The adverse health outcome estimates that we adopt (9) assume that resistant infections add to, rather than replace, nonresistant infections. Relaxing this assumption would further reduce the projected effect of LAIV, because some prevented resistant infections would be replaced by nonresistant infections (12).

Our framework estimates the effect of influenza vaccination on antibiotic resistance by using the relationship between influenza circulation and antibiotic use in England and Wales, and can be adapted to other settings for which this relationship can be quantified. An alternative approach would be to correlate LAIV uptake, rather than influenza circulation, directly with antibiotic use. Challenges with that approach include appropriately controlling for confounding factors in the relationship between vaccine uptake and antibiotic use and quantifying herd immunity. However, consistent with our approach, UK-specific empirical estimates have suggested little or no effect of LAIV uptake on prescribing: a self-controlled case-series study found that 2–4-year-old LAIV recipients took 13.5% fewer amoxicillin courses in the 6 months after vaccination (13), whereas an LAIV pilot study detected no difference in prescribing rates for respiratory tract infections between treatment groups (14). No single vaccine is likely to substantially reduce inappropriate antibiotic use in the United Kingdom.

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# **EID SPOTLIGHT TOPIC: Antimicrobial Resistance**

Antibiotics and similar drugs, together called antimicrobial agents, have been used for the past 70 years to treat patients who have infectious diseases. Since the 1940s, these drugs have greatly reduced illness and death from infectious diseases. However, these drugs have been used so widely and for so long that the infectious organisms the antibiotics are designed to kill have adapted to them, making the drugs less effective.

Each year in the United States, at least 2 million people become infected with bacteria that are resistant to antibiotics and at least 23,000 people die each year as a direct result of these infections.



EMERGING INFECTIOUS DISEASES<sup>®</sup> http://wwwnc.cdc.gov/eid/page/resistance-spotlight

# Locally Acquired Human Infection with Swine-Origin Influenza A(H3N2) Variant Virus, Australia, 2018

Yi-Mo Deng, Frank Y.K. Wong, Natalie Spirason, Matthew Kaye, Rebecca Beazley, Miguel L. Grau, Songhua Shan, Vittoria Stevens, Kanta Subbarao, Sheena Sullivan, Ian G. Barr, Vijaykrishna Dhanasekaran

In 2018, a 15-year-old female adolescent in Australia was infected with swine influenza A(H3N2) variant virus. The virus contained hemagglutinin and neuraminidase genes derived from 1990s-like human seasonal viruses and internal protein genes from influenza A(H1N1)pdm09 virus, highlighting the potential risk that swine influenza A virus poses to human health in Australia.

ong-term circulation of influenza A viruses (IAVs) among swine poses a public health threat. The 2009 pandemic was caused by a reassortant swine influenza A(H1N1) virus with genes that originated from human and avian IAVs that had circulated among swine for several years (1,2). Since then, globally enhanced influenza surveillance among swine has indicated continuous introduction of human seasonal influenza viruses into swine, followed by reassortment with influenza A viruses endemic in swine (IAV-S) and persistence of many lineages in swine for several decades (3). Although IAV-S are normally limited to transmission among swine, since 2010, a total of 430 cases of human infection with swine-origin influenza A(H3N2) variant viruses (H3N2v) have been detected in the United States (4), primarily in young persons exposed to swine at agricultural fairs. Most patients had

Affiliations: World Health Organization Collaborating Centre for Reference and Research on Influenza, Melbourne, Victoria, Australia (Y.-M. Deng, N. Spirason, M. Kaye, K. Subbarao, S. Sullivan, I.G. Barr, V. Dhanasekaran); CSIRO Australian Animal Health Laboratory, Geelong, Victoria, Australia (F.Y.K. Wong, S. Shan, V. Stevens); South Australian Department of Health and Wellbeing, Adelaide, South Australia, Australia (R. Beazley); Monash University, Melbourne (M.L. Grau, V. Dhanasekaran); University of Melbourne, Melbourne (S. Sullivan, I.G. Barr) self-limited influenza-like illness (5). Recent data also suggest that IAV-S have been endemic to Australia for many decades, including viruses that were originally derived from human H3N2 viruses as early as 1968, pre-2009 seasonal H1N1 viruses, and influenza A(H1N1)pdm09 (pH1N1) viruses (6).

### The Study

In September 2018, a case of human infection with a swine-origin influenza virus was detected in Australia through routine human influenza virus surveillance by the World Health Organization (WHO) Collaborating Centre for Reference and Research on Influenza (Melbourne, Victoria, Australia), which is part of the WHO Global Influenza Surveillance and Response System. The sample was from a 15-year-old female adolescent living in a semirural area in South Australia, ≈100 km from Adelaide. The patient sought outpatient care for a mild respiratory illness ≈8 days after illness onset. The attending physician collected a nasal swab sample and sent it for testing to a laboratory in Adelaide, where influenza A was detected by real-time reverse transcription PCR (RT-PCR) but not subtyped. The sample was subsequently forwarded to the WHO Collaborating Centre for further characterization. It was later determined that the patient had not been vaccinated against influenza in 2018 and had had contact with animals at an agricultural show in South Australia the day before illness onset.

We isolated an influenza A virus in SIAT-1 MDCK cells (7) and designated it as A/South Australia/85/2018 (Appendix, https://wwwnc.cdc. gov/EID/article/26/1/19-1144-App1.pdf). Testing of this isolate by real-time RT-PCR with an influenza diagnostic kit from the US Centers for Disease Control and Prevention confirmed that the virus was an

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**Figure 1.** Genetic origin of influenza A/South Australia/85/2018 virus isolated from a human patient in Australia (red) from swine influenza A(H3N2) and H1N1pdm09 viruses. Blue indicates influenza A viruses from swine in Australia. A, B) Maximum-likelihood phylogenies estimated by using RAxML version 8 (*10*) of the HA and NA genes (A) and PB2 gene (B) showing bootstrap values at branch nodes (Appendix, https://wwwnc.cdc.gov/EID/article/26/1/19-1144-App1.pdf). The origins of the remaining 5 internal proteins genes (PB1, PA, NP, MP, and NS) are provided in Appendix Figure 2, and the GenBank accession numbers and dates of sampling are provided in Appendix Table 4. Scale bars indicate nucleotide substitutions per site. C) Calculation of tMRCA. Red indicates means and 95% CIs of the time of origin of each of the Australia swine influenza A virus lineages from human seasonal influenza viruses. Numbers denote viruses that shared the same tMRCA and that formed a similar lineage. Green indicates the time of divergence of A/South Australia/85/2018 from A/swine/WA/2577766G/2012 (H3N2) (for the H3 HA gene) and A/swine/Victoria/18-04095-0003/2018 (H1N1) (for 5 internal protein genes: PB2, PB1, PA, NP, and MP). N2 and NS proteins of A/South Australia/85/2018 are directly derived from human viruses. Divergence times were estimated by using the uncorrelated log-normal relaxed clock model (*11*) in a Bayesian Markov chain Monte Carlo framework in BEAST version 1.10 (https://beast.community). A/SA, A/South Australia/85/2018 virus; HA, hemagglutinin; MP, matrix protein; NA, neuraminidase; NP, nucleoprotein; NS, nonstructural; PA, polymerase acidic; PB, polymerase basic; A(H1N1) pdm09 virus, 2009 pandemic influenza H1N1 virus; tMRCA, time to most recent common ancestor.

influenza A(H3N2) virus with a pH1N1-like nucleoprotein (NP) gene. Hemagglutination inhibition (HI) assays of the isolate showed that this virus had >5-fold antigenic divergence to ferret antiserum raised against human H3N2 viruses collected during 1993–2016 and an H3N2v from the United States (A/Minnesota/11/2010) (Appendix Table 1) (6). The A/South Australia/85/2018 virus showed good cross-reactivity



Figure 2. Maximum-clade credibility tree showing the time of emergence from humans and divergence of swine influenza A and influenza A(H1N1)pdm09 virus among swine populations in Australia. Numbers 1-10 denote inferences of individual introductions from humans to swine, and virus names are colored by state of collection: red, New South Wales; blue, Queensland; green, Victoria; purple, Western Australia. Time-scaled phylogenies were estimated by using the uncorrelated log-normal relaxed clock model (11) in a Bayesian Markov chain Monte Carlo framework in **BEAST** version 1.10 (https://beast.community). HA, hemagglutinin.

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(within 2-fold of the homologous HI titer) with pig antiserum to a US swine A(H3N2) virus, A/swine/ New York/A01104005/2011 (Appendix Table 2). Although both viruses showed high genetic divergence, they contained a common hemagglutinin (HA) Y155H substitution within antigenic site B (Appendix Table 3); its role in antigenicity remains unknown.

Whole-genome sequencing of A/South Australia/85/2018 indicated that the virus was a 2:6 reassortant of 2 human influenza virus lineages introduced to swine in Australia; the H3 HA and N2 NA genes originated independently from seasonal human influenza viruses that circulated during 1995-1999, and the genes for internal proteins originated from pH1N1 viruses from late 2009 through early 2010. Using a fluorescence-based NA enzyme inhibition assay, we found that A/South Australia/85/2018 was sensitive to 1 class of influenza drugs, the NA inhibitors (oseltamivir and zanamivir); however, it would be expected to be resistant to the adamantane class of drugs (amantadine/rimantadine) because it had an S31N substitution in the matrix (M) 2 gene, which is known to confer high-level resistance to adamantane (8).

To identify the evolutionary origins and the epidemiologic links of A/South Australia/85/2018, we further generated the whole and partial genomes of an additional 44 available IAV-S collected in piggeries across several states in Australia during 2013–2018; all were pH1N1-like viruses (Appendix Table 4). These viruses were derived from swine nasal, tracheal, or pooled lung tissue samples submitted on an ad hoc basis for diagnostic investigations during 2012–2018 to the Australian Animal Health Laboratories (Geelong, Victoria, Australia) by commercial piggeries in New South Wales, Queensland, Victoria, and Western Australia.

Phylogenies inferred with all sequences of swine influenza viruses from Australia, as well as with a representative set of those collected from humans and swine globally (6,9) (Appendix), showed that the HA gene of A/South Australia/85/2018 was most closely related to swine H3N2 viruses collected from a commercial piggery in Western Australia during 2012–2016 (6) (Figure 1, panel A). This H3 swine lineage from Australia was poorly supported (64% bootstrap) and originated from the phylogenetic backbone of human seasonal H3N2 virus, clustering with viruses collected during 1995–1996, whereas their NA was most closely related to that of human H3N2 viruses circulating during 1997–1999 (Appendix Figure 1) and not most closely related to that of swine samples from Australia.

Of note, 5 of 6 internal segments of A/South Australia/85/2018 were most closely related to a swine pH1N1 virus collected in Victoria in 2018 (A/swine/Victoria/00815-183/2018) (Figure 1, panel B). Although there were no IAV-S data from South Australia to trace the immediate origins of A/South Australia/85/2018, these phylogenetic relationships confirm that A/South Australia/85/2018 was acquired locally from swine herds endemically infected with influenza A viruses that had circulated since the mid-1990s and the 2009 H1N1 pandemic.

The genomic relationship of A/South Australia/85/2018 to IAV-S collected across at least 2 geographically distinct states, Western Australia for the HA gene and Victoria for 5 internal segments, suggests the possibility of IAV-S movement between states in Australia, although IAV-S data for Australia are missing for at least 2–10 years (Figure 1, panel C). This suggestion is, however, contradictory to the data from IAV-S HA collected across 4 states in this study: 10 distinct monophyletic lineages (Figure 2) derived independently from the human pH1N1 lineage, with each group exclusive to 1 state, suggesting that there are spatial restrictions for farms in Australia.

### Conclusions

A comparison of divergence times between the IAV-S segments from Australia showed that reassortment of endemic viruses with introduced human lineages had been continual (Appendix Figure 3), thereby potentially maintaining sustained transmission on individual swine farms. The risk for emergence of A/South Australia/85/2018-like viruses in humans is potentially high because all 6 internal protein genes are derived from human-adapted pH1N1 virus. The human-origin HA and NA genes of A/South Australia/85/2018 were widely circulating in the human population 20-25 years ago. Hence, children probably have little or no immunity to the HA/NA of this virus, making them more susceptible to infection with this virus subtype, as in the case reported here and in children infected with swine H3N2v virus in the United States (12-14).

The genomic and antigenic properties and epidemiologic characteristics of zoonotic IAV-S are useful for identifying the potential risk for emergence and spread into the human population. These data also enable better identification of potential nationally relevant mitigation strategies, including measures such as public awareness programs and influenza vaccination of swine herds to eliminate sustained transmission of influenza virus in swine populations (15). Our study highlights the risk to the general human population in Australia for infection with IAV-S and the need for more vigilant surveillance of swine and persons who are in close contact with swine to enable early detection and characterization of zoonotic influenza infections.

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# Use of Ambulance Dispatch Calls for Surveillance of Severe Acute Respiratory Infections

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Ambulance dispatches for respiratory syndromes reflect incidence of influenza-like illness in primary care. Associations are highest in children (15%–34% of respiratory calls attributable to influenza), out-of-office hours (9%), and highest urgency-level calls (9%–11%). Ambulance dispatches might be an additional source of data for severe influenza surveillance.

Influenza virus infection is associated with severe illness and death and causes a high burden of disease (1). The World Health Organization recommends that countries improve surveillance of severe influenza infections (2). However, surveillance based on hospital and intensive care unit admissions for severe acute respiratory infections or laboratory-confirmed influenza is still limited in most countries, raising the question whether there are other routinely collected data that could be used to monitor severe influenza infections (2,3).

Ambulance dispatch centers manage patient telephone calls by using a clinical triage system to collect and record information in real time and determine the need for an ambulance and the urgency of the need. This data source is attractive for surveillance because it is recorded continuously, is quickly available, has high coverage within a region, has low running costs, and is highly standardized (4–6). We aimed to assess whether telephone calls to ambulance dispatch centers were a possible source for surveillance of severe influenza, by showing the association with influenzalike illness (ILI) incidence, the most critical influenza indicator in primary care.

We retrospectively reviewed 289,307 ambulance calls with high urgency (A1 and A2: ambulance required to arrive within 15 or 30 minutes) received in 4 call centers in the Netherlands, covering 4.2 million persons (25% of the population), from January 1, 2014, through December 31, 2016. Therefore, our data covered 2 full respiratory seasons (2014-15 and 2015-16) and 2 half seasons: 2013–14 (weeks 1–26) and 2016–17 (weeks 27–52). Triage diagnostic codes from the Advanced Medical Priority Dispatch System associated with possible respiratory infection were combined as respiratory syndrome calls (RSCs) and aggregated weekly; 6.7% of calls were RSCs (weekly average 123, range 69-165; i.e., 2.9/100,000 inhabitants/wk). RSCs showed a periodic pattern, peaking in winter, with lower interseasonal peaks.

We estimated how many RSCs were attributable to influenza circulation in the community, using weekly ILI incidence from sentinel general-practitioner practices (7). We used a binomial generalized linear model with an identity link function to model weekly number of RSCs (numerator) relative to total number of calls (denominator). Model coefficients estimate risk differences; that is, percentage increase in RSCs per each additional case of ILI per 10,000 inhabitants. We evaluated the presence of a linear time trend and periodic patterns and conceptualized it as the baseline (RSCs not attributed to ILI). We then evaluated the association of ILI incidence either in the current week or lagged up to 4 weeks forward in time (+ lags) or 4 weeks backward in time (- lags). Finally, we evaluated whether this association differed between epidemiologic years (week 27 of one year to week 26 of the following year). We repeated the analvsis for different age groups, office hours (8:00 AM-16:59 PM Monday-Friday), out-of-office hours (17:00 PM-7:59 AM Monday-Friday, plus the weekend), and calls with the highest urgency level (A1: immediately life-threatening, ambulance required to arrive within 15 minutes).

