HEALTH ADVISORY:
Middle East Respiratory Syndrome (MERS)

Going to the Arabian Peninsula?
A new disease called MERS has been identified in some countries.

The risk to most travelers is low, but you should take these steps to prevent the spread of germs:

- Wash your hands often.
- Avoid touching your face.
- Avoid close contact with sick people.

Symptoms include fever, cough, and shortness of breath.

If you get sick within 14 days of being in the Arabian Peninsula, call a doctor and tell the doctor where you traveled.

For more information: visit www.cdc.gov/travel or call 800-CDC-INFO.