Motor vehicle crashes are the #1 KILLER of healthy US citizens traveling in foreign countries.

- Avoid riding in a car in a developing country at night.
- Know local traffic laws before you get behind the wheel.
- Don’t drink and drive.
- Always wear seat belts and put children in car seats.
- Expect cars and trucks to share the road with pedestrians, bicycles, rickshaws, and animals.
- Remember to look both ways!
- Ride only in marked taxis that have seat belts.
- Don’t ride motorcycles. If you must ride a motorcycle, wear a helmet.
- Avoid overcrowded, overweight, or top-heavy buses or vans.

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