All models showed a significant positive association (p<0.05) between ILI and RSCs. Increases in RSCs occurred generally 1–3 weeks later than increases in ILI. For patients <15 years of age, RSC increases occurred 1 week earlier than ILI, possibly reflecting respiratory syncytial virus activity rather than influenza activity. Among highest-urgency calls and children, the association varied by epidemiologic year and was highest for 2013-14 and 2016-17.

Overall, an increase in ILI weekly incidence of 1 case/10,000 inhabitants was associated with an increase of 0.114% in weekly RSCs. In our study population, this finding translated into an average of 110 RSCs/year, or 2.6 cases/100,000 inhabitants/year.

When applying these effects to observed weekly ILI incidence (4.98 cases/10,000 inhabitants), we attributed 12.9 RSCs/100,000 inhabitants/year to ILI. The highest proportion of ILI-attributed RSCs was in patients <15 years of age (15%-34%, depending on the season), during out-of-office hours (9%), and highesturgency calls (9%-11%). In all models, the ILI-attributed percentage was higher during the winter peaks,

2014

2015

2016

but non-ILI baseline still explained most RSCs during these winter periods (Figure), showing the expected high background incidence in dispatch data of other respiratory conditions, even during the peak of the influenza season, as also reported by others (4,5,8).

In conclusion, ambulance calls for respiratory syndrome show variability attributable to ILI and probably reflect the severe end of the ILI spectrum, especially when restricted to calls for the young, during out-of-office hours, or with the highest urgency level. Ambulance dispatch center data could be used to monitor the severity of the influenza epidemic, but its true usefulness and added value should be studied prospectively. Such surveillance could potentially inform planning of healthcare services and



office hours; G) calls of urgency level A1.

2017

public health actions such as vaccination, especially following the emergence of new influenza strains. Our results also estimate the impact of influenza on ambulance services and can add to the estimations of burden of disease for influenza.

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# Hantavirus Pulmonary Syndrome in Traveler Returning from Nepal to Spain

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Most human hantavirus infections occur in Asia, but some cases have been described in Europe in travelers returning from Asia. We describe a case of hantavirus pulmonary syndrome in a previously healthy traveler occurring shortly after he returned to Spain from Nepal. Serologic tests suggested a Puumala virus–like infection.

More than 24 pathogenic hantaviruses that are known to be pathogenic to humans have been identified worldwide (1). The diseases these viruses have caused have been traditionally divided into 2 major clinical syndromes: hemorrhagic fever with renal syndrome (HFRS) in Europe, Asia, and Africa, and hantavirus pulmonary syndrome (HPS; sometimes referred to as hantavirus cardiopulmonary syndrome) in the Americas (2). We describe a lifethreatening hantavirus infection in a patient with respiratory failure returning to Spain from Nepal.

In October 2017, a 28-year-old man sought care at the outpatient clinic of Drassanes Tropical Medicine Unit at Hospital Vall d'Hebrón, Barcelona, Spain, on day 2 after onset of symptoms. He had recently returned from a 5-week trip to Nepal (Appendix, https://wwwnc.cdc.gov/EID/article/26/1/18-1685-App1.pdf), during which he stayed at basic hostels, where sounds of rats or mice were audible. The patient reported onset of fever, malaise, weakness, headache, arthromyalgia, and abdominal pain during his flight back to Spain. Medical examination revealed only fever (38.2°C) and a mild diffuse macular rash on his trunk. Laboratory tests showed thrombocytopenia (platelets  $125 \times 10^9$ /L) and mild liver enzyme elevation (alanine aminotransferase 127 IU/L, aspartate aminotransferase 81 IU/L); results of tests for various pathogens, including hantavirus, were negative (Table).

The patient returned home, but on day 4, he incurred a head wound after a fall caused by dizziness, requiring treatment at the Vall d'Hebrón Hospital emergency department; he was discharged on day 5 in stable condition and with normal chest radiograph results. On day 6, he was readmitted for dyspnea; within 12 hours, respiratory failure developed, requiring admission to the intensive care unit with high-flow nasal cannula oxygen therapy and vasoactive support. Results of a new chest radiograph revealed bilateral pleural effusion and extensive alveolar edema. Electrocardiogram results showed no abnormality, but echocardiogram results showed mild ventricular dysfunction (left ventricular ejection fraction 50%) without evidence of pericardial effusion.

The patient required respiratory and vasoactive support in the intensive care unit for 5 days; and was then transferred to a regular room. At that point, 12 days after symptom onset, repeat testing showed positive results for hantavirus IgM (weak positive) and IgG (Table). The diagnosis was established as HPS, as defined by the US Centers for Disease Control and Prevention (CDC) classification (3). The patient was discharged to his home 2 days later. Repeat test results on day 22 after symptom onset remained positive for hantavirus IgM and IgG. A month after discharge, the patient still reported a mild dyspnea and fatigue. Pulmonary function tests showed no abnormality. Intolerance to exercise lasted for 2 months after discharge. One year later, he is fully recovered without sequelae.

The course of this patient was as classically described for HPS: an initial prodromal phase with influenza-like symptoms, followed by a rapid progression to abrupt onset of respiratory failure (3). Elevated levels of C-reactive protein and lactate dehydrogenase were found soon after symptom onset (Table), as described in the literature (4). Results of coagulation, cardiac enzyme, and renal function tests were normal throughout hospitalization, but proteinuria and microhematuria were not evaluated.

Once the hantavirus diagnosis was established, we contacted the patient's trip partner, who accompanied him during the first 2 weeks in Nepal. He was asymptomatic; results of a serologic test (ELISA) performed 7 weeks after his return was negative for hantavirus IgM and IgG.

Little is known about the incidence of hantavirus infections in Nepal. Thottapalayam virus, a genetically distant virus from other Old World hantaviruses, has been detected in the Asian house shrew (Suncus *murinus*) (5); no human cases of infection with this virus have been reported. However, serologic evidence of hantavirus infection in patients with fever of unknown origin has been reported in Nepal (6). Serum and urine samples from our patient tested negative by an in-house nested reverse transcription PCR (RT-PCR) targeting the small segment of the viral genome for detection of New World and Old World hantaviruses. Viral RNA is rarely found in blood more than a few days after onset of fever, and similar negative results in RT-PCR have been previously reported (7–9). Alternatively, the infection may have been caused by a genetically different hantavirus not detected by the in-house hantavirus RT-PCR. Furthermore, the serum sample was frozen and thawed several times, which may have degraded the RNA.

The pattern of serologic findings able to confirm only a transitory presence of Puumala virus (PUUV) IgG suggest a cross-reaction with an unknown hantavirus, because the known PUUV reservoir, the *Myodes* 

Table. Clinical and	d laboratory findings ov	er time of a patient with ha	antavirus pulmonary syndi	ome after travel, Spa	in*
Findings	Acute phase, day 2	ICU admission, day 6	ICU discharge, day 12	Follow-up, day 22	Follow-up, day 82
Clinical	Fever, myalgia,	Acute noncardiac	Eupneic, resolution of	Mild dyspnea	Completely
	headache, vomiting,	pulmonary edema and	the pulmonary edema	general condition	recovered
	and diarrhea	hypotension; pleural		with fatigue	
		effusions and			
		respiratory failure			
Hematalogic	Leukocytes 4.38 ×	Leukocytes 6.17 × 10 <sup>9</sup>	Leukocytes 7.00 × 10 <sup>9</sup>	Leukocytes 4.91 ×	Leukocytes 5.82 ×
	10 <sup>s</sup> cells/L; platelets	cells/L; platelets 92 ×	cells/L; platelets 306 ×	10 <sup>9</sup> cells/L;	10 <sup>s</sup> cells/L;
	125 × 10º/L	10 <sup>s</sup> /L	10 <sup>9</sup> /L	platelets 205 ×	platelets 208 ×
Discharging					
Biochemical	AST 81 IU/L; ALT	AST 448 IU/L; ALT 424	AST 117 IU/L; ALT 205	AST 46 IU/L; ALT	AST 24 IU/L; ALT
	127 IU/L; ALP 142	IU/L; ALP 151 IU/L;	IU/L; Creatinine 0.56	106 IU/L; ALP 176	19 IU/L; GGT 12
	IU/L, GGT IZO IU/L,	GGT 150 10/L, cardiac	Not 141 8 mmol/L: Kt	IU/L, GGT 143	0.05 mg/dl : uroo
	uroa 37 ma/dl · Na <sup>+</sup>	and patriuratic poptido)	1 38 mmol/L :	0.71  mg/dl : Urop	0.95 mg/dL, uiea 33 mg/dL : No⁺
	$140 \text{ mmol/l} \cdot \text{K}^+ 4.24$	normal: creatinine 0.86	cholesterol 121 mg/dl ·	30 mg/dL, 01ea	140.2 mmol/l · K <sup>+</sup>
	mmol/L · cholesterol	mg/dl : urea 53 mg/dl :	trialycerides 218	139.5 mmol/l · K <sup>+</sup>	4 78 mmol/l
	113 mg/dl	Na <sup>+</sup> 135 6 mmol/l · K <sup>+</sup>	mg/dL · CRP 2 81	4 58 mmol/l	4.70 mmol/E
	trialvcerides 78	4 39 mmol/l · I DH 830			
	ma/dL: CRP 10.33	UI/L: CRP 14.58			
Arterial blood	NA	pH 7.36; PaCO <sub>2</sub> 32 mm	NA	NA	NA
gas analysis		Hg; PaO <sub>2</sub> 40 mm Hg;			
		SaO <sub>2</sub> 85.5%; HCO <sub>3-</sub>			
		26.3 mm Hg			
Pleural effusion	NA	Glucose 114 mg/dL;	NA	NA	NA
characteristics		proteins 2.1 g/dL; LDH			
		423 IU/L; cytology			
		inflammatory process			
		with lymphocyte			
Llautariura		predominance			
Hantavirus	IGG (ELISA)	NA	IgG (ELISA) weak	IGG (ELISA)	IGG (ELISA)
ulagriosis	negative: IgG (IBT)		positive PLILIV	positive: PLILIV	(IBT)
	(FLISA) negative:		indeterminate Dobrava	indeterminate	indeterminate.
	IgM (IBT) negative:		Seoul Hantaan Sin	Dobrava Sin	PUUV Dobrava
	PCR (serum + urine)		Nombre and Andes	Nombre and Andes	and Seoul negative
	negative		negative; IgM (ELISA)	and negative Seoul	Hantaan, Sin
	č		indeterminate, IgM	and Hantaan; IgM	Nombre and
			(IBT) negative; PCR	(ELISA) positive;	Andes; IgM
			(serum) negative;	IgM (IBT) negative;	(ELISA) negative;
			DENV IgG, IgM	PCR (serum)	IgM (IBT) negative;
			negative, PCR (serum)	negative	PCR (serum)
			negative		negative

\*Days are days after initial symptom onset. An expanded table including additional results is available (https://wwwnc.cdc.gov/EID/article/26/1/18-1685-T1.htm). ALP, alkaline phosphatase; ALT, alanine transaminase; AST, aspartate transaminase; CRP, C-reactive protein; DENV, dengue virus; GGT, gamma-glutamyl transpeptidase; IBT, immunoblot; ICU, intensive care unit; LDH, lactate dehydrogenase; NA, not applicable; PUUV, Puumala virus.

*glareolus* bank vole, is absent from Nepal and India. The PUUV IgG and IgM seroconversion and the classical HPS manifestation (3) are highly reminiscent of 2 fatal HFRS/HPS cases previously described in South India (*8,9*) that were also PUUV immunoblot positive.

Hantaviruses are emerging zoonotic pathogens and, although recognition of the infection in humans has greatly improved worldwide during the past decade, many cases probably remain undiagnosed. This case highlights the importance of clinical suspicion of hantavirus infection in travelers, even in countries where no cases have been previously reported.

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# Visceral Leishmaniasis, Northern Somalia, 2013–2019

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Visceral leishmaniasis (VL), the fatal form of a parasitic disease caused by *Leishmania donovani* complex, has been known to exist in southern Somalia since the 1930s, but its presence in the northern part of the country is unclear (1–4). We report VL existence through initial investigation of suspected case-patients in Bosaso General Hospital (Bosaso, Somalia) during December 2013–February 2019. Bosaso is a city in the northeastern Bari Province of Somalia, which serves as the region's commercial capital and is a major seaport on the southern coast of the Gulf of Aden.

Clinicians suspected VL disease in 2013 in several infants with extreme wasting, splenomegaly, pancytopenia, and death. In previous years, leukemia was misdiagnosed in such children. VL was eventually confirmed through microscopic demonstration of *Leishmania* amastigotes in bone marrow and spleen aspirates. Furthermore, these patients responded well when empirically treated with sodium stibogluconate, the mainstay of VL therapy in eastern Africa.

Since then, the hospital's clinicians have maintained a database of patients with suspected and confirmed VL (case definition: fever >2 weeks' duration, splenomegaly, wasting, and pancytopenia). A total of 118 patients were confirmed to have VL during 2013-2019 by microscopy, in vitro culture (introduced in 2016 [Appendix, https://wwwnc.cdc.gov/ EID/article/26/1/18-1851-App1.pdf]), or serology. After Bosaso General Hospital reported the first cases to the World Health Organization (WHO) in 2014, WHO provided rK39 rapid diagnostic tests (Kalazar Detect; Inbios, https://inbios.com/kalazar-detecttmrapid-test-for-visceral-leishmaniasis-intl) for use in accordance with Somalia's national leishmaniasis guidelines of 2012 (5).

Among the 118 identified patients, nearly all (107 [91%]) were children. Patients' ages ranged from 6 months to 60 years; 78 (66%) were male. The most frequent symptoms were wasting, splenomegaly, and severe or moderate pancytopenia, along with persistent fever. Lymphadenopathy was absent, as was post-kala-azar dermal leishmaniasis, although this condition might have been missed because no follow-up system was in place. Whenever possible, patients with confirmed VL were treated with sodium

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stibogluconate (20 mg/kg) combined with paromomycin (20 mg/kg), both intramuscularly. However, because of the low availability of paromomycin, sodium stibogluconate monotherapy was administered when paromomycin was unavailable. Outcome records were available for 103 (87%) patients, 85 (85%) of whom were clinically cured. Eighteen (17%) patients died. As part of routine data collection, the patients' origins were documented: all patients came from Sanaag and Bari regions in northern Somalia and had no history of traveling outside this area.

For 3 patients, we attempted to identify *Leishmania* species by extracting DNA from microscopy slides and sequencing partial fragments of the PCR-amplified HSP70 gene (6). In 2 patients, *L. donovani* was identified (European Nucleotide Archive study PRJEB34786, accession nos. LR723650 and LR723651 [Appendix, section 1]).

Suspected VL patients whose illnesses fit the case definition first underwent rapid diagnostic testing to exclude malaria (5). During 2013–2019, only 2 were found positive for malaria, which was confirmed by microscopy. Both also had confirmed VL and subsequently received antimalarial and antileishmanial therapy. In accordance with national guidelines (5), patients also were tested for HIV; no VL patient was positive. Screening for other underlying conditions was undertaken when feasible; for example, with chest radiograph. One VL case-patient with concomitant pulmonary tuberculosis was referred to the tuberculosis center after finishing antileishmanial treatment.

