

# For Primary Screeners: Using Personal Protective Equipment (PPE)

## Put on your PPE in the following order:

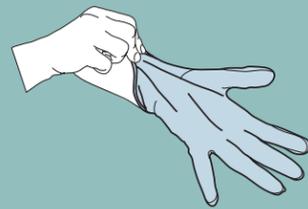
### If using face shield (preferred):

#### 1 FACE SHIELD



- Position over face and secure the headband on brow
- Adjust to fit comfortably

#### 2 GLOVES



- Insert hands into gloves
- Extend to cover wrists

### If face shield not available:

#### 1 FACE MASK



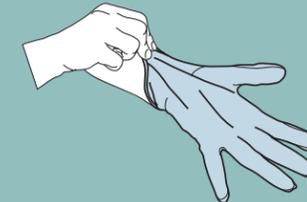
- Place over nose, mouth, and chin
- Secure ties or elastic bands at middle of head and neck
- Pinch the flexible band to tighten over nose bridge
- Mask should fit snug to face and below chin

#### 2 GOGGLES



- Position over eyes and secure to the head using the ear pieces or headband
- Adjust to fit comfortably

#### 3 GLOVES



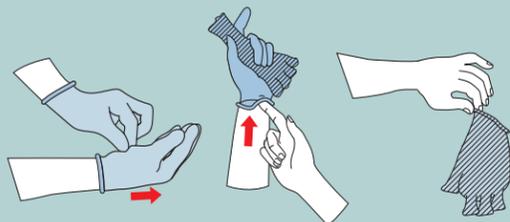
- Insert hands into gloves
- Extend to cover wrists

### When wearing PPE:

- **Do** be very careful about wearing PPE for a long period of time, since wearing PPE can make you very hot.
- **Do** wash your hands thoroughly with soap and water or an alcohol-based hand rub after removing PPE. If hands are visibly dirty, use soap and water.
- **Do** change gloves if yours become torn or very dirty; wash hands before putting on new gloves.
- **Do** limit the number of surfaces, items, and people you touch while wearing PPE to prevent spreading germs.
- **Do** change any item of your PPE, or your own clothes, if it becomes contaminated with blood or body fluids and follow proper disposal instructions\*.

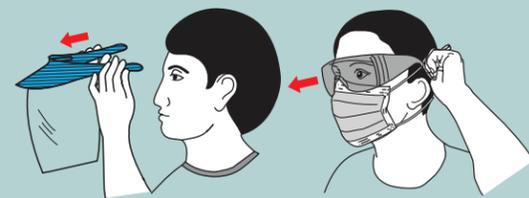
## Take off your PPE in the following order:

#### 1 GLOVES



- Grasp outside of one glove with other gloved hand and peel off
- Hold removed glove in the hand that is still gloved
- Slide a finger and thumb of the ungloved hand under remaining glove at wrist
- Pinch and peel glove off from inside, turning glove inside out (over other glove), such that the two gloves are inside out and wrapped up inside each other in a single ball and creating a "bag" for both gloves; discard both gloves\*

#### 2 FACE SHIELD OR GOGGLES



- Grasp on sides by head band or ear pieces
- Remove from face; discard\*

#### 3 FACE MASK (if worn)



- Untie the bottom and then the top tie; if mask has elastic bands, remove mask by pulling up bottom band first
- Remove from face; discard\*

#### 4 WASH HANDS



- Wash hands with soap and water immediately after removing PPE
- Use alcohol-based hand rub if soap and water are unavailable

- If you are concerned that you may have been exposed to blood or body fluids or other materials from an Ebola patient, stop working and immediately wash the affected skin surfaces with soap and water. If exposed in eyes, nose or mouth, rinse with large amounts of water (without bleach or chlorine solution) or eyewash solution. For any possible exposure, contact your supervisor for additional follow-up and for next steps.
- **Don't** touch your face or adjust your PPE with gloved hands to avoid spreading germs.
- **Don't** handle personal items such as mobile phones with gloves to avoid spreading germs.
- **Don't** wash or reuse disposable gloves.

\* After removing PPE, place contaminated items in previously identified plastic bags for disposal. If not already labelled, attach a BIOHAZARD warning label to or otherwise mark the outside of the bag. If contaminated items are not dry, they should be placed inside a leak-proof bag and double-bagged. If you don't know where bags containing contaminated items should be thrown away, consult your supervisor.