We describe a previously unreported focus of VL in northern Somalia. The age distribution of the casepatients indicates that VL seems to be endemic in this region; it is unlikely that all cases were imported or present as an "outbreak" such as that described in Huddur (Bakool region) in 2001 (7). From the perspectives of families of the patients and the local health workers, the disease has been known in this area for years. Despite ongoing war and unrest in southern Somalia and the prevalence of displacement in the country, it appears implausible that the VL patients in Bosaso came from there. The nearest known focus is across the Gulf of Aden, in southern Yemen (8,9), where Somali diaspora is present. Because sea travel with small wooden boats is common across the gulf and has been for centuries, this focus might play a role in the cases described here and merits further exploration. Surveillance for VL should be strengthened in northern Somalia, and access to adequate diagnosis

and treatment must be provided to reduce transmission, illness, and death. Support and collaboration across stakeholders, including WHO and national health actors, must be continued to tackle the disease in a comprehensive manner. Further investigation (e.g., a cross-sectional survey) might be considered to define the infection rate in this newly identified focus and determine its level of endemicity.

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# Autochthonous Human Fascioliasis, Belgium

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We report 2 cases of human fascioliasis (HF) in Belgium, likely caused by consumption of vegetables from a garden that was flooded by pasture runoff. Because autochthonous HF is rare and the route of transmission was unusual, HF was not diagnosed until 6 months after symptom onset in both cases.

Human fascioliasis (HF) is a plantborne and waterborne infection caused by the trematodes *Fasciola hepatica* in temperate areas and *F. gigantica* in tropical areas (1,2). *Fasciola* spp. trematodes infect herbivorous mammals and humans. The *Fasciola* life cycle requires 2 hosts; ruminants carry adult worms and excrete eggs into the environment in feces; lymnaeid snails are invaded and release cercariae, which encyst as metacercariae on aquatic vegetation. Humans become infected by ingesting raw aquatic vegetables or consuming plants or water containing metacercariae (3). Symptoms of fascioliasis are stage-specific and related to hepatic migration by larva or obstruction of the biliary ducts by adult worms (1,2).

In Belgium, only 6 cases of HF have been published since 1960 (4–6). We describe 2 autochthonous cases of HF. The cases were seen in different hospitals and initially were not linked epidemiologically.

Case 1 was in a 72-year-old man with no underlying medical conditions and no history of travel outside the country who was referred to the Regional Hospital of Mons in November 2008. He had fever, abdominal pain, rash, and hypereosinophilia that had lasted for 8 weeks (Table). Fecal egg detection was negative. Several serologic tests targeting parasitic infections were performed (Table); results for *Trichinella spiralis* were positive, but this diagnosis was discarded in the absence of myalgia and elevated creatine kinase. Eventually, a diagnosis of idiopathic hypereosinophilic syndrome was made. The patient received high doses of corticosteroids, but his condition did not improve. He was reevaluated in March 2009, and HF was considered on the basis of combined clinical, laboratory, and radiologic findings (Table). An indirect hemagglutination test for *Fasciola* spp. was performed by using ELI.HA Distoma (ELITech Group, https://www.elitechgroup.com), and results were positive. The patient received triclabendazole (10 mg/kg/d) for 2 consecutive days. His symptoms abated, and his eosinophil count was nearly normal 1 month later (Table).

Case 2 was in the index case's neighbor, who experienced similar symptoms that lasted for 3 months before she was seen at the University Hospital Center Ambroise Paré in Mons in December 2008. She also was misdiagnosed initially (Table). In February 2009, 2 stool examinations were negative for parasite eggs. In March, an indirect hemagglutination test for *Fasciola* was performed and was highly positive. The patient received a single dose of triclabendazole (15 mg/kg) and recovered fully within 5 months (Table).

A detailed anamnesis revealed that both patients consumed unwashed raw vegetables from casepatient 2's garden, which was flooded with runoff from a neighboring cattle pasture in August 2008. We hypothesize the vegetables were contaminated by metacercariae, either by *Fasciola*-infested amphibious snails washed into the garden or directly by runoff. We did not perform sampling of the garden. Cases related to garden vegetables contaminated by flooding have been reported previously, such as in Corsica (3).

HF is not a notifiable disease in Belgium. Among 6 published cases, 3 occurred in a cluster related to consumption of homegrown watercress, and 3 nonclustered cases had a questionable autochthonous nature (4–6). Consumption of watercress and dandelions is uncommon in Belgium, but common in France, where  $\approx$ 300 HF cases occur annually (7). However, *Fasciola* infection in cattle is common in Belgium; herd prevalence is 37.3% in Flemish dairy cattle (8). In addition, a 2008 survey of snails showed 1.31% of *Galba truncatula* and 0.16% of *Radix* spp. were infected by *F*. *hepatica* trematodes (9).

Both cases in this study experienced an acute invasive stage and a considerable delay in HF diagnosis. Clinicians should be aware of key elements of HF, including potential diet exposure, clinical signs and symptoms, and imaging and laboratory findings. Contrast-enhanced computed tomography scans of the liver sometimes show tortuous subscapular tracts associated with hypodense nodules and hepatomegaly during the acute phase (2). In industrialized countries, human cases occur singly or in small clusters,

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Table. Clinical, laboratory, and radiologic features of	2 autochthonous cases of human fasciolias	is, Mons, Belgium, 2008–2009*
Features	Case 1	Case 2
Patient age, y/sex	72/M	59/F
Date of initial examination	Nov 2008	Dec 2008
Laboratory tests, date		
Eosinophil cell count/mL (% leukocytes)†		
Nov 2008	9,688 (56)	ND
Dec 2008	7,504 (56)	6,750 (43)
Mar 2009	8,830 (56.6)	8,525 (55)
1 mo after triclabendazole	627 (10.8)	3,526 (41)
5 mo after triclabendazole	512 (8.4)	812 (14.5)
Aspartate aminotransferases, IU/L‡		
Nov 2008	53	ND
Dec 2008	30	21
Mar 2009	25	23
1 mo after triclabendazole	26	32
5 mo after triclabendazole	17	ND
Serologic test (method), date	Dec 2008	Jan 2009
Ascaris spp. (immunodiffusion)	-	-
Echinococcus granulosus (ELISA)	-	-
Echinococcus multilocularis (ELISA)	-	ND
<i>Toxocara</i> spp. (ELISA)	-	_
Taenia solium	ND	-
Trichinella spiralis (ELISA)	+	_
Fasciola (indirect hemagglutination), Mar 2009§	1/640	1/2,560
1 mo. after triclabendazole	1/640	ND
5 mo. after triclabendazole	1/320	1/320
Abdominal CT, date	Nov 2008, multiple hypodense liver	Mar 2009, multiple hypodense liver
	nodules	nodules
Liver biopsy, date	Dec 2008, chronic active hepatitis with	ND
	acute necrosis, presence of	
	eosinophils in portal spaces	

.. ...... 

\*Both case-patients had an early acute phase of disease during Sep-Dec 2008 with high fever, abdominal pain, generalized itching, and urticarial skin rash. Both cases then had a later disease phase during Nov 2008-Mar 2009 with persistent fatigue and weight loss. CT, computed tomography; IU, International Units; ND, not done; -, negative; +, positive.

+Normal values, 0-400/mL (≤7%).

‡Normal values 10-40 IU/L. SNormal value <1/320.</p>

and diagnosis usually is made during the invasive phase by combined clinical, laboratory, and imaging findings. Serologic tests can detect antibodies within 2 weeks after infection but might have low specificity. Fasciola eggs can appear in stool 3-4 months postinfection, depending on the infection burden and the ability of the flukes to produce eggs. Intermittent shedding can occur (1,2). Co-proantigens are detectable 8 weeks after infection and have a high sensitivity, but 1 negative result despite high egg shedding has been reported (2).

Triclabendazole, licensed in Europe only by Novartis (https://www.novartis.com), at 10-15 mg/ kg/day in 1 dose or on 2 consecutive days, is the preferred treatment, and patients usually recover rapidly. Resistance increasingly is described in ruminants and treatment failures have been reported in humans (2,10).

Although overlooked in countries in northern Europe, HF should be considered in cases of unexplained eosinophilia associated with liver symptoms, even in the absence of ingestion of freshwater plants. This zoonotic condition highlights the need for good

epidemiologic communication between human and animal health workers.

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# Recombinant Nontypeable Genotype II Human Noroviruses in the Americas

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We report multiple nontypeable genotype II noroviruses circulating in South America; nucleotides differed by  $\geq$ 25% from those of other genotypes. These viruses have been circulating in the Americas for  $\approx$ 20 years and show recombination with other genotypes. Clues to norovirus natural history can guide development of treatment and prevention plans.

Norovirus is a leading cause of acute gastroenteritis (1). The norovirus RNA genome is organized into 3 open reading frames (ORFs). ORF1 encodes for 6 nonstructural proteins, including the RNA-dependent RNA polymerase (RdRp). ORF2 and ORF3 encode for the major capsid protein (VP1) and minor capsid protein (VP2). Norovirus classification was recently updated, and these viruses are now classified into 10 genogroups (GI-GX) and ≈40 genotypes (2). This classification is based on the genetic diversity presented by VP1 and RdRp (3). Human noroviruses are mostly represented by the GI and GII strains.

Advances in genome sequencing approaches enabled us to detect a novel (nontypeable) GII norovirus circulating in Peru in 2008 (4). As part of a larger study to sequence the genomes from noroviruses circulating on different continents and over different decades, we found 7 additional nontypeable GII norovirus strains: 2 in fecal samples (PNV024019 and PNV027026) from children in Peru with diarrhea (5) and 5 in fecal samples collected in Buenos Aires, Argentina (6) (Appendix 1 Table, https://wwwnc.cdc.gov/EID/article/26/1/19-0626-App1.pdf). These strains were detected by routine PCR screening and were either incorrectly assigned as GII.22 or could not be assigned to any genotypes in the

Noronet Typing Tool (5,6). To investigate the genetic structures and their evolutionary relationship with other norovirus strains, we performed norovirus GII-specific amplicon-based next-generation sequencing as described previously (4). We obtained nearly complete genomes for all 7 strains; average depth coverage (sequenced nucleotides/genome position) was  $\geq$ 5,253× (GenBank accession nos. MK733201–MK733207).

The maximum-likelihood phylogenetic tree of the RdRp-encoding nucleotide sequences showed that the newly obtained strains from Argentina and Peru were closely related to each other and clustered with a group of nontypeable strains (recently classified as GII.P23-GII.P27) (2) (Figure). This genetic group diverged from GII.P22, GII.P25, GII.P38 (previously known as GII. Pn), and GII.P40 (previously known as GII.P22). One of the strains, Arg1382, was classified as GII.P26 under the updated classification system; however, this strain did not distinctly cluster with other GIIP26 strains on the tree. The other strains remain unclassified.

Similar to the RdRp phylogenetic tree, the analysis of the VP1-encoding nucleotide sequences showed a distinct group of nontypeable strains (recently classified as GII.23–GII.27) (Figure). This genetic group branched out from the GII.22 and GII.25 strains (mean nucleotide difference in VP1 25.9% and mean amino acid difference 19.2%) and further diverged into different genotypes. All strains we report were assigned as GII.27 except Arg1382. Of note, Arg1382, which was the oldest virus among the strains with a nontypeable RdRp, displayed VP1 from the GII.12 genotype.

The analysis of the VP2-encoding nucleotide sequences also showed a distinct group of those GII.23– 27 genotypes; however, clustering of genotypes (particularly GII.27) seen in VP1 was disrupted in the VP2 tree (Figure). These genotypes were clustered with the VP2 sequences from GII.3 strains, suggesting possible recombination of the VP1 and VP2 among those strains. Although recombination at the ORF2/ORF3 junction region has been reported for different GII.4 variants (7), we showed possible recombination between different genotypes. Simplot analyses provided further support that these nontypeable strains have recombined with multiple genotypes at the ORF1/ORF2 and ORF2/ORF3 junction regions (Appendix 1 Figure 1) during their evolutionary history.



**Figure**. Phylogenetic analyses of nontypeable norovirus GII strains locally distributed in the Americas. Maximum-likelihood phylogenetic trees of the RNA-dependent RNA polymerase—encoding nucleotide sequences ( $\geq$ 771 nt) (A), major capsid protein—encoding nucleotide sequences ( $\geq$ 1,605 nt) (B), and the minor capsid protein—encoding nucleotide sequences ( $\geq$ 536 nt) (C) from human GII norovirus strains were created by using the Tamura-Nei model. Yellow highlighting indicates strains detected in this study; red branches and arrows indicate the divergence of a group of nontypeable GII strains reported in the Americas; and black arrow indicates GII.3 strains that diverged in the same branches with nontypeable GII strains. Bootstrap values ( $\geq$ 70) from 100 replicates are shown on the nodes. GenBank accession numbers are shown. Scale bars indicate genetic distance (nucleotide substitutions/site).

All strains in this group were detected in the Americas (United States, Nicaragua, Guatemala, Ecuador, Peru, and Argentina) (Appendix 1 Figure 2). One previous study reported strains associated with this group outside the Americas; an immunocompromised patient in Germany was infected with a similar virus for  $\approx 3$  years since 2014 (the first strain detected during the prolonged shedding, Leipzig07788a, is shown in the Figure) (8). Detection of these viruses as early as 1998 (Appendix 1 Table) suggests longterm circulation of these nontypeable strains. Their long-term geographically limited detection could result from multiple factors including, but not limited to, low transmissibility, restrictions on the mutability of the virus, host-related susceptibility (9), or underdetection because of limited norovirus surveillance or nucleotide mismatches in the PCR primers and probes for detection. In that regard, we found a substitution (C5047T) on a common probes binding site used for quantitative PCR detection in 6 nontypeable strains (Appendix 2, https://wwwnc.cdc.gov/EID/ article/26/1/19-0626-App2.xlsx). Further studies would provide insight into the apparent limited geographic distribution of these viruses.

Although only a few genotypes (e.g., GII.4, GII.3, GII.2, GII.6) are most prevalent among humans, those with limited circulation can emerge, causing large outbreaks (e.g., GII.17) (10,11). Monitoring of minor genotypes is helpful for preparing for the emergence of novel viruses and possible future outbreaks. Information about the circulation of each of the norovirus genotypes will provide clues to the natural history of norovirus disease and guide the development of specific treatment and prevention plans.

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# *Legionella pneumophila* as Cause of Severe Community-Acquired Pneumonia, China

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We report a case of community-acquired pneumonia in a patient in China. We verified *Legionella pneumophila* infection through next-generation sequencing of blood, sputum, and pleural effusion samples. Our results show the usefulness of next-generation sequencing and of testing different samples early in the course of illness to identify this bacterium.

Community-acquired pneumonia (CAP) can lead to high mortality rates worldwide (1). Possible causes are *Streptococcus pneumoniae*, *Haemophilus influenzae*, *Mycoplasma chlamydia*, and *Legionella* spp. bacteria, as well as various respiratory viruses; although identifying pathogens in a timely manner is critical, it is not done in most cases. Next-generation sequencing (NGS) has emerged as a high-throughput method of pathogen identification and is superior to current microbiologic diagnostic measures for identifying hardto-culture pathogens. We report a case of CAP in China caused by *Legionella pneumophila*, determined through NGS of sputum, blood, and pleural effusion samples.

The patient was a 65-year-old woman with a history of breast cancer who sought care for fever on December 1, 2018, in a hospital in her community (Appendix 1, https://wwwnc.cdc.gov/EID/ article/26/1/19-0655-App1.pdf); her fever was accompanied by vomiting. Emergency room staff diagnosed gastroenteritis and prescribed ceftriaxone. The next day, she experienced frequent urination and urinary pain followed by diarrhea and returned to the hospital. A computed tomography (CT) scan of her abdomen showed gallbladder calculi and a lowdensity node in the right lobe of the liver. Treatment did not resolve fever and diarrhea. On the fifth day, the patient experienced respiratory symptoms including cough and purulent sputum and was admitted to the gastroenterology department in the same hospital. Over the next 2 days, respiratory symptoms worsened, and she was transferred to the infectious disease department of Ruijin Hospital in Shanghai.

At admission, PCR and serologic testing were performed as well as bacterial culture from blood and sputum samples. Chest CT results showed patchy consolidation in the lower lobe of the left lung (Figure, panels A and B). The patient was transferred to respiratory intensive care. A respiratory clinician, suspecting L. pneumophila as the cause, prescribed the quinolone moxifloxacin. We repeated serologic tests for L. pneumophila and cultured respiratory samples again. We sent samples of blood, sputum, and pleural effusion to BGI Group (Shenzhen, China) for NGS, and urine to Shanghai East Hospital for L. pneumophila antigen testing. Serum antibody and urine antigen tests were negative. but NGS indicated L. pneumophila in blood, sputum, and pleural effusion. For blood, the coverage rate of L. pneumophila was 3.2% with 1,136 raw reads; it was 3.8% with 1,353 raw reads for sputum and 8% with 2,867 raw reads for pleural effusion (Appendix 2 Tables 1–3, https://wwwnc.cdc.gov/EID/article/26/1/19-0655-App2.xlsx). Under moxifloxacin treatment, the patient's symptoms disappeared in 1 week. We conducted another NGS for blood without any evidence for L. pneumophila. Patchy consolidation in the left lower lung lobe was almost completely absorbed (Figure 1, panel C).

We confirmed the presence of *L. pneumophila* bacteria by PCR for the remaining pleural infusion and sputum of this patient. We did not investigate the source of the *L. pneumophila* bacteria.

*L. pneumophila* bacteria is 1 of the 3 most common pathogens that cause severe CAP and is isolated in 1%–40% of hospital-acquired pneumonia cases (2). Extrapulmonary symptoms are always present in *L. pneumophila* infection, which may increase the risk for misdiagnosis early in the infection. Furthermore, culturing *L. pneumophila* requires a specific medium, which makes it difficult to obtain a diagnosis without positive microbiology test results. *L. pneumophila* infections have been reported previously (3,4) but were confirmed by PCR with target microorganisms and not by NGS.

BGI Group conducted NGS as described previously (5), collecting 3–4 mL blood in ethylenediaminetetraacetic acid tubes, staining in RT for 3–5 minutes, and centrifuging at  $1,600 \times g$  for 10 min at 4°C. They then collected 0.5–3 mL sputum or pleural effusion sample following standard procedures and, using a 1.5-mL microcentrifuge tube, agitated the sample at 2,800–3,200 rpm for 30 min. They separated 0.3 mL of the sample into a new tube and extracted DNA using the TIANamp Micro DNA Kit (DP316; Tiangen Biotech, http://tiangen.com) according to the manufacturer's recommendation. DNA libraries were constructed through DNA fragmentation, end repair, adapter ligation, and PCR amplification.

BGI Group sequenced the qualified libraries by using the BGISEQ-100 platform (6). They generated



**Figure.** Computed tomography images of the lungs of a 65-year-old woman with community-acquired pneumonia caused by *Legionella pneumophila* bacteria, China, showing absorption of infusion in left lobes after effective treatment. Lung window (A) and bone window (B) at the beginning of treatment showed consolidation in the left lobes; after 1 week of treatment (C), infusion is mostly absorbed in the left lobes.

high-quality sequencing data by removing low-quality and short (length <35 bp) reads, then performed computational subtraction of human host sequences mapped to the human reference genome (hg19) using Burrows-Wheeler alignment (7). They classified the remaining data by removing low-complexity reads and simultaneously aligning the sequences to microbial genome databases for bacteria, viruses, fungi, and parasites downloaded from the US National Center for Biotechnology Information (ftp://ftp.ncbi. nlm.nih.gov/genomes). Experts in respiratory illness, microbiology, and radiology evaluated patients' status and interpreted results of NGS testing together, thus identifying possible etiologic agents.

Because turnaround time is short and nonspecific primers can be used, NGS is useful for detecting unculturable pathogens, especially in severely ill patients ( $\delta$ ). NGS is highly sensitive and expensive, so clinicians must assess the value of NGS for identifying etiologic pathogens. In this case, we diagnosed *L. pneumophila* infection on the basis of 3 kinds of samples that had not been reported previously, which shows the importance of testing multiple samples early in the course of illness to identify the etiologic agent and begin appropriate treatment.

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# Training for Foodborne Outbreak Investigations by Using Structured Learning Experience

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We created a free and interactive training activity based on playing cards (disease detective cards) that introduces foodborne outbreak investigations to public health professionals and students. Competencies taught coverselected descriptive and analytic epidemiologic topics, such as case definition, epidemic curve, 2-by-2 tables, relative risks, attack rates, stratification, and confounding.

Training programs, such as the Epidemic Intelligence Service of the Centers for Disease Control and Prevention (Atlanta, GA, USA) (1) and the European Programme for Intervention Epidemiology Training of the European Centre for Disease Prevention and Control (Stockholm, Sweden) (2), teach future epidemiologists outbreak investigation skills. Their case studies for foodborne outbreaks are often based on historic investigations whose real-world complexity can be overwhelming for beginners.

An introductory study (3) used 14 exposures to explain the concept of risk factors and their association with disease. We designed a scripted foodborne outbreak investigation as a structured learning experience with illustrated playing cards that depict exposures (food eaten) and outcome (symptoms, time to first symptoms). With the cards and a flipchart as props, facilitators teach core skills and competencies of outbreak investigations in an interactive group exercise.

We modeled a hypothetical *Salmonella* species outbreak investigation with a cohort design in Excel 2010 (Microsoft, https://www.microsoft.com). We took symptoms and incubation periods from our own unpublished outbreak investigations and literature research (4,5). We reverse-engineered relative risks for univariable and stratified analysis with their 2-by-2 tables into a line list with the desired properties and transcribed onto playing cards in which each card represents 1 person attending the exposure event.

Dynamic illustrations of gastroenteric symptoms and food items were hand drawn with pen and ink on Bristol board, scanned, and colored by using the GNU Image Manipulation Program (https://www. gimp.org). The illustrations depict characters from our earlier work, the disease detectives (6). We used OpenOffice software (https://www.openoffice. org) for layout of the cards. The teaching script is a restructured and simplified adaptation of outbreak case studies used during European Programme for Intervention Epidemiology Training introductory courses (2,3). The cards and other resources are available (https://www.disease-detectives.org) under a Creative Commons open-culture license in multiple formats for home printing or as templates for highquality printing services.

The exercise is for 16-26 students who play roles of participants in the outbreak event and investigate their own outbreak. Each participant draws 1 card that illustrates their fictional health status, food eaten, symptoms if ill, and time of onset (Figure). Facilitators subsequently collect the information from the cards and summarize them on a board during the 1-2-hour teaching activity as the outbreak investigation unfolds. The facilitator should have professional experience in investigating foodborne outbreaks, accompanying statistical methods, and adult learning. Their role is to tap into experiences of the participants and weave them into the narrative of the fictional outbreak investigation. Depending on the learner audience and their skills, the facilitator can use a lecture style or an activity-centered style with small group discussions and collaborative summaries (7). The exercise is designed to work without electricity and only a board or flipchart. It covers the skills of developing a case definition, collecting data for preparing an epidemic curve, and calculating relative risks as a measure of strength of association between exposure and outcome.

In addition, exposure-specific attack rates and cases explained by exposure, stratification, and confounding can be introduced at the facilitators' discretion. The teaching script suggests the sequence of introducing epidemiologic concepts and collection of relevant data from the cards of individual participants. The exercise is limited to the epidemiologic descriptive and analytic part of an outbreak investigation and does not cover environmental investigations such as trace back or cover laboratory methods, results, or interpretation. The card model can be extended to train other outbreak patterns (e.g., norovirus) with more vomiting as a symptom and a 2-peak epidemic curve caused by secondary humanto-human exposure.

Since 2014, we have used the teaching activity in 4 district health authority trainings and 1 training of hospital hygiene doctors in Rhineland-Palatinate, Germany. The German Federal Office of Consumer Protection and Food Safety in Berlin used the activity in 2 training sessions on outbreak investigations during 2018, and the Robert-Koch Institute in Berlin used the cards in their outbreak investigation module of an annual training for public health professionals in infectious disease surveillance and during Kids Day (8).

Source material can be modified to adapt the exercise to different cultural contexts. During training workshops in Sudan and Tunisia, under the German Biosecurity Programme of the Federal Foreign Office during 2016 and 2018 (9), hamburger and potato salad were substituted with shawarma and salade niçoise as more culturally appropriate food for northern Africa. The interactive card training tool had been positively reviewed in the training evaluation



**Figure.** Playing cards used to describe symptoms, their timing, and food eaten as exposure for training for foodborne outbreak investigations by using structured learning experience.

comments, and participants remained engaged throughout the session. We are planning a formal evaluation of the training tool with the field epidemiology training programs for Germany and Europe.

The exercise is a tool for building outbreak response capacities and teaches the topic in an engaging way. It can be used on its own or embedded as an ice breaker into a field epidemiology curriculum for health professionals or for school classes looking for health-related project work. Supported languages are German, English, Russian, and French. Further translations and adaptations are encouraged and will be referenced on our web page (https://www.disease-detectives.org).

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# Emergence of *Vibrio cholerae* O1 Sequence Type 75 in Taiwan

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We investigated the epidemiology of cholera in Taiwan during 2002–2018. *Vibrio cholerae* sequence type (ST) 75 clone emerged in 2009 and has since become more prevalent than the ST69 clone from a previous pandemic. Closely related ST75 strains have emerged in 4 countries and may now be widespread in Asia.

Cholera, an acute diarrheal disease caused by the toxigenic *Vibrio cholerae* serogroup O1 and its derivative serogroup O139, remains a severe public health threat in some regions of the world (1). Seven cholera pandemics have occurred in the past 200 years; the most recent, caused primarily by a sequence type (ST) 69 *V. cholerae* clone, originated in Indonesia in 1961 and remains ongoing (2,3). In Taiwan, cholera appeared in 1962 and resulted in 383 cases and 24 deaths during a 3-month outbreak (4). Cholera has been rare in Taiwan since the 1962

Table. Distribution of cholera and sequence types of vibro cholerae isolates, raiwan, 1902 and 2002–2010																			
Category	1962	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	Total
No. cases	383	2	1	1	2	1	0	1	3	5	3	5	7	4	10	9	2	7	63
No.	4	2	1	1	2	1	0	1	3	4	3	3	6	3	8	9	2	7	56
isolates																			
Sequence ty	/pe																		
69	4		1	1	2	1		1		1	1		2			3	1		14
75 and									3	3	2	3	4	3	8	6	1	7	40
variants																			
723		2																	2

Table Distribution of cholera and sequence types of Vibrio cholerae isolates. Taiwon, 1962 and 2002, 2018

outbreak; however, incidence has increased in recent years. The average number of cholera cases increased from 1.5 cases/year in 1991-2008 to 5.5 cases/year in 2009–2018 (5).

For this study, we investigated the epidemiology of cholera in Taiwan for 2002-2018 and the source of V. cholerae strains in those cases. During 2002–2018, Taiwan reported 63 total cholera cases, ranging from 0 to 10 cases per year (Table). Among the patients, 62 were from Taiwan and 1 from Japan; 35 (55.6%) were male. Three (4.8%) patients were in the <14 year age range, 37 (58.7%) in the 15-64 age range, and 23 (36.5%) in the  $\geq$ 65 age range. Nearly all cases, 61, were sporadic; 2 were part of a family cluster. Seven patients had traveled within the incubation period (5 days) before onset of symptoms: 2 to Indonesia, 1 to Malaysia, 1 to Thailand, 2 to the Philippines, and 1 to Vietnam.

Using pulsed-field gel electrophoresis (PFGE) and whole-genome sequencing analysis, we characterized 60 V. cholerae isolates: 4 recovered from patients of the 1962 cholera outbreak and 56 recovered from patients during 2002-2018. Using PFGE, the 2 most prevalent isolates we identified were VcN09.014 (n = 25) and VcN09.012 (n = 7) (Appendix Figure 1, https://wwwnc.cdc.gov/EID/article/26/1/19-0934-App1.pdf). We compared those PFGE patterns with those in the Vibrio cholerae database maintained by the US Centers for Disease Control and Prevention in 2016 and found no match for VcN09.014, but we did find 11 isolates from Guam and the Philippines that matched with VcN09.012 (identification no. KZGN11.0102).

We identified 7 ST types for the 60 isolates: ST69 (18 isolates), ST723 (2 isolates), ST75 (35 isolates), ST725 (1 isolate), ST726 (2 isolates), ST727 (1 isolates), and ST728 (1 isolate). ST725, ST726, and ST728 are single-locus variants and ST727 a double-locus variant of ST75. ST75 and its derivatives first appeared in 2009 and subsequently become the most prevalent types (Table). Among the 7 patients who had traveled abroad, we found ST69 in those returning from Thailand, the Philippines, and Malaysia; ST75 in the person returning from Vietnam; and ST723 in those

returning from Indonesia. We performed cluster analyses on whole-genome single nucleotide polymorphism profiles for the 60 isolates, which revealed 4 distinct clades (Appendix Table, Figure 2). The fact that a total of 5 isolates in clades 2 and 3 did not harbor the quinolone-resistant gene qnrVC4 suggests that the resistance gene was introduced after the ST75 strains had emerged.

We compared core genome multilocus sequence typing profiles of the 60 isolates with 5,048 genomes in the National Center for Biotechnology Information databases as of January 19, 2019. We found that the 38 isolates in clade 2 were closely related to 10 strains from China (6), strain MS6 that was identified in Thailand in 2008 (7), and a UK strain recovered from a traveler who returned from Thailand in 2017 (8) (Appendix Figure 3). Strains from the 2 isolates in clade 3 were distantly removed from strains in clade 2 and those found near the US Gulf Coast (9,10) but more closely related to a strain recovered in 2018 and another strain from Russia. The ST75 strains from China were recovered from well water, carriers, and patients during 2005-2014 (6). One ST75 strain in clade 2 was obtained from a Taiwanese person who returned from Vietnam in 2015.

In summary, for most of recent history, cholera has been rare and primarily sporadic in Taiwan. However, the per-year rate of cholera cases has increased since 2009, concurrent with the emergence of strains of the ST75 clone. Over this time, ST75 strains have replaced ST69 as the most prevalent causative agent of cholera in Taiwan. Because closely related ST75 strains had been identified earlier in China and 2 other Southeast Asia countries, we believe our findings indicate that the ST75 clone is spreading more widely in Asia.

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# Diabetes Mellitus, Hypertension, and Death among 32 Patients with MERS-CoV Infection, Saudi Arabia

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Diabetes mellitus and hypertension are recognized risk factors for severe clinical outcomes, including death, associated with Middle East respiratory syndrome coronavirus infection. Among 32 virus-infected patients in Saudi Arabia, severity of illness and frequency of death corresponded closely with presence of multiple and more severe underlying conditions.

First described in 2012, infection with Middle East respiratory syndrome coronavirus (MERS-CoV) has been reported worldwide. More than 2,200 cases have been reported to the World Health Organization, and more than one third have resulted in death (1).

Certain underlying conditions, including diabetes mellitus (DM), hypertension, chronic cardiac disease, and chronic renal disease, are recognized risk factors for illness and death caused by infection with MERS-CoV (2,3). We further explored this relationship among MERS patients admitted to a referral hospital in Riyadh, Saudi Arabia, during August 1, 2015–August 31, 2016. Enrollment criteria and data collection methods have been described (4).

We considered persons with a medical history of DM as having documented DM and persons with multiple recorded periods of hyperglycemia during hospitalization as having possible DM (4). We similarly identified patients with hypertension or chronic kidney disease (CKD) by using documentation in the medical chart. We defined cardiovascular disease as having documentation of coronary artery disease or a history of heart failure or stroke. We considered patients with cardiovascular disease or CKD to have chronic organ damage (COD). We performed statistical analysis by using SAS version 9.4 (https://www.sas.com) and Microsoft Excel (https://www.microsoft.com).

Of 33 enrolled patients, medical history was available for 32 through medical charts. Underlying disease status among the 32 patients were no DM, hypertension, or COD (n = 11); DM without hypertension or COD (n = 5); DM and hypertension without COD (n = 5); and DM or hypertension with COD (n =11). Of the 21 patients who had DM, 19 had DM documented in the medical chart, and 2 had possible DM, with random glucose readings >350 mg/dL during hospitalization. All 15 patients with hypertension had concomitant DM (Figure; Appendix Table, https:// wwwnc.cdc.gov/EID/article/26/1/19-0952-App1. pdf). Of the 11 patients who had COD, 8 had cardiovascular disease, 1 had CKD, and 2 had cardiovascular disease and CKD. Of the 10 patients who had cardiovascular disease, 5 had a history of coronary disease, 3 had a history of heart failure, and 4 had a history of stroke; of the 3 patients with a history of heart failure, 1 also had coronary disease and 1 had a history of stroke.

Age was associated with presence of DM (mean 59 years vs. 30 years; p<0.0001, by *t*-test), hypertension (mean 64 years vs. 36 years; p<0.0001 by *t*-test), and cardiovascular disease (median 66 years vs. 41 years; p<0.0001 by *t*-test). Sex was not significantly associated with DM (68% of patients with DM were male vs. 45% of patients without DM; p = 0.2159 by  $\chi^2$  test), hypertension (67% of patients with hypertension

were male vs. 59% of patients without hypertension; p = 0.6474 by  $\chi^2$  test, or cardiovascular disease (60% of patients with cardiovascular disease were male vs. 64% of patients without cardiovascular disease; p = 0.8439 by  $\chi^2$  test).

Of the 32 patients, 21 survived until discharge, including 8 who required supplemental oxygen during hospitalization. Eleven died in the hospital, all of whom required ventilatory support. Casepatients with multiple and more severe underlying conditions generally had worse clinical course and outcomes than those without these conditions (Figure; Appendix Table). Of the 11 case-patients with no DM or hypertension, 100% survived, as did all patients with DM but without hypertension or COD. In comparison, 2 (40%) of 5 with DM and hypertension but without COD died, and 9 (82%) of 11 with DM or hypertension and with COD died (Appendix Table).

In a previous study (5), DM, chronic lung disease, heart disease, and smoking were identified as underlying health conditions and behaviors associated with primary infection with MERS-CoV. Alqahtani et al. reported that DM, hypertension, cardiac disease, renal disease, and bronchial asthma were frequent underlying conditions associated with death of MERS-CoV-infected patients and also found that the risk for death increased for patients with multiple comorbidities (3). We found that DM, hypertension, and COD co-occurred frequently in MERS-CoV-infected patients, and severity of illness and frequency



**Figure.** Characteristics of 32 case-patients infected with Middle East respiratory syndrome coronavirus, by underlying condition and survival status, Saudi Arabia. 1, DM defined as hyperglycemia recorded during hospitalization (n = 2). 2a, chronic lung disease in 1 patient with no DM or HTN who survived, 1 patient with DM and HTN but no COD who died, and 1 patient with CVD and not CKD who died. 2b, epilepsy in 1 patient with CVD and CKD who died. 2c, uterine cancer in 1 patient with CVD and not CKD who died. COD, chronic organ damage; CKD, chronic kidney disease; CVD, cardiovascular disease; DM, diabetes mellitus; HTN, hypertension.

of death were higher for patients with multiple and more severe underlying conditions. Further studies are necessary to better clarify the mechanisms that lead to severe outcomes among these patients.

For case-patients infected with MERS-CoV, the presence and compounding of underlying conditions, including DM, hypertension, and, ultimately, COD, corresponded with an increasingly complicated clinical course and death. These findings indicate that increased clinical vigilance is warranted for patients with multiple and severe underlying conditions who are suspected of being infected with MERS-CoV.

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# Influenza D Virus of New Phylogenetic Lineage, Japan

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Influenza D virus (IDV) can potentially cause respiratory diseases in livestock. We isolated a new IDV strain from diseased cattle in Japan; this strain is phylogenetically and antigenically distinguished from the previously described IDVs.

Influenza D virus (IDV; family *Orthomyxoviridae*) is one of the possible bovine respiratory disease complex (BRDC) causative agents. IDVs are detected in and isolated from cattle in many countries in North America, Asia, Europe, and Africa (1–4). In addition, both IDV RNAs and specific antibodies have been detected in many animal species (1,5,6). To date, IDVs have been phylogenetically classified into 3 lineages: D/OK, D/660, and Japanese lineages. We isolated a new IDV strain from cattle in Japan with respiratory disease, whose hemagglutinin-esterase-fusion (HEF) gene did not belong to the known phylogenetical lineages.

At a herd in Yamagata Prefecture in northern Japan, 15 Holsteins (37.5% of bred cattle in the herd) had respiratory signs develop during January 6-10, 2019 (Appendix Table 1, http://wwwnc.cdc.gov/ EID/article/26/1/19-1092-App1.pdf). We collected nasal swab samples from 9 of 15 cows on January 7 and 10. All samples subjected to IDV-specific realtime reverse transcription PCR (RT-PCR) (7) were found positive. We also subjected these samples to RT-PCR analyses specific for bovine viral diarrhea virus 1 and 2, infectious bovine rhinotracheitis virus, bovine parainfluenza virus 3, bovine respiratory syncytial virus, bovine coronavirus, bovine rhinitis A virus, Mycobacterium bovis, Mycoplasma bovigenitalium, Mycoplasma dispar, Ureaplasma diversum, and Mycoplasma bovirhinis. All samples were found negative for these pathogens except for the sample from cow no. 5, which was positive for *M. dispar*. Despite these cows receiving antimicrobial drug treatment, we isolated Mannheimia haemolytica from 7 of them (nos. 1-5, 7, 8); cow no. 5 died on January 7. Taken together, these



factors suggested that IDV infection was involved in the onset of BRDC in this herd.

To isolate IDV, we inoculated the collected samples into human rectal tumor HRT-18G cells (American Type Culture Collection [ATCC] no. CRL-11663), incubated the cells for 4 days at 37°C, and blindly passaged the supernatants in swine testis ST cells (ATCC no. CRL-1746) in the presence of tosyl phenylalanyl chloromethyl ketone-treated trypsin. We observed a cytopathic effect at the second passage. For further analysis, we used supernatants that tested positive for hemagglutination (HA) and for presence of IDV RNA detected by real-time RT-PCR, indicating successful isolation of IDV (designated as D/bovine/ Yamagata/1/2019 [D/Yama2019]). We determined the entire genomic sequence of D/Yama2019 by performing RT-PCR amplification of each viral segment with specific primers, revealing an identical sequence with that detected in swab sample no. 1. We deposited our sequence data in GenBank (accession nos. LC494105-11).

We phylogenetically analyzed the sequences of D/Yama2019 by performing maximum-likelihood analysis using MEGA version X (8). The HEF sequence of D/Yama2019 acquired an independent position different from that exhibited in any other lineage, whereas those of the other segments were positioned relatively close to the preexisting Japanese strains, in which polymerase basic protein 1 and 2, polymerase protein 3, nucleoprotein, and nonstructural protein sequences were of the Japanese lineage, whereas the matrix sequence was of the D/OK lineage (Figure).

We also collected serum samples from 8 cows on January 10 (acute phase of the disease) and February 4 (recovery phase) and examined them for antibodies against D/Yama2019 by using the HA inhibition (HI) test (Appendix Table 1). We treated serum samples with receptor-destroying enzyme (RDEII; Denka Seiken, Tokyo, Japan, https://www.denka. co.jp) before the HI test, which was done with the D/ Yama2019 antigen and 0.6% turkey erythrocyte suspension. We considered samples with HI titer >1:40 to be positive (4). All serum samples collected on January 7 were HI-negative except for the sample from cow no. 1 (a titer of 1:40), whereas all samples collected on February 4 were HI-positive (a titer range of 1:40-1:160), confirming seroconversion to IDV antibodies in diseased cows. Taken together, these results indicate that cattle were infected with IDV, leading to BRDC in this herd.

We next compared HEF antigenicities among D/Yama2019 and 3 reference IDVs, D/swine/

Oklahoma/1334/2011 (D/OK) in the D/OK-lineage (1), D/bovine/Nebraska/9-5/2012 (D/NE) in the D/660-lineage (9), and D/bovine/Yamagata/10710/2016 (D/Yama2016) in the Japanese lineage (10), by performing HI tests using anti-IDV mouse serum and a panel of anti-HEF monoclonal antibodies (Appendix Table 2). We observed 1-way cross-reactivity between D/Yama2019 and D/OK or D/Yama2016 with antiserum. Monoclonal antibody clones B4 and R36 cross-reacted to D/Yama2019 and other tested viruses with different titers, whereas the clones G22, G27, and G74, which reacted strongly to D/Yama2016, did not react to D/Yama2019. These data indicated HEF antigenic heterogeneity between D/Yama2019 and viruses of the 3 known lineages. Monoclonal antibodies revealed the presence of common epitopes among IDVs, as suggested by previous reports (9,10). Amino acid differences were located on the head region of HEF among the IDVs, possibly causing antigenic heterogeneity.

In summary, we isolated a newly identified IDV from diseased cattle that was phylogenetically and antigenically distinguished from known IDVs. Further epidemiologic studies are needed to clarify invasion and epidemic status of these heterologous IDVs, but our results indicated that heterologous IDVs are circulating in close vicinity within the prefecture.

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# Diagnosis of Syphilitic Bilateral Papillitis Mimicking Papilloedema

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Syphilis produces myriad nonspecific signs and symptoms. For example, optic disk swelling might be seen in patients with syphilis as a result of cranial hypertension (papilloedema), inflammatory optic neuritis with papillitis, or optic perineuritis. We report a case involving differential diagnosis of syphilitic bilateral papillitis mimicking papilloedema.

Cyphilis, caused by infection with the bacterium *OTreponema pallidum,* is a sexually transmitted infection for which incidence has been increasing since 2002, especially among adult men >55 years of age who engage in risky sex (1). Syphilis has earned its nickname, the "great masquerader," because it produces myriad nonspecific signs and symptoms that make it difficult to distinguish from certain other diseases. Eye impairment occurs in  $\geq 3\%$  of cases (2,3) and can be the first manifestation (4). Optic nerve involvement, either unilateral or bilateral, in the form of papilloedema, perineuritis, or optic neuritis, is the second most common type of syphilitic ocular impairment (5). Each of these conditions shares findings from fundoscopy testing with unilateral or bilateral optic disk swelling (Table), but the etiology and, therefore, the diagnostic algorithm are different. Semiology and ophthalmological findings are the key to achieving a correct syndromic diagnosis.

We describe the case of a 62-year-old man who was admitted to the neurology department at Hospital Universitario de la Princesa in Madrid, Spain, with a 4-day history of bilateral decreased visual acuity. He was obese, an active smoker, and dyslipidemic. He reported neither ocular pain nor dyschromatopsia suggestive of optic neuritis, nor headache or diplopia usually associated with intracranial hypertension. He had no known history of syphilis. Visual acuity was 20/32 in the right eye and 20/63 in the left. Pupils were equal and reactive to light, with no relative afferent pupillary defect, which is typical of unilateral optic neuritis. Slit lamp examination results were normal, showing no inflamed cells in the anterior chambers or vitreous. Neurologic examination was normal. Opening pressure of the cerebrospinal fluid (CSF) on lumbar puncture was 27 cm H<sub>2</sub>O, above the reference range of 5-20 cm H<sub>2</sub>O. The CSF white cell count was 0, with normal glucose and protein levels. A fundus examination revealed bilateral optic disk swelling and peripapillary retinitis; visual field testing revealed bilateral central scotoma and an enlarged blind spot (Appendix, https://wwwnc.cdc. gov/EID/article/26/1/19-1122-App1.pdf).

Doctors initiated acetazolamide for suspected idiopathic intracranial hypertension (IIH), but

						Lumbar CSF			
Differential	Clinical	Visual		Optic disk	Other ocular	opening			
diagnosis	presentation	acuity	Visual fields	appearance	abnormalities	pressure†	Orbital MRI		
Papilloedema	Headache, nausea, tinnitus, diplopia, neck stiffness, photophobia	Normal to slow reduction (months)	Enlarged blind spot	Swollen	Flame hemorrhages	High	Normal/flattening of the posterior sclera, dilation of the ONS, and protrusion of the optic disk head		
Perineuritis	Asymptomatic	Normal	Enlarged blind spot, constricted peripheral visual field	Slightly swollen	None	Normal	ONS and orbital fat expansion and enhancement		
Anterior optic neuritis (papillitis)	Ocular pain, dyschromatopsia	Reduced (hours- days)	Enlarged blind spot, central scotomas, and other field abnormalities	Swollen	None/cellular activity in the posterior vitreous, patchy diffuse retinitis	Normal	Optic nerve gadolinium enhancement		
*CSF cerebrospinal fluid; MRI, magnetic resonance imaging; ONS optic nerve sheath. †Normal lumbar CSF pressure: <25 cm H <sub>2</sub> O, <28 cm H <sub>2</sub> O in obese patients.									

Table. Differential diagnosis of syphilitic optic disk swelling\*

visual acuity decreased to 20/40 in the right eye and 20/200 in the left. The rapid decrease in visual acuity and the lack of response to acetazolamide suggested optic nerve involvement, which seemed atypical for IIH in the absence of other cranial nerve impairment (being the sixth cranial nerve, which is most likely to be affected IIH in the first place).

A cerebral magnetic resonance imaging scan with gadolinium did not reveal any structural lesion or indirect findings of IIH. For this reason, the diagnostic study was expanded. Optical coherence tomography of the nerve fiber layer showed an increase in average thickness in both eyes, reflecting optic nerve edema. Results from laboratory tests for complete blood count, urea, electrolytes, enzymes, hormones, antinuclear antibodies, and protein electrophoresis were within normal ranges. Test results were negative for HIV. A treponemal test reacted negatively to a nontreponemal Venereal Disease Research Laboratory (VDRL) test in serum, but a VDRL test in CSF was reactive without dilution. Treatment with intravenous penicillin G ( $4 \times 10^6$  U, every 8 h for 14 d) was initiated. Fundoscopy results were normal, visual acuity remained stable but unimproved (0/40)in the right eye and 20/200 in the left eye, which was not unexpected), and visual fields remained stable 3 months after penicillin treatment was begun (Appendix). Lumbar puncture at that time revealed normal opening pressure and negative results for VDRL test scores.

Papilloedema refers to optic disk edema caused by increased intracranial pressure. The initial pressure of 27 cm  $H_2O$  for this patient, despite being high, was lower than the 28 cm  $H_2O$  in obese patients required to diagnose IIH, according to the latest International Classification of Headache Disorders standards (*6*). Syphilitic optic perineuritis is usually asymptomatic (*7*) because the inflammation is restricted to the optic nerve sheath, rather than the nerve itself (*8*). Clinical suspicion of that condition arises in the presence of optic disk swelling with normal CSF pressure and visual acuity (*9*). Optic neuritis, unlike these other conditions, is usually accompanied by rapid visual failure, as seen in this patient. Ocular pain is a common finding but not necessary for diagnosis.

Because the optic nerve and retina are considered extensions of the central nervous system, patients with ocular syphilis should undergo lumbar puncture and CSF analysis to confirm neurologic involvement. Diagnosing neurosyphilis relies on a combination of symptoms and signs verified by laboratory studies of blood and CSF (10), ocular symptoms due to bilateral papillitis, and positive treponemal test in serum and VDRL in CSF. This patient met these criteria.

Our findings underline that IIH can only be diagnosed through systematic exclusion of alternative diagnoses and the diagnosis cannot be reached by fundoscopy findings alone. Clinical findings are key points for differentiating papilloedema and ocular perineuritis from papillitis. A complete diagnostic work up is required to rule out all other etiologic causes of optic neuropathy and, if the diagnosis of ocular syphilis is reached, a lumbar puncture should be performed to rule out neurosyphilis.

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# Influenza A Virus Infections in Dromedary Camels, Nigeria and Ethiopia, 2015–2017

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We examined nasal swabs and serum samples acquired from dromedary camels in Nigeria and Ethiopia during 2015–2017 for evidence of influenza virus infection. We detected antibodies against influenza A(H1N1) and A(H3N2) viruses and isolated an influenza A(H1N1) pdm09–like virus from a camel in Nigeria. Influenza surveillance in dromedary camels is needed.

A quatic wild birds are the natural reservoir of influenza A virus, which comprises 16 hemagglutinin and 9 neuraminidase subtypes. Influenza A virus subtypes H1N1, H2N2, and H3N2 have caused pandemics in humans, and subtypes H1N1 and H3N2 circulate in humans as seasonal influenza. Pandemic influenza arises when an animal influenza virus evolves through the reassortment of animal and human virus gene segments (antigenic shift) to sustainably transmit in humans. Avian and swine influenza viruses have caused zoonotic infections, some resulting in fatal disease. Thus, influenza virus surveillance in animals is needed for pandemic preparedness (1).

Dromedary camel populations, estimated to be 30 million globally, can be found in parts of Africa, the Middle East, and Central Asia, often in close proximity to humans. An equine influenza A(H3N8) virus (2) and human influenza A/USSR/90/77(H1N1)-like viruses (which were associated with fatal disease in 1980–1983) (3) have been isolated from Bactrian camels in Mongolia. However, little is known of influenza A virus infections in dromedary populations.

<sup>&</sup>lt;sup>1</sup>These authors contributed equally to this article.


Therefore, we carried out a study to determine the prevalence of influenza A virus infection in dromedary camels.

As part of an investigation of Middle East respiratory syndrome coronavirus conducted during October 2015-February 2016 (4), we collected 2,166 nasal swabs and 150 serum samples from dromedaries at an abattoir in Kano, Nigeria. We also collected 102 nasal swabs and 100 serum samples from nomadic dromedary herds in Amibara, Ethiopia (in January 2017); 109 nasal swabs from herds in Asayita, Ethiopia (in July 2017); and 83 nasal swabs from herds in Dubti, Ethiopia (in July 2017). We put nasal swabs in virus transport medium, stored samples frozen at -80°C, and shipped them to Hong Kong, China, on dry ice for laboratory tests. We performed RNA extraction and detected the influenza A virus matrix gene using molecular methods (Appendix, https://wwwnc.cdc.gov/EID/article/26/1/19-1165-App1.pdf) (5).

Twelve nasal swabs from camels in Nigeria collected at different times (October [n = 5] and November [n = 5] 2015 and January [n = 1] and February [n = 1] 2016) were positive for the influenza A virus matrix gene; cycle thresholds for these samples were 33.7-38.9 (Appendix Table). One of the nasal swabs collected in Amibara was also positive (cycle threshold 37.8). We inoculated quantitative reverse transcription PCR-positive samples onto Madin Darby canine kidney cells grown in 24-well plates in minimum essential medium with tosylsulfonyl phenylalanyl chloromethyl ketone-treated trypsin  $(2 \mu g/mL)$  (Appendix) (6). We examined inoculated cells for cytopathic effect and passaged each culture twice. We defined virus detection as the appearance of cytopathic effect or the hemagglutination of turkey erythrocytes. We were able to isolate 1 virus, which we designated A/dromedary/NV1337/2016 (H1N1), from a swab collected in Nigeria on January 22, 2016 (Appendix Table).

We performed full-genome sequencing of A/ dromedary/NV1337/2016 (Appendix) as previously described (6). We achieved sequencing read coverages of  $\geq$ 100 for each nucleotide and were able to deduce the full virus genome (GenBank accession nos. MN453859–66). All 8 gene segments showed their highest identity ( $\geq$ 99.8) to contemporary influenza A(H1N1)pdm09 viruses (data not shown).

In a phylogenetic analysis, we compared the hemagglutinin gene of A/dromedary/NV1337/2016 with that of other influenza A(H1N1)pdm09 viruses available from GenBank and GISAID (https://platform. gisaid.org) (Figure). The dromedary influenza A virus isolated in Nigeria in January 2016 was similar to other influenza viruses circulating in humans at the same time. The sampling dates for the influenza viruses detected in camels in Nigeria overlapped with the human influenza virus season, which typically occurs during October–March (Appendix Table) (7). This finding suggests reverse zoonosis of influenza viruses from humans to dromedaries. Whether these viruses were subsequently maintained in dromedary populations via camel-to-camel transmission is not clear. Further studies are needed to address this question. Transmission of influenza A virus also occurs from humans to swine, and these viruses can be maintained in swine populations for variable periods, sometimes decades ( $\delta$ ).

We tested serum samples from dromedary camels for hemagglutination inhibition (HI) antibody against A/dromedary/NV1337/2016(H1N1) using standard methods (Appendix) (5); 4 serum samples from camels in Amibara had HI antibody (titers 1:40, 1:80, 1:160, and 1:160). The dromedaries that had influenza A virus RNA-positive nasal swabs were negative for HI antibody. Dromedaries recently infected with a virus are expected to be seronegative for that virus because antibody responses against viruses take around a week to develop (9), by which time nasal swab specimens are often negative for that virus's genomic material. Microneutralization tests are more appropriate for testing antibody to contemporary H3N2 viruses (10); hence, we also tested serum samples for antibody to A/Hong Kong/4801/2014(H3N2) virus using the microneutralization test (Appendix). In total, 1 serum sample from a camel in Nigeria was positive at a titer of 1:80.

In conclusion, we provide evidence of influenza A virus infection in dromedaries. Our findings indicate that influenza virus surveillance in dromedary camel populations is needed.

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# Bovine Kobuvirus in Calves with Diarrhea, United States

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We detected bovine kobuvirus (BKV) in calves with diarrhea in the United States. The strain identified is related genetically to BKVs detected in other countries. Histopathologic findings also confirmed viral infection in 2 BKV cases. Our data show BKV is a potential causative agent for diarrhea in calves.

**B**ovine kobuvirus (BKV; species *Aichivirus B*, genus *Kobuvirus*, family *Picornaviridae*) was identified initially as a cytopathic contaminant in a culture medium of HeLa cells in Japan in 2003 (1). Since then, BKV has been reported in Thailand, Hungary, the Netherlands, Korea, Italy, Brazil, China, and Egypt (2–9). However, circulation of BKV in North America remains unclear. We report detection of BKV in calves in the United States.

In April 2019, a fecal sample from a 10–14-day-old calf was submitted to University of Illinois Veterinary Diagnostic Laboratory (Urbana, IL, USA) for testing for enteric pathogens. Results of tests for rotavirus, coronavirus, cryptosporidium, and *Escherichia coli* were positive; results for *Salmonella* were negative.

We extracted nucleic acid from the fecal sample and conducted a sequence-independent single-primer amplification and library preparation by using Nextera XT DNA Library Preparation Kit (Illumina, https://www.illumina.com). We conducted sequencing on a MiSeq (Illumina) using MiSeq Reagent Kit V2 (Illumina) at 500 cycles, as previously described (10). We conducted a taxonomic analysis of raw FASTQ files using Kraken version 1 and MiniKraken DB (https://ccb. jhu.edu/software/kraken), which showed 15,582 kobuvirus sequence reads in addition to sequences for E. coli, coronavirus, and rotavirus. We assembled the complete genome of BKV IL35164 (GenBank accession no. MN336260) with a genome size of 8,337 nt. We used BLAST (https://blast.ncbi.nlm.nih.gov/ Blast.cgi) to search the IL35164 genome and found it is closely related to and shares 89%-91% identities with 4 BKV strains, U-1, EGY-1, SC1, and CHZ. It shares only 77%–82% identity with sheep and ferret kobuviruses.

Sequence analysis showed that IL35164 has a similar genome organization to other BKVs (Figure, panel A) and a 7,392-nt open reading frame encoding 2,463 amino acids, the same length as U-1, EGY-1, and SC1 strains. IL35164 shares polyprotein identities with 4 other BKV strains, 88.5%–90.9% identity in the nucleotide level and 94.9%–96.7% identity in the amino acid level (Appendix Table 1, http://wwwnc.cdc.gov/EID/article/26/1/19-1227-App1.pdf). Comparing individual proteins from 4 other BKVs, IL35164 shared only 80.9%–86.8% nucleotide identity with the leader protein and shares its highest identity, 95.5%–98.8%, with the 3B nucleotide in those strains (Appendix Table 1). In addition to 3B, IL35164 shows higher nucleotide identities, 92.6%–

95.4%, to other BKVs in 3D, encoding a viral RNA-dependent RNA polymerase.

Phylogenetic analysis of the complete genome confirmed that IL35164 correlates with 4 BKVs in the *Aichivirus B* species cluster (Figure, panel B). On the phylogenetic tree of complete VP1 nucleotide sequences, IL35164 clusters with 2 BKV strains from Brazil, BRA1991 and BRA2016, rather than BKVs U-1, EGY-1, SC1, and CHZ (Appendix Figure 1). The relatedness of IL35164 to BRA1991 and BRA2016 in other parts of the genome is unclear because complete genomes of the strains from Brazil are unavailable. IL35164 is related distinctly to U-1, EGY-1, SC1, and CHZ on the phylogenetic tree of partial 3D (Appendix Figure 2).



**Figure.** Genome organization and phylogenic tree of bovine kobuvirus IL35164 isolated from cattle, United States. A) Genome organization with each gene's initial nucleotide position labeled. The 5' UTR is located in positions 1–770 and the 3' UTR is located in positions 8160–8337. B) Phylogenetic tree of complete genomes of 3 *Aichivirus* species, *A*, *B*, and *C*. The dendrogram was constructed by using the neighbor-joining method in MEGA version 7.0.26 (http://www.megasoftware.net). Bootstrap resampling of 1,000 replications was performed and bootstrap values are indicated for each node. Red square indicates bovine kobuvirus IL35164 identified in this study. Scale bar indicates nucleotide substitutions per site. UTR, untranslated region; VP, viral protein.

To further screen BKV in bovine samples, we designed primers and probes (sequences available upon request) targeting 3D to test 9 additional intestinal samples from necropsied calves. Real-time reverse transcription PCR showed 4/9 samples were positive for BKV by cycle thresholds of 23.0 (case IL35146), 29.97 (case IL37122), 32.84 (case IL50179), and 33.61 (case IL34890) but were negative for coronavirus, rotavirus, and bovine viral diarrhea virus (Appendix Table 2). Histopathologic observation of small intestines revealed that 2 cases with diarrhea, IL35146 and IL50179, had necrotizing enteritis with villus atrophy and fusion, suggesting a primary viral infection (Appendix Figure 3). Two other calves without clinically evident diarrhea died, case IL37122 from jejuno-ileal volvulus and case IL34890 from abomasal rupture; both also were positive for BKV.

Among 3 BKV-positive calves with diarrhea, 2 were <1 month of age and 1 was  $\approx$ 5 months of age. Previous studies reported high prevalence of BKV infection in young calves with diarrhea; 20.9% (38/182) in calves  $\leq$ 2 months of age in Brazil and 26.7% (23/86) in calves  $\leq$ 1 month of age in South Korea (5,9). Our study further supports the hypothesis that BKV causes neonatal diarrhea in calves. In addition, BKV also can be detected from cattle without diarrhea or clinical signs of the virus (1,8).

Since initial identification in 2003 (1), BKV has been detected in cattle from several countries, but only from fecal samples; no natural or experimental studies have reported its pathogenesis. Our histologic examination of necropsied cases clearly indicated viral infection, and only BKV was detected, suggesting BKV was the causative agent for diarrhea. Future studies, including virus isolation and virus challenge to calves, are needed to determine whether BKV fulfills the Koch's postulates as a causative agent for diarrhea in calves.

The prevalence of BKV in the United States remains unknown. Continued surveillance is urgently needed to determine rates and distribution of BKV in North America. Although many partial sequences of 3D and viral protein 1 are available at GenBank, only 4 complete sequences are available, limiting evaluation of BKV. Whole-genome sequencing of both previously and newly discovered BKV isolates is needed to analyze genetic diversity and evolution.

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## Imported Schistosomiasis, China, 2010–2018

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China has made remarkable progress in reducing schistosomiasis caused by *Schistosoma japonicum* over the past 7 decades but now faces a severe threat from imported schistosomiasis. Results from national surveillance during 2010–2018 indicate integrating active surveillance into current surveillance models for imported cases is urgently needed to achieve schistosomiasis elimination in China.

Six species of *Schistosoma* trematodes are known to Sinfect humans, but only *S. japonicum* is prevalent in China (1,2). However, because of enhanced international cooperation and communication, 2 *Schistosoma* species were identified from schistosomiasis cases imported to China: *S. haematobium* and *S. mansoni*. In addition, the *Biomphalaria straminea* snail, an intermediate host of *S. mansoni* trematodes, has been introduced into Shenzhen, Guangdong Province (3,4), so the possibility exists that imported *S. mansoni*  trematodes could be transmitted to these snails and result in locally acquired human infections. Therefore, we analyzed imported schistosomiasis status in China through data collected from the National Notifiable Disease Report System (NNDRS) during 2010–2018 to provide information for national policy making on schistosomiasis elimination.

We defined imported schistosomiasis as schistosomiasis in an endemic focus outside mainland China. A confirmed imported case had to meet both of the following diagnostic criteria: the patient was given a diagnosis of schistosomiasis, meaning that schistosome eggs or miracidia were detected in the patient's biological samples; the patient once traveled to and/ or worked in schistosomiasis-endemic areas in other countries during transmission seasons (Table).

Twenty-two cases were reported during the study period. All imported cases occurred in men; their ages ranged from 30 to 68 years (mean  $48 \pm$  SD 9.98 years). Nineteen (86%) were 30–58 years of age, and 3 (14%) were >58 years of age. Half of them were workers who returned to China from Africa; 4 (18%) were businessmen. No case was reported in Guang-dong Province; 4 cases were reported in the neighboring provinces of Guangxi, Jiangxi, and Fujian.

The 22 cases acquired *Schistosoma* infection in 8 countries in Africa. Of the 20 case-patients for whom detailed data were available, most were infected in central Africa (Angola, 6 [30%] cases) and Cameroon and Congo (1 [5%] case each). In West Africa, Nigeria accounted for 6 (30%) cases and Mali for 1 (5%) case; in southern Africa, Zambia accounted for 4 (20%) cases.

Table. Imported schistosomiasis, mainland China, 2010–2018*					
			Source		
Diagnosis year	Reported province	Patient age, y	country	Activity/occupation	Parasite
2018	Jiangsu	45	Sudan	Businessman	Schistosoma haematobium
2018	Jiangsu	60	Sudan	Worker	S. haematobium
2018	Jiangsu	55	Angola	Worker	S. haematobium
2018	Jiangsu	49	Angola	Worker	S. haematobium
2016	Beijing	34	Uganda	Civil servant	S. mansoni
2016	Zhejiang	58	Nigeria	Farmer	S. haematobium
2016	Zhejiang	56	Nigeria	Farmer	S. haematobium
2016	Fujian	35	Angola	Housework	S. haematobium
2016	Jiangxi	51	Zambia	Worker	S. haematobium
2016	Sichuan	40	Unknown	Businessman	S. haematobium
2015	Beijing	68	Cameroon	Retiree	Unknown
2015	Beijing	35	Nigeria	Businessman	S. mansoni
2015	Zhejiang	57	Nigeria	Worker	S. haematobium
2015	Guangxi	45	Angola	Seafarer	S. haematobium
2014	Shandong	43	Angola	Farmer	S. haematobium
2012	Fujian	30	Unknown	Businessman	S. haematobium
2012	Shanxi	46	Mali	Worker	Unknown
2012	Shanxi	60	Angola	Worker	Unknown
2010	Shanxi	56	Zambia	Worker	Unknown
2010	Shanxi	55	Zambia	Worker	Unknown
2010	Shanxi	39	Zambia	Worker	Unknown
2010	Shanxi	42	Congo	Worker	Unknown

More than 1 million persons from China are estimated to work in Africa (5). However, during the study period, only 22 confirmed cases were recognized. Considering the high risk for infection in Africa and the existing passive surveillance system, the number of imported schistosomiasis cases might be substantially underestimated.

As a national schistosomiasis surveillance system in China, NNDRS mirrors the local and imported case status passively reported on a national scale: when patients exposed in Africa had symptoms after returning to China, they sought treatment at hospitals on their own. If schistosomiasis was confirmed, the physician reported it to NNDRS, the only case report source in the existing surveillance system. However, this surveillance model has limitations. For example, cases might be misdiagnosed and missed because medical staff have insufficient clinical awareness of African schistosomiasis or because some patients may be asymptomatic or have mild symptoms.

Another challenge is that global integration has contributed to an increasing number of persons from China who travel abroad, and most persons who travel to Africa are not equipped with essential knowledge about schistosomiasis prevention and control. In addition, introduction of the *B. straminea* snail into southern China increases the risk that persons in China might acquire *S. mansoni* infection.

Because imported schistosomiasis may increase the disease burden in China and hinder the process of schistosomiasis elimination, several measures are urgently needed. First, a well-rounded active surveillance system needs to be integrated into the current monitoring model to ensure an accurate and quick response. When performing active surveillance through screening, sensitive and rapid immunologic tests should be widely conducted among the most susceptible group before etiologic examinations are conducted. Our results suggest that male workers returning from Africa are the most susceptible population. Meanwhile, because the intermediate host of African schistosomiasis, the B. straminea snail, has been introduced to Guangdong Province in southern China, persons returning from S. mansoni-endemic countries or regions. Guangdong Province and adjacent provinces should be a primary target population for surveillance. Identifying migrant workers as the highest priority group for active surveillance will be

of great value. Second, China should collaborate with the World Health Organization and other relevant international institutions to evaluate the feasibility of existing serologic detection kits developed by China for diagnosis of imported schistosomiasis or develop new kits if necessary. Third, training programs on standardized clinical diagnostic criteria and normative case reporting operation are required in different types of healthcare organizations (e.g., hospitals, Centers for Disease Control and Prevention, entry and exit border stations) in mainland China to ensure accurate diagnosis and disease treatment. Other measures, such as multisector cooperation and coordination, could help achieve elimination of schistosomiasis in China.

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## Rare Case of Enteric Ancylostoma caninum Hookworm Infection, South Korea

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A 60-year-old man from South Korea underwent a colonoscopy. A juvenile female worm showing 3 pairs of teeth in the buccal cavity was recovered from the descending colon. Partial sequencing of the internal transcribed spacer region showed 100% identity with *Ancylostoma caninum*, the dog hookworm.

ncylostoma duodenale and Necator americanus 🖊 are the 2 major hookworm species causing human enteric infections around the world. However, Ancylostoma ceylanicum, which infects mainly dogs and cats, has become an emerging hookworm species causing human enteric infections in Southeast Asia and the Pacific Islands (1,2). Another hookworm species, Ancylostoma caninum, which infects dogs and rarely cats, can also infect humans, possibly as cutaneous larva migrans (3) or enteric infections in association with eosinophilic enteritis (4-6). Human enteric A. caninum infection has been known mainly in Australia (4,5). However, 2 sporadic human cases (serologically positive but not based on recovery of worms) were reported in the United States (6), and samples from 3 schoolchildren in South Africa were detected molecularly to be egg positive (7).

We recently encountered a case of *A. caninum* infection in a 60-year-old man who visited a health checkup center and demonstrated a moderate degree of eosinophilia. During colonoscopy, a nematode parasite (female) was found and removed with forceps. The worm was then morphologically and molecularly confirmed to be a dog hookworm, *A. caninum*.

The patient had no subjective symptoms such as abdominal pain, diarrhea, dark feces, or weight loss. However, laboratory examinations showed some abnormalities in liver functions and blood values: total bilirubin 2.11 mg/dL (reference range 0.2–1.57 mg/ dL), gamma-glutamyltransferase 238 IU/L (reference range 0–56 IU/L), total serum IgE 1,265 IU/mL (reference range 0–87 IU/mL), and peripheral blood eosinophilia 7.5% (reference range 0%–0.45%). Other blood results were within normal limits: hemoglobin 14.6 g/dL, lymphocytes 26.6%, monocytes 8.0%, basophils 0.9%, and neutrophils 57.0%. The patient owned a dog for 5 years and had regular contact with the dog but had never traveled abroad.

Colonoscopy showed a single threadlike moving worm at the descending colon (Figure, panels A, B). Under magnifying endoscopy, the worm looked like a nematode hooking its head into the colonic mucosa. We removed the worm and sent it to the laboratory. The worm was cleared in lactophenol before microscopic examinations and was found to be a juvenile female hookworm, 12 mm in length and 0.36 mm in width, morphologically identified as *A. caninum* based on the presence of its characteristic 3 pairs of teeth in the buccal cavity (Figure, panel C). We treated the patient with a 3-day course of albendazole.

After morphologic examinations, we cut the middle part of the nematode and preserved it in 70% ethanol for molecular studies. We isolated genomic DNA from the worm segment using the DNeasy Blood and Tissue Kit (QIAGEN, https://www.qiagen.com), according to the manufacturer's instructions. We partially amplified the internal transcribed spacer 1 and 5.8S rDNA regions (312 bp) using the standard PCR protocol with 2x MasterMix (MGmed, https://www.mgmed.com) and 10 pmol of forward and reverse primers to detect *Ancylostoma* species (8). The PCR product obtained was directly sequenced at Macrogen Inc. (Seoul, South Korea). The results revealed 100% homology with the sequences of A. caninum deposited in GenBank (accession no. MG589635) (Figure, panel D). Our sample also revealed 98.1% homology with A. duodenale, 97.1% with A. ceylanicum, and 92.4% with Ancylostoma braziliense.

Human enteric *A. caninum* infection is extremely rare except in northeastern semitropical regions of Queensland, Australia, where several hundred cases in the form of eosinophilic enteritis have been detected (5). Most of these human cases came from a typical suburban environment; in Townsville district, Queensland, 50% of the population have a dog at home, and 69% of adults regularly engage in highrisk behavior, such as walking barefoot on damp grass frequented by dogs (5). Human infections with infective-stage larvae appear to occur through a cutaneous route (5) or ingestion of infective larvae (9).

Signs of human infections include ambiguous abdominal pain that may or may not be associated with eosinophilia (5). This patient had no remarkable subjective symptoms except for circulating eosinophilia



Figure. Analysis of a worm from a 60-year-old man in South Korea that was identified as *Ancylostoma caninum*, the dog hookworm. A, B) Colonoscopy images showing a moving threadlike nematode in the mucosa of the descending colon. This nematode (arrows) is seen hooking its head into the colonic mucosa. C) The head part of the worm, showing its characteristic morphology of 3 pairs of teeth in the buccal cavity, by which it could be morphologically identified as *A. caninum*. Scale bar indicates 0.1 mm. D) Phylogenetic tree based on nucleotide sequences of the internal transcribed spacer 1 region and 5.8S rDNA of the worm from this study in comparison with various hookworm species deposited in GenBank (accession numbers indicated in parentheses), inferred by using the UPGMA method. MEGA-X (https://www.megasoftware.net) was used as the software. Scale bar indicates evolutionary distance.

and markedly elevated total serum IgE. Some abnormalities were noted in liver functions, including slightly elevated total bilirubin and markedly elevated gamma-glutamyltransferase levels. However, these findings seem to have little meaning in relation to *A. caninum* infection.

The worm from this case was a juvenile female that did not contain eggs in its uterus. Thus, our result agrees with previous reports from Australia (4,5) that these worms do not mature sufficiently to cause infection; they survive probably for only a few weeks. However, recent studies in South Africa (7) and India (10) detected hookworm eggs in human feces; these were molecularly confirmed to be *A. caninum*. This finding apparently showed that *A. caninum* hookworms can fully develop into egg-producing adults within the human intestine, although occurrence may be rare.

Our study is epidemiologically noteworthy because human enteric *A. caninum* infection may also occur in countries in Asia where this hookworm species is common among dogs, as well as in Australia, the United States, India, and South Africa. Even symptomatic infections with *A. caninum* hookworms may often be missed or misdiagnosed as other conditions or diseases.

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## etymologia revisited

## Angiostrongylus [an"je-o-stron'ji-las]

CDC EMERGING **US DISEASE** 

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rom the Greek angeion ("vessel") + strongylos ("round"), Angiostrongylus is a genus of parasitic nematodes (roundworms) in the family Angiostrongylidae, 2 species of which are known to parasitize humans. A. cantonensis (commonly known as rat lungworm) was first described in 1935 (as Pulmonema cantonensis) from rats in Can-

ton, China. It is the most common cause Figure. Adult Angiostrongylus of eosinophilic meningitis in Asia and cantonensis nematode recovered the Pacific Basin, but cases have been re-



from rat lung.

ported in many parts of the world. A. costaricensis roundworms were first described in 1971 in Costa Rica from surgical specimens from children with eosinophilic infiltration in the abdominal cavity. The distribution of this species ranges from the southern United States to northern Argentina.

There is still debate about what taxonomic name should be used. A. cantonensis remains in general use, but some researchers suggest it should be changed to Parastrongylus cantonensis on the basis of the morphology of the adult male bursa and the definitive host being rats.

Sources: see web link for more information.

https://wwwnc.cdc.gov/eid/article/24/6/et-2406 article

## Vaccine Effectiveness against DS-1–Like Rotavirus Strains

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**To the Editor:** Global emergence of reassortant rotavirus A (RVA) strains possessing the DS-1 backbone genes, such as DS-1-like G1P[8] strains (1–3), raises 2 key questions of public health importance. First, is the G1P[8] monovalent vaccine (RV1) effective against the DS-1-like G1P[8] strain? Second, does this strain cause more severe disease than the Wa-like G1P[8] strain?

For the first question, Jere et al. (1) showed that RV1 was highly effective against DS-1-like G1P[8] RVAs (vaccine effectiveness [VE] 85.6% [95% CI 34.4%–96.8%]). For the second question, we conducted a study in Hanoi, Vietnam, during the 2012–2013 rotavirus season in which 20 DS-1-like G1P[8] RVAs co-circulated with 49 Wa-like G1P[8] RVAs and 50 G2P[4] RVAs among children <2 years of age who had diarrhea. We found no evidence of increased virulence of DS-1-like G1P[8] strains as measured by Vesikari's severity scores (3).

However, Jere et al. (1) were unable to demonstrate statistically significant VE against DS-1-like G2P[4] or Wa-like G1P[8] strains and were concerned about the low point estimate of the VE against heterotypic G2P[4] strains. Using the previous dataset (3), we conducted a post hoc logistic regression analysis to compare any RV1 vaccination status versus 0-dose RV1 vaccination status between strain-specific rotavi-

<sup>1</sup>Retired.

rus diarrhea case-patients and 127 acute respiratory infection control patients whose RV1 coverage was 49.6%. We calculated VE against DS-1–like G1P[8] as 72.5% (95% CI 10.8%–91.5%; p = 0.045), VE against Wa-like G1P[8] as 90.8% (95% CI 72.9%–96.9%), and VE against G2P[4] as 78.1% (95% CI 49.1%–90.6%). These findings confirm the effectiveness of RV1 against fully heterotypic G2P[4] strains, as shown elsewhere (4,5), and supplement the study by Jere et al. (1) in helping dismiss concern about continued use of the monovalent vaccine, even in places where RVAs with the DS-1 backbone are not uncommon.

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## In Memoriam: Jay Stephen Keystone (1943–2019)

David O. Freedman

fter a year-long struggle with cancer, Jay S. Key-Astone, CM, MD, MSc (TM London), died at 76 years of age on September 3, 2019, surrounded by his devoted wife Margaret and his 5 beloved children. He talked about his children constantly, even in academic presentations in front of thousands of strangers. Jay always said, "Humor is an important tool in the practice of medicine. In teaching, I use it to engage the learner; in practice, it creates a relationship between me and the patient, which levels the playing field and puts them at ease." To clinical colleagues, he was the go-to clinician for tropical medicine cases; to trainees, he was the master professor to whom those from all over Canada came to work and learn; and to audiences worldwide, he was a marquee attraction for his legendary humor and wit (1). His clever political incorrectness never failed to augment the delivery of the key points on tropical and emerging exotic diseases.

Jay's patients worshipped him for his diagnostic acumen and ability to listen. Jay was always in a good mood; full of life; and a caring, warm, and compassionate teacher, mentor, physician, and research collaborator.

As one of Jay's earliest mentees and professional friends, I appreciated this visionary as a first-year medical student at the University of Toronto in 1977. He was in his first year as director of the Tropical Disease Unit after returning from the London School of Hygiene and Tropical Medicine and fieldwork in Africa and South America. He was clearly on track to lead the divergence of travel medicine from tropical medicine. Air travel was changing that. His famous teaching slide was a response to the question, "What is the most dangerous vector in the world?" The slide answered, "Anopheles Air canadensi" and showed the appropriately branded 747 in midflight. He was among the first to recognize that the rapid movement of infected and potentially infectious persons away from the point of infection acquisition would require

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Figure. Jay S. Keystone

Keystone-level clinical insights to differentiate the usual tropical diseases from the novel. He imparted to his large cadre of trainees, mentees, and collaborators the use of people skills to forge the links with the laboratory and public health colleagues necessary to complete these puzzles.

Jay authored approximately 200 publications with more than 5,000 citations, remarkable considering the relative obscurity of some of the diseases investigated. His most cited papers were collaborative across multiple disciplines, and none would have been possible without Jay's acumen at sorting the clinically relevant from the irrelevant. In 1984, working with Canadian surgeon Bernie Langer, Jay published an often-cited case series on the surgical approach to hepatic hydatid disease in immigrants from Greece and Italy to Canada, which forms the basis for our current approaches and understanding (2). In 1998, working with Kevin Kain, Jay reported the problems encountered when

#### IN MEMORIAM

diagnosing and managing imported malaria, which codified issues we still struggle with today (3). A 2004 paper articulated the difficulties of dealing with infection in immigrants and their descendants returning home to visit friends and relatives (4). Jay's legacy includes a superb cadre of clinicians in Toronto, poised in prescient preparation for the next emergence event. Past sentinel events include outbreaks of travelers' leptospirosis, severe acute respiratory syndrome, Zika, and drug-resistant malaria.

Jay's vision was instrumental in founding the GeoSentinel Surveillance Network in 1995; while president of the then-fledgling International Society of Travel Medicine, Jay committed a significant portion of the Society's assets to a \$50,000 seed grant to found GeoSentinel. Returning travelers are often sentinels of emerging infectious diseases. GeoSentinel continues to be the largest available database of travel-related illness. With the initial efforts by Phyllis Kozarsky, Hans Lobel, Marty Cetron, and me, and with Jay's stature behind us, the eventual results were the continuous Centers for Disease Control and Prevention funding of the network to this day. Jay coauthored 2 of the landmark GeoSentinel papers (5,6).

Of Jay's many honors, he was most proud of a few. They were the Cody gold medal for standing first in his class through all 4 years of medical school in Toronto, serving as president of the clinical group of the American Society of Tropical Medicine and Hygiene, and receiving the 2008 American Society of Tropical Medicine and Hygiene Ben Kean medal for excellence in teaching and mentoring. In 2015, he was made a Member of the Order of Canada, one of the highest civilian honors in the country, for his outstanding contributions as a pioneer of travel and tropical medicine in Canada.

Jay continued teaching and seeing his patients until a few weeks before his death. He worried about who would follow his cohort of delusional parasitosis patients, a group that few but Jay would listen to and treat with skill and compassion.

Jay taught me to never take my work overly seriously yet to thrive by enjoying the meaning and relevance of contributions to the health of patients and of the increasingly mobile public. Jay's life was remarkable not only for his accomplishments and the inspiration that he engendered in others but also for his self-deprecating humor. He maintained close friendships with colleagues from all over the world, who surely share our feelings of loss.

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## **ABOUT THE COVER**



Charles Burchfield, Orion in December, 1959 (detail). Watercolor and pencil on paper. 39 7/8 in x 32 7/8 in/101.2 x 83.4 cm. Smithsonian American Art Museum, Gift of S.C. Johnson & Son, Inc., 1969.47.53.

## Hunters Searching among Starry Nights and at the Edges of Life

#### Byron Breedlove

stronomers and astrophysicists work with Aimmense, mind-boggling numbers. Caleb A. Scharf, Director of Astrobiology at Columbia University, writes "On a finite world a cosmic perspective isn't a luxury, it's a necessity." Consider that the distance between the earth and sun equals ≈100 million miles. One of the nearest stars to Earth, Alpha Centauri shimmers some 4.4 light-years away. Put another way, if the distance from the earth to the sun were fixed at 1 inch, then one of Earth's closest neighbors would be 4.4 miles (7 km) distant. The Milky Way, our home galaxy, comprises something in the range of 200-300 billion stars. It is nestled among the other 2 trillion or so galaxies estimated to populate the observable universe, postulated to have a radius of 13.8 billion light-years.

However, the figure ascribed to the quantity of terrestrial viruses, an estimated 10<sup>31</sup>, eclipses even those immense numbers. That means there are potentially 5–10 million times more viruses on Earth than stars thought to exist in the observable universe. Science writer Carl Zimmer offers this perspective: "If you were to stack one virus on top of another, you'd create a tower that would stretch beyond the moon, beyond the sun, beyond Alpha Centauri, out past the

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edge of the Milky Way, past neighboring galaxies, to reach a height of 200 million light years."

Viruses, which have no cell nucleus and consist of DNA or RNA enveloped in a protein, are not classified among the 5 kingdoms of living things: bacteria, fungi, protists, plants, and animals. Debate lingers about whether viruses are alive. Virologists Marc H.V. van Regenmortel and Brian W.J. Mahy explain that "A virus becomes part of a living system only after it has infected a host cell and its genome becomes integrated with that of the cell. Viruses are replicated only through the metabolic activities of infected cells, and they occupy a unique position in biology. They are nonliving infectious entities that can be said, at best, to lead a kind of borrowed life."

Viruses exist at the edge of life and do not themselves exhibit life functions. They replicate and mutate efficiently and quickly, enabling them to readily adapt to new hosts. Some viruses can survive in the most extreme conditions. Their vast, diverse population outnumbers other cellular life-forms by at least tenfold. Viruses have played a crucial role in the evolution and adaptability of life, and although viruses cause many human illnesses, most do not cause disease and death.

In the past few decades, emerging infectious diseases researchers have identified a number of deadly viruses that infect humans. Recently discovered viruses include dengue viruses, Ebola virus, Marburg

#### ABOUT THE COVER

virus, many hantavirus, HIV, influenza viruses, rotaviruses, Nipah virus, and Middle East respiratory syndrome coronavirus.

Viruses also cause myriad diseases in animals, including rabies, foot-and-mouth disease, bluetongue, avian influenza, peste des petits ruminants, and swine flu. A number of diseases in plants, such as various leaf roll and leaf curl diseases, mosaic diseases, and ring spot, are caused by viruses. The bottom line is that viruses infect organisms at every scale, from bacteria to blue whales.

As virology enters its second century, some researchers are starting to investigate whether viruses can survive extraterrestrially. Berliner, Mochizuki, and Stedman, authors of a review article in *Astrobiology*, lay out some short-term and long-term priorities for astrovirology research and discuss difficulties and stratagems for finding viral biosignatures on Earth and in extraterrestrial environments. As they point out, anywhere life exists on Earth, viruses also exist in abundance, and they note "we do need to learn more about viruses on modern Earth before we look elsewhere, but let's start looking."

Orion in December, this month's cover art, connects the realms of Earth and space and invokes Orion the Hunter from Greek mythology. Its creator, Charles Burchfield, may not be the most recognized name in the canon of 20th century artists but is considered by some a classic example of the "artist's artist." (See Military Magic or Nature's Fool, the cover essay for the April 2012 EID, for more details about Burchfield.) He favored watercolors, often combined with gouache, pencil, charcoal, or pastels. Art scholar Paloma Alarcó notes that "Burchfield, who was well versed in astronomy, felt a special attraction for the sky and heavenly bodies-not only the sun and moon but also the Pleiades and certain constellations of stars, particularly Orion, which appears in winter." Indeed, the artist featured Orion, one most prominent and recognizable constellations visible from almost everywhere on earth, in 3 other paintings.

Orion's bright stars, including the supergiants Betelgeuse and Rigel, shimmer so brightly they seem to vibrate. The constellation fills the winter sky and dips into the trees, cinching together earth and sky. Burchfield links the points of lights within Orion using thick, hazy lines, ensuring viewers cannot miss the overall form. The spire-shaped trees stand like rockets poised to launch into the night sky. In the foreground, the underbrush, heavy with frost and ice, reaches skyward and seems to crackle like pale flames lapping at the tree trunks. Heighted hallucinatory effects such as these were integral to Burchfield's approach in the late stages of his career. The American Art at the Phillips Collection notes, "Burchfield's subjects are unsophisticated but gain immediacy through energetic two-dimensional patterns that animate the surface of his pictures and evoke sensations of the subject's particular play of light, weather conditions, and even sound."

Orion was a hunter in Greek mythology, and the constellation Burchfield painted happens to be a focal point in the hunt for exoplanets, some of which may have conditions favorable for viruses and by association the potential for extraterrestrial life. Any such discoveries would further amplify the already gargantuan numbers associated with astronomy and virology.

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## **NEWS AND NOTES**

# EMERGING INFECTIOUS DISEASES®

## **Upcoming Issue**

- Acute Toxoplasmosis among Canadian Deer Hunters Associated with Consumption of Undercooked Deer Meat Hunted in the United States
- Interspecies Transmission of Swine Reassortant Influenza A Virus Containing Genes from Influenza A(H1N1)pdm09 and Swine Influenza A(H1N2) Viruses
- Neutralizing Antibodies against Enterovirus and Coxsackieviruses in Patients with Hand, Foot and Mouth Disease
- Cost-Effectiveness of Screening Program for Chronic Q Fever, the Netherlands
- Infection and Transmission of Porcine Deltacoronavirus in Commercial Poultry, United States
- Characteristics of Patients with Acute Flaccid Myelitis, USA, 2015–2018
- Multiplex Mediator Displacement LAMP for Detection of *Treponema pallidum* and *Haemophilus ducreyi* in Clinical Samples
- Chronic Human Pegivirus-2 and Hepatitis C Virus Co-infection
- Global Expansion of Pacific Northwest *Vibrio parahaemolyticus* Sequence Type 36
- Systematic Hospital-Based Travel Screening to Assess Exposure to Zika Virus
- Human Norovirus Infection in Dogs, Thailand
- Emergence of Chikungunya Virus, Pakistan, 2016–2017
- Surge in Anaplasmosis Cases in Maine, USA, 2013–2017
- Early Detection of Public Health Emergencies of International Concern through Undiagnosed Disease Reports in ProMED-mail
- Ocular Spiroplasma ixodetis in Newborns, France
- Influence of Rainfall on *Leptospira* Infection and Disease in a Tropical Urban Setting, Brazil
- *Elizabethkingia anophelis* Infection in Infants, Cambodia, 2012–2018
- Astrovirus in White-Tailed Deer, United States, 2018
- New Delhi Metallo-β-Lactamase-5–Producing *Escherichia coli* in Companion Animals, United States

Complete list of articles in the February issue at http://www.cdc.gov/eid/upcoming.htm

## Upcoming Infectious Disease Activities

January 28–30, 2020 American Society for Microbiology 2020 ASM Biothreats Arlington, VA, USA https://www.asm.org/Events/ ASM-Biothreats/Home

February 20–23, 2020 International Society for Infectious Diseases Kuala Lumpur, Malaysia https://www.isid.org/

March 8–11, 2020 CROI Conference on Retroviruses and Opportunistic Infections Boston, MA, USA https://www.croiconference.org/

March 9–13, 2020 ASLM African Society for Laboratory Medicine 7th African Network for Influenza Surveillance Epidemiology Livingstone, Zambia https://www.anise2020.org

March 18–20, 2020 International Conference on Reemerging Infectious Diseases Addis Ababa, Ethiopia http://www.icreid.com/

March 26–30, 2020 Society for Healthcare Epidemiology of America Decennial 2020 6th International Conference on Healthcare Associated Infections Atlanta, GA, USA https://decennial2020.org

April 18–21, 2020 ECCMID The European Congress of Clinical Microbiology and Infectious Diseases Paris, France https://www.eccmid.org/eccmid\_2020/

May 3–6, 2020 ASM Clinical Virology Symposium West Palm Beach, FL, USA https://asm.org/Events/2019-Clinical-Virology-Symposium/Home

June 18–22, 2020 American Society for Microbiology ASM Microbe 2020 Chicago, II, USA https://asm.org/Events/ASM-Microbe/Home

Announcements Email announcements to EIDEditor (eideditor@ cdc.gov). Include the event's date, location, sponsoring organization, and a website.

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To obtain credit, you should first read the journal article. After reading the article, you should be able to answer the following, related, multiple-choice questions. To complete the questions (with a minimum 75% passing score) and earn continuing medical education (CME) credit, please go to http://www.medscape.org/journal/eid. Credit cannot be obtained for tests completed on paper, although you may use the worksheet below to keep a record of your answers.

You must be a registered user on http://www.medscape.org. If you are not registered on http://www.medscape.org, please click on the "Register" link on the right hand side of the website.

Only one answer is correct for each question. Once you successfully answer all post-test questions, you will be able to view and/or print your certificate. For questions regarding this activity, contact the accredited provider, CME@medscape. net. For technical assistance, contact CME@medscape.net. American Medical Association's Physician's Recognition Award (AMA PRA) credits are accepted in the US as evidence of participation in CME activities. For further information on this award, please go to https://www.ama-assn.org. The AMA has determined that physicians not licensed in the US who participate in this CME activity are eligible for AMA PRA Category 1 Credits<sup>™</sup>. Through agreements that the AMA has made with agencies in some countries, AMA PRA credit may be acceptable as evidence of participation in CME activities. If you are not licensed in the US, please complete the questions online, print the AMA PRA CME credit certificate, and present it to your national medical association for review

## **Article Title**

# Paid Leave and Access to Telework as Work Attendance Determinants during Acute Respiratory Illness, United States, 2017–2018

### **CME Questions**

1. You are advising a large corporation about how to minimize spread of influenza and acute respiratory illness (ARI) in the workplace. According to the survey study by Ahmed and colleagues, which of the following statements about work attendance during ARI and associated characteristics among workers ages 19 to 64 years with medically attended ARI or influenza during the 2017–2018 influenza season is correct?

- A. During the first 3 days of illness, two-thirds reported they did not work at all
- B. Median interval was 12 days from illness onset to return to normal activities and 21 days from illness onset to recovery from illness
- C. During the first 3 days of ARI, mean number of days worked was 1.14 (range, 0–3), days absent from work because of illness was 1.06 (range, 0–3) days, and days missed for any other reason was 0.8 (range, 0–3) days
- D. One-third had access to telework, and half received paid leave benefits

2. According to the survey study by Ahmed and colleagues, which of the following statements about determinants of work attendance during the first 3 days after ARI onset among workers ages 19 to 64 years with medically attended ARI or influenza during the 2017–2018 influenza season is correct?

- A. Persons with access to paid leave were significantly less likely to work during the first 3 days of illness (adjusted ratio [AR] of days worked = 0.81 [95% CI: 0.68, 0.96])
- B. Working in an organization that discouraged employees from coming to work if they had influenzalike symptoms was not significantly linked to likelihood of working during the first 3 days of illness
- C. Access to telework was significantly associated with the number of days worked at the usual workplace
- D. Determinants of work attendance were significantly different for persons with vs persons without laboratory-confirmed influenza

#### 3. According to the survey study by Ahmed and colleagues, which of the following statements about clinical implications of work attendance during the first 3 days after ARI onset among workers ages 19–64 years with medically attended ARI or influenza during the 2017–2018 influenza season is correct?

- A. Lowering workplace transmission of ARI and influenza requires only paid leave benefits
- B. The public health benefit of employee access to paid leave and telework is an increased ability to comply with the public health recommendation to stay home when ill
- C. Employees who stay home with an ARI should be censured for lowering workplace productivity and shirking responsibility to coworkers
- D. Macro-level policy intervention is the only level at which reducing ARI transmission is likely to be